



President's Column

Denver Mile High



Denver Mile High Rotary on the Web

[Denver Mile High Rotary](#)

[DMHR on Facebook](#)

[DMHR on LinkedIn](#)

[DMHR on Instagram](#)

[Rotary District 5450](#)

[Rotary International](#)

Inside this Issue:

President's Column	1
Calendar, Duties, Birthdays, Book Club,	2
Upcoming Events	3
Items of Interest and Editor's Letter	4
Last minute additions	5
Peace Walk/Ride info	6

ZOOM LINK

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

[Click here to join the Zoom Meeting](#)

or use the following URL:

[https://
us02web.zoom.us/
j/81294791259?
pwd=aXZsTXRiZzJLZEVLRL1
N2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRL1N2RFZ3bnBRdz09)

Mtg ID: 812 9479 1259

Passcode: 903839

Dear Rotary Colleagues

28 August 2023

This Week

No Wednesday morning meeting this week, but a happy hour is on tap later in the day instead, City Park Golf Tavern, 5 PM.

23 days until the DMHR Peace Walk & Bike Ride fundraisers. We are at **\$3,635 towards our base goal of \$10,000.** Melanie has signed up to ride! Support her efforts with a donation. Get your personal walk invites out with a request for contributions where appropriate. The walk will be a fun way to introduce friends and family to the Rotary world. Also – Dogs (on leash) are welcome for the walk!

An Editorial Comment – Skin in the Game

We say our mission is to serve the community good. Our numerous projects reflect that we do a good job meeting this statement. Some projects require only volunteer time. Some projects require capital in addition to. Our fundraising process provides the financial resources we need to extend our impact.

We want our members to be active and to have "skin in the game" (ie be invested emotionally and when possible, financially). To make sure we are addressing your community interests, we ask for your input at various points (member polls and open discussions) to make sure we are on track. The general club input informs the committees who make the decisions and recommendations on what, how much, and where we contribute resources. The committees in turn are accountable to our Boards regarding how funds get used. It is also the committee's responsibility to provide feedback to the general club members on how the projects are working, for better or worse, to help further inform opinions. With that in mind, you will be getting updates on some of our major projects in the next month and all projects at least quarterly. Your thoughts matter and your voice counts.

Last Week

The **Maui fire recovery fund** call is still in play. **LCS will match every dollar donated up to \$1000** with \$450 received to date. Forward donations to the Denver Mile High Rotary Foundation @ P.O. Box 101471, Denver, CO 80250, or give directly to Noreen. Comment in the memo "District 5000 Maui fire relief."

Greg Winchell from Citizen's Climate Lobby provided an overview of climate change impacts and an offset methodology. Several members would like a part 2 on this topic. Some members suggested it would be useful to provide an additional presenter on the topic for a balanced view (suggestions for speakers should go to Curtis Brown).

Appreciations

Charlene Porter for connecting us to a speaker Adrian Miller to talk about The History of Black Americans in Colorado.

One of Us

See if you can guess this week's member.

Grew up where the sun strikes first before lighting our downtown. Frequents Highland Tap & Burger and in spare time likes reading, working out, and messing around with technology (really?) and gaming. Ready Player One is a recommended entertainment piece. Fond of a recent trip to Europe and is interested in getting to Croatia and Bora Bora. Once worked as a process server, so don't mess with. Engineering comes to mind as an alternate life career. Values Rotarians in general and liked the 9 Health Fair project. Church is another beneficiary of this person's time. If you need a quip, look no further. Who am I?

Answer at bottom of next page.

