

Theme 2023-2024



Denver Mile High  
**Rotary**  
Club



**Denver Mile High  
Rotary on the Web:**

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### **ZOOM LINK**

The Zoom meeting  
"room" will open at 7:00  
am, and the meeting will  
begin at 7:15am.

**Join Zoom Meeting**

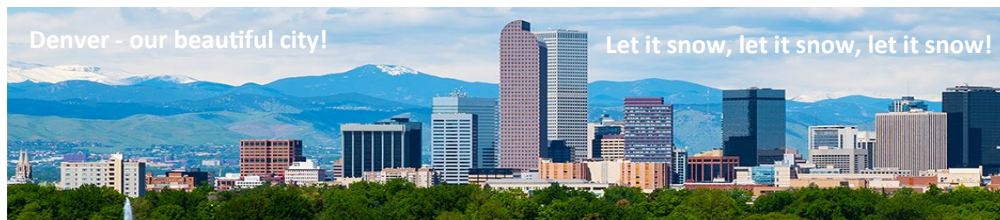
[https://  
us02web.zoom.us/  
j/81294791259?  
pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

Meeting ID:  
812 9479 1259

Passcode:  
903839

Denver - our beautiful city!

Let it snow, let it snow, let it snow!



## **President's Column**

Dear Rotary Colleagues,

15 January 2024

### **Upcoming**

Join us Wednesday at the U Club for a presentation by Fred Solheim. Founder of Warriors on Cataract, and Dr. Lewis Kleinhans, Geologist and WOC volunteer, to learn about a program that supports Veterans and their recovery from physical and emotional trauma.

For January 31st (fifth Wednesday), we plan to meet with the East High Young Rotary Club for lunch and conversation in place of the previously planned evening happy hour that day. Details to follow.

### **Volunteer**

Sign up for tree planting canvassing, the door-to-door distribution of flyers explaining how to obtain low-cost/free trees. Takes place Saturday January 27, 9 AM in Villa Park. [Sign up by clicking on this link](#) and adding your name and info.

Extra Credit - Help assemble tiny home shelters at Colorado Village Collaborative's Safe Outdoor Spaces (SOS) at 3815 Steele St. Jan 30th thru Feb 2nd – AM and PM shifts available. Involves physical activity - carrying unit items, helping with assembly, for eg placing bolts in pre-drilled holes and adding washer and nuts. [Click here for more information](#) and to sign up.

### **In Retrospect**

[Covered Colorado's](#) Executive Director, Johanna Spille, provided an overview of this organization's work with victims of human trafficking. "Covered" provides counseling, education, and housing within their service umbrella.

### **Appreciations**

Thanks to the Village Exchange support crew for doing everything asked on the day – Tom C, Dan Hall, Jim, Marty, Annely, and Geoff. P.S. I, Annely, added Marty's name.

### **One of Us**

See if you can guess the mystery member with the provided clues. Ans on pg 2 Another illustrious inhabitant of Congress who still walks the paths in Washington (Park). Enjoys swimming, golfing, and family trips to scenic areas. Likes the Carnegies Maid novel and dinners at Viale. Hopes to visit Alaska and Lake Louise in Canada. Once worked at Hummel's Deli in Denver and wouldn't mind a future stint as a pilot or career in the air travel industry. Enjoys Rotary service projects benefitting refugees; also volunteers with St Vincent de Paul. Who am I?

Date	Inspirator	Greeter	Host
17 Jan	Curtis Brown	Sharon Cella	Tom Cella
24 Jan	Alessandro Eichstaedt	Debra Flick & Walter Flor	Melanie Gentz
31 Jan	Fifth Wednesday <b>No U Club meeting</b>	<b>Lunch Hour</b> with Denver East Interact Club	Noonish... time will be announced



CREATE HOPE  
in the WORLD

Denver Mile High  
**Rotary**  
Club



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### January Birthdays

8 Jan - Marcus Hanlon  
21 Jan - Bruce Ward  
22 Jan - Debra Flick

### When is your birthday?

Curtis Roni Brian G.  
Janine Nic W.

**Please update your  
Clubrunner info.  
Thanks!**

### DMHR Book Club

All Welcome  
Jan 18th at 4:30pm  
Noreen's home  
**3220 S. Locust St.**  
Denver 80222  
We will discuss  
*The Personal Librarian*  
by Marie Benedict and  
Victoria Christopher  
Murray

### DMHR Dues information

Please pay quarterly dues on  
or before the following dates:  
July 15; October 15;

**January 15;** April 15

Deliver a check to Carolyn  
at a meeting, or mail to:

**Denver Mile High Rotary  
PO Box 101471  
Denver CO 80250**

For more info, [click here to log in](#) to  
the DMHR website, then click on  
"member resources."

## DMHR Calendar

**Jan 16 - Fundraising Meeting - 4:00pm** - Contact Marcus Hanlon for details

**Jan 16 - LCS Meeting - 4:30pm** - Contact Tom Cella for details

**Jan 17 - Warriors on Cataract Program** - Fred Solheim and geologist PhD guest

**Jan 17 - Village Exchange - 0930am-1130am** - Volunteer food packing. [Click here for location.](#)

**Jan 18 - DMHR Foundation Mtg - 0730am** - Please contact [Mary Walta](#)

**Jan 18 - DMHR Book Club - 4:30pm** at Noreen Keleshian's - 3222 S Locust St, Denver 80222

*The Personal Librarian* by Marie Benedict and Victoria Christopher Murray

**Jan 27 - Leaflet distribution - 900am** - at Villa Park with The Park People. [Click here to volunteer to help.](#)

**Jan 31 - DMHR 5th Wednesday Lunch Hour** with Denver East Interact Club at the high school.

**Feb 7 - No off-site meeting - Zoom meeting instead**, please use the zoom link on page 1 of this newsletter.

**Feb 13 - DMHR Board meeting 4:00pm** - Contact Marty Waters for details.

**Feb 14 - Village Exchange - 0930am-1130am** - Volunteer food packing. [Click here for location.](#)

**Feb 21 - Village Exchange - 0930am-1130am** - Volunteer food packing. [Click here for location.](#)

### A word from your editor

Dear fellow Rotarians,

Apologies to Noreen, I posted an incorrect address ...book club address is **3220** South Locust Street.

