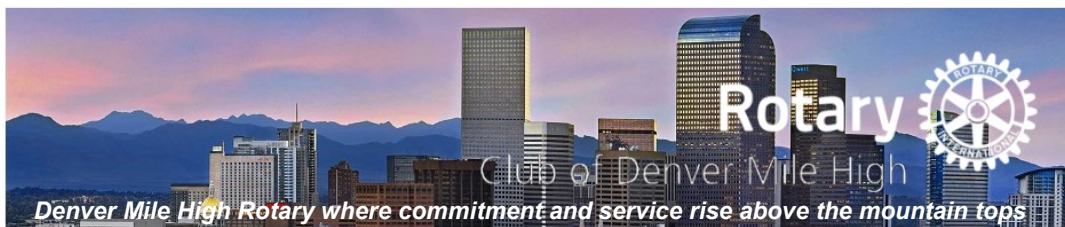




Denver Mile High
Rotary
Club



President's Column:

September 19, 2017

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Inside this issue:

Upcoming Programs	2
Inspirators, Greeters, Hosts	3
DMHR Calendar & An- nouncements	4-5
Warriors on Cataract	6-7
Five Points Rotary Event	8
Sponsors	9

Hello, all! It has been a few weeks since we were last at the Uclub and a lot of activity is building. We had our club board meeting last week. Much of the discussion was given over to pro forma updates, but a few decisions were made that the club should be aware of. First, we decided on allocation of project funds between Local Community Service and World Community Service. For tyhose of you who are not aware of the process (for instance, like me, until just last year), the funds that are deployed this year for projects, are the funds that were raised last year, plus some income form the foundation funds. Essentially, we raised, in one way or another, 22k last year for projects that will be funded this year. At the board meeting we decided to allocate the funds along these lines: \$3,150 to RYLA (total for RYLA and Young RYLA), \$8,500 for Local Community Service, \$8,500 for World Community Service, \$1,500 for the Speakers' Gift to Polio Plus and the balance (a little more than \$500) held in reserve, to be allocated as the year progresses. A couple things to note: First, both LCS and WCS have some funds t Hat roll forward from the last fiscal year, which allows them more funds this year to deploy. Second, these allocations are the minimum allocation; if an important project comes up that needs additional funds, we can dip into the reserve as necessary. Our goal is to set a mini-

mum amount that each committee has to work with, so it is not a moving target. But if they find that they need more, we can look at that. So, we are building in some flexibility. Third, note that the committees' funds are typically paired with grants from other clubs, the district and RI, so the funds the committees have should be thought of as seed funds for building out more impactful projects economically. Feel free to ping me or Michael Tapp or Bob Kemp with any questions about the allocations. In the board meeting, we also discussed adding to the by-laws the capability to manage club funds electronically (via electronic banking). The board is in the process of reviewing the language for putting this in place. We will likely have more information for the membership as it takes shape.

We were at the CEC last week for our meeting, thus the break from the Uclub. It was great meeting. The interactors talked about the camping trip and how it impacted them, which was great! But they also talked about the projects they are working on in the coming months. For instance, they will be helping to set up for the 9 Health Fair at CEC this year. Some of the interactors will be on tap on the 30th for the Health Fair, either helping at the Fair or selling cookies and ice cream at the car show that will be going on outside the Health Fair on the same day. Should be a lot of fun for them and raise some

moolah as well. It is neat to see that they are actively working to raise funds to fund their activities. So, while DMHR provides them some funds, they are actively raising their own as well. They are considering more projects for service and fundraising over the year. More to come in that department.

Food for thought at Bryant Elementary was pretty impressive on Friday. The team packed up 400 bags of food for the kids in about an hour, including flyers for the Health Fair. It was pretty amazing to see the team coalesce quickly around an assembly line to put the packages together very quickly. Amazing what teamwork can do!

So, as you can see, lots going on. And I am sure I am only scratching the surface because several DMHRers returned recently from Africa and I have not yet heard all the stories (and I won't steal their thunder since they will be presenting results in a few weeks). Way to go all and I look forward to seeing you all tomorrow!