Club Calendar

Aug 29 - 4:00pm - Fundraising Committee Meeting. Contact [Marcus Hanlon](#) for Zoom details.
Aug 30 - DARK - **Happy Hour** - 5-7pm at The Tavern at City Park Golf Course
Sept 6 - **Off-site** at CVC Safe Outdoor Spaces (SOS) - 1530 W 13th Ave, Denver
Sept 11—**CHOW** in the (City) Park - 11a-4p - Free. See next page for details.
Sept 13 - Our own Amanda Biffle reports on the current Denver Real Estate market
Sept 17 - Rockies vs Giants at Coor's Field 1:10pm [Click here for tickets](#)
 Sept 18—4:00pm World Community Service Meeting - Contact [Audrey Leavitt](#) for details
Sept 20 - 7 AM – [City Park Peace Walk](#) (fundraiser part 1)
Sept 23 - [Cycling to Serve Bike Ride](#) (fundraiser part 2)
Sept 30 - [District Convergence](#) formerly known as the District Conference usually held in spring
Sept 28 - 4:30 - Book club meets at Sarah Hite's home - see below on this page for details.
Oct 7 - Health 365 - **Currently canceled, watch for developing information.**
Oct 14 - LCS Service Project - Tree Distribution Day with The Park People for SW Denver Area

Date	Inspiration	Greeters	Host
August 30	DARK	Happy Hour at The Tavern at City Park	5-7pm
Sept 6	Off-site	Colorado Village Collaborative - SOS	1530 W 13th Av
Sept 13	Nic Wilson	David Abrahams and Pat Gorman-Barry	Steve Blazek

News Worth Knowing

DMHR members are rock stars!

For the 2022-23 year, our club sponsored the following grants, with the value shown:

District Grants

DMHR was the primary sponsor and implementer on five District grants which totaled **\$69,219**, and which involved 18 clubs, which helped to provide funding for these five grants.

- * Avicenna Library Renovation-Harare
- * Afghan Refugee Assistance
- * Ukraine Medical Emergency Equipment
- * Denver Tree Planting Initiative
- * Project Worthmore Yu Meh Food Share

Global Grants

The total budget for these three grants was **\$226,200!**

- * Nepal Economic Development
- * Uganda Mental Health, and
- * Zimbabwe Community Empowerment

September Birthdays

4 - Amanda Biffle
 8 - Roberta Simonton
 22 - Marty Waters



Book Club is reading...

*The Day the World Came to Town -
 9/11 in Gander, Newfoundland*

By Jim DeFede

Meeting at Sarah Hite's home
 on **Thursday - September 28th at 4:30 pm**

648 Humboldt, Denver 80218

Please bring a beverage or snack to share.

If you would like book recommendations from fellow DMHR members, please see page 5.

*What? No District Conference this year?

**Yes, there is, but it is called the
 District Convergence ***

and will be held Saturday, Sept 30, 9:00am-4:00pm

Something new, something exciting!

[Click here for information on the function!](#)

Click here as well!

And here, too!

One of Us! Scott Smeester

In Case You Missed It...

The Rotarian of the Year for 2022-23 is...

Tom Cella!

Tom has chaired the Local Community Service Committee for years and is always looking for opportunities for our club members to serve.

Tom also has been our Sergeant at Arms for years, setting up our meetings every Wednesday.

Tom participates at Project Worthmore and Village Exchange Center with the Food Share

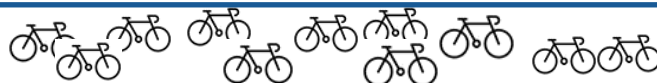
Tom works extensively with our refugee families.

Tom has been instrumental in our Tree Planting.

Tom recognizes our members' birthdays, and

Tom works closely with our Interact Clubs.

Tom is the consummate Rotarian!



Cycling to Serve

[Click here](#) for details on this important fundraiser!

This used to be our annual Woohoomanity biking fundraiser...and it still can be.

[Marty Waters](#) and [Melanie Gentz](#) are riding this year, [please donate!](#)

To donate online to the riders, [click here](#), or **for greater impact**, you can write a check directly to and mail to:

Denver Mile High Rotary Foundation

PO Box 101471

Denver CO 80250

You also can bring a check to a Club meeting and deliver it to Noreen, DMHR Foundation Treasurer.

Polio Plus Fundraiser

Rockies vs Giants Baseball Game



When - Sunday **September 17** at 1:10pm

Where - Coors Field
(Duh!)

Goal - To sell 500+ tickets to Rotarians and friends.

*Every ticket purchased
donates \$5.00 to eradicate Polio.*

Go to www.rockies.com/rotary to order tickets.

