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Denver Mile High Rotary

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Rotary



Rotary Club of
Denver Mile High

Service Above Self



Denver Mile High Rotary where commitment and service rise above the mountain tops

President's Column:

March 15, 2016

Champions Needed!

Rotarians are Leaders. In fact, everyone in Rotary has demonstrated leadership experience. Recall that when you were first inducted into Rotary, it was in part because you were recognized as a leader. A room full of Rotarians can sometimes resemble the proverbial herd of cats. No lack of diverse opinions on just about any topic that you can name. This is one of the great strengths of Rotary. We celebrate our diversity. On a more practical level this means that anyone can bring an opportunity for service to the table. We aren't locked into a single cause or project. In fact, just the opposite. Anyone of us can see a need to improve life for others and be it a simple one time local effort or a worldwide long term cause we can bring it to our fellow Rotarians for action.

We all know that a handful of Rotarians were instrumental in starting what has turned out to be the long term campaign to accomplish the global eradication of polio. With Rotarians leading the charge, along with a wide assortment of international partners, we are within sight of achieving our goal of ending polio on this planet.

The worldwide effort that Shelterbox delivers in the arena of disaster relief started with a handful of Rotarians in the U.K. These individuals thought to themselves; what if we loaded a plastic tub with tents and sleeping bags and shipped them to natural disasters worldwide? The result has been a global humanitarian relief effort that involves thousands of volunteers and has benefited hundreds of thousands of the neediest victims of natural disasters on virtually every continent.

This story plays out on many levels every day. Arvada Rotarians, volunteering at the Denver Garden Show, saw surplus flowering plants being thrown away. Someone said – "this seems like a waste". Now hundreds of Rotarians have jumped in and found a home for those plants in nursing homes across the Denver Metro area. In some small way we improved the lives of many. On many weeks Greg Thielen asks our club for volunteers to go and pack food bags for the kids at Harrington Elementary School. Every week our members have stepped up and gotten the job done. We deliver on our promise!

What we need now are Champions.

Champions are the leaders who step up and make projects happen. Service happens when groups of leaders come together to execute on projects. Typically, it takes a "Champion" to bring that group together, to serve as both a catalyst and as the glue to make the group cohesive. When an idea for a service project is first identified we each consider our personal involvement. We may choose not to participate. We may choose to get involved, someone may ask "what do you need me to do". The project champion is the individual who steps up and accepts the personal challenge to make things happen and to drive the effort. At different times we will each take a different role, depending on our personal situation. All I am asking is for you to consider when is the right time to consider becoming the Champion for a particular project. All Champions are leaders. Some leaders never become champions!

Bob Kemp
President Denver
Mile High Rotary
2015-2016

Denver Mile High Rotary Upcoming Programs

March 16th - One of the journalist who has been closest to the Denver Broncos over the years is Mike Klis. Mike is the former Denver Broncos beat writer for the Denver Post and current 9News Broncos reporter. He is an outstanding writer and speaker. Whether you are a football fan or not, you won't want to miss Mike's interesting, humorous and engaging presentation. Mike Klis recently published a book entitled, "The 25 Greatest Moments in Denver Broncos History." He will bring copies of his book to sell and sign after the meeting is over.

This meeting is a fantastic opportunity to bring a guest/potential new member. If you plan to bring a guest, please notify Greg Thielen at gthielen2@gmail.com.

March 23rd - For many years Denver has owned an outstanding reputation for having one of the country's best library systems. With space limitations, advancing technologies, and increased populations libraries have changed to meet the needs of their citizens and Denver's Library system has adapted to meet those needs.

Our guest speaker will be Michelle Jeske, the Denver City Librarian. Ms. Jeske will talk about the History and current developments of the Denver Library System.

March 30th - Dr. Carl Clark, CEO of Mental Health Center for Colorado, will be our guest speaker.

