#### Theme 2023-2024



Denver Mile High Rotary Club

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Rotary District 5450

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## ZOOM LINK

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15am.

Join Zoom Meeting https:// us02web.zoom.us/ j/81294791259? pwd=aXZsTXRiZzJLZEVLR1 N2RFZ3bnBRdz09 Meeting ID: 812 9479 1259 Passcode: 903839



# **President's Column**

Dear Rotary Colleagues,

Upcoming

22 January 2024

We are at the U Club this week with Michael Gordo presenting. The following week, Jan 31st (5th Wednesday), we are exchanging our happy hour for a learning lunch - meeting at East High with the Young Rotarians for an informal exchange to see if there are mutual opportunities to support. We will provide the pizza via contributions from our club. Wednesday February 7th, our "off-site" will be your home site as we connect for an all club Zoom meeting, focusing on activities of our Local Community Services and Diversity, Equity, Inclusion, & Belonging groups.

## Volunteer

We have 5 (of 10 hoped for) volunteers signed up for tree planting canvassing. This door-to-door distribution of flyers informs residents how to obtain lowcost/free trees. Last fall we distributed 1000 flyers resulting in 300 trees being adopted by residents. Saturday January 27, 9 AM in Villa Park neighborhood, meeting at Martinez Park, 9th & Raleigh. A week away, the forecast looks reasonable. <u>Click here to sign up</u>.

## In Retrospect

On a cold, cold Monday, DMHR had the most participating Rotarians (we think) marching in the Marade, and no reported frostbite. See photo on page 4.

An instructive and scenic presentation by Fred Solheim and Dr. Lewis Kleinhans last week for Warriors on Cataract. This program has made a big difference for participating vets and their healing process. For those viewing on zoom and unable to hear the video, <u>please click here</u>.

## Appreciations

Thanks to the Village Exchange crew for "moving the food" – Tom Giordano, Tom Gregory, and Walter. See photo on page 4.

Thanks to Noreen and Debra, supporting Reading for Peace activities at Lincoln Elementary School.

### One of Us

See if you can guess the mystery member with the provided clues. From the land of Lincoln, now frequents the Capital Hill and Cheeseman Park neighborhoods in addition to stints in the Big Apple. Enjoys dinners at Cucina Colore; "Air" film and Spiral series; photography and independent films. Fun trips to Iceland and London in the past, South America in the future? Once worked for the Chicago Transit Authority. An alternate career... wished they had started earlier doing more of what they do now. Likes the character quality of Rotarians; favorite projects have included BrainWise and Metro Caring. Also supports Planned Parenthood and Libraries. Who am I? Answer on bottom of page 2.

Date	Inspirator	Greeter	Host
24 Jan	Alessandro Eichstaedt	Debra Flick & Walter Flor	Melanie Gentz
31 Jan	Fifth Wednesday <b>No U Club meeting</b>	Lunch Hour with Denver East Interact Club	Noonish time will be announced







January Birthdays 8 Jan - Marcus Hanlon 21 Jan - Bruce Ward 22 Jan - Debra Flick

When is your birthday? Curtis Roni Brian G. Janine Nic W. Please update your Clubrunner info. Thanks! DMHR Book Club All Welcome! Thursday, Feb 29th, 4:30pm at Sarah Hite's home 648 Humboldt Street Denver 80218 We will discuss <u>Starter Villain</u> by John Scalzi

## **DMHR** Dues information

Please pay quarterly dues on or before the following dates: July 15; October 15; January 15; April 15 Deliver a check to Carolyn at a meeting, or mail to: Denver Mile High Rotary PO Box 101471 Denver CO 80250 For more info, click here to log in to

the DMHR website, then click on "member resources."

# **DMHR Calendar**

Jan 24 - DMHR meets at U Club to hear a presentation by Michael Gordo.

- Jan 27 Leaflet distribution 900am at Villa Park with The Park People. Click here to volunteer to help.
- Jan 29 4:00pm World Community Service Please contact Audrey Leavitt for further information.
- Jan 31 SOS Safe Outdoor Spaces AM and PM shifts Please see next page for details and sign up link.
- Jan 31 DMHR 5th Wednesday Lunch Hour with Denver East Interact Club at the high school.
- Feb 5 Project Worthmore 1030am-noon Volunteer food packing Click here for location
- Feb 7 No off-site meeting Zoom meeting instead, please use the zoom link on page 1 of this newsletter.
- Feb 13 DMHR Board meeting 4:00pm- Contact Marty Waters for details.
- Feb 14 Village Exchange 0930am-1130am Volunteer food packing. Click here for location.
- Feb 21 Village Exchange 0930am-1130am Volunteer food packing. Click here for location.
- Mar 21 7:30am Foundation Board Meeting Contact Mary Walta for more information.

# A word from your editor

Dear fellow Rotarians,

After this coming meeting, I'll be out of town until February 12th with limited computer time and internet availability but I will try to publish the newsletter on time on 1/29 and 2/5. If you have anything to include in either publication, please send it to me as soon as possible.

