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Denver Mile High Rotary

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*Denver Mile High Rotary where commitment and service rise above the mountain tops*

## President's Column:

The last week of February is leaving quietly. We will see what March, the snowiest month of the year, has to offer us! As usual, we have a full plate of Rotary activity. The regular Board meeting will be on the 8th at 4:30. We will meet in Jeff McAnallen's office in the Wells Fargo Building. All members are invited to attend.

The week of the 14th is particularly busy. On Monday we will visit Craig Hospital to serve dinner to the long term patients. The signup is on the Club website. On Tuesday we will have a Local Community Service Committee meeting. See Michael Tapp for more info.

Our regular meeting on the 16th will feature Mike Klis, the Chanel 9 News Broncos reporter. We anticipate that Mike will attract many guests given the Super Bowl 50 victory still being celebrated across Colorado. Please invite guests but help us to estimate of how many will attend by letting Greg Thielen know about your guests.

Bob Kemp  
President Denver  
Mile High Rotary  
2015-2016

March 1, 2016



New Member - Reena Prema



Speaker - Iman Jodeh

## Denver Mile High Rotary Upcoming Programs

**March 2nd** - As Rotarians, we are very familiar with Polio Plus and the incredible effort Rotary International has made over the last 20 years to eradicate polio. Fortunately, there have been no new cases of polio in the United States for many years. There are, however, many Americans who still live with the effects of that terrible disease. Some of them have achieved incredible things during their life times.

Our guest speak will be David Talbot. David is a polio survivor and founder of an organization called Crutches 4 Africa. His organization collects, ships, and distributes gently used mobility devices to victims of polio and other diseases in developing countries. David's experience and the great work of Crutches 4 Africa is a heartwarming and touching humanitarian story.

**March 9th** - Our own Greg Smith, the Executive Director of Colorado Public Employees Retirement Association, will be our guest speaker. Greg will speak about PERA and the task of maintaining an organization responsible for retirement plans of Colorado public employees..

**March 16th** - One of the journalist who has been closest to the Denver Broncos over the years is Mike Klis. Mike is the former Denver Broncos beat writer for the Denver Post and current 9News Broncos reporter. He is an outstanding writer and speaker. Whether you are a football fan or not, you won't want to miss Mike's interesting, humorous and engaging presentation. Mike Klis recently published a book entitled, "The 25 Greatest Moments in Denver Broncos History." He will bring copies of his book to sell and sign after the meeting is over.

This meeting is a fantastic opportunity to bring a guest/potential new member. If you plan to bring a guest, please notify Greg Thielen at [gthielen2@gmail.com](mailto:gthielen2@gmail.com).

### Denver Mile High Rotary Happy Hours

March 3rd - [Avenue Grill](#)

March 31st - [Denver Athletic Club](#)

April 25th - [Infinite Money](#)

May 26th - [Alpine Dog Brewery](#)



### *Local Community Service Meeting*

**When:** March 15th at 4:30 PM

**Where:** Michael Tapp's office at 1700  
Lincoln Street, 10th Floor Denver, CO  
80203



## **Weekly Inspirators, Greeters & Hosts**

### **March 2nd-**

**Inspiration** - Greg Thielen

**Greeters** - Ann Tull and Tony Vaida

**Host** - Bruce Ward

**Rotary Minute** - Sonny Wiegand

### **March 9th-**

**Inspiration** - Diane Wilson

**Greeters** - Chris Wong and Paul Anderson

**Host** - Pat Barry

**Rotary Minute** - Kurt Bartley

### **March 16th-**

**Inspiration** - Brandon Blankenship

**Greeters** - Elizabeth Daigle and Preston Dickey

**Host** - Kevin Gallaway

**Rotary Minute** - Kim Gardner

### **March 23rd-**

**Inspiration** - Melanie Gentz

**Greeters** - Tom Giordano and Tom Gregory

**Host** - Susan Henderson

**Rotary Minute** - Endryx

### **March 30th-**

**Inspiration** - Dan Himelspace

**Greeters** - Sarah Hite and Noreen Kelesian

**Host** - Audrey Leavitt

**Rotary Minute** - Jeff McAnallen



**Be a gift to the world**

## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

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### Denver Mile High Rotary Calendar