Denver Mile High Rotary Happy Hours

March 31st - [Denver Athletic Club](#)

April 28th - [Infinite Money](#)

May 26th - [Alpine Dog Brewery](#)



Local Community Service Meeting

When: March 15th at 4:30 PM

Where: Michael Tapp's office at 1700
Lincoln Street, 10th Floor Denver, CO
80203



Weekly Inspirators, Greeters & Hosts

March 16th-

Inspiration - Lawernence Mundy

Greeters - Elizabeth Daigle and Preston Dickey

Host - Kevin Gallaway

Rotary Minute - Kim Gardner

March 23rd-

Inspiration - Brandon Blankenship

Greeters - Tom Giordano and Tom Gregory

Host - Susan Henderson

Rotary Minute - Endryx

March 30th-

Inspiration - Dan Himelspace

Greeters - Sarah Hite and Noreen Keleshian

Host - Audrey Leavitt

Rotary Minute - Jeff McAnallen



Be a gift to the world

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

March 15th - 4:30 PM Local Community Service meeting at Michael Tapp's office.

March 31st - Denver Mile High Rotary Club Happy Hour at Denver Athletic Club..

April 9th - Rotary Leadership Institute

April 22nd - 24th - District Conference

April 28th - Denver Mile High Rotary Club Happy Hour at Infinite Monkey.

May 26th - Denver Mile High Rotary Club Happy Hour at Alpie Dog Brewery.

May 28th - June 1st - International Convention - Seoul, Korea



March 8th - Michael Tapp

March 14th - Geoff Noble

March 16th - Kurt Bartley

Get Involved - Volunteer Opportunities

Warriors on Cataract is looking for volunteers for their future rafting trips this Spring. Please contact Goeff Noble for more information at gtnoble@comcast.net.

Upcoming Rafting Trips:

Participants	Motel check-in.	River launch.	Post-trip motel
Special Ops Veterans.	May 5 CBW.	May 6 Western River Exp.	May 9 CBW
All Female Veterans.	May 13 CBW.	May 14 Tag-a-Long.	May 17 CBW
Salt Lake VA and others.	May 20 CBW.	May 21 Tag-a-Long.	May 24 CBW
Cheyenne VA and Others.	May 27 Aarchway.	May 28 Tag-a-Long.	May 31 CBW

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**CEC Middle College 2015-2016 Interact Club
Ron Prasher District Interact Award Submission**



CEC Interact Club Members at October Meeting

BACKGROUND. The Career Education Center Middle College (CEC) is a Denver Public Schools' high school serving 430 full-time students and 320 who bus to CEC from other Denver high schools to take career-focused classes not offered at their home schools. CEC offers 22 career-track programs, from auto mechanics to forensic skills and certified nursing assistants to construction trades. The students also can earn an associates degree through the Community College of Denver. It is precisely this approach that has helped CEC students succeed when schools with similar demographics -- 86 percent of CEC students qualify for free or reduced-price lunch and more than 80 percent are Hispanic -- struggle with attendance, low attendance,

high numbers of drop outs, and under 50 percent graduation rates. At CEC, few students drop out and almost every student graduates with a technical certificate or enough college credits to send them on their way to earn associate's degree.

Lee Mulberry, a member of Denver Mile High Rotary Club, started the CEC Interact Club in 2011 with Stacey Hervey, a CEC criminal justice instructor and professor at Community College of Denver. Lee transferred to South Denver Rotary in 2013, and a team of Denver Mile High Rotarians now serve as Interact's advisors: Pat Gorman Barry, Bob Kemp and Sarah Hite. The 2015-2016 CEC Interact Club has as many as 25 students attend their meetings, and a core group of 15 students attend meetings every Thursday after school. Aracely Fuentes, a junior at CEC, is President of CEC's Interact Club. Five CEC Interactors attended RYLA last summer.

When asked what they liked about Interact, a student said that he appreciated having an opportunity to give back. "So many times, we are given things. Interact gives us an opportunity to help others."

