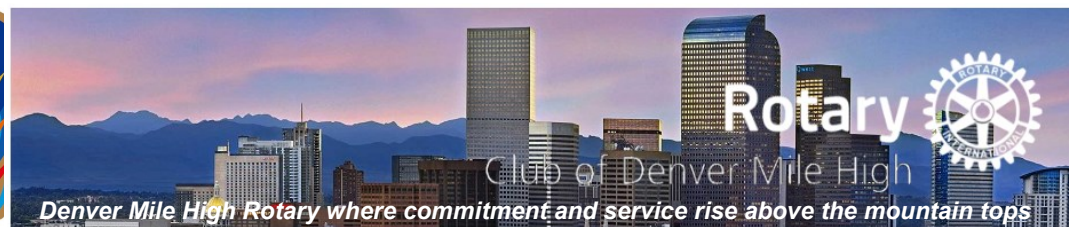




Denver Mile High
Rotary
Club



President's Column:

October 4, 2016

High Rotary on the Web:

www.denvermilehigh.org

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

[Rotary District 5450 Website](#)

[Rotary International Website](#)

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We are already in October! I have made it through my first quarter :) And time is flying by.

Tomorrow we meet at CEC - (Career Education Center) 2650 Eliot St, Denver, CO 80211, so don't forget we will be dark at the University Club this Wednesday. Meeting at CEC is our chance to see what our Interact Club is doing for projects this year. We have the chance to have conversations with the students! It is a wonderful opportunity and the students of the school will prepare and serve breakfast.

There is a [Monthly Happy Hour Today at Charlie Browns from 5-7pm](#). Come out for fellowship and get to know your fellow Denver Mile High Rotarians better and please bring guests! Charlie Browns is on the corner of 10th and Grant St. in Denver. See you there.

October continues to be a busy month! THIS Sunday, join us on the Pedal Hopper! There are only 5 seats left. I have heard many of you are interested, don't wait until the last minute because there may not be a seat! This

will be a fun way to raise up to \$600 for our Foundation. [CLICK HERE](#) for tickets.

Oct 15th, Greg Thielen's Hungarian Dinner is filling up, be sure to sign up! If you have not already see Diane Wilson with the sign up sheet.

If you can, Bryant Elementary—Food for Thought, sign up online! [Click here](#), there are only 3 people signed up as of now! We had such a great turnout last week! Thanks to all who helped.

Are you interested in [The Rotary Leadership Institute](#)? We have a few Scholarships for members to attend. There is one this weekend on October 8th

Course 1 Will be offered on November 12th and in February if you would like to attend either date, let me know. [Click here to see the brochure](#).

Who Should Attend? This workshop is perfect for any Rotarian who wants to learn more about the larger world of Rotary. All members gain a deeper understanding of how their club fits into the larger

District and International picture - Please let me know.

Again, to mention another opportunity to raise money for the Denver Mile High Rotary Foundation as I have set a goal of \$22,000 this year to help fund projects next year - several members are hosting the Passport Party, this is an opportunity for Diane Messamore to share more about hiking Kilimanjaro, and Carolyn Nobels around the world tour, Lawrence Mundy's trip to Iceland, Bob Kemps trip to any of his many destinations over the last year. Betty is traveling Morocco now, and Roberta is off to Hungary, what is your story!? Bring your passports show off your stamps.

Bring Friends, everyone is welcome, more details to come.

See you at CEC tomorrow then Charlie Browns!

~ Melanie



Denver Mile High Rotary Upcoming Programs

October 5th - We will be dark at the University Club. Our meeting will be at CEC Middle College (2650 Eliot St, Denver, CO 80211) with the CEC Interactors.

October 12th - One of our own, Carolyn Nobel and her husband, Jim, recently returned after a year of traveling the world with their two children, Xander and Liam. Please join us as Carolyn and her family share stories and photographs from their amazing globe trekking adventures.

October 19th - Denver Mile High's very own Bruce Ward will present on Rotary's efforts to gain official name recognition of "Rotary Peak". Bruce, and his company, Choose Outdoors, have been instrumental in these efforts. Bruce will share the history behind this cause, recap the recent hike on September 11th, and describe what still needs to be done and how you can help!

