



Be a gift to the world

Denver Mile High Rotary

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*Denver Mile High Rotary where commitment and service rise above the mountain tops*

## President's Column:

November 24th, 2015

### A Thanksgiving Message for the Members of Denver Mile High Rotary.

As I sat contemplating what to write for this weeks newsletter I suddenly realized that others had already done my work. Several emails came across my computer this last week that I thought were worth sharing. They speak to the impact that our Club is having in improving the lives of people both locally in our community as well as around the world.

The first item is two recent photos from the village of Apatu, Nicaragua. Recall that DMHR, in partnership with El Porvenir, has an active Global Grant project to provide clean water and improved sanitation to this village. The new water system, funded in part by our Club, has just been comissioned and the photos speak for themselves.



The second item is from a representative of Honor Flight of Northern Colorado. Our Club provides financial support to Honor Flight and to Warriors on Cataract. Both of these organizations provide support to our Veterans.

November 17, 2015

Dear Denver Mile High Rotarians, You are absolutely the champion Rotary Club in Colorado supporting Honor Flight Northern Colorado (HFNC). The \$1000 donation you provided just prior to Veteran's Day brings to SIX the number of veterans who have benefited from your generosity commencing in Spring 2012.

Our organization's success depends on hundreds of volunteers, a large percentage of whom are veterans. Every May and September we charter an airliner to take 125 veterans - WWII, the Korean and Vietnam Wars, and recipients of the Purple Heart for wounds suffered in combat in Afghanistan, Iraq and Somalia - on a two day trip to Washington, D.C. to visit THEIR memorials, at no expense to them. Since September 2008, we have made 15 flights carrying some 2000 men and women who have marched off to war under our Stars and Stripes.



We invite you, your families and friends - especially children and grand children - to attend our next departure event at DIA, Sunday 1 May, 2016, with return Monday evening the 2nd. If interested in doing so, please contact me via gotalife62@msn.com, using "HFNC Departure" as the subject, and I'll provide details and directions to the DV charter terminal.

Mile High Rotarians, I salute you on behalf of the HFNC Board of Officers, and Colorado veterans.

Very respectfully,

Richard "Dick" Life, CAPT, US Navy (Ret) Former Member, HFNC Board  
Estes Park, CO, H970-586-1967

**The last note that I wanted to share is from Stacey Hervey who is the Faculty Advisor to the Interact Club at CEC High School in NW Denver. As most know, the CEC Interact Club is sponsored by DMHR.**

As always, I would like to thank all of you for your dedication to our club. Aracely is doing a great job of leading and I think we are doing much better this year of allocating resources to different projects and narrowing them down. As many of you know, many of our students come from very impoverished backgrounds and still they go above and beyond to enrich the lives of others. I sometimes forget that they really have overcome some hurdles both in their educational preparedness and poverty. I know they would love to tackle every project that comes their way. Most of our students are English Language Learners and even though they have the "capital" needed to be successful, they still need so much extra help navigating rigorous curriculum that is all in English. Although they are strong speakers, they still have to navigate both worlds.

With the new requirements on teachers and the high stakes testing, educators demand many hours after school to make sure students stay on target to graduate and take the high stakes testing that can impact a teacher's career. Thankfully most of our students do a great job of still making time to donate. I will do my part to make sure they don't overcommit and that they also stay on target with their grades. As the end of semester closes, I know we will lose a few who have to dedicate time to their studies. I also just need to make sure that all projects occur after school so I can be respectful of their other teacher's time.

Lee, I can honestly say that sometimes you don't know what you have until it is "gone" but I also know that you will be there if we need you and you leave a strong base! Your commitment to our club has far outweighed our commitment sometimes and yet we have also seen some of our students do amazing things. I sometimes lack in thanking those who have made such strong commitments but please know that you have my utmost respect and dedication for all you have done to make this club strong. As I have said before, I have the joy of seeing so many of our impoverished students in Interact go on to do great things and need to get better at thanking all of our Rotary members for their support. Sometimes you do not see it immediately but know that students from previous clubs still come back and give thanks for the networking and dedication shown by the clubs. The scholarship money for RYLA is truly changing lives and the people who have had the privilege of going come back as true leaders in our community. I hate to say it but this week sometimes does more than a year within our strong school culture in which we pride ourselves on training future leaders.

Thank you all and I hope you have a wonderful Fall break. Just like my students, I take on too much as I truly love what I do. I also teach college courses and am working on starting my own high school. I do not say this other than to let you know that I appreciate all you do for both myself and our kids. Without the support of Lee and Rotary, I probably would have stopped sponsoring