I am really sorry to be missing so many great volunteer opportunities such as leaflet distribution (1/27), SOS Homeless shelter construction (1/31), and Project Worthmore (2/5). I hope that someone else can take my place this time.

Geoff and I are taking an Eastern Caribbean cruise, then spending a week with our son and grandchildren in Hilton Head, SC, yay! I'll be back at Rotary on the Zoom call (Zoom for all of us) on February 7th.

See you Wednesday (1/24/24) at the U Club Annely Noble, Past Pres 2022-23 Annely.noble@comcast.net 303-842-8725 The more you contribute to your Rotary Experience, the more you benefit from your Rotary Experience. What are YOU contributing to Rotary?

**One of us...**Constance Mortell – independent film maker





## Area 1 Rotary Club Service Opportunities.

These projects benefit Denver metro area residents and serve as great team building events for Area 1 wide Rotary clubs.

- Building Denver's Tree Canopy Jan 27<sup>th</sup> Saturday 9 AM 12 PM. Project with The Park People's west Denver tree distribution program - Denver Mile High and other Rotary clubs distribute flyers to neighborhood residences explaining access to low cost / no cost trees. Requires walking and dropping off information flyers in Villa Park (Sheridan to Federal, Colfax to 6<sup>th</sup> Ave). <u>Click here to sign-up</u>
- Addressing Homelessness Jan 31<sup>st</sup> Wednesday AM and PM shifts. (adjacent dates available) Safe Outdoor Spaces (SOS) - <u>Click here to sign up to help</u>. Help assemble pre-fab tiny home shelters in an existing SOS camp site. Involves physical activity - carrying unit items, helping with assembly, for eg placing bolts in pre-drilled holes and adding washer and nuts.
- Building Denver's Tree Canopy May 11<sup>th</sup> Saturday 9 AM Denver Mile High Rotary tree planting day. As part of the Epic Day of Service, DMHR partners with The Park People and Denver Parks & Recreation to plant 30 trees in a TBD Denver area park. Involves working with small team planting trees in pre-drilled holes prepared by Denver Forestry. A companion grant is in the works for clubs interested in partnering with the financial support of this event.

# Appeal from Cheryl O'Brien, D5450 Youth Services Chair

Hi Fellow Rotarians.

I'm reaching out to you because of your proximity in D5450 to the need. Kimberly Armitage, D5450 Youth Exchange Officer, is providing a three month internship (May-June-July 2024) at the YMCA for a French student coming to the US. **The student's need is for housing near and transportation to the YMCA on Broadway**. Following (below) is information on the student, Chloe.

Please contact Kimberly Armitage directly if your club is able to help at karmitage@denverymca.org Thank you,

Cheryl O'Brien D5450 Youth Services Chair <u>605-201-4821</u>

Chloé Cousin is a 20-year old student in communication and marketing. She is looking for a third-year internship in communication for 3 months from May - July 2024 in USA. She has opened an NGSE (New Generation Service Exchange Program) request and is sponsored by my club.

**From** Pierre Jean Pierre Duchenne Youth Exchange Program Chairman 2019-2023 Programmes d'échanges de jeunes du Rotary International - FRANCE - District 1670 Adresse : 20A rue du Riez FR-59242 TEMPLEUVE Mail : yep1670jpd@gmail.com Tél : (+33) 6-84-81-87-57





# Are you the next President Elect Nominee of Denver Mile High Rotary (2025-2026)?

Then you will want to hear about PETs (President Elect Training), which is March 1-3, 2024. Attendance by PEs is mandatory and to encourage more PENs to attend, the District recently approved a \$150 stipend for reimbursement for each PEN who participates in the weekend training (the full registration fee is \$450.) There will be different tracks for PEs, PENs and AGs as well as combined sessions. HCPETS (High Country PETs) will be the first opportunity to meet collectively with your individual Area Assistant Governor and fellow Club Presidents.

For more information and to register, click here.



# **DEI&B Feature of the Month -**

Information submitted by Debra Flick, Chair of DMHR DEI&B Committee DEI&B is Diversity, Equity, Inclusion, and Belonging

# Final Weeks of Art as Advocacy Exhibit

Monday-Friday: Through Feb 5th Time: 11:30 am - 5:00 pm MT Location: The Art Gallery at the Fulginiti Pavilion

If you haven't already, be sure to check out the powerful *Art as Advocacy* exhibit before it's gone. *Art as Advocacy* highlights four artistic projects that were inspired by the sworn testimonies of children arriving to the United States in 2019.

> The Art Gallery at the Fulginiti is free and open to the public in the afternoons, Monday through Friday. This exhibit will close on Feb 5th.









Village Exchange Center ready for food distribution. Several of our members participate in packing and organizing food every 2nd and 3rd Wednesdays of each month from 9:30-noon.

Photos provided by Marty Waters.

The **Dr. Martin Luther King, Junior Marade** took place on Monday despite bitterly cold weather. DMHR provided more Rotarians than any other club!