If you cannot attend the ballgame, please consider writing a check to DMHR Foundation memo "Polio contribution" and give to Noreen at a meeting or mail to:

Denver Mile High Rotary Foundation

PO Box 101471

Denver CO 80250

Thank you, Mike Oldham

**END
POLIO
NOW**

Join the Denver Mile High Rotary Peace Walk

Please see pg 6 of this newsletter for info on how to join our Denver Mile High Rotary walk and how to donate to the cause.



CHOW IN THE PARK - September 11, 11-4, City Park

This free event will feature health and wellness activities, substance use recovery and **mental health tools**, and of course, fun! The day will end with a happy hour in the area that will offer both alcohol and non-alcohol options.

Join us for a CHOW in the Park Community Day, where food/beverage/hospitality workers can take the day to rest, recharge and invest in wellness. Our intention is to bring industry leaders, restaurant ambassadors and community members together to connect and support one another in this local initiative. This community event is centered around education, connection and investment in wellness, mental health, and recovery.

We are inviting local organizations to join us for CHOW IN THE PARK! We encourage you to utilize 9/11 as your Restaurant Wellness Day. Each participating restaurant or restaurant group will be offered a 10x10 tent space to invite your staff to join you for a day of fun alongside CHOW. Please contact [Amanda](#) for more information.

Health 365—Oct 7th may not happen

Please see Linda Sue Shirkey for details.

Until further notice, there will be no information regarding DMHR's participation while Health 365 reorganizes itself.



CREATE HOPE
in the WORLD

Rotary

Club of Denver Mile High



Page 4

Annual Calendar

The calendar below is from a previous year and is subject to change. The **red font** shows Rotary International monthly promotions.

JULY RYLA Camp Literacy Month & New Rotary Year	AUGUST Past President's Party Membership and Extensions Month	SEPTEMBER Peace Walk - 9/20/23 Cycling to Serve - 9/23/23 District Convergence - 9/30/23
OCTOBER 9Health Fair World Polio Day Event Economic & Community Development	NOVEMBER Write Holiday Cards for Military <i>Jam Fundraiser—may begin earlier.</i> Rotary Foundation Month	DECEMBER Holiday Party Toy Drive? Family Month
JANUARY Write Valentine Cards for seniors Rotary Awareness Month	FEBRUARY Craig Hospital Card Writing New Member Orientation Peacebuilding & Conflict Prevention Month	MARCH Literacy Month
APRIL Earth Day - 4/22/24 Arbor Day - 4/26/24 RI Magazine Month	 MAY Craig Hospital Dinner RYLA Interviews Promote International Convention Month	JUNE Rotary Fellowship Month

Editor's Letter...

Dear fellow Rotarians,

Please watch for changes in the newsletter. I would like to put all the new information on the first couple pages, highlighting what is one, two and three weeks old. I welcome your suggestions on how to "rank" the age of an article.

Thank you for all the info you send, as well as photos, which are especially heart warming and impactful.

Service above self,
Annely

Annely.noble@comcast.net
303-842-8725

Past President 2022-23

DMHR Dues information

Quarterly payments are due no later than 15 days after the start of each quarter:

July 15; October 15; January 15; April 15

Deliver check to Carolyn at a meeting or mail to:

Denver Mile High Rotary
PO Box 101471
Denver CO 80250

[For more info, click here.](#)

From Amanda Biffle... Maui Donations...

The link below is for a GoFundMe that has been started for the people of Maui. I have a close friend who lived on the island for many years, and she confirmed this fundraiser is working with local organizations to ensure the funds go to those who need it most urgently. Please consider donating to this trusted source:

<https://gofund.me/4b023c28>

Rotary License Plates

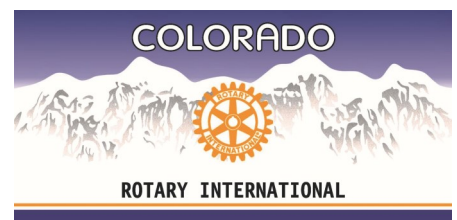
Would you like a distinguishing license plate?