It is Dr. Martin Luther King, Jr. Day and unfortunately, the weather is not cooperating for outdoor parades, but we still can reflect on the significance of this day. This evening at 7:30, the CW (channel 2.1) will play "A Granddaughter's Dream", featuring Yolanda Renee King, author and activist and Dr. King's granddaughter, discussing the significance of her family's legacy now that a new generation can take over where past generations have failed.

**See you Wednesday (1/17/24) at the U Club**

Annelly Noble, Past Pres 2022-23

[Annely.noble@comcast.net](mailto:Annely.noble@comcast.net) 303-842-8725

*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.  
What are YOU contributing to Rotary?*

One of us...Sharon Cella



Area 1 Rotary Club Service Opportunities.

These projects benefit Denver metro area residents  
and serve as great team building events for Area 1 wide Rotary clubs.

- **Building Denver's Tree Canopy** - Jan 27<sup>th</sup> Saturday 9 AM – 12 PM. Project with **The Park People's** west Denver tree distribution program - Denver Mile High and other Rotary clubs distribute flyers to neighborhood residences explaining access to low cost / no cost trees. Requires walking and dropping off information flyers in Villa Park (Sheridan to Federal, Colfax to 6<sup>th</sup> Ave) sign-up <https://docs.google.com/spreadsheets/d/1SSsiWUysswXSiEeHG69nd69XpGLKTy3SJn0YnlhgTUA/edit#gid=0>
- **Addressing Homelessness** - Jan 30<sup>th</sup> Wednesday – AM and PM shifts. (adjacent dates available) **Safe Outdoor Spaces (SOS)** - [https://www.signupgenius.com/go/10COF4BADA62AA1FFC16-47066627-pallet#/.](https://www.signupgenius.com/go/10COF4BADA62AA1FFC16-47066627-pallet#/)  Help assemble pre-fab tiny home shelters in an existing SOS camp site. Involves physical activity - carrying unit items, helping with assembly, for eg placing bolts in pre-drilled holes and adding washer and nuts.
- **Building Denver's Tree Canopy** - May 11<sup>th</sup> Saturday 9 AM – Denver Mile High Rotary tree planting day. As part of the **Epic Day of Service**, DMHR partners with The Park People and Denver Parks & Recreation to plant 30 trees in a TBD Denver area park. Involves working with small team planting trees in pre-drilled holes prepared by Denver Forestry. A companion grant is in the works for clubs interested in partnering with the financial support of this event.

**Appeal from Cheryl O'Brien, D5450 Youth Services Chair**

Hi Fellow Rotarians.

I'm reaching out to you because of your proximity in D5450 to the need. Kimberly Armitage, D5450 Youth Exchange Officer, is providing a three month internship (May-June-July 2024) at the YMCA for a French student coming to the US. **The student's need is for housing near and transportation to the YMCA on Broadway.** Following (below) is information on the student, Chloe.

**Please contact Kimberly Armitage directly if your club is able to help at [karmitage@denverymca.org](mailto:karmitage@denverymca.org)**

Thank you,

Cheryl O'Brien

D5450 Youth Services Chair

605-201-4821

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Chloé Cousin is a 20-year old student in communication and marketing. She is looking for a third-year internship in communication for 3 months from May - July 2024 in USA. She has opened an NGSE (New Generation Service Exchange Program) request and is sponsored by my club.

**From** Pierre Jean Pierre Duchenne

Youth Exchange Program Chairman 2019-2023

Programmes d'échanges de jeunes du

Rotary International - FRANCE - District 1670

Adresse : 20A rue du Riez FR-59242 TEMPLEUVE

Mail : [yep1670jpd@gmail.com](mailto:yep1670jpd@gmail.com)

Tél : (+33) 6-84-81-87-57



### **Are you the next President Elect Nominee of Denver Mile High Rotary (2025-2026)?**

**Then you will want to hear about PETs (President Elect Training), which is March 1-3, 2024.** Attendance by PEs is mandatory and **to encourage more PENs to attend, the District recently approved a \$150 stipend for reimbursement for each PEN who participates in the weekend training (the full registration fee is \$450.)** There will be different tracks for PEs, PENs and AGs as well as combined sessions. HCPETS (High Country PETs) will be the first opportunity to meet collectively with your individual Area Assistant Governor and fellow Club Presidents.

[For more information and to register, click here.](#)



### **DEI&B Feature of the Month - Who is Billy Mills?**

*Article submitted by Debra Flick, Chair of DMHR DEI&B Committee  
DEI&B is Diversity, Equity, Inclusion, and Belonging*

Billy Mills (born 1938) won what sports writers called the most sensational race ever run in Olympic history. A relative unknown, he came from behind to beat world champion runners in the 1964 Tokyo Olympic Games. Miller later became one of the most noted of motivational speakers.

Mills was born on June 30, 1938 on the Pine Ridge Reservation in South Dakota. The young Native American ran like the wind over the prairies and hills near his Lakota Sioux Reservation home. His mother, who was one quarter Sioux, died when Mills was seven year old. His father, who was three quarters Sioux, died five years later. Native Americans considered him to be of mixed blood. The white world called him a Native American. Mills claimed that running helped him to find his identity and to blunt the pain of rejection.....

To read the article in entirety, [please click here.](#)