-Adams

Denver Mile High Rotary Upcoming Programs

September 20th - Christopher Bombardier will be our speaker. Chris will describe his experiences as a hemophiliac, climbing five of the Seven Summits (Mt Kilimanjaro, Aconcagua, Mt. Elbrus, Denali, and Carstensz Pyramid), and his efforts to bring our worldwide community together to make hemophilia care more equally provided throughout the world.

September 27th - Our speaker will be Michael Wyatt, a lieutenant with the Denver Police Department. Lt Wyatt will give a presentation on the DPD's new safety program called "DPD SAFE PLACE". He will include the information on the origins of this program and it's progress thus far in Denver. Additionally, Lt Wyatt will explain the purpose behind creating an LGBTQ liaison position and its role within the department.

October 4th - Lucy Bradley-Springer, PhD, RN, ACRN, FAAN, an Associate Professor Emerita at the University of Colorado Denver School of Medicine will be our speaker. Dr. Bradley-Springer recently resigned from the Presidential Advisory Council on HIV/AIDS in protest of the health care policies of this administration. Join us for her presentation, "Not Done Yet: HIV in 2017". The presentation will cover advances and current barriers in the U.S. HIV epidemic. It will focus on the HIV Cascade of Care and the way social factors influence the progression of the epidemic.



September Birthdays

2nd - Greg Thielen

8th - Roberta Simonton

10th - Susan Henderson

27th - Jeff McAnallen



Weekly Inspirators, Greeters & Hosts

September 20th

Inspiration - Scott Smeester

Greeters - Greg Smith and Melanie Gentz

Host - Robin Springer

Rotary Minute - Jeff Sprole

September 27th

Inspiration - Michael Tapp

Greeters - Greg Thielen and Andy Thompson

Host - Ann Tull

Rotary Minute - Tony Vaida

September 4th

Inspiration - Bruce Ward

Greeters - Ronnie Weiss and Sonny Wiegand

Host - Diane Wilson

Rotary Minute - Chris Wong



ROTARY CONVENTION
TORONTO, ONTARIO, CANADA
23-27 JUNE 2018



WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT TO
SERVICE ABOVE SELF

King Soopers Cards

Remember to keep using your King Soopers cards. 5% of every dollar loaded spent goes towards the club! If you don't have one yet, contact Sarah Hite to get one (schite2000@yahoo.com).



Weekly Food Bag Schedule

<u>Date</u>	<u>School</u>	<u>Address</u>	<u>Coordinator</u>
September 22	Beach Court Elementary	4950 Beach Ct.	Tom Giordano

We need volunteers for our food bag program this week at Beach Court Elementary. As always, we will be packing weekend food bags for approximately 350 kids and having some fun along the way. Please consider joining. You can sign up online or talk to Greg Thielen during our meeting in the morning.

Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

<http://denvermilehigh.org/Events/Calendar>

Denver Mile High Rotary Happy Hour - 9/21

Thursday, September 21st from 5:30 - 7:30

Sky Line Beer Garden

Skyline Park - 16th St. Mall and Arapahoe, Downtown Denver

<http://www.skylinebeergarden.com/>

They have more than just beer - full bar, food truck

PRESENTED BY DOWNTOWN DENVER PARTNERSHIP

AND THE DOWNTOWN DENVER BUSINESS IMPROVEMENT DISTRICT

The Skyline Beer Garden is part of a series of strategic initiatives from the Downtown Denver Partnership and Downtown Denver Business Improvement District to create diverse and attractive programming and encourage a wide variety of cultural, leisure, entertainment and recreation in Downtown Denver's parks and public spaces. For more information about Downtown Denver's exciting Summer Mix of programs visit downtowndenver.com

Featured Brewers and Brews

9/21 Odell Brewing Company

Rupture & Sunny Rain

Celebrating Colorado's dynamic craft beer culture, the Skyline Beer Garden features close to 40,000 square feet of outdoor area with vast open air and tented seating. Nestled in the heart of downtown, the Beer Garden offers a fun and comfortable environment with communal Oktoberfest-style picnic tables that can collectively seat more than 350 guests, a family-friendly game area with Ping Pong, 9-Hole Miniature Golf Course, and Cornhole, as well as live music on Fridays and Saturdays. With a focus on Colorado and hand crafted brews, the Beer Garden features a thoughtful selection of 12 different brews on tap and serves up your favorite casual fare including locally-made brats, house-ground burgers, fresh salads and German pretzels with dipping sauces.

