Theme 2023-2024



Denver Mile High Rotary Club

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President's Column

Calendar, Birthdays, Book Club, Duties, & Editor's 2 Cents

Items you need to know

Info on friends' memorial services

ZOOM LINK

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15am.

Join Zoom Meeting

https:// us02web.zoom.us/ j/81294791259? pwd=aXZsTXRiZzJLZEVLR1 N2RFZ3bnBRdz09 Meeting ID: 812 9479 1259 Passcode: 903839



President's Column

Dear Rotary Colleagues,

Upcoming

11 March 2024

This week we welcome Bria Hutchinson from GrowHaus, an organization that cultivates community-driven food justice through education and food access. Carolyn Schrader will also present on Rotary's Healthy Communities Challenge.

Our April 3rd offsite date is currently open for a location. Let Marty or Curtis know if you have a connection or suggestion.

In Retrospect

Rick Waters, Director of Denver Indian Center, described the historical experiences of Native Americans in Colorado, the resulting impact on Native Americans of today, the Center's response, and ways that our Rotary club might support their programs including onetime events and ongoing projects.

Appreciations

Thanks to the Project Worthmore food share team efforts this past week helping with the new self-service model (Noreen, Tom C, Annely, Eileen and Rotary Cherry Creek colleagues).

One of Us

See if you can guess this week's member. Answer at bottom of next page. Grew up in the land of Steelers. Takes nature walks at Bluff Lake (on Sand Creek near the old airport). Dines at Reivers. Hobbies include guitar and photography. Kauai was a fun past trip and Italy on the list for a future trip. Bosch (books and streaming) a favorite media figure. Once was a teaching assistant and might like to be a History Professor in another life. Values Rotary fellowship and a favorite past project was El Porvenir in Nicaragua. Also supports education efforts with Arrupe Jesuit and DSST.

Who am I?

Condolences for family of Chuck and Charla Rudolph

Since Chuck and Charla Rudolph's son, Mark, was not able to join our Zoom meeting honoring his dad and mom, you may consider sending a condolence to Mark at his address:

Mark Rudolph 2280 Locust Street Denver, CO 80207



DMHR Book Club All Welcome! Thursday, April 18 <u>Assisted Living</u> by Philip Brien Clarke, a local author and friend of Tom Cella. Meet at 4:30 at Tom Gregory's home

1 Black Swan Lane

Cherry Hills Village

80113

Denver Mile High Rotary	A COLOR
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WEEKLY	Date	Inspirator	Greeter/Host
	13 Mar	Sarah Hite	Noreen Keleshian
	20 Mar	Bob Kemp	Janine Kempfer
	27 Mar	Audrey Leavitt	Ann Lockhart
Off-site	3 Apr	Volunteer?	All of us

March Birthdays 2 March - Audrey Leavitt

14 March - Geoff Noble 23 March - Constance Mortell



Mar 12 - 4:00pm - DMHR Board Meeting - Contact Marty Waters for details Mar 13 - Rotary Mtg - GrowHaus with Brian Hutchinson and 9:30 Volunteer at Village Exchange Mar 20 - Rotary Mtg - Overcoming Fear with Adam Hill and 9:30 Volunteer at Village Exchange Mar 21 - 7:30am - Foundation Board Meeting - Contact Mary Walta for more information. Mar 24 - Ski Outing Sunday - Meet at 8:30am at Copper Mountain. Contact Marty to confirm interest and request an Ikon Buddy Pass discounted ski pass link Mar 27 - Kwabi Amoah-Forson is a humanitarian and influencer from Tacoma, WA, fostering dialogue on the meaning of peace through "The Peace Bus". See photo on page 3 and <u>click here</u> for more info. Apr 12 - Chuck and Char Rudolph Memorial Service – 11am, Montview Presbyterian Apr 14 - 3-5pm - DMHR Spring Wine Tasting at the Pinnacle - <u>Click here</u> for info and to register! Apr 20 – Denver Digs Tree Distribution Date (City Park and Sloans Lake} club volunteer opportunity May 11 - <u>DMHR's Epic Day of Service</u> - Tree planting - Need 30-40 volunteers. <u>Click here to volunteer</u>! May 11 - <u>DMHR's Epic Day of Service</u> - Tree planting - Need 30-40 volunteers. <u>Click here to volunteer</u>!

May 12 - <u>Rockies Baseball game</u> - annual Rotary function - The Rockies slug it out against last year's World Series champions, the Texans. Five dollars from each ticket sold will go to polio. <u>Click here!</u> May 18 - Epic Day of Service - District-wide - <u>Click here</u> for more information.

A word from your editor

Dear fellow Rotarians,

DMHR Calendar

I apologize for the error in last week's newsletter that many of you caught...the photo of Susan Henderson and Pat Gorman Barry should have named Patricia Fiske as the person on the right side of the photo, not Diane Messamore. I would love to have a back up editor who can review the newsletter Sunday late afternoon/evening prior to sending it; could that be you?

Let's make our April 14th wine tasting a huge success, click here to see the flyer, on which you can register by clicking on the Eventbrite link. The invitation will be on the district website as well in case you want to direct your fellow Rotarians and friends there.

