



Denver Mile High Rotary on the Web:

Denver Mile High Rotary

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Rotary District 5450

**Rotary International** 

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from Cycling to Serve	

DMHR Peace Walk 5-6 Photos!

#### **ZOOM LINK**

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15. Join Zoom Meeting <u>https://us02web.zoom.us/</u> <u>j/81294791259?</u> <u>pwd=aXZsTXRiZzJLZEVLR1</u> <u>N2RFZ3bnBRdz09</u>

Meeting ID: 812 9479 1259 Passcode: 903839



## **President's Column**

**Dear Rotary Colleagues** 

### This Week

Looking forward to the presentation by Carolyn and Diane on our club's international projects, a library in Zimbabwe and a mental health program in Uganda. For those looking for a less physical and more social service project, consider the **Reading for Peace** program training on Thursday. Learn the art of reading

9/25/2023

to younger children and teaching the art of getting along in the process.

#### Last Week

The Peace Walk and the Cycling to Serve events both were enjoyable outings with great weather. These two events have resulted in collecting **\$8667** in contributions toward our **\$10000** goal which is outstanding! We will keep the campaign "open" until we reach our goal, hopefully within a week. Special thanks to Beth Yeho from The Conflict Center and the East High Rotary Interact club who provided great presentations related to peace activism. We had 30+ club participants and 15+ students for the Peace Walk... and five riders for the cycling (Dan Hall, Robin, Debra, Melanie sans Ethan, and myself).

#### Coming up

October is **Polio** month for Rotary International and Audrey will be providing weekly public service updates as we look to contribute to this important cause. Our off-site at **Project CURE** is next Wednesday Oct 4<sup>th</sup>. Please consider signing up for the after-meeting service opportunity in their distribution warehouse. There should be something for everyone who is interested in terms of available tasks. They will also welcome items from the club as part of their collection process (infant diapers, infant wipes, sanitary pads and bandages, etc.)

#### Appreciations

• To all the financial contributors for the fundraising cause (Ann, Audrey, Tom Gregory, Ronnie, Tom Cella, Noreen, Mary Hall, Geoff, Constance, Annely, Tom Giordano, Dan Hall, Scott, Marcus, Roberta, Sharon, Pat, especially those who established donor outreach communications for their social network that have helped us near the finish line (Robin, Melanie, Jim, Debra, Linda Sue)

• To those providing additional logistical support for both events including Jim, Tom Cella, Marcus, Geoff, and Annely.

#### One of Us

See if you can guess this week's member. **Answer at bottom of next page.** Hails from the windy city. Perhaps not a coincidence regarding the state of this city, cites Lincoln Lawyer as a favorite recent book. Doesn't drive one. Art and golf are a couple of past times. Enjoys a pint at Bull & Bush and strolls the Cherry Creek trail across the street. Enjoyed trips to Europe and wants to get to Greece. First job became career job related to telecommunications. Best feature of Rotary? The Fellowship. Favorite project? Food for Thought. In spare time serves as an usher at Ball Arena - catching many a game and concert as a bonus. Who am I?





# Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
27 Sept	Bob Connaghan	Alessandro Eichstaedt and Debra Flick	Walter Flor
4 Oct	Off-site Mtg	10377 E Geddes Ave, Centennial 80112	Project C.U.R.E.
11 Oct			
18 Oct			

# **Denver Mile High Rotary Calendar of Events**

Sept 26 - LCS - SOS painting day (see Marty if interested) Sept 26 - 4:00 LCS meeting - Contact Tom Cella for details Sept 27 - Carloyn and Diane – Zimbabwe and Uganda projects Sept 28 - Reading for Peace Training (see article) Sept 28 - Book Club - see information in newsletter Sept 30 - District Convergence formerly known as District Conference held in spring Oct 4 - Offsite Project CURE. Phone: 303-802-1944 10377 E. Geddes Ave, Centennial, Co 80112 Volunteer service shift post meeting sign-up http://denmilehighrotary.projectcure.volunteerhub.com/ Oct 14 - LCS Service – Tree Distribution Day with The Park People for SW Denver area. Click here to register. Oct 21 - WASH Symposium - Click here for details Oct 26 - 5-8:30pm - Dynamic Dinner - Details to follow. Dec 10 - SAVE the Date - DMHR Holiday Party.

Word from the Editor



ORGANIZATION INFORMATION Our District is 5450. In our District are 13 Areas. Area 1 comprises the following clubs:

Rotary Club of Denver Mile High Rotary Club of Denver (aka Club 31) Rotary Club of Denver Cherry Creek Rotary Club of Denver LoDo Rotary Club of Five Points RiNo

## A word from your editor

Happy Monday morning, fellow Rotarians,

I had a computer malfunction this weekend so had to reconstruct the newsletter from scratch; please disregard (and inform me of) any glaring omissions or errors! There will be additional information in next week's newsletter regarding the Oct 14th tree distribution for which we should volunteer. We officially welcomed fall yesterday, and what more fitting work than planting trees but in the autumn? I can't wait to be out in the sunshine to help distribute treelings! **Call Marty or Tom Cella to paint at SOS tomorrow - many hands make light work!** Annely Noble The more you contribute to your Rotary Experience, Past Pres 2022-23 the more you benefit from your Rotary Experience. Annely.noble@comcast.net 303-842-8725 What are YOU contributing to Rotary?

