



Be a gift to the world

Denver Mile High Rotary

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Rotary



Rotary Club of
Denver Mile High

Service Above Self



Denver Mile High Rotary where commitment and service rise above the mountain tops

President's Column:

Guest Commentator, Roberta Simonton

FOLLOW YOUR PASSION: work and support things that make a difference and have meaning to you.

WHAT ARE WE ASKING FOR

Do you ever feel everyone has their hand out???? You are not alone. When so moved to donate funds to a non profit it is nice to know that the money actually goes to something of value.

Welcome to Denver Mile High Rotary

Foundation. The funds donated to this 501 (c)(3) are used for projects that you as members support, projects you and other members bring to the table. The donations are tax deductible and in contrast to many non profits 100% goes to the project.

The Denver Mile High Rotary Foundation is separate from the club operating budget. While paying your "dues" you are supporting the our fun social events, overhead, district dues and RI dues and I hear say a new motorcycle for Bob. Your dues are not supporting our service projects.

Today we spend approximately \$25,000 a year on service projects. To maintain and ideally expand our service projects the money has to come from somewhere.

SO WHAT DOES THIS BUY ME

Let's Brag a minute: Denver Mile High Rotary is an active club. We have a strong history of service to both local community and world service projects. Is that bragging of course it is however the evidence to back up this claim is strong. We were just selected as the best club in our District 5450. Did you know that K.R.Ravindran, President of Rotary International, just visited Carolyn Schrader's project in Zimbabwe citing it as an example to all Rotary Clubs around the world.

May 3, 2016

Your dollars at work! *from Michael Tapp chair Local Community Service*

Fellow Rotarians, you have made countless contributions to our local community service projects, both in the time and talent you have provided, but also through your generous financial donations. As a few examples, we have put your dollars to work in the following projects:

1. Craig Hospital Dinner Benefiting Long-Term Residents: \$15
2. 9 HealthFair at Barnum Rec Center operational support: \$325
3. Harrington Elementary Friday Food Bags: \$2,500 (this amount was
4. Cowell Elementary –Brainwise program (taught by CEC Interactors to elementary students): \$1,480
5. Honor Flight (funded one WWII Veteran's trip to DC): \$1,000
6. Warriors on Cataract (veteran's river rafting trip): \$1,000.
7. CEC Interact Club's general Operations: \$500
8. RYLA to send 8 student to RYLA Camp: \$4,050

Bob Kemp
President Denver
Mile High Rotary
2015-2016

Many thanks for your continued generosity! We could not impact our local community without you!

International Service Projects

We may be small but we are mighty. DMHR has numerous international projects it champions and supports. Some of these have received \$100,000 grants and more. It all starts with a member's idea and DMHR Foundation funds.

Our **International Projects** portfolio is extensive. Suffice it to say substantial funds are needed to support these large projects. DMHR Foundation provides approximately \$15,000 a year for international service projects. We are able to leverage this by the matching funds of the District and RI plus collaboration with other clubs and non profits.

Countries our club has worked in include, **Philippines, Mongolia, Nicaragua, Zimbabwe, China, Dominican Republic, Kenya, Kazakhstan, Russia and currently Nepal.** We do not simply give money, we give of our talents, time, boots on the ground and patience. Often these take years to happen and many years for sustainability. To name all DMHR members making these happen would overwhelm you. I am certain I would offend someone so I choose to offend everyone by mentioning none.

HOW MAY I HELP *thought you would never ask*

Donate what you can. Your tax deductible contribution, be it \$20 a month, or \$5,000 check goes directly into the DMHR Foundation. We are able to grow this \$25,000 with District and Rotary International matching funds. It all starts with your donation to the Foundation.

Simply go to our web site www.denvermilehigh.org and click the Subscribe below upcoming events and select the amount you are comfortable with. Those of you currently writing annual checks please continue to do so.

PRESIDENT'S REQUEST:

President Bob would like everyone, 100%, of the members contributing to the Denver Mile High Foundation. Many have not contributed before believing only big bucks count. A small monthly contribution from each of you does make a difference. He loves all contributions big and small. We all count, each dollar counts. Thank you for the support you have given, our successes can only be attributed to you.