Park Stewardship Dinner - 11/20

This year's Park Stewardship Dinner will be held on Monday, November 20, 2017 from 6:00 pm – 8:00 pm at the Denver Zoo, Norgren Hall. This dinner honors our amazing volunteers who contribute their time in helping beautify our Denver Parks and Trails year round. Our group will be getting recognized.

Please forward to other volunteers in your group **and RSVP by November 1st** to tina.myers@denvergov.org; or call [720.865.2434](tel:720.865.2434).

[Anson Thompson](#) is the contact for this event for Denver Mile High Rotary Club. Please also let him know if you will be attending.

Warriors on Cataract Update

Greetings all,

We just finished our 5 day All Female disabled vet Cataract raft trip. We had 27 women and a SAG crew of 4, plus 3 Tag-a-Long guides and 2 swampers, a wonderful crew. And a service dog.



And yes, dog and paddler spilled the duckie in a rapid and got to swim a bit.

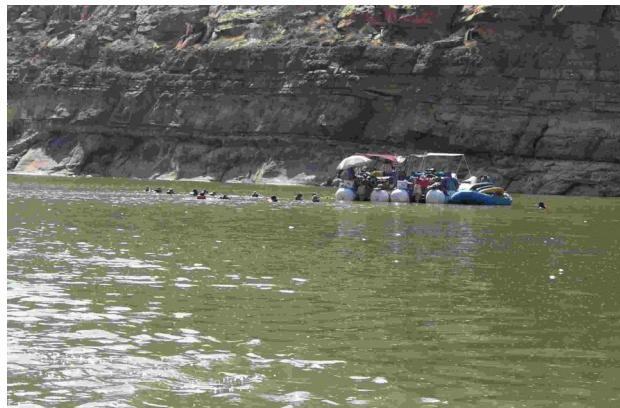
This was the best of the 22 trips we have conducted so far over the past 7 years. Karen House led the other three counselors Cristal McGill, Christine Palafox, and Susie Kincade. Karen, Cristal, and Susie are river runners and have rowed the Grand Canyon. Between the four of them there was an impressive collection very bonding and healing activities. The Colorado is low flow in September, so the water is relatively warm. The rapids are more docile, so the women could engage in confidence building water sports such as paddle boat, duckies, and life jacket floats through rapids. The beaches were wide. We extended this trip from 4 days to 5 to allow more campfire time, yoga, mindfulness, meditation, and hiking.



We hiked the Indian pictographs and dwelling at Lathrop Bottom. Trip Leader Sarah Sidwell described the pictographs and flora. Many hiked the 1200 feet elevation change to the Doll House and the Land of the Standing Rocks above our Brown Betty beach camp. A challenging hike, took about 6 hours.



When it got hot in the afternoon, the women drifted in their life jackets.



The VFW brought our gear up from Lake Powell at the end of the run. As has been the tradition, the plate-covering prime rib Farewell Dinner was put on by the Moab Elks the evening of our return to Moab.



Rotary Club of Five Points Denver Event

Wednesday, October 11, 2017

The Rotary Club of Five Points Denver is pleased to host a screening of the film *The Last Bill, a Senator's Story*, a behind-the-scenes documentary of State Senator and Rotarian Linda Newell's real-life story carrying bills through the legislature. The film will be followed by an open dialogue around the issues of peaceful problem solving and healthy communication in government. This event is one of many happening around the state during Colorado's Conflict Resolution Month in October. **Seating is limited.**

A portion of the proceeds will support Senator Newell's education initiative, developing academically aligned film curriculum guides to be used in K-12 schools across the state. Increasing the civic knowledge of youth and the civic engagement of our citizenry has never been more important. Many people lack knowledge or experience with the role, process, and positions in government. What better way than to show them from an insider's view?

Additional proceeds from the event will benefit the Rotary Club of Five Points Denver programs targeting neighborhood schools, community, and educational organizations as well as Rotary's End Polio Now foundation and Shots for Tots and Teens.

This event will take place at the Posner Center for International Development in the Five Points neighborhood. A meet-and-greet happy hour will begin at 6:00 pm. The film will start promptly at 7:00 pm and a Q&A session with Senator Newell will follow. The event will conclude at 8:00 pm.

For tickets, hold ctrl and click [this invite](#).

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