



Denver Mile High Rotary Club

President's Column

Denver Mile High Rotary on the Web:

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Rotary District 5450

Rotary International

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ZOOM LINK

The Zoom meeting 'room' will open at 7:00 am, and the meeting will begin at 7:15am.

Join Zoom Meeting

https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRL1N2RFZ3bnBRdz09

Meeting ID: 812 9479 1259
Passcode: 903839

Dear Rotary Colleagues,

1 April 2024

Upcoming

Have you ever wondered what goes on within a Masonic Temple? This week our offsite takes place at the Denver Masonic Temple downtown across from Denver Pavilions (1614 Welton St, enter on the Welton side via a door adjacent to the Ponderosa Restaurant). Doors open 7 AM.

Our Apr 10th meeting will host George Sparks, CEO of Denver Museum of Nature and Science, at the U Club (note: this was incorrectly reported as an offsite last week).

In Retrospect

Kwabi Amoah-Forson presented on his award winning humanitarian 'Peace Bus' program based in Tacoma WA. After listening to his innovative efforts to create peace, one community campaign at a time, we decided to consider him an honorary Rotarian. To learn more about his work, check out these links: Click here for the first link. And click here for the second link.

April Imagination

We just received a \$50,000 humanitarian grant from a prestigious philanthropic foundation with a few strings attached: \$25,000 to fund a local Denver area project(s) and \$25,000 for an international project(s) that improve the quality of life in the selected communities. Members of the community will direct the project focus and involve Rotarian assistance. Proposals must be generated by community organizations in collaboration with rather than determined by Rotarians. Funded projects must be initiated within 6 months of the funding award. Given these parameters, what projects can you imagine evolving? (This serves as an April humanitarian fuels exercise)

One of Us

See if you can guess this week's member. Answer at bottom of next page. Grew up in the Big Sky state. Favorites include: Little India dining, Sloan Lake walks, Marcus Aurelius' Meditations, golfing and working out, and trips to tropical beaches with crystal blue water. Hopes to visit Machu Pichu down the road. Has served in the military and once worked as a firefighter. Wouldn't mind owning a gym. Enjoys the comradery of Rotary and valued the tree planting project. Also supports the Boys and Girls Club. Who am I?

CORRECTION - Last week the calendar said that April 10th is another off-site, that is incorrect. We will meet at the U Club on April 10th, and the speaker will come to us.



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Denver Mile High
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WEEKLY	Date	Inspirator	Greeter/Host
Off-site	3 Apr	Welton Masonic Temple	Denver
U Club	10 Apr	Nick Melrose	Constance Mortell
U Club	17 Apr	Annely Noble	Geoff Noble
U Club	24 Apr	Charlene Porter	Adams Price

DMHR Book Club
All Welcome!
Thursday, April 18
Assisted Living
by Philip Brien Clarke,
a local author and
friend of Tom Cella.
Meet at 4:30 at
Tom Gregory's home
1 Black Swan Lane
Cherry Hills Village
80113

April Birthdays
14 April - Mary Walta
Are there any others? This is
not an April Fools Day item!



Help, please...
Geoff and I will be in Florida on
April 17th; would someone be
able to fill in for us as inspirator
and greeter? Please let me
know - 303-842-8725 or
Annely.noble@comcast.net
Thank you. Annely & Geoff