October Birthdays



7th—Carolyn Nobel
8th—Kevin Gallaway
25th—Heidi Resetarits

Denver Mile High
Rotary
 Club





Weekly Inspirators, Greeters & Hosts

October 5th

Inspiration - Michele Ashby

Greeters - Pat Gorman Barry and Kurt Bartley

Host - Preston Dickey

Rotary Minute - Debra Flick

October 12th

Inspiration - Mark Foseid

Greeters - Kevin Gallaway & Paul Anderson

Host - Tom Giordano

Vocational - Dan Himmelspace

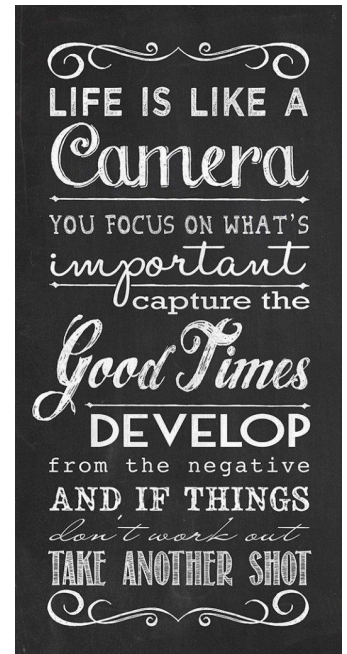
October 19th

Inspiration - Tom Gregory

Greeters - Susan Henderson and Ted Hendryx

Host - Sarah Hite

Rotary Minute - Noreen Keleshian



Denver Mile High
Rotary
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New Member Inductions

Please welcome Denver Mile High Rotary's newest members!



Ronnie Weiss, sponsored by Carolyn Schrader



Keven LeVezu, sponsored by Chuck Rudolph

Denver Mile High
Rotary
Club



DENVER MILE HIGH ROTARY PASSPORT PARTY

Denver Mile High Rotarians are well traveled and have stories, stamps,
photos and videos to share

Join other members at The Passport Party

NOVEMBER 4, 2016 6 - 9 PM

HOSTED BY WELL TRAVELED ROTARIANS - LOCATION CAROLYN NOBELS HOUSE

3255 BEECH COURT GOLDEN, CO 80401

**\$20 per a person donation to the Denver Mile High Rotary
Foundation plus either a bottle of wine (or 6 pack) OR your
favorite cultural appetizer or dish (French, Italian, Ethiopian,
German, Mexican, etc)**

*Be prepared to share a favorite travel story or adventure from a most
recent trip or even a tour of the past. Bring your passport and show off your
stamps!*



Crutches 4 Africa Update



The Denver Mile High Rotary Club helped fund a District Grant last year sponsored by the Mountain Foothills Rotary Club that sent crutches and other mobility devices to Uganda. Mountain Foothills and local Rotarians distributed the devices in April 2016. Below is their report on the success of that effort.

District Grant report ~ Mobility Devices to Uganda, Crutches 4 Africa, Mountain Foothills Rotary Club

Thank you for your support in this grant. Below is the Bill of Lading for the shipment.

Bill of Lading

Loaded in Biddeford, Maine USA on November 21st, 2015
CNTR # TEMU7567368 Seal # 0003666

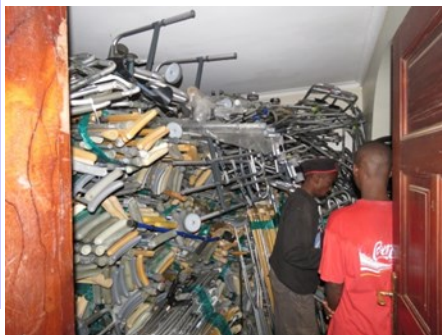
From: Biddeford, Maine, USA to: Kampala, Uganda

Consignor: Crutches 4 Africa
284 S. Franklin St. Denver, CO, 80209

Consignee: RENA COMMUNITY DEVELOPMENT ASSOCIATION
P.O. BOX 25951, KAMPALA, UGANDA

Wheelchairs – 121	5,324 lbs	2414 kilos
Walkers – 325	1,300 lbs	590 kilos
Crutches – 1,065	5,325 lbs	2415 kilos
Short arm crutches – 32	128 lbs	58 kilos
Canes – 236	472 lbs	217 kilos
Rollators – 60	450 lbs	204 kilos
Orthopedic braces – 187	82 lbs	37 kilos
Wheelchair hoist – 1	84 lbs	38 kilos
Parts, repair, boxes – 15	97 lbs	44 kilos

Total weight	13,265 lbs	6017 kilos
Total units	2,042	



Crutches 4 Africa

We spent several wet hours (it was raining) organizing to the point that we could prep and load our first consignment to be delivered to Gulu, Uganda. See map.



Gulu is an area that has seen a great deal of violence in past years due to a lunatic named Kony. He kidnapped children, boys for soldiers and girls for slaves. He often forced them to kill their own parents. We worked with the local district government, a disability group and of course, the local Rotary and Rotoract clubs.



There remains a great deal of need in Gulu...

Crutches 4 Africa

Our second allotment went to Jinja, the headwaters of the Nile river and on the shores of Lake Victoria.



Once again, we were aided by a Rotary club, the Rotary Club of Jinja.

We also had consignments that were picked up in Kampala at the ware-house. These were primarily hospitals and clinics from the west and south parts of Uganda. They all had absolutely nothing in the way of mobility devices at their facilities. We requested that they come into Kampala to pick up their smaller consignments, most often using small pickup trucks.



