

Theme 2023-2024



Denver Mile High
Rotary
Club



**Denver Mile High
Rotary on the Web:**

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ZOOM LINK

The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15am.

Join Zoom Meeting

[https://
us02web.zoom.us/
j/81294791259?
pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

Meeting ID:
812 9479 1259
Passcode:
903839



President's Column

Dear Rotary Colleagues,

4 March 2024

Upcoming

This week we meet at the [Denver Indian Center](#); [click here](#) for our monthly offsite, 4407 Morrison Rd, Denver, CO .

In Retrospect

Scott Bert presented an intriguing overview of healthcare, health insurance, and employer/employee cost-saving ideas.

Appreciations

Thanks to President Elect Dan Hall for giving up his weekend to attend the President Elect Training Seminar (PETs) on behalf of our club related to his term.

Imagine a Place

Tis a privilege to live in Colorado. By chance while traveling in our picturesque state this past year (and some foreign lands), I have run into several "trail signs" indicating our colleagues at work. These signs have been around a while, but my eyes are now able to spot them in their various habitats. These signs and places have me wondering if we might create one of our own. **Please see the photos on pages 5&6 of the newsletter, which correlate to numbers below.**

Chance Encounters - Rotary Signs and (Project) Places:

1. Steamboat – peace pavilion and Yampa River boardwalk
2. Loveland – Hammond amphitheater adjacent to sculpture garden
3. Littleton – S Platte River bikeway
4. Aurora – General's park, urban park on Fitzsimmons campus
5. Grand Lake – bingo pavilion, town center
6. Salida – riverfront park, community stage
7. Melbourne – Kings Domain peace park
8. Kuranda Village, NE Australia – welcome sign
Another place to imagine and create?
9. **Denver Mile High Peace Walk** (City Park) – a collaboration of Denver Parks and Recreation, Denver East High, and Denver Mile High Rotary. Placement of information plaques/signage focusing on 'creating community peace through service' (building on the ideas of our September peace walk).

Condolences for family of Chuck and Charla Rudolph

Since Chuck and Charla Rudolph's son, Mark, was not able to join our Zoom meeting honoring his dad and mom, you may consider sending a condolence to Mark at his address:

Mark Rudolph
2280 Locust Street
Denver, CO 80207



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Denver Mile High Rotary Club



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| WEEKLY | Date | Inspirator | Greeter/Host |
|----------|--------|----------------|------------------|
| Off-site | 6 Mar | Volunteer? | All of us |
| | 13 Mar | Sarah Hite | Noreen Keleshian |
| | 20 Mar | Bob Kemp | Janine Kempfer |
| | 27 Mar | Audrey Leavitt | Ann Lockhart |

When is your birthday?

Curtis Roni Brian G.
Janine Nic W.
Please update your
Clubrunner info



March Birthdays

2 March - Audrey Leavitt
14 March - Geoff Noble
23 March - Constance Mortell

DMHR Book Club

All Welcome!
Thursday, April 18
Assisted Living
by Phil Clarke,
a local author and
friend of Tom Cella.

Meet at 4:30 at
Tom Gregory's home
1 Black Swan Lane
Cherry Hills Village
80113

DMHR Calendar

Mar 6 - Off-site Denver Indian Center - See President's column for details and location.
Mar 12 - 4:00pm - DMHR Board Meeting - Contact Marty Waters for details
Mar 13 - Rotary Mtg - GrowHaus with Brian Hutchinson and **9:30 Volunteer at Village Exchange**
Mar 20 - Rotary Mtg - Overcoming Fear with Adam Hill and **9:30 Volunteer at Village Exchange**
Mar 21 - 7:30am - Foundation Board Meeting - Contact Mary Walta for more information.
Mar 24 - Ski Outing Sunday - Meet at 8:30am at Copper Mountain. More info forthcoming.
Mar 27 - Kwabi Amoah-Forson is a humanitarian and influencer from Tacoma, WA, fostering dialogue on the meaning of peace through "The Peace Bus". See photo on page 3 and [click here](#) for more info.
Apr 6 - Denver Ukrainian Food Festival - 11am-4pm - [Click here](#) for more information.
Apr 14 - 3-5pm - DMHR Spring Wine Tasting at the Pinnacle - [Click here](#) for info and to register!
May 11 - DMHR's Epic Day of Service - Tree planting - Need 30-40 volunteers. [Click here to volunteer!](#)
May 12 - Rockies Baseball game - annual Rotary function - The Rockies slug it out against last year's World Series champions, the Texans. Five dollars from each ticket sold will go to polio. [Click here!](#)
May 18 - Epic Day of Service - District-wide - [Click here](#) for more information.

A word from your editor

Dear fellow Rotarians,

Friday through Sunday, Dan Hall attended PETs, which is President Elect Training, while I attended the concurrent Assistant Governor training. There was not a moment to spare with back-to-back seminars after and before opening and closing sessions each day. Dan is well prepared to be our president, and I am thrilled to serve Area 1, which includes our club, Cherry Creek, Denver 31, LoDo, and Five Points/RiNo clubs.

One of the speakers emphasized how important wearing our Rotary pin is, that members are gained through noticing your pin and asking about the organization. Let's make a practice of wearing at least the pin you received when you were inducted into Denver Mile High Rotary, as well as any other pins you may possess such as the Paul Harris.

See you on Wednesday, 6 March at the off-site
Annely Noble, Past Pres 2022-23
Annely.noble@comcast.net 303-842-8725

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.
What are YOU contributing to Rotary?*



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Condolences for family of Susan Henderson

Address for condolences will be provided as it becomes available. Please see next page for more information.



Susan Henderson, Pat Gorman-Barry, Diane Messamore
Please see next page for much more information.

