#### Theme 2023-2024





Denver Mile High Rotary on the Web:

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President's Column

Duties, calendar, Holiday Party info

Service opps, Birthdays, Book Club info

Zone Institute, Interactors and BrainWise

## ZOOM LINK

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15. Join Zoom Meeting <u>https:// us02web.zoom.us/ i/81294791259?</u> pwd=aXZsTXRiZzJLZEVLR1 <u>N2RFZ3bnBRdz09</u>

> Meeting ID: 812 9479 1259 Passcode: 903839



# **President's Column**

11/27/2023

Dear Rotary Colleagues

## This Week

A dark club Wednesday. A bright night Tuesday -- join us at the Pinnacle for our annual holiday get-together.

In the event that the giving spirit of the season takes hold and you find yourself making year end contributions to other worthy organizations on **Colorado Gives Day**, December 5<sup>th</sup>, you will find our esteemed organization listed for the first year. Find via "Rotary Club of Denver Mile High Foundation." This is a non-ask -- simply a reference to this efficient donation channel which can be used throughout the year. <u>https://www.coloradogives.org/organization/Denver-Mile-High-Rotary-Foundation</u>

## Last Week

A reminder to those actively involved with youth and vulnerable groups to complete the Criminal Background check and the tutorial with a post test. The background check costs ~\$17. You can submit a request to the club for reimbursement or cover the cost yourself as a donation to the club.

## Appreciations.

• Annely – for managing the newsletter while travelling and negotiating the holidays

## One of Us

See if you can guess this week's member. **Answer at bottom of next page.** Comes to us from the Keystone state. Enjoys dining at Locanda, walking on the Highline canal, watching the Ms Maizel series, engaging in Brazilian embroidery, and reading, including The Secret Life of Sunflowers. Has traveled far and wide, cites a trip to Australia as a recent favorite and dreams of a future trip to Antarctica. Volunteers at Denver Botanic Gardens. Polio eradication is a favored Rotary cause. Who am I?





# Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
29 Nov	DARK	Holiday Party on 28 Nov	Pinnacle at City Park South
6 Dec	Off-site Meeting	ECDC African Community Center	925 S Niagara St, Ste 200
13 Dec	Linda Sue Shirkey	Roberta Simonton & Vass Sirpolaidi	Scott Smeester

# **Denver Mile High Rotary Calendar of Events**

**Nov 21 -** Fundraising meeting - 4-5pm - contact <u>Marcus Hanlon</u> for details

Nov 28 - DMHR Holiday Party at the Pinnacle; this event will replace the 5<sup>th</sup> Wednesday happy hour on Nov 29<sup>th</sup>

Nov 29 - DARK - No Club Meeting as this is the 5th Wednesday of the month

Dec 4 - 4:00 pm - Scholarship Committee mtg, contact Dan Hall for details.

Dec 5 - 4:30 DMHR Book Club—all welcome - <u>The Guncle</u> - details - page 3

**Dec 6** - Off-site meeting, ECDC African Community Center, 925 S. Niagara St, Suite 200 Denver, CO 80224. Access to the building is at 7:30am. Details and volunteer sign up available in Dec 4th newsletter.

Dec 7 - Local Community Service (LCS) meeting - 4:00 - Zoom - Please contact Tom Cella for details.

**Dec 18** - World Community Service (WCS) Mtg - 4:00 - Zoom - Please contact <u>Audrey Leavitt</u> for further information.

Jan 18 - DMHR Foundation Mtg - 0730am - Please contact Mary Walta for more information.

# **Editor's 2 Cents Worth**

## A word from your editor

Dear fellow Rotarians...

I'm speechless! Don't become accustomed to it, it won't last!

See you at our off-site, Dec 6th. Annely Noble, Past Pres 2022-23 Annely.noble@comcast.net 303-842-8725 The more you contribute to your Rotary Experience, the more you benefit from your Rotary Experience. What are YOU contributing to Rotary?

# DMH Rotary Holiday Party

Tuesday, November 28 - 5-8 PM Tony and Cynthia Vaida's Pinnacle @ City Park South 2990 E. 17th Ave, Denver CO 80206 Please bring a dish to share. Wine, beer, and soda will be provided



## Important Information!

We will be DARK the following Wednesday: Nov 29 - This is the fifth Wed of the month but instead of happy hour, we will have a Holiday Party on Nov 28, <-- see information to left.





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## **DMHR Jam Sales and Coat Donations**

#### Dear Rotary Colleagues

27 November 2023

Thanks to our club members for supporting our first-year jam sales. We netted approximately \$1600+, selling more than 400 jars.

Top seller/buyers were Marcus, Allesandro, Jim Strong, and Noreen. Special thanks to Marcus for conducting the process primarily on his own from start to finish. Thanks also to Noreen for helping coordinate purchases being donated to Metro Caring's food bank. In general, the jam was much easier to move around compared to the citrus sales of prior years.

Because there was some confusion regarding the **"gift boxes"** associated with the sales, please consider the following and call out if you have any questions or still need boxes. The gift boxes, which hold 3 jars, were an additional \$1 per box. If you bought 12 jars and wanted 4 gift boxes, this subtracted \$4 for our net. Many (like me) realized we didn't need the gift boxes as the jam would be distributed in 'ones-ies and twos-ies' to friends and family. As a result, many of the boxes were returned which increased our net by \$60+. Nevertheless, some still wanted the gift boxes. If you still want gift boxes, please let me know how many in the next few days. We plan to pick them up and distribute next week.

Hope your Thanksgiving celebrations were happy! Marty

A note forwarded by Ronnie Weiss for the warm clothing donations...

Please thank all the Rotary folks for the wonderful donations. I already gave away part of the donations. I went to the camp that is on Zuni and talked to some of the people who are sleeping in tents. I gave them jackets, sweaters, hats and gloves.

Diana Higera, ED Rocky Mt. Welcome Center

#### **DMHR** Dues information

Please pay quarterly dues on or before the following dates: July 15; October 15; January 15; April 15 Deliver a check to Carolyn at a meeting, or mail to: Denver Mile High Rotary PO Box 101471

Denver CO 80250

For more info, <u>click here to log in</u> to the DMHR website, then click on "member resources." **November Birthdays** 17 Nov - Chuck Rudolph

23 Nov - Diane Messamore 26 Nov - Carolyn Schrader Denver Mile High Rotary Book Club All Welcome! In December we will discuss <u>The Guncle</u> by Steven Rowley Next meeting -4:30pm on Dec 5th at Tom and Pam Giordano's home 7271 E Wesley Ave, Denver, CO 80224







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# **DMHR Service Above Self**

#### Proud of our Members...

We are proud of our members and our Interact/ Young Rotarian students who recently participated in the Zone Institute Conference in San Diego, CA. To view the complete report on members', students', and the BrainWise Program's contribution to the Zone Institute, please click here.

Note from Dr. Pat regarding the linked article... "I included background information on CEC because Debra and I realized that most members do not know the 10-year history DMHR has with Stacey, CEC's Interact sponsor, community projects, and BrainWise. The article also shares that the Zone presenters not only addressed empowering girls, psychiatrist Dr. Jared Greenberg presented his pilot findings on teaching BrainWise to inpatient homeless Veterans with serious mental illnesses at the Los Angeles Veterans Administration Medical Center."