The following list of activities and projects is a showcase for the services that CEC's Interactors have initiated, completed or are in progress. It shows that members of the CEC Interact Club fulfilled ***all*** of the categories listed on the application: school activities, local community projects, district, national or international projects, leadership accomplishments, and successful fundraising.

1. 9 FAMILY HEALTH FAIR – Local Community Project

CEC Interactors helped (DMHR) set up the 9 Family Health Fair at Barnum Community Center in North Denver. This is the fifth year the Interactors have been involved with the health fair. (October, 2015)

2. HOSTING DENVER MILE HIGH ROTARY CLUB – Leadership Accomplishments

CEC Interactors hosted DMHR at the school's Eliot Street Cafe and made presentations about their experiences at RYLA and shared projects the Interact club was planning. (October, 2015)



Picture of Interactor Baldo telling DMHR Members about his RYLA Experience

3. THANKSGIVING BASKETS – Fundraising Activity and Local Community Project

CEC Interactors raised money by parking cars at Mile High Stadium and used the proceeds to purchase contents for Thanksgiving baskets that were distributed by the school nurse to needy families. (November, 2015)

4. BOOK GIVE-AWAY – Local Community Project

CEC Interactors obtained children's books from DMHR and distributed them to CEC families to give as Christmas presents. They researched where to distribute leftover books, and selected a Denver agency that serves families. (December)



CEC Interactors Prepare Children's Books for Give Away to CEC Families

5. BABYSITTING SERVICES – Local Community Project

CEC Interactors provided babysitting so parents could attend the CEC Student Awards Program. (December)

6. VALENTINE'S DANCE FOR AFRICA WATER PROJECT - Fundraising Activity and International Project

CEC Interactors planned a Valentine's Dance to raise money for The Thirst Project in Swaziland (January/February). Related to the Dance, the Interactors did the following:

a. Interact leaders created a PowerPoint and made two presentations to gather support from 1) the Interactors and students in CEC Marketing club and 2) to create awareness among CEC students by offering a discount on dance tickets if students attended the a presentation on the Thirst project. (January)



CEC Interactors Present PowerPoint they Developed on the Thirst Project

b. CEC Interactors picked "The '50's" as their dance theme and built a jukebox and ran a photo booth, with proceeds going to the Thirst project. The dance and activities raised \$1200. After sharing half of the proceeds with the marketing club, the Interactors contributed \$600 to the Thirst Project. At the Interact meeting following the dance, President Aracely brought thank-you cards and the club members hand-wrote thank you notes to the teachers and staff members who helped them. (February)



CEC Interactors Building Jukebox for Valentine's Dance



Finished Jukebox!



Decorating for Valentine's Dance set up



CEC Interact Club's Valentine's Dance Raises \$600 for Thirst Project!

c. CEC Interactors are raising additional money for the Thirst Project by putting Penny Jars in career classrooms and having a contest to see which class collects the most money. (March/April) To promote donations and educate donors, they will give away bottles of water, and use it as a “hook” to talk with potential donors about the project. They also will distribute stats on how money will be used -- \$25 provides clean water for one person for life, etc. Additionally, they will make up "dirty water" bottles to visually demonstrate what the residents of Swaziland are drinking.

7. CEC INTERACTORS MENTOR COWELL ELEMENTARY STUDENTS ON HEALTHY EATING – Local Community Project and Involvement with School Activities

CEC Interactors and students will serve as mentors for the DMHR-supported BrainWise project at Cowell Elementary. The Interactors and CEC students will use games and activities to teach 50 fourth and fifth graders to Be BrainWise with Food/Nutrition). The activities they introduce will be used by the Fit Fun staff and Cowell faculty. The Interactors will be supported by Denver Mile High Rotarians, the Cowell school social worker, Cowell’s Fit Fun Staff, and CEC’s school nurse and CEC’s Interact Advisor. (March-April)

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