**March 3rd** - Denver Mile High Rotary Club Happy Hour at Avenue Grill.

**March 11th - 13th** - PETS

**March 15th** - 4:30 PM Local Community Service meeting at Michael Tapp's office.

**March 31st** - Denver Mile High Rotary Club Happy Hour at Denver Athletic Club..

**April 9th** - Rotary Leadership Institute

**April 22nd - 24th** - District Conference

**April 28th** - Denver Mile High Rotary Club Happy Hour at Infinite Monkey.

**May 26th** - Denver Mile High Rotary Club Happy Hour at Alpie Dog Brewery.

**May 28th - June 1st** - International Convention - Seoul, Korea



**March 2nd** - Audrey Leavitt

**March 3rd** - Karl Paulson

**March 8th** - Michael Tapp

**March 14th** - Geoff Noble

**March 16th** - Kurt Bartley



## Get Involved - Volunteer Opportunities

Warriors on Cataract is looking for volunteers for their future rafting trips this Spring. Please contact Goeff Noble for more information at [gtnoble@comcast.net](mailto:gtnoble@comcast.net).

### Upcoming Rafting Trips:

Participants	Motel check-in.	River launch.	Post-trip motel
Special Ops Veterans.	May 5 CBW.	May 6 Western River Exp.	May 9 CBW
All Female Veterans.	May 13 CBW.	May 14 Tag-a-Long.	May 17 CBW
Salt Lake VA and others.	May 20 CBW.	May 21 Tag-a-Long.	May 24 CBW
Cheyenne VA and Others.	May 27 Aarchway.	May 28 Tag-a-Long.	May 31 CBW

CBW = Canyonlands Best Western  
16 S Main Street  
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## Please Join Us for a Joint Denver Mile High and Cherry Creek Rotary event at Craig Hospital.

What: Serving BBQ dinner to the patients and family members at Craig Hospital  
When: Monday, March 14th, 4:30 to 8pm  
Where: Craig Hospital's Family Housing Apartments on 3427 S. Emerson Street, Englewood CO, 80113  
Parking is located in the GE Johnson visitor lot located on the corner of S. Emerson and E. Hampden.

Sign Up [Here!](#)

Please contact Michael Tapp ([Michael.Tapp@WellsFargo.com](mailto:Michael.Tapp@WellsFargo.com)) or Betty Speir ([bspeirsells@comcast.net](mailto:bspeirsells@comcast.net)) with any questions.

**CEC Middle College 2015-2016 Interact Club  
Ron Prasher District Interact Award Submission**



**CEC Interact Club Members at October Meeting**

**BACKGROUND.** The Career Education Center Middle College (CEC) is a Denver Public Schools' high school serving 430 full-time students and 320 who bus to CEC from other Denver high schools to take career-focused classes not offered at their home schools. CEC offers 22 career-track programs, from auto mechanics to forensic skills and certified nursing assistants to construction trades. The students also can earn an associates degree through the Community College of Denver. It is precisely this approach that has helped CEC students succeed when schools with similar demographics -- 86 percent of CEC students qualify for free or reduced-price lunch and more than 80 percent are Hispanic -- struggle with attendance, low attendance,

high numbers of drop outs, and under 50 percent graduation rates. At CEC, few students drop out and almost every student graduates with a technical certificate or enough college credits to send them on their way to earn associate's degree.

Lee Mulberry, a member of Denver Mile High Rotary Club, started the CEC Interact Club in 2011 with Stacey Hervey, a CEC criminal justice instructor and professor at Community College of Denver. Lee transferred to South Denver Rotary in 2013, and a team of Denver Mile High Rotarians now serve as Interact's advisors: Pat Gorman Barry, Bob Kemp and Sarah Hite. The 2015-2016 CEC Interact Club has as many as 25 students attend their meetings, and a core group of 15 students attend meetings every Thursday after school. Aracely Fuentes, a junior at CEC, is President of CEC's Interact Club. Five CEC Interactors attended RYLA last summer.

