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Denver Mile High Rotary

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Denver Mile High Rotary where commitment and service rise above the mountain tops

President's Column:

May 31, 2016



International Convention
Seoul Korea

Denver Mile High Rotary Upcoming Programs

June 1st - "With some 60 million people forcibly displaced in the world as of 2015, many of them refugees, we are confronting what one United Nations official calls "an unending crisis." Our guest speaker will be Professor Peter Van Arsdale from the Josef Korbel School of International Studies at the University of Denver.

Professor Van Arsdale will focus on what's causing the crisis in three "hot spots" — East Africa, the Middle East, and S.E. Asia. South Sudan, Syria, and Myanmar will be featured. It also will focus on what can be done, not only by policy makers here and abroad, but by the everyday citizens.

June 8th - We hear conflicting messages about the economy. Some say that the economy is in good shape and humming right along. Others say that it is sputtering and slowing down. Our guest speaker, Mike Serio, will help us understand what's really happening in the economy both on a national and state level. Mr. Serio is the Regional Chief Investment Officer for Wells Fargo - the world's largest bank by market capitalization.

June 15th - Since Rutt Bridges spoke to our Club last year about the quickly approaching world of driverless cars, the media has produced countless articles and programs examining what these new "cars" will look like and how they will operate. This potentially fundamental shift in transportation has innumerable implications for all of us and none likely more than the Colorado Department of Transportation. Peter Kozinski, Director of CDOT's RoadX Program, will be our guest speaker. Mr. Kozinski will help us understand the affects on us and the Colorado highway system of driverless cars.

- Here are some creative ways to use it your King Soopers Card:
- Buy it as a gift: College kids, newlyweds and new parents appreciate groceries!
- Use it to buy supplies for special events; like bbq, mini dinners or fundraisers.
- Purchase two, one for you and your spouse so that you always have it handy.
- Leave it in your car next to your re-usable bags, so you can grab both on the way out!

Every little bit adds up to funds that our club can use to treat guests or have events.

Thanks for your support!

Contact Sarah Hite at schite2000@yahoo.com or Heidi Restarits at Heidi.rr@gmail.com



Rotary



Weekly Inspirators, Greeters & Hosts

June 1st -

Inspiration - Audrey Leavitt

Greeters - Michelle Ashby and Jeff McAnallen

Host - Diane Messamore

Rotary Minute - Constance Mortell

June 8th -

Inspiration - Lawrence Mundy

Greeters - Geoff Noble and Alex Orkow **Host** -
Karl Paulson

Rotary Minute - Adams Price

June 15th -

Inspiration - Heidi Resetarits

Greeters - Chuck Rudolph and Bart Schaeffer

Host - Sara Schaeffer

Rotary Minute - Carolyn Schrader

June 22nd -

Inspiration - Linda Sue Shirkey

Greeters - Roberta Simonton and Vass Sirpolaidis

Host - Greg Smith

Rotary Minute - Betty Speir

June 29th -

Inspiration - Michael Tapp

Greeters - Robin Springer and Jeff Sprole

Host - Terry Tomsick

Rotary Minute - Ann Tull



Be a gift to the world



May 10th - Robin Springer

May 11th - Tony Vaida

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

May 28th - June 1st - International Convention - Seoul, Korea

June 4th - Rotary Fellowship Bike Ride

July 9th - Denver Mile High Rafting Trip

July 16th - Past President's Party 6 PM

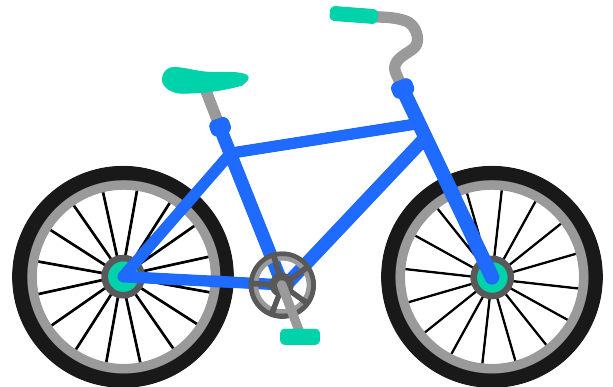


Past President's Party

When: Saturday July 16th 6 PM Where:
2450 E 5th Ave. Denver - Carriage
Houses Clubhouse and Pool