Rotary Bike Ride



Denver Mile High Rotary Upcoming Programs

May 11th - Most of us who live along the Front Range are familiar with the wonderful work of 9Health Fair. The annual series of health fairs encourages health awareness and provides people with tools they need to take responsibility for their own health. They provide free and low cost health awareness and educational screenings to thousands of Coloradoans each year. Jim Goodard, CEO of the 9Health Fair, will be our guest speaker. He will talk with us about the work they do and the incredible volunteer effort required to make the 9Health Fair such a success.

May 18th - Sydney Beal from the Colorado Women's Hall of Fame (CWHF) will be our guest speaker. CWHF's mission is to inspire by celebrating and sharing the enduring contributions of Colorado's extraordinary women. To achieve this, the Hall educates the people of Colorado about the stories of the women who shaped our state and the nation's history with courage, leadership, intelligence, compassion, and creativity. Their talents, skills, struggles, and contributions form a legacy that the Colorado Women's Hall of Fame is dedicated to protecting. The women inducted into the Hall come from diverse backgrounds, from pioneers to politicians, educators to entrepreneurs, and have made a major impact on the lives of others and helped to elevate the status of women in our state, our nation, and around the world.

May 25th - The Boulder County Farmers Market has done some amazing work in bringing high quality products to the Boulder community. Elyse Woods will be our guest speaker and will talk about their work and what other communities can learn from their efforts.

- Here are some creative ways to use your King Soopers Card:
- Buy it as a gift: College kids, newlyweds and new parents appreciate groceries!
- Use it to buy supplies for special events; like bbq, mini dinners or fundraisers.
- Purchase two, one for you and your spouse so that you always have it handy.
- Leave it in your car next to your re-usable bags, so you can grab both on the way out!

Every little bit adds up to funds that our club can use to treat guests or have events.

Thanks for your support!

Contact Sarah Hite at schite2000@yahoo.com or Heidi Restarits at Heidi.rr@gmail.com



Rotary



Weekly Inspirators, Greeters & Hosts

May 11th-

Inspiration - Diane Wilson

Greeters - Chris Wong and Paul Anderson

Host - Michele Ashby

Rotary Minute - Pat Gorman Barry

May 18th-

Inspiration - Kurt Bartley

Greeters - Brandon Blankenship and Elizabeth Daigle

Host - Preston Dickey

Rotary Minute - Debra Flick

May 25th-

Inspiration - Kevin Galloway

Greeters - Kim Gardner and Melanie Gentz

Host - Tom Giordano

Rotary Minute - Tom Gregory



Be a gift to the world



May 10th - Robin Springer

May 11th - Tony Vaida



Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

May 26th - Denver Mile High Rotary Club Happy Hour at Alpine Dog Brewery.

May 28th - June 1st - International Convention - Seoul, Korea

July 9th - Denver Mile High Rafting Trip

CEC Interact Club Update

The CEC Interact Club is working on the following events:

Car Show and Community Carnival on May 14th

Three students will be volunteering at Cowell Elementary Students are working on individual community projects. Thirst project to raise funding for water.

CEC Interactors Teach "Be BrainWise with Food" at Cowell Elementary School.

A successful collaboration with DMHR, Cowell Elementary School's Fit Fun program and CEC's Interact Club will be a model for future projects that reinforce the children's use of thinking skills. Led by Cowell social worker Abbe Montoya, CEC teacher Stacey Hervey, CEC school nurse Tess Callinicos, and Pat Gorman Barry, the high school students presented lessons to 4th and 5th graders on how use thinking skills when making decisions on food. Rotarians Terry Tomsick and Elizabeth Daigle supported CEC students/Interactors Brynn, Marcalino, Daniel and T. The rapt attention of the children says it all, and the teens are looking forward to their next presentation, either on "Be BrainWise with Money" or "Be BrainWise with Safety." The project is the result of a request from Abbe asking DMHR to help her get the BrainWise program into schools in Villa Park, starting with Cowell. CEC administrators are thrilled to have the high school students working with children in the nearby elementary school.



