



President's Column:

October 10, 2017



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Hello, All. We had a great time great our club is and how fanin doing the Cherry Creek Trail clean-up on Saturday. Thanks to Anson for setting it up! Thanks to Roberta, Tom, Scott, Pierce (sp?), Audrey, Don, Jenny and Anson's niece and boyfriend. We were able to knock out more than half a mile of the trail, making it pristine in under two hours. We got some pretty good recognition, too. Many people riding, running or walking by said thanks and asked who we were. They heard a load of "Rotary!!!" each time. One guy asked Anson, "Community services?" Anson responded, "you bet!" and the man responded, "DUI sucks!" I guess he had never heard of someone doing community service without a judge mandating it... It all went well and we had and for the newer members, quite a bit of fun on a perfect fall day! See the pictures later in the newsletter.

In other news, I had the good fortune of attending a Top Golf that member attends. They event last week with a bunch of venture capital and deal guys, probably about 30 of us. Unbeknownst to me, we had an honorary charity that the proceeds would go to from when they attend. Each time the event. It ended up being our own Food For Thought crew. Bob was there telling all about the FFT program. When I introduced myself to him, he could not stop saying how

tastic Greg T is! Bob said FFT would not be what it is without DMHR and Greg Thielen. On top of that, FFT got front page coverage in the Denver Post, calling out Greg for helping to start the program. See the article here: http://

05/food-for-thought-weekendmeals-hungry-children/. Way to go Greg and the whole crew who show up every week to put together those "power sacks"!

It is that time of year again when dues statements come out. Thank you all for keeping up with them! Our treasurer extraordinaire, Lawrence Mundy says things are in great shape and the members pay promptly. Many thanks! As a reminder there are two dues structures. We refer to the "fullboat" option that is \$280 per quarter, which includes coffee, juice and breakfast whenever need not pay anything at the door. The second structure, referred to as the "no-meal Option" is \$135 per quarter, but that member pays at the door they attend a meeting, they pay to Tom Cella, the Sergeant-at-Arms, either \$5 or \$20 at the door. \$5 pays for coffee and juice only. \$20 pays for coffee, juice and the meal (regardless of whether it is eggs/bacon/yadi

or oatmeal/fruit/pastries/ yadi). These are the only dues structures available for the club (no Senior Inactive or special Leave of Absence).

Another reminder to sign up for the stadium tour on the 21st. Don't forget to go to www.denverpost.com/2017/10/ the evite from Kevin to sign up and also remember that we will be dark on the 18th, as the stadium tour is in lieu of our meeting that week. Thanks for setting it up Kevin!!!

> And lastly, thanks to all for setting up the logistics and design for the holiday fruit sale. It looks like it is off to a good start. Everyone, start gearing up to sign people up! I think this is going to help us be even more effective with our local and world community service projects!

See you all Wednesday. Thanks. Adams



Denver Mile High Page 2

Denver Mile High Rotary Upcoming Programs

October 11th - Jessa Crisp will present "Human Trafficking: Here and Now". Human trafficking is real and is taking place in our city and nation. Through hearing the story of a survivor and learning what human trafficking is, you will leave this presentation knowing how to identify it in your neighborhood and tangible ways to respond.

October 18th - Dark - tour Mile High October 21.

October 25th - Please join us in welcoming District Governor - Abbas Rajabi

Abbas Rajabi, president of Denver SE in 2001-02 is the District Governor for District 5450 in 2017-18. Abbas has served in many capacities in the club and district and has been a tireless champion of Service Above Self. Abbas is the 4th member of our club to serve as District Governor.



October Birthdays

6th - Scott Smeester

7th - Carolyn Nobel

8th - Kevin Gallaway

15th - Alessandro Eichstaedt

25th - Heidi Rose

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Weekly Inspirators, Greeters & Hosts

October 11th

Inspiration - Michelle Ashby

Greeters - Pat Barry and Kristy Bayley

Host - Bob Connaghan

Rotary Minute - Alessandro Eichstadt

October 18th

DARK



October 25th

Inspiration - Jane Fisher

Greeters - Debra Flick and Mark Foseid

Host - Kevin Galloway

Rotary Minute - Melanie Gentz

ROTARY CONVENTION TORONTO, ONTARIO, CANADA 23-27 JUNE 2018 WHAT WOULD IT TAKE TO CHANGE THE WORLD?

BELIEVE IT STARTS WITH A COMMITMENT TO

SERVICE ABOVE SELF

King Soopers Cards

Remember to keep using your King Soopers cards. 5% of every dollar loaded spent goes towards the club! If you don't have one yet, contact Sarah Hite to get one (schite2000@yahoo.com).



Shelter Box

If Rotarians want to help Hurricane victims in the Caribbean, a great option is to donate to Shelter Box. The cost of one Shelter Box is \$1,000. Donations can be easily made at www.shelterboxusa.org.

Spero Wine Event Postponted

The Spero Wine event that was on Oct 21st will be postponed until February 2018 .

Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

http://denvermilehigh.org/Events/Calendar

October 14th, Saturday

Rotary Bike Ride with CEC Interact

This Saturday is the Bike Ride with CEC Interact. There are 10 kids that will be riding, there are 15 bikes available, so there may be more.

We will be working with a local non profit, Trips for Kids, to take our Interactors on Denver's awesome bike trail system **October 14**, starting at REI downtown.

We will meet at REI at 10:30 then ride, stop for snacks, lunch and we will be finished by 2:30.