DMHR Calendar

- Apr 3 - Off-site meeting at the Welton Masonic Temple** Downtown Denver - 1614 Welton St, Denver
- Apr 10 - George Sparks**, CEO of Denver Museum of Nature and Science **at the UClub.**
- Apr 12 - Chuck and Char Rudolph Memorial Service** – 11am, Montview Presbyterian
- Apr 14 - 3-5pm - DMHR Spring Wine Tasting at the Pinnacle** - [Click here](#) for info and to register!
- Apr 20** 🌳 – **Denver Digs Tree Distribution Date** (City Park and Sloans Lake) club volunteer opportunity - a warm up for our Tree Planting Day on May 11. [Click here to sign up for Apr 20](#)
- Apr 22 - World Community Service Mtg (WCS)** 4:00pm -Contact Audrey Leavitt for information
- May 1 - Offsite** – Volunteers of America (VOA) – 27th and Larimer
- May 1 - Polio Zoom Webinar** - [Click here](#) for details and to register
- May 4 - DANCE PARTY!** Details to follow but practice your dance moves now!
- May 11 - DMHR's Epic Day of Service** - [Click here to volunteer!](#)
- May 12 - Rockies Baseball game** - annual Rotary function - The Rockies slug it out against last year's World Series champions, the Texans. Five dollars from each ticket sold will go to polio. [Click here!](#)
- May 16 - 7:30am - DMHR Foundation Board Meeting** - Contact Mary Walta for details
- May 18 - Epic Day of Service** - District-wide - [Click here](#) for more info. www.epicdayofservice.org
- June 15 - Global and District Grant Training** - In person at Front Range Community College. Annually, one individual from our club must attend in order that we may continue to write grants! Is it YOU?

A word from your editor

Dear fellow Rotarians,
Well, Geoff and I have decided to move to Florida.
I have had and still have a house full of company and we had a wonderful Easter. No matter what you celebrate it was a most beautiful spring day in Colorado, and I cannot imagine moving anywhere else. April Fool's...NOT moving to Florida.

See you Wednesday, April 3rd at the Welton Masonic Temple
Annely Noble, Past Pres 2022-23
Annely.noble@comcast.net 303-842-8725

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.
What are YOU contributing to Rotary?*

One of us...Nic Wilson



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When Japanese mountaineer Junko Tabei triumphantly reached Mount Everest's summit in 1975, it wasn't just *her* first time doing so — it was **the first time any woman had made it to the top of the world's highest peak above sea level.**

Tabei's accomplishment inspired other adventurers to follow in her footsteps, and four decades later, around 800 women have successfully ascended the mountain. As [Women's History Month](#) nears its end, we're sharing Tabei's story and those of many more trailblazing women **who shattered glass ceilings in various fields, from race car driving to physics.**

[Click here](#) to see 21 trailblazing Women who made history!

**BrainWise Overview for the
Parent Information Network (PIN)
Presentation**

**At Cherry Creek Schools
Tuesday April 2, 9:15 - 11am**

14603 E. Fremont Ave.
Centennial, CO 80112

Debra Flick, Eileen Mc Gowan and Pat Gorman Barry are presenting an overview of the BrainWise program at PIN, a parent organization founded by the late Sherry Sargent. Sherry was a Rotarian and the wife of Past District Governor Dr. Frank Sargent. He and Sherry were strong supporters of BrainWise Rotary projects.

Marty is inviting MYPI members and Denver SE members interested in Rotary Mental Health.

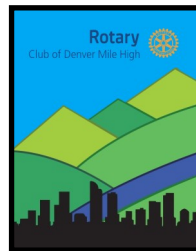
Contributed by Patricia Gorman Barry, Ph.D., R.N.
Founder of The BrainWise Program
(303) 358-5553 (c)
pgbarry@brainwise-plc.org
www.brainwise-plc.org



When you are looking for hope in the world...
Join the Reading for Peace team with
The Conflict Center.

A few sessions left for this year.

Contact Marty, Debra, or Ronnie for more info.



Epic Day of Service -

May 11 Saturday 8:30-noon
Denver Mile High Tree Planting
Phase 2

[Click here](#) for information
on this May 11th

Epic Day of Service Project!

[Click here](#) to volunteer.

[Colorado Gives](#)

Marty Waters has registered Denver Mile High Rotary with Colorado Gives. It could not be easier to donate through this site to give to our DMHR Foundation. You can make a one time donation or a recurring commitment. Additionally, Colorado Gives provides an option for the donor to cover the very small processing fee so that our foundation benefits from the donor's entire contribution.

To give one time or to set up a recurring donation, [please click here](#). Thank you in advance!

Our foundation treasurer, Noreen Keleshian, did an extensive comparison of giving plat-forms (including Pay-Pal) and found Colorado Gives to be the most cost effective way to donate to Denver Mile High.



