



Be a gift to the world



Denver Mile High Rotary where commitment and service rise above the mountain tops

## President's Column:

November 17th, 2015

Denver Mile High Rotary

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[Rotary District 5450 Website](#)

[Rotary International Website](#)

This week marks our last regular meeting for November. Please mark your calendar for November 25th because we will be dark for the Thanksgiving Holiday. We have another exciting meeting planned for this week. We will be joined by our partners from Food for Thought. We will be inducting a new member. Our guest speaker this week is David Gasper. David is Principal City Planner for the City and County of Denver and his presentation is entitled, "The Mall Experience: The Future of Denver's 16th St. Mall."

We will have our annual Club Holiday Party on December 6th at 5 PM. Sarah Hite will be our host.

Last thought for this week - Please consider joining us at the Annual R.I. Presidents Dinner which will be held on January 9th. This is your opportunity to meet R. I. President Ravi Ravindran here in Denver. Registration is available on the District 5450 website. In order to encourage participation at this event our Club will subsidize the cost of attending. Further details will be forthcoming.

Bob Kemp  
Denver Mile High Rotary  
President  
2015-2016



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WHAT WOULD IT TAKE TO CHANGE THE WORLD?

ROTARY'S 1.2 MILLION MEMBERS  
BELIEVE IT STARTS WITH A COMMITMENT

**SERVICE ABOVE SELF**

## Denver Mile High Rotary Upcoming

### Programs

**November 18th** - In the 1970's the creation of the 16th Street Mall changed the core of downtown Denver. The creative pedestrian/shuttle mall has many benefits and some challenges. David Gasper will our guest speaker. David is Principal City Planner for the City and County of Denver and his presentation is entitled "The Mall Experience: The Future of Denver's 16th St. Mall." This is another excellent meeting to invite a guest.

**November 25th** -Dark at University Club (Thanksgiving week)

**December 2** - Everyone in our club is aware of Rotary International's long term commitment to end polio worldwide. With that goal finally within our reach, our own Dan Himelspach, End Polio Now Zone 27 Coordinator, will show us where we are now and what Rotary International plans to do to help eradicate this devastating disease.

**December 9** - Dr. Li Xin Zhang will be our guest speaker. Dr. Zhang is one of the most renowned experts in the world on acupuncture. While some of us have experienced acupuncture treatments, many have not. Dr. Zhang will enlighten us by addressing some of these common question: "What is Acupuncture?", "How does it work?", "What causes humans to be sick and why?", "What is the great part of Western medicine?", "What kind of problems can be helped with Acupuncture?", "Why Acupuncture is so good in healing." "How to have a better and healthy life."

Here are some creative ways to use it your King Soopers Card:

- Buy it as a gift: College kids, newlyweds and new parents appreciate groceries!
- Use it to buy supplies for special events; like bbq, mini-dinners or fundraisers.
- Purchase two, one for you and your spouse so that you always have it handy.
- Leave it in your car next to your re-usable bags, so you can grab both on the way out!



Every little bit adds up to funds that our club can use to treat guests or have events.

Thanks for your support!

Contact Sarah Hite at [schite2000@yahoo.com](mailto:schite2000@yahoo.com) or  
Heidi Restarits at [Heidi.rr@gmail.com](mailto:Heidi.rr@gmail.com)



## Weekly Inspirators, Greeters & Hosts

**November 18th -**

**Inspiration** - Karl Paulson

**Greeters** - Adams Price and Heidi Resetarits

**Host** - Chuck Rudolph

**Rotary Minute** - Paul Anderson

**November 25th -**

Dark -Thanksgiving Break

**December 2nd -**

**Inspiration** - Linda Sue Shirkey

**Greeters** - Roberta Simonton and Vass Sirpolaidis

**Host** - Greg Smith

**Rotary Minute** - Betty Speir

**December 9th -**

**Inspiration** - Jeff Sprole

**Greeters** - Robin Springer and Michael Tapp

**Host** - Greg Thielen

**Rotary Minute** - Ann Tull

**December 16th -**

**Inspiration** - Tony Vaida

**Greeters** - Sonny Wiegand and Diane Wilson

**Host** - Chris Wong

**Rotary Minute** - Paul Anderson

**December 23rd -**

Dark -Holiday Break

**December 30th -**

Dark -Holiday Break



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## Thanksgiving Baskets



The C.E.C. Interact Club will be assembling 10 Thanksgiving baskets at their meeting Thursday, November 19 for deserving families whose kids attend the Career Education Center. Members would be delighted if you could bring items they could include.