Then don't forget to order your Rotary themed plate today.

Don't be the only member without one!

To access the member verification form, [click here.](#)

To access the process to obtain your license plate, [click here.](#)





Reading for Peace

One of our heartwarming volunteer opportunities is with **The Conflict Center's Reading for Peace** program. Volunteers visit local elementary schools and read to small groups of children, spending about 30 minutes with each class. The books are carefully selected to positively reflect problem-solving, inclusivity and accepting differences, kindness and peacemaking, and we discuss these topics with the students as we read.

Reading is scheduled for several **Thursdays** throughout the school year.

As an added bonus, Noreen Keleshian is a reader, so you know you will have fun!

The training is scheduled for September 28.

If you're interested, Noreen or Ronnie Weiss can give you more information.

Noreen can be reached at 303-746-6700 or noreenkeleshian@gmail.com

Ronnie can be reached at 303-718-3279 or ronnie.weiss@conflictcenter.org

Local Community Service

More refugee and asylum seeking families are arriving in our community. The **(LCS) Local Community Service Committee is collecting all varieties of household items** to welcome and help settle these families.

If you have any household items you can spare, please bring them to a Rotary meeting or call Tom Cella for a pick up time.

M 303-981-1222 or tomcella1739@gmail.com

Human Centered Design

WASH Symposium

Featuring Georgie Badiel-Liberty
October 21, 2023 - 7:15am—1:45pm
CSU SPUR Hydro Bldg
Live and Virtual (Zoom)

[Click here for WASH Symposium details.](#)

[Register now by clicking here.](#)

Book recommendations from fellow DMHR Readers

[Midnight at the Bright Ideas Bookstore](#)

by Matthew J. Sullivan, former employee
of Tattered Cover Bookstore

[Mad Honey](#)

by Jodi Picoult and Jennifer Finney Boylan

[Everything You Want Me to Be](#)

By Mindy Mejia

This space could be yours!

Please send items for members' interest to me
Annely at Annely.noble@comcast.net



Please sponsor our Rotary Peace Walk in City Park

Dear Family and Friends,

On Wednesday, September 20, 2023, the Denver Mile High Rotary Club and I will be taking a **Peace Walk in Denver's City Park**. The walk will begin at 7:00 AM starting at the Bandshell on Ferril Lake, the middle of the park. I invite you to join. During the park tour, we will cover 3 miles, with an option to stop after a quarter mile, depending on your availability.

The walk is **free** and is designed to be fun and educational. Based on a theme of "5 Easy Pieces" you will experience:

1. **Peace Activists** – learn about five legends of non-violent change at the MLK monument
2. **Peace among People** – East High's Wall of Peace, the art of respecting cultural differences, a student created two block long street mural
3. **Peace of Mind** - enjoy the urban oases and learn a bit about its nature within
4. **Pieces of History** – find out how City Park came to be
5. **Pieces of Rotary** - learn some of the diverse ways our club contributes to community wellbeing with local and global projects

Our portfolio of ongoing club projects from this past year includes: working in local food banks, planting trees in Denver parks and neighborhoods, supporting Afghan refugees resettling in the U.S., providing humanitarian war relief to Ukrainians, supporting health care delivery in other countries, providing vocational training in Zimbabwe, helping establish a food storage system in Nepal, attending to the mental health needs of local youth as well as people in Uganda, providing health screens for local citizens, and supporting recovering veterans. This year, we will continue to work in many of the same areas and expand efforts to address homelessness in our community.

Please consider joining our walk as a participant and/or being a sponsoring donor.

To **Register for the walk**: <https://www.eventbrite.com/e/denver-mile-high-rotary-peace-walk-tickets-688950157467?aff=oddtcreator>

To Donate by check:

Mail a check to: Denver Mile High Rotary Foundation
P.O. Box 101471,
Denver, CO 80250

Write "DMHR Ride / Peace Walk Event" on the memo line, and my name as your contact
If you would like a Tax Receipt, include a return address or email.

To Donate online:

Use the QR code to be directed to the participant page
Click the blue Donate button to make an easy and secure online donation.



Thanks for considering this request
Your name