One of us... Bob Connaghan





### **Reading For Peace Training Information**

One of our heartwarming volunteer opportunities is with The Conflict Center's Reading for Peace program. Volunteers visit local elementary schools and read to small groups of children, spending about 30 minutes with each class. The books are carefully selected to positively reflect problem-solving, inclusivity and accepting differences, kindness and peacemaking, and we discuss these topics with the students as we read. Reading is scheduled for several Thursdays throughout the school year. As an added bonus, Noreen Keleshian is a reader, so you know you will have fun!

The training is scheduled for September 28. For more information, contact: Noreen 303-746-6700 or <u>noreenkeleshian@gmail.com</u> or Ronnie 303-718-3279 or <u>ronnie.weiss@conflictcenter.org</u>

DMHR Dues information Please pay quarterly dues on or before the following dates: July 15; October 15; January 15; April 15 Deliver a check to Carolyn at a meeting or mail to: Denver Mile High Rotary PO Box 101471 Denver CO 80250 For more info, click here.

The Rotary Book Group... All Welcome Sept 28, Thursday 4:30 Meet at Sarah Hite's home

648 Humboldt St, Denver 80218 Please bring a snack or beverage to share. The club will discuss... The Day the World Came to Town -9/11 in Gander, Newfoundland by Jim DeFede





## **October Birthdays**

6 Oct Scott Smeester 8 Oct Kevin Gallaway 15 Oct Alessandro Eichstaedt

#### Project C.U.R.E. Request

Noreen has spoken with a representative from Project C.U.R.E. who said that the organization needs the following four items and asks for donations:

infant diapers and wipes sanitary pads bandages

## Sarah Hite home from rehab after COVID

Sarah happily came home Wednesday after her stay at the Clermont Park Rehab. The family is arranging for some home care.

Sarah's daughter, Katie said her mom would enjoy cards and notes! Hosting the Rotary book club allows Sarah to see everyone; please pass on the uplifting information.

The Denver Century Ride - Cycling to Serve - Fundraiser! Participants included Marty Waters and Debra Flick (<- left), Melanie Gentz, Robin Springer, and Dan Hall. See additional photos on the following page for more details. It is not too late to give to the club foundation in honor of those who rode for the rest of us! Please donate to "Denver Mile High Rotary Foundation" and hand to Noreen at a meeting or mail to: Denver Mile High Rotary Foundation PO Box 101471, Denver CO 80250





October Service Project - Denver Digs Tree Distribution!

Community members in five heat-vulnerable west Denver neighborhoods have adopted 300 trees, which they will pick up at two different sites on: **Saturday, October 14th, 8am to 12 noon** We'd love to have your help getting the new trees loaded into

residents' vehicles so they can take them home to plant.

## Click here to sign up to volunteer to help.

## Please choose either the Barnum site or Valverde site.

Denver Digs will have breakfast burritos, tree-planting demonstrations, and music for your enjoyment. Please bring your own water bottles and sunscreen.

All our work growing and caring for our parks and urban forest is only possible through the effort, sweat, and love of you, our won erful Rotarians, and other volunteers. More details will follow, or contact <u>Marty Waters</u> (518-718-4160) for additional information. Warriors on Cataract Finish Veterans' Rafting Season Safely, despite highest water in years! More on this topic and this image in next week's newletter.





Some of the bikers rode 25 miles, some 50, others 85, and a few rode 100 miles that morning!



There were plenty of Rotarians on hand to ride and raise funds at the Denver Century Ride, formerly known as the Woohoomanity Ride, and currently Cycling to Serve.

Left to right ->

Mystery Rotarian, Debra Flick, Melanie Gentz, and three Rotarian interlopers\*. \*Editor's comment - All meant in jest! Known to be missing from this photo are Marty Waters, Robin Springer, Dan Hall, and possibly others.









## **Service Above Self - Volunteer Opportunities**



#### **Project Worthmore - Volunteer anytime**

WORTHMORE Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may volunteer any Monday during the entire month to help with food packaging and/or contactless deliveries. Please contact <u>Tom Cella</u> for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries. When: The first Monday of every month.

10:30am - 12:30pm: Food Packaging. Three volunteers 12:30pm - 1:30pm: Deliver boxes of food to families

the **Conflict**center +



The DMHR Peace Walk What a beautiful morning to take in the amazing sites at City Park, led by Marty Waters and others who shared info ->



unteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact Ronnie Weiss.

The Conflict Center The Conflict Center is always looking for vol-



on beautiful sculptures in the city park defining the struggles of peace activism. <u>Click here for</u> <u>a link to the information</u> <u>that was</u> <u>shared!</u>





# A Day to Remember - Rotary Peace Walk



Forty-five Rotarians, friends, and students participated in the Peace Walk, which included the peace mural on 17th St. painted by Denver East High students. The Rotary Interact Club students (below, and others) shared information about the mural's meaning.





Marty Waters, president 2023-24, made Zoom possible for those who could not attend in person. Rotarians Pat Barry and Audrey Leavitt (above) monitored the Zoom station. Thanks also to Marty for providing food and beverage for the early morning outing!