

Local Community Service Projects – Youth Mental Health



Promoting Resiliency & Wellbeing for Newcomer Youth

- **Challenge** – Youth and adolescent high vulnerability for mental health issues. Newcomer (refugee, migrant) youth particularly vulnerable.
- **Proposed Solution** – Enhance support services for youth and families
- **Project** – Partners with community-based organization serving target population, Muslim Youth for Positive Impact (MYPI), to provide additional support to vulnerable youth and families



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- **Cost - \$6000**
 - Club cash - \$4000
 - Rotarians for Mental Health Grant (\$750)
 - Colorado Psychiatric Foundation Grant (\$1000)
 - Melly Kinnard Grant (\$1000)
 - DMHR foundation unrestricted funds (\$1250)
 - DDF match - \$2000



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- **Grant Funds Supplement Program Services**

- Train **Youth Ambassadors** (4) to provide psychosocial support, 20 hours of training for each participant
- Provide psychoeducational programs (2) to **parent groups** (60 each)
- Provide psychoeducational conference (1) to **community** (600 participants)
- Provide **referrals to licensed clinical therapists** for youth experiencing significant health issues
- Collect stories of resiliency from newcomer youth



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Colorado Refugee Services Program CRSP Mental Health grantees:

- [Aurora Mental Health and Recovery](#)
- Broomfield Resettlement Task Force c/o [Broomfield Community Foundation](#)
- [Jewish Family Service of Colorado](#)
- [Muslim Youth for Positive Impact](#)
- [DiversifiED Consulting c/o Imagination Celebration](#)
- [Roshni](#)
- [United States Committee for Refugees and Immigrants](#)
- [University of Colorado Immigrant and Refugee Program, School of Medicine](#)
- [Village Institute c/o Barton Institute for Community Action](#)