See you on Wednesday, 14 March at the U Club Annely Noble, Past Pres 2022-23 <u>Annely.noble@comcast.net</u> 303-842-8725 The more you contribute to your Rotary Experience, the more you benefit from your Rotary Experience. What are YOU contributing to Rotary?

One of us...Tom Giordano





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Epic Day of Service -May 11 - 8:30-noon Denver Mile High Tree Planting Phase 2 <u>Click here</u> for information on this May 11th Epic Day of Service Project! <u>Click here</u> to volunteer.



Grant Information <u>Click here</u> to review Marty's Youth Mental Health grant information: **Promoting Resiliency** and Wellbeing for Newcomer Youth

Kwabi Amoah-Forson in his famous "Peace Bus" Kwabe will be our featured speaker on March 27th.

Kwabi Amoah-Forson is a humanitarian and influencer from Tacoma, WA. Through various humanitarian campaigns, he has assisted those in need in his community and across the country. He also strives to educate others about the true meaning of peace and foster dialogue on the subject through "The Peace Bus'.

Invasion of the Canadians

The end of July the Rotary Club of Kingston, Canada and Denver Mile High Rotary will do a Club to Club exchange. An amazing first step toward entering the world of Rotarians. The first exchange will be a handful of Canadians visiting us. We will home host the guests, visit projects, local area points of interest and have a day at Pikes Peak, BBQ at a members home, attending a Rotary Meeting and so much more. Four days and five nights of fellowship entering the next level getting to know each other. Next year members of Denver Mile High Rotary will invade Kingston, Canada on Lake Ontario. *Anyone interested in planning daytime or evening activities contact Roberta Simonton at* 303-777-6246 text or <u>simontonroberta@gmail.com</u>.



Colorado Gives

Marty Waters has registered Denver Mile High

Rotary with Colorado Gives. It could not be easier

to donate through this site to give to our DMHR Foundation. You can make a one time donation or a recurring commitment. Additionally, Colorado Gives provides an option for the donor to cover the very small processing fee so that our foundation benefits from the donor's entire contribution. To give one time or to set up a recurring donation, please click here. Our foundation treasurer, Noreen Keleshian, did an extensive comparison of giving platforms (including PayPal) and found Colorado Gives to be the most cost effective way to donate to Denver Mile High. Thank you in advance!

<— Tom Cella with refugees who have become good friends, Nesar on left and Behoze on right, in front of the local Muslim Center. They were picking up food for struggling families.





Another DMHR Rotarian Passes - Susan Henderson

Pat Gorman-Barry shared the following with us:

Susan Henderson's son, Matt, sent this message knowing how many of us knew and loved his mom.

"Susan passed away peacefully overnight on February 7th, 2024 at a care facility in Littleton, CO. As many of you know she had been battling Alzheimer's for over a decade. Therefore, we are pleased that she is finally at peace and that those of us who know and love her can celebrate the fantastic person she was for so many decades before this awful disease.

Take care,

Matt Kelly

(303) 803-2661

mattkelly111@gmail.com"

The following is from Pat regarding her friendship with Susan: I met Susan when I joined Jr. League forty years ago and she helped train the provisional class, became good friends, and shared CU nursing back-grounds. She was my DMHR sponsor and we were roommates at two RI Conventions where we staffed a BrainWise booth in the House of Friendship. In 2010 she started having cognitive issues, and in 2018 she did not know me, except that I was a "nice lady." I continued to take her to lunch, but in October 2019, she became fearful of other people in the restaurant. I did not see her after COVID hit, but knew she was being cared for by her loving family. Her sons wrote a beautiful obituary that captures the smart, funny, kind, and delightful woman she was. Alzheimer's is a cruel disease.

May she rest in peace. Pat Gorman-Barry



Susan Henderson, Pat Gorman-Barry, Patricia Fiske at the RI Convention in Los Angeles; the ladies represented the BrainWise booth in the House of Friendship. Information regarding Susan Henderson's Memorial Susan Henderson Obituary - Horan & McConaty South Denver - 2024 (legacy.com) Service on Wednesday, March 20 St. John's Cathedral 10:00am

Information regarding Chuck and Charla Rudolph's Memorial Memorial services celebrating both Chuck and Charla's lives will be held at Montview Presbyterian Church 1980 Dahlia Street, Denver, CO 80220 April 12, 2024 at 11:00am

Reception immediately following at the Denver Botanic Gardens located at 1007 York Street, Denver, CO 80206.

In lieu of flowers, memorial contributions are suggested in Chuck Rudolph's name to Denver Mile High Rotary Foundation at <u>https://www.coloradogives.org/</u> <u>organization/Denver-Mile-High-RotaryFoundation</u>.





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Greeting from Florida fellow Rotarians!

I am approximately halfway through my time as a "snowbird" here in Florida. So far, I have hosted fisherman guests from Texas, Oregon, and Colorado. I have guests scheduled for later this month from South Carolina and North Carolina. Adams Price and Bob Kemp have visited in previous years. I'll be back the first of May. With Best Regards, Geoff