**Suggestions: stuffing, canned corn, dressing, cranberry sauce, cornbread mix, potatoes/yams, canned gravy, pie ingredients, applesauce, and beverages.**

Come visit sometime between 3:00 – 4:00 on a Thursday afternoon. You'd be very impressed by these terrific high school kids.

**Please bring canned goods tomorrow  
November 18th**

## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

### Denver Mile High Rotary Calendar

**November 20th** - Movember Rolling for Rotary Fundraiser hosted by Rotary Club of Five Points. Go [here](#) to purchase tickets and info.

**January 9th** - Presidents Dinner

**January 16th** - Grants Qualification Training

**February 6th** - Rotary Leadership Institute

**March 11th - 13th** - PETS

**April 2nd** - Rotary Leadership Institute

**April 22nd - 24th** - District Conference

**May 28th - June 1st** - International Convention - Seoul, Korea

## State of the State Luncheon

### December 10th 12-1:30 PM

### Hyatt Regency Denver Tech Center



Colorado Rotary District 5450 Presents:  
9th Annual State of the State Luncheon



Colorado Rotary District 5450 and the Rotary Club of Denver Southeast invite Rotarians, Guests, Business Leaders, Elected Government Officials, and Prospective Members

#### Speakers Include:

John Hickenlooper, Colorado Governor (Invited Honorary Chair)  
Katherine Switz, Senior Program Advisor for the Bill and Melinda Gates Foundation  
Katherine will share her experiences living with mental health conditions while serving in management and senior executive positions with McKinsey & Company, General Electric, Unitus, and the Initiative for Global Development.  
Cheryl Preheim, Channel 9 News, Emcee

**Thursday, December 10, 2015 | 12:00pm - 1:30pm**

Hyatt Regency Denver Tech Center  
Registration: 11:30am - 12:00pm | Lunch and Program: 12:00pm - 1:30pm |  
Mental Health Expo 11am - 11:55am and 1:30pm - 2:30pm  
Registration Information to follow

This year's luncheon, emceed by Cheryl Preheim Channel 9 News, will include a report on the State of the State, with a focus on the challenges mental illness creates in our community, and what can be done to address these challenges.

For more information:  
John Hughes - J.hugh63@gmail.com  
Cheryl Radke - radke6775@msn.com

PRESENTED BY  
ROTARY CLUB OF DENVER SOUTHEAST  
ROTARY DISTRICT 5450

This year's luncheon, emceed by Cheryl Preheim Channel 9 News, will include a report on the State of the State, with a focus on the challenges mental illness creates in our community, and what can be done to address these challenges.

Before and after the event the Rotary Mental Health Expo (information booths). It is a great opportunity to see what our Mental Health Community is doing today, and also an opportunity for us, and our fellow club members, to look for possible Club projects that can further Mental Health awareness and wellness.

For more information:  
John Hughes - J.hugh63@gmail.com  
Cheryl Radke - radke6775@msn.com

## **RI President's Dinner & Polio Plus Fundraiser January 9, 2016**

District 5450 invites you to hear Rotary International President K.R. "Ravi" Ravindran speak on the **2015-2016 Rotary Theme "Be a Gift to the World"**. In addition Rachel Lonsdale with the Bill & Melinda Gates Foundation will give an update on their **Polio eradication efforts**.

The event will be a fundraiser for the **End Polio Now** campaign, and all net proceeds from the dinner and additional contributions will be matched \$2 to \$1 by the Bill and Melinda Gates Foundation.

**Individuals can register for the dinner for \$65 per person, and tables of 10 can be reserved for \$650.** Click on the **"Register for the Dinner"** link below.

We are asking that everyone make an additional donation to Polio when you register for the dinner. You will be given individual and club credit for your donation.

If you choose to not attend the dinner (or your Club registers for a table) you can still **make a donation to end Polio**. Just click on the **"Donate to end Polio"** link below.

Thank you for supporting this event and helping Rotary achieve it's number one goal:  
End Polio Now!

**[Register For the Dinner](#)**

**[Donate to End Polio Now!](#)**

**Rotary**



## The date and place for your Membership Symposium:

- **Saturday, November 21st**
- 8:00 am - 12:30 pm (check-in starts at 8:00)  
Daniels Fund - 101 Monroe Street - Denver 80206

The purpose is to dive deeper with the attending clubs into membership attraction AND retention/engagement as well as goal setting. We can share trends in membership for North America, our District 5450 and your club. In the meeting, expect help to work with the DMT on realistic and challenging goals.

Can you attend????? Please contact Tom Gregory for more information .



**November 17th**- Chuck Rudolph and Betsy Boudreau No3 -  
**November 23rd** - Diane Messamore  
**November 26th** - Carolyn Schrader

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