Rotary Fellowship Bike Ride

When: June 4th 2016 7:30 AM to 3 PM
Where: Meet at Velo Stop
1617 Coalton Road
Superior, CO 80027



CEC Interact Club Update

CEC Students Reinforce BrainWise with Cowell Elementary School Students

Administrative and teacher turnover at Cowell Elementary did not stop Abbe Montoya, the school's dynamic social worker and BrainWise champion, from teaching the program's 10 Wise Ways to students in grades 3-5. Her teaching time with the students was enhanced when

CEC's Interact sponsors agreed to have their high school students teach BrainWise reinforcement sessions in Fit and Fun, a daily after school program attended by almost a third of the school.

The CEC students became so committed to teaching BrainWise skills to Cowell's students that they requested adding an additional session during the last week of school. The older students, some who were graduates of Cowell themselves, wanted to talk with the younger students about using their thinking skills over the summer, and how they could teach the skills to others. The children showed great respect for the teens, and excitedly exchanged fist bumps with them as they said good-bye.

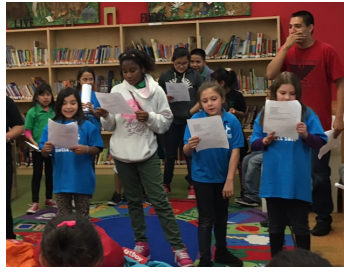
Stacey Hervey, the CEC Interact Club's faculty sponsor, and Tess Calinicos, CEC's school nurse and Interact supporter, are looking forward to expanding the partnership with Cowell and working with DMHR and with Abbe Montoya, Cowell's school social worker, during the 2016-2017 school year.

After the Be BrainWise with Food session In March, Stacey and Tess next helped the high school students create a BrainWise Jeopardy Game for a reinforcement activity. The game contained the following categories: 1. Just Getting Started, 2. Know Your BrainWise, 3.

Fact or Opinion, 4. Get Physical, and 5. Communication. The children played on teams headed by the CEC students, and had an exciting time answering the questions. The game will be expanded next year and involve more students from both CEC and Cowell.



In May, the Interactors gave the Cowell students an opportunity to reinforce their thinking skills by competing in teams and singing the BrainWise Rap Song, with lyrics inspired by a BrainWise class at Emily Griffith High School. The children were coached by CEC Interactors, and gave competitive performances within the short time frame allotted. The activity was so successful that next year the students will be given more time to practice and Ms. Hervey will have CEC's video and music departments work on the project and making a video. The song's refrain stanzas moved some of the Cowell children to request a copy of the lyrics so they could share them with family members who "need to learn thinking skills."



The final session in June involved a discussion with CEC Interactors and Cowell students talking about how they would use the 10 Wise Ways to help others. This activity included helping the Cowell students put together booklets that listed they planned to use their thinking skills. The session closed with a game that involved a review of the ten thinking skills. The older students fist-bumped the children as they left, wished the fifth graders good luck in middle school, and promised the 3rd and 4th graders they would see them next school year.



Interactors Attend Legislative Session at the Colorado State Capitol

Twenty-six Interactors and faculty sponsors Stacey Hervey and Tess Callinicos were guests of Rep. Christiana Duran and Senator Louise Guzman during a visit to a session of the 2016 Colorado State Legislature. Denver Mile High Rotarians Melanie Gentz, Tom Cella and Pat Gorman Barry joined the students for lunch and a tour of the renovated House and Senate chambers. Representatives from the Governor's office and Rep. Duran's office spoke to the students, and served as role models for them when they talked about their similar backgrounds and their paths to college and government service.

Rep. Duran represents CEC's district, and is very involved with the school. She is an attorney as well as a legislator, and introduced the students on the floor of the House – a prestigious event.

The students were invited to sit with inside the chambers, along the wall, and listened to legislators vote on various bills.



The Interactors also observed Senate hearings from the Senate balcony, including discussion of a bill related to health care for underserved populations and payment for services.



A boxed lunch was served in a legislative committee hearing room, and the students learned about the legislative process from legislative staff members. A member of the governor's office who speaks to groups, told the Interactors that they were the first group she had talked that looked like her (Latino).



Tom led the group on a tour of the renovations Spectrum Contractors had made on the House and Senate chambers.