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**Information regarding
Chuck and Charla Rudolph's Memorial**
Memorial services celebrating both
Chuck and Charla's lives will be held at
Montview Presbyterian Church
1980 Dahlia Street, Denver, CO 80220
April 12, 2024 at 11:00am

Reception immediately following at the
Denver Botanic Gardens located at
1007 York Street, Denver, CO 80206.

In lieu of flowers, memorial contributions are
suggested in Chuck Rudolph's name to
Denver Mile High Rotary Foundation at
[https://www.coloradogives.org/organization/
Denver-Mile-High-RotaryFoundation](https://www.coloradogives.org/organization/Denver-Mile-High-RotaryFoundation).

Condolences for family of
Chuck and Charla Rudolph
Since Chuck and Charla Rudolph's son, Mark, was
not able to join our Zoom meeting honoring his
dad and mom, you may consider sending a condo-
lence to Mark at his address:
Mark Rudolph
2280 Locust Street
Denver, CO 80207

ROTARY CLUB
OF
DENVER MILE
HIGH

SPRING
WINE
TASTING

Rotary Club of Denver Mile High
invites you to join a special event to
learn about and taste different wines.
**May 14 - Sunday - 3-5pm at
The Pinnacle
2990 East 17th Avenue, Denver 80206**

The tasting will be curated and guided by
Sommelier, Becca Greigg.
Taste pairings of fruits, chocolates,
and cheeses to enhance the wine -
flavor notes will be available.
Soft drinks and water will be available

Proceeds fund local and global
humanitarian projects.

**\$85 per person – Cash or Check
Held at the Pinnacles
Payable to:
Denver Mile High Rotary Foundation
Mail to:
Denver Mile High Rotary Foundation
P.O. Box 101471
Denver, CO 80250.**

Or:
hand to Marcus Hanlon or
Noreen Keleshian at meetings.

Or:
[\\$92.55 Credit Card Payments
at Eventbrite](#)

Street Parking in the neighborhood



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Paying Dues using Zelle

Several members have expressed interest in paying dues with Zelle, a service that allows Club members to send dues payments directly to DMH Rotary. There is no charge and the transaction takes place in only a few minutes. And the sender can choose the amount to send. Below is information about signing up for Zelle and setting up the payment information for Denver Mile High

- **Enroll with Zelle® (your bank must offer Zelle transfers as a service)**
 - Sign into Online Banking or mobile banking on your electronic device
 - Go to "Send Money with Zelle®" in Online Banking or the *Zelle* tab in the Mobile app.
 - Agree to terms and conditions.
 - Enroll your bank account.
 - Verify security code.

You're ready to start sending/receiving payments through your bank account using *Zelle*.

- **Send money to Denver Mile High Rotary**
 - You can use DMHR as the name of the Club.
 - Enter rotarydmh@gmail.com as the unique identifier for the Rotary Club of Denver Mile High.
 - Enter the amount of the payment and an optional memo. (e.g., invoice number)
 - Review your payment. Make sure that you've entered the correct email address for the Club; then hit "Send."
 - Your payment will appear with your name on the Club's bank statement.

DMHR Dues information

Please pay quarterly dues on or before:
Q1-July 15; Q2-October 15; Q3-January 15; Q4-April 15
Deliver a check to Carolyn at a meeting, or mail to:

Denver Mile High Rotary
PO Box 101471
Denver CO 80250

For more info, [click here to log in](#) to the DMHR website, then click on "member resources."



Brene Brown is kicking off a new podcast series -- an interview with acclaimed psychotherapist Esther Perel. The topic for this first series is "Living Beyond Human Scale: The Possibilities, the Costs, and the Role of Community." This series will be

unique in that it crosses over between *Unlocking Us* and *Dare to Lead*, with discussions ranging from mental health and social media to readying a workforce (and a bunch of anxious humans) for AI.

You can now listen to the new podcasts and her entire library anywhere you listen to podcasts.

Listen here -- <https://lnkd.in/gpC3iMdJ>
[Or click here.](#)

