

Theme 2023-2024



Denver Mile High
Rotary
Club



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ZOOM LINK

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15am.

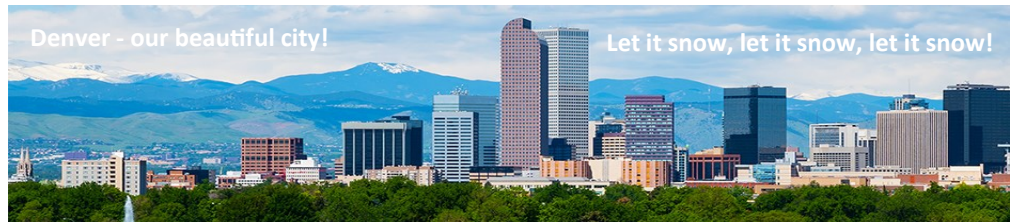
Join Zoom Meeting

[https://
us02web.zoom.us/
j/81294791259?
pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

Meeting ID:
812 9479 1259
Passcode:
903839

Denver - our beautiful city!

Let it snow, let it snow, let it snow!



President's Column

Dear Rotary Colleagues,

26 February 2024

Upcoming

This week, **Scott Burt** from Health Plan Fiduciary Guide presents on the use of technology to save millions through industry efficiencies. This weekend, **Dan Hall** attends the President Elect Training (PETs) representing our club and the following week we meet at the [Denver Indian Center](#) ([click here](#) for a link) for our monthly offsite, 4407 Morrison Rd, Denver, CO .

One of the service areas that our club supports is food security. A couple of news items this past week underscore the importance of this work and highlight the challenges faced by two community based food providers, Village Exchange and Metro Caring. [Click here](#) to see the Denver Post article regarding diminishing resources. [And, click here](#) to see specific effects to Village Exchange.

In Retrospect

As promised, thoughtful obituaries and service information (April 12th) for Chuck and Char Rudolph have been received. Please [click here](#) to see all the information. [Click here](#) for Chuck Rudolph's obituary, and [click here](#) for Charla's obituary.

Appreciations

Thanks to the Village Exchange crew of 7 this past week (all Toms, one Dan, Jim, and Kip) and the Reading for Peace team at Foster Elementary. Thanks to Charlene for making the connection to Adrian Miller who provided an entertaining presentation on Soul Food and White House kitchen.

One of Us

See if you can guess the mystery member with the provided clues. Born in the South but left the drawl giveaway behind. La Merise cited as a preferred dinery and is fond of Paris as a favorite destination. [The Sure Thing](#) is a recommended flick. Pastimes include sewing, cooking, and walks in the Cherry Creek North neighborhood. Once worked as a food service person and still dreams of being a Master Seamstress in another career. Projects in Zimbabwe have been highlights of their Rotarian activity; values the club's service mission; and wishes there were more diversity. Also supports Church and museum organizations. Who am I?

Condolences for family of Chuck and Charla Rudolph

Since Chuck and Charla Rudolph's son, Mark, was not able to join our Zoom meeting honoring his dad and mom, you may consider sending a condolence to Mark at his address:

Mark Rudolph
2280 Locust Street
Denver, CO 80207



WEEKLY	Date	Inspirator	Greeter/Host
DUTIES	28 Feb	Kevin Gallaway	Dan Himelspace
Off-site	6 Mar		
	13 Mar	Sarah Hite	Noreen Keleshian

When is your birthday?

Curtis Roni Brian G.
Janine Nic W.
Please update your Clubrunner info



February Birthdays

6 Feb - Jim Strong
8 Feb - Pat Gorman Barry
11 Feb - Sonny Wiegand
25 Feb - Adams Price

DMHR Book Club

All Welcome!
Thursday, Feb 29th,
4:30pm
at Sarah Hite's home
648 Humboldt Street
Denver 80218
We will discuss
Starter Villain
by John Scalzi

DMHR Calendar

Feb 28 - Speaker Scott Burt HPFID

Feb 29 - DMHR Book club, see notice at top right.

Mar 1-3 - PETS (High Country) - Westminster Westin

Mar 6 - Off-site Denver Indian Center - See President's column for details and location.

Mar 12 - 4:00pm - DMHR Board Meeting - Contact Marty Waters for details

Mar 21 - 7:30am - Foundation Board Meeting - Contact Mary Walta for more information.

Mar 24 - Ski Outing Sunday – We are working on a ski outing , please let Marty or Betty know if you are interested and if you have an annual pass, which type (this will help select the site and determine how many “buddy passes” might be needed).

Mar 27 - Kwabi Amoah-Forson is a humanitarian and influencer from Tacoma, WA, fostering dialogue on the meaning of peace through “The Peace Bus”. See photo on page 3 and [click here](#) for more info.

Apr 6 - Denver Ukrainian Food Festival - 11am-4pm - [Click here](#) for more information.

Apr 14 - 3-5pm - DMHR Spring Wine Tasting at the Pinnacle - more information to follow next week.

May 11 - DMHR's Epic Day of Service - Tree planting

May 12 - Rockies Baseball game - annual Rotary function - The Rockies slug it out against last year's World Series champions, the Texans. Five dollars from each ticket sold will go to polio.