**When asked what they liked about Interact, a student said that he appreciated having an opportunity to give back. "So many times, we are given things. Interact gives us an opportunity to help others."**

The following list of activities and projects is a showcase for the services that CEC's Interactors have initiated, completed or are in progress. It shows that members of the CEC Interact Club fulfilled ***all*** of the categories listed on the application: school activities, local community projects, district, national or international projects, leadership accomplishments, and successful fundraising.

#### **1. 9 FAMILY HEALTH FAIR – Local Community Project**

CEC Interactors helped (DMHR) set up the 9 Family Health Fair at Barnum Community Center in North Denver. This is the fifth year the Interactors have been involved with the health fair. (October, 2015)

#### **2. HOSTING DENVER MILE HIGH ROTARY CLUB – Leadership Accomplishments**

CEC Interactors hosted DMHR at the school's Eliot Street Cafe and made presentations about their experiences at RYLA and shared projects the Interact club was planning. (October, 2015)



**Picture of Interactor Baldo telling DMHR Members about his RYLA Experience**

### **3. THANKSGIVING BASKETS – Fundraising Activity and Local Community Project**

CEC Interactors raised money by parking cars at Mile High Stadium and used the proceeds to purchase contents for Thanksgiving baskets that were distributed by the school nurse to needy families. (November, 2015)

### **4. BOOK GIVE-AWAY – Local Community Project**

CEC Interactors obtained children's books from DMHR and distributed them to CEC families to give as Christmas presents. They researched where to distribute leftover books, and selected a Denver agency that serves families. (December)



**CEC Interactors Prepare Children's Books for Give Away to CEC Families**

### **5. BABYSITTING SERVICES – Local Community Project**

CEC Interactors provided babysitting so parents could attend the CEC Student Awards Program. (December)

### **6. VALENTINE'S DANCE FOR AFRICA WATER PROJECT - Fundraising Activity and International Project**

CEC Interactors planned a Valentine's Dance to raise money for The Thirst Project in Swaziland (January/February). Related to the Dance, the Interactors did the following:

a. Interact leaders created a PowerPoint and made two presentations to gather support from 1) the Interactors and students in CEC Marketing club and 2) to create awareness among CEC students by offering a discount on dance tickets if students attended the a presentation on the Thirst project. (January)





**CEC Interactors Present PowerPoint they Developed on the Thirst Project**

**b.** CEC Interactors picked "The '50's" as their dance theme and built a jukebox and ran a photo booth, with proceeds going to the Thirst project. The dance and activities raised \$1200. After sharing half of the proceeds with the marketing club, the Interactors contributed \$600 to the Thirst Project. At the Interact meeting following the dance, President Aracely brought thank-you cards and the club members hand-wrote thank you notes to the teachers and staff members who helped them. (February)



**CEC Interactors Building Jukebox for Valentine's Dance**



**Finished Jukebox!**



**Decorating for Valentine's Dance set up**



**CEC Interact Club's Valentine's Dance Raises \$600 for Thirst Project!**

c. CEC Interactors are raising additional money for the Thirst Project by putting Penny Jars in career classrooms and having a contest to see which class collects the most money. (March/April) To promote donations and educate donors, they will give away bottles of water, and use it as a “hook” to talk with potential donors about the project. They also will distribute stats on how money will be used -- \$25 provides clean water for one person for life, etc. Additionally, they will make up "dirty water" bottles to visually demonstrate what the residents of Swaziland are drinking.

#### **7. CEC INTERACTORS MENTOR COWELL ELEMENTARY STUDENTS ON HEALTHY EATING – Local Community Project and Involvement with School Activities**

CEC Interactors and students will serve as mentors for the DMHR-supported BrainWise project at Cowell Elementary. The Interactors and CEC students will use games and activities to teach 50 fourth and fifth graders to Be BrainWise with Food/Nutrition). The activities they introduce will be used by the Fit Fun staff and Cowell faculty. The Interactors will be supported by Denver Mile High Rotarians, the Cowell school social worker, Cowell’s Fit Fun Staff, and CEC’s school nurse and CEC’s Interact Advisor. (March-April)



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**Michael Tapp**...DMHR member since 2000, Chairman Local Community Service

**Roberta Simonton**....DMHR member since 2009