Last week's speaker
contact information:

Scott Burt
President, CEO - HPfid
Agility Innovation Partners
303-596-5288
sburt@hpfid.com
www.hpfid.com

Grant Information
[Click here](#) to review
Marty's Youth Mental
Health grant information:
**Promoting Resiliency
and Wellbeing for
Newcomer Youth**

[Colorado Gives](#)

Marty Waters has registered Denver Mile High Rotary with Colorado Gives. It could not be easier to donate through this site to give to our DMHR Foundation. You can make a one time donation or a recurring commitment. Additionally, Colorado Gives provides an option for the donor to cover the very small processing fee so that our foundation benefits from the donor's entire contribution. To give one time or to set up a recurring donation, [please click here](#). Our foundation treasurer, Noreen Keleshian, did an extensive comparison of giving platforms (including PayPal) and found Colorado Gives to be the most cost effective way to donate to Denver Mile High. Thank you in advance!



Kwabi Amoah-Forsen in his famous "Peace Bus"
Kwabe will be our featured speaker
on March 27th.

Kwabi Amoah-Forsen is a humanitarian and influencer from Tacoma, WA. Through various humanitarian campaigns, he has assisted those in need in his community and across the country. He also strives to educate others about the true meaning of peace and foster dialogue on the subject through "The Peace Bus".

Invasion of the Canadians

The end of July the Rotary Club of Kingston, Canada and Denver Mile High Rotary will do a Club to Club exchange. An amazing first step toward entering the world of Rotarians. The first exchange will be a handful of Canadians visiting us. We will home host the guests, visit projects, local area points of interest and have a day at Pikes Peak, BBQ at a members home, attending a Rotary Meeting and so much more. Four days and five nights of fellowship entering the next level getting to know each other. Next year members of Denver Mile High Rotary will invade Kingston, Canada on Lake Ontario. *Anyone interested in planning daytime or evening activities contact Roberta Simonton at 303-777-6246 text or simontonroberta@gmail.com.*

Epic Day of Service - May 11 - 8:30-noon

Denver Mile High Tree Planting Phase 2

[Click here](#) for information on this May 11th

Epic Day of Service Project!

[Click here](#) to volunteer on May 11.



Trailblazing Conversations:

***Duty Calls* Book Launch**

Tuesday, March 5

5:30-7:30 p.m.

St. John Francis Regis Chapel

3333 Regis Blvd, Denver, CO 80221

[View Campus Map and Directions](#)

Regis Alumni and friends are invited to an evening with former Surgeon General Dr. Antonia Novello and her co-author Jill Tietjen at the St. John Francis Regis Chapel at 5:30 p.m. on Tuesday, March 5.

The event not only celebrates Women's History Month, it also marks the launch of the new book, *Duty Calls: Lessons Learned from an Unexpected Life of Service.*

Dr. Antonia Novello is a pioneer who shattered glass ceilings as the first woman and first Hispanic Surgeon General of the United States. In addition to her work in the federal government, she was New York State Health Commissioner during 9/11 and has worked tirelessly in her home of Puerto Rico to provide quality access to medical care, particularly COVID-19 vaccinations. Her co-author Jill Tietjen is the prolific author of 14 books and an inductee into the Colorado Women's Hall of Fame.

Our guests will join in conversation with Dr. Nita Gonzales, principal of Nuevo Amanecer, delving into critical aspects of public health, health equity for women and minorities, leadership, writing and the profound impact of leading a life devoted to service.

Another DMHR Rotarian Passes - Susan Henderson

Pat Gorman-Barry shared the following with us:

Susan Henderson's son, Matt, sent this message knowing how many of us knew and loved his mom.

"Susan passed away peacefully overnight on February 7th, 2024 at a care facility in Littleton, CO. As many of you know she had been battling Alzheimer's for over a decade. Therefore, we are pleased that she is finally at peace and that those of us who know and love her can celebrate the fantastic person she was for so many decades before this awful disease.

[Obituary can be found by clicking here.](#)

There are *tentative arrangements* for her service on Wednesday, March 20th at St. John's Cathedral, 1350 Washington Street, Denver, CO 80203. However, the confirmed date, exact time and details will be posted on her obituary site.

Take care,

Matt Kelly

(303) 803-2661

mattkelly111@gmail.com

The following is from Pat regarding her friendship with Susan: I met Susan when I joined Jr. League forty years ago and she helped train the provisional class, became good friends, and shared CU nursing backgrounds. She was my DMHR sponsor and we were roommates at two RI Conventions where we staffed a BrainWise booth in the House of Friendship. In 2010 she started having cognitive issues, and in 2018 she did not know me, except that I was a "nice lady." I continued to take her to lunch, but in October 2019, she became fearful of other people in the restaurant. I did not see her after COVID hit, but knew she was being cared for by her loving family. Her sons wrote a beautiful obituary that captures the smart, funny, kind, and delightful woman she was. Alzheimer's is a cruel disease.

May she rest in peace. Pat Gorman-Barry



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Steamboat-peace pavilion & Yampa River boardwalk



Loveland-Hammond amphitheater adj to sculpture garden



Littleton – S Platte River bikeway



Aurora-General's park, urban park on Fitzsimmons campus



Grand Lake – bingo pavilion, town center



Salida – riverfront park, community stage



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Melbourne, Australia – Kings Domain peace park



Kuranda Village, NE Australia – welcome sign



Denver Mile High Peace Walk (City Park) – a collaboration of Denver Parks and Recreation, Denver East High, and Denver Mile High Rotary. Placement of information plaques/signage focusing on 'creating community peace through service' (building on the ideas of our September peace walk).