May 18 - Epic Day of Service - District-wide

A word from your editor

Dear fellow Rotarians,

It has been a sad month, not only did our wonderful Rotarian, Chuck and his lovely wife, Charla, die within days of each other, Pat Gorman-Barry shared that our club's former Rotarian, Susan Henderson, has also passed away. Please see the information about Susan on page 4 of this newsletter.

Remember to hold close those whom you love and to be kind to not only those in your friend circle, but also those you meet in your life's daily walk.

See you on Wednesday, 28 February at the U Club
Annely Noble, Past Pres 2022-23
Annely.noble@comcast.net 303-842-8725

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.
What are YOU contributing to Rotary?*

One of us.....Carolyn Schrader

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Colorado Gives

Marty Waters has registered Denver Mile High Rotary with Colorado Gives. It could not be easier to donate through this site to give to our DMHR Foundation. You can make a one time donation or a recurring commitment. Additionally, Colorado Gives provides an option for the donor to cover the very small processing fee so that our foundation benefits from the donor's entire contribution. To give one time or to set up a recurring donation, [please click here](#). Our foundation treasurer, Noreen Keleshian, did an extensive comparison of giving platforms (including PayPal) and found Colorado Gives to be the most cost effective way to donate to Denver Mile High. Thank you in advance!



Kwabi Amoah-Forson in his famous "Peace Bus"
Kwabe will be our featured speaker
on March 27th.

Kwabi Amoah-Forson is a humanitarian and influencer from Tacoma, WA. Through various humanitarian campaigns, he has assisted those in need in his community and across the country. He also strives to educate others about the true meaning of peace and foster dialogue on the subject through "The Peace Bus".



As we commemorate #BlackHistoryMonth, let's pay tribute to the trailblazing Black women of Black Wall Street! Their contributions to the growth of Black Wall Street are extraordinary yet often overlooked despite women's vital role in shaping the legacy of entrepreneurship, resilience, and empowerment.

Let us take a moment to acknowledge the accomplishments of these influential women:

- **Visionary Entrepreneurs:** Black women entrepreneurs on Black Wall Street exhibited exceptional business savvy, establishing thriving ventures despite facing numerous obstacles.
- **Builders of Community:** They created a vibrant and supportive community, fostering unity and solidarity among residents and business owners.
- **Advocates for Education:** Black women on Black Wall Street were passionate champions for education, ensuring that future generations had access to knowledge and opportunities.

Their unwavering determination and indomitable spirit continue to inspire us today. Let's honor their lasting impact and commit to continuing their mission of empowering others!



Pictured in the middle: Maggie Walker, pioneer of the first bank chartered by a Black woman, the illustrious St. Luke Penny Savings Bank.



Trailblazing Conversations:

Duty Calls Book Launch

Tuesday, March 5

5:30-7:30 p.m.

St. John Francis Regis Chapel

3333 Regis Blvd, Denver, CO 80221

[View Campus Map and Directions](#)

Regis Alumni and friends are invited to an evening with former Surgeon General Dr. Antonia Novello and her co-author Jill Tietjen at the St. John Francis Regis Chapel at 5:30 p.m. on Tuesday, March 5.

The event not only celebrates Women's History Month, it also marks the launch of the new book, *Duty Calls: Lessons Learned from an Unexpected Life of Service.*

Dr. Antonia Novello is a pioneer who shattered glass ceilings as the first woman and first Hispanic Surgeon General of the United States. In addition to her work in the federal government, she was New York State Health Commissioner during 9/11 and has worked tirelessly in her home of Puerto Rico to provide quality access to medical care, particularly COVID-19 vaccinations. Her co-author Jill Tietjen is the prolific author of 14 books and an inductee into the Colorado Women's Hall of Fame.

Our guests will join in conversation with Dr. Nita Gonzales, principal of Nuevo Amanecer, delving into critical aspects of public health, health equity for women and minorities, leadership, writing and the profound impact of leading a life devoted to service.

Another DMHR Rotarian Passes - Susan Henderson

Pat Gorman-Barry shared the following with us:

Susan Henderson's son, Matt, sent this message knowing how many of us knew and loved his mom.

"Susan passed away peacefully overnight on February 7th, 2024 at a care facility in Littleton, CO. As many of you know she had been battling Alzheimer's for over a decade. Therefore, we are pleased that she is finally at peace and that those of us who know and love her can celebrate the fantastic person she was for so many decades before this awful disease.

[Obituary can be found by clicking here.](#)

There are tentative arrangements for her service on Wednesday, March 20th at St. John's Cathedral, 1350 Washington Street, Denver, CO 80203. However, the confirmed date, exact time and details will be posted on her obituary site.

Take care,

Matt Kelly

(303) 803-2661

mattkelly111@gmail.com

The following is from Pat regarding her friendship with Susan: I met Susan when I joined Jr. League forty years ago and she helped train the provisional class, became good friends, and shared CU nursing backgrounds. She was my DMHR sponsor and we were roommates at two RI Conventions where we staffed a BrainWise booth in the House of Friendship. In 2010 she started having cognitive issues, and in 2018 she did not know me, except that I was a "nice lady." I continued to take her to lunch, but in October 2019, she became fearful of other people in the restaurant. I did not see her after COVID hit, but knew she was being cared for by her loving family. Her sons wrote a beautiful obituary that captures the smart, funny, kind, and delightful woman she was. Alzheimer's is a cruel disease.

May she rest in peace. Pat Gorman-Barry