Here we see Dr. Michelle White helping a patient with one of the walkers that Crutches 4 Africa provided.

Thank you for helping Crutches 4 Africa help people gain greater mobility in Uganda. We will be sending another 40' container from Maine to Uganda in November.

In Service, Rtn. David Talbot, Mountain Foothills RC, founder,
www.crutches4africa.org

Food For Thought at Bryant Elementary

A few pictures from Bryant Elementary last Friday morning.





TRAINING

Would you like more knowledge and training from Rotary. Our District hosts **District Learning and Leadership Development**—Plans and carries out, with the direction of the District Governor Elect, the District Assembly in the spring of each year; serves as a resource to club trainers, and assists in other District seminars, workshops, and conferences as requested.

The Rotary Leadership Institute (RLI) - Rocky Mountain Division

A training program dedicated to improving the Rotary knowledge and leadership skills of the future leaders of Rotary Clubs and Districts. [Click here to view the RLI Brochure.](#)

Don't be afraid to ask, there are resources out there. Become a better leader, member of Rotary of society.

<http://www.rotary5450.org/SitePage/training>

100 Acts of Good

To mark the Rotary Foundation centennial, we're encouraging members everywhere to do 100 acts of good throughout the year. Let others know by posting photos of yourself on social media, along with a brief description of the act, using #100actsofgood.

<http://centennial.rotary.org/en/get-caught-act-doing-good>



Tour of the American Museum of Western Art

PLEASE MAKE YOUR RESERVATION

At our July 27 DMHR meeting, Kristin Fong, Educator of the American Museum of Western Art invited the club members and guests for a private tour. We have scheduled our visit for Wednesday November 2 at 3 pm. This will be our get together in lieu of our club meeting for that date.

After an approximate 1 ½ hour audio tour, we will adjourn to the Brown Palace's Ships Tavern which is just across the street from the Museum at 1727 Tremont Place for no-host libation and club provided snacks.

We have ample space (limited by audio devices) at 50 units but we need to get your reservation. Please bring a spouse or friend. This is also a great way to introduce new people to the club. Your sole cost at the Museum will be \$5 per audio set.

Please also respond if you only expect to come to the Ship's Tavern, indicating "Ship's Tavern Only".

A Evite invitation will be sent out to all members. Please reply to the invitation as it will make it easier to track responses. If you did not receive the evite, you can also follow the following web address:

http://www.evite.com/event/0249TMSGKK4PPECVCEPGLGS3JFGELY/activity?gid=006AQ6OB5WBWA4A7IEPGLGTA5W2DPU&utm_campaign=view_invitation_button&utm_medium=email&utm_source=GUEST_INVITE_EVENT

The American Museum of Western Art provides access to one of the world's most comprehensive collections of Western art in one of the most unique settings in the country, the historic Navarre Building. The Collection is displayed in a salon style, which is in keeping with the Navarre's 19th Century origins and allows the Museum to exhibit a survey of Western art and history. The Museum's permanent exhibition (which includes over 300 paintings, drawings, and sculptures by more than 180 artists and spans nearly 200 years of American history) promotes the public's understanding and appreciation of art depicting the American West from the early 1800s through the present day.

WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT TO
SERVICE ABOVE SELF

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

November 2nd - Tour of American Museum of Western Art. 3:00 to 4:30PM

January 7th - RI President's Dinner & Polio Fundraiser 5:30—8:30PM

Mini Dinner!

October 15th @ 6PM - Greg Thielen and Jaelyn Yelich will host a Hungarian themed mini dinner - 950 S Franklin. Cost is \$40/person.

Upcoming Happy Hours

October 6th - 5-7PM @ Dazzle (930 N Lincoln St., Denver, CO 80203)

November 2nd - Brown Palace, following the Tour of the American Museum of Western Art

King Soopers Cards

Did you know the minute you load your King Soopers card our club gets a percentage of the money you add? You don't even need to spend it and our club gets a percentage! Use it for your daily coffee run. That's right, it's good at King Soopers' Starbucks too!

Sarah Hite has King Sooper's cards. It's an easy way to make money for our Club and make shopping easier for you! They also make great gifts.



9 Health Fair Update:

Denver Parks & Rec at Barnum Recreation Center

Date: 10/15/2016 - 10/15/2016

Time: 7:00AM - 12:00PM

360 Hooker St, Denver, CO, 80219

~~About Our Fair

Welcome to our fair! This is where you will find the most comprehensive health screenings that are convenient and affordable. We pride ourselves on providing a welcoming and comfortable environment for everyone, and we want you to take the step to attend our fair and Own Your Health. Check out our screenings listed below. Remember, many health issues have no symptoms but if you catch issues early, you can make a big difference in your health. We are here to help! You can sign up online today.

<https://www.9healthfair.org/health-fairs/fall/9/index>