RI President Visits Denver Mile High Sponsored Community Empowerment in Zimbabwe

RI President Ravi Ravindran visited Harare Zimbabwe on March 4 through March 6. As is normal with a visit by the RI President, there were a number of different activities scheduled during his time in Harare. On Saturday morning, the President arrived to see a jubilant mood, traditional dancers and community folk, gathered around Mufakose hall, which had become the symbol of hope for many a household.

The Rotary Club of Highlands in partnership with Rotary Club of Denver Mile High participated in a 3H Grant and subsequent Global Grant which saw the empowerment of 6000 women and youth in the Mufakose and surrounding communities. These women and youth received training in Business and Computer Skills that ultimately benefited 250,000 people in their communities. Listening to their stories was moving, hearing from people very much like us who struggle to make ends meet. Coming from illiteracy to computer literacy, poverty to self sustenance—theirs was a story of hope.

One participant spoke of how the project which ran for over 4 years was Funded by the Rotary Foundation to the tune of \$ 400,000 and had allowed him to begin a business which is now registered. During his training he acquired computer skills and can now fully utilize the computers donated to the community.

President Ravi commended the project and said "I will go and tell my colleagues at The Rotary Foundation, how well the money was used here. This is a Model Project that we would like to see replicated around the world." He also advised the audience that this was the project which brought recognition to PDG Stella Dongo as one of six Rotary Global Women of Action; that award was presented at the United Nations in November 2015.

The Mayor of Harare, His Worship Councillor Ben Manyenyeni graced the occasion. He remarked that the partnership between Rotary and the City of Harare should continue to grow in fighting poverty and bringing a better quality of life to the vulnerable in the community in the quest to achieve the vision of Harare being a World Class City by 2025.

Before he departed, President Ravi said: **"I am realizing how Zimbabweans have overlooked the situation that they are in and found ways to do marvelous works in their community. "**



Rotary Club Rafting Trip

Please join us on Saturday morning, July 9th to raft down Clear Creek to raise money to support the Colorado based non-profit Warriors on Cataract. To date, a group of 31 Rotarians, family, friends and INTERACT students have signed up for this adventure. Please make your checks payable to the Denver Mile High Rotary FOUNDATION, and give them directly to Geoff Noble. He will collect the payments and forward the checks to the Foundation Treasurer. You will receive a receipt that will identify what portion of your payment qualifies as a charitable contribution. If your plans change, and you would like to join us, there are still seats available. Half-day rafting trips for Beginner (\$47), Intermediate (\$57), or Advanced rafters(\$67) are still available. Included in your payment is a \$5,00 contribution directly to Warriors on Cataract. If rafting is not your thing, please consider joining this group for lunch at a local restaurant in Idaho Springs. (Lunch details are still being negotiated.) We are hoping that the restaurant owner will rebate a portion of what we spend for lunch to directly support Warriors on Cataract. If you have any questions, please contact Rotarian Geoff Noble at gtnoble@comcast.net or by phone at (303) 669-5281
Thank you for your support.



A Note About Make-Ups:

Did you know that if you miss a regular weekly meeting you can make-up the missed meeting by engaging in another rotary activity within two weeks before or after the scheduled meeting? Lots of different activities can be counted as a makeup - for example, volunteering at Harrington Elementary, attending a Rotary bike ride, or attending a different Rotary meeting. If you miss a meeting and have a makeup to report, please email it to Kim Gardner, the Club Secretary, so that she can get it in the system. You can reach her at KimKGardner@gmail.com.

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M. Anthony Vaida, Attorney at Law

M. ANTHONY VAIDA, P.C.

Law Offices
899 Logan Street, Suite 208
Denver, CO 80203
(303) 832-2100 Telephone
(303) 861-3759 FAX
(303) 204-1710 Cell
manthonyvaidapc@vaida.net



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Personal Sponsors of the Denver Mile High Rotary Foundation

Michael Tapp...DMHR member since 2000, Chairman Local Community Service

Roberta Simonton....DMHR member since 2009