October 18th, Wednesday

Rotary Monthly Happy Hour from 5:30 to 7:30

Join Fellow Denver Mile High Rotarians for Fellowship at the Monthly Happy Hour

Brings friends and significant others

October 19th, Thursday

Rotary Monthly Happy Hour 5:30 - 7:30pm 2817 E 3rd Ave, Denver, CO 80206 http://www.denverwinebar.net/

A unique experience.

Vinue caters 68 different wines from around the globe including champagne, Ports and dessert wines, offering a very unique experience by allowing the guest to self sample all our wines in 3 different amounts, 1.5oz, 3oz and 6oz. We also offer spirits and bottled beer as well as non-alcoholic drinks.

Park Stewardship Dinner - 11/20

This year's Park Stewardship Dinner will be held on Monday, November 20, 2017 from 6:00 pm – 8:00 pm at the Denver Zoo, Norgren Hall. This dinner honor's our amazing volunteers who contribute their time in helping beautify our Denver Parks and Trails year round. Our group will be getting recognized.

Please forward to other volunteers in your group and RSVP by November 1st to tina.myers@denvergov.org; or call 720.865.2434.

<u>Anson Thompson</u> is the contact for this event for Denver Mile High Rotary Club. Please also let him know if you will be attending.

HELP FOOD FOR THOUGHT DENVER STOP CHILDHOOD HUNGER.

GREAT BEER - GREAT MUSIC GREAT CAUSE

Saturday NOV 4 5-9PM



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LIVE MUSIC BY CHRIS DANIELS & THE KINGS AND THE HAZEL MILLER BAND







Rotary Club of Five Points Denver Event

Wednesday, October 11, 2017

The Rotary Club of Five Points Denver is pleased to host a screening of the film *The Last Bill, a Senator's Story,* a behind-the-scenes documentary of State Senator and Rotarian Linda Newell's real-life story carrying bills through the legislature. The film will be followed by an open dialogue around the issues of peaceful problem solving and healthy communication in government. This event is one of many happening around the state during Colorado's Conflict Resolution Month in October. **Seating is limited.**

A portion of the proceeds will support Senator Newell's education initiative, developing academically aligned film curriculum guides to be used in K-12 schools across the state. Increasing the civic knowledge of youth and the civic engagement of our citizenry has never been more important. Many people lack knowledge or experience with the role, process, and positions in government. What better way than to show them from an insider's view?

Additional proceeds from the event will benefit the Rotary Club of Five Points Denver programs targeting neighborhood schools, community, and educational organizations as well as Rotary's End Polio Now foundation and Shots for Tots and Teens.

This event will take place at the Posner Center for International Development in the Five Points neighborhood. A meet-and-greet happy hour will begin at 6:00 pm. The film will start promptly at 7:00 pm and a Q&A session with Senator Newell will follow. The event will conclude at 8:00 pm.

For tickets, hold ctrl and click this invite.

Rotary International Zones 21 - 27

District 5450 Success Story in Zimbabwe

by Carolyn Schrader, Rotary Club of Denver Mile High

partnership of the Rotary Clubs of Denver Mile High and Highlands Zimbabwe has delivered economic and computer training to high-density communities in Harare Zimbabwe since 2009, funded primarily by three Rotary Foundation Grants. More than eighty individual Rotarians and countless non-Rotarians have contributed their time and expertise to the training of 7,000 women and youth.

Rotary International President Ravi Ravindran visited the project in March 2016 and learned firsthand of the results of the training. President Ravi called this project a model for Rotary Community Development and one that should be replicated through the world.



Women's Self Help Groups economic training outdoors

management, use of loans and development of business plans. The participants form Self Help Groups to learn from and support each other during and after finances and effective use of social media for marketing and customer follow-up, as well as staying in touch with their families.

 Grantfunded dedicated computers are used in the training and will be available to the participants in the future.

Essential to the program's

success were:

- Rotarians from Harare who oversaw the entire program.
- Eighteen District 5450 Clubs which contributed funds to the program grants, matched with \$36,900 in District Designated Funds (DDF). Total Rotary funding since 2009 has been \$500,000.



President Ravi with Harare Rotarians

The most recent grant began in 2016 and the final graduation celebration occurred on September 1, 2017. Local trainers, who are graduates of the earlier trainings, taught both business and computer skills:

 Business Training uses interactive methods to reinforce the need for saving, keeping accurate finances, business the training.

 Computer Training covers creating documents, using spreadsheets to manage and track



Women Eagerly learning how to make computers work for them

Rotary International Zones 21 - 27

Zimbabwe Success Story contd. from last page

- Rotarians from Denver Mile High who visited the projects, conducted focused trainings, documented the activities, including participant success stories, and provided assessments.
- The training organization that provided leadership, familiarity with the material and the economic challenges, and a

of the future. They highlighted the importance of the group dynamic, the power of WhatsApp (the inexpensive social media that they use for marketing), and the advantage of keeping proper books for their businesses. They referred to their feeling of empowerment when they realized that they could save, even in a difficult financial environment. Their future plans are grounded in what



Graduation celebration as Graduates sing "Rotary Lifts Us Up"

 commitment to the program.
 The City of Harare Social Services, a key partner since 2009, and very supportive of our goals.

Eight Denver Mile High Rotarians and friends attended the graduation and interviewed many of the participants. The women's stories and smiles showed the impact of the training on their lives and their vision they have achieved, knowing that what they have learned will always be with them. They even wrote and performed a song honoring Rotary for lifting them up a level they never thought possible.

This program works because the community and the Rotarians followed the dream of empowering these women. Develop a Rotary Grant that will transform lives... and you will be transformed as well.





Rotary International
Zones 21 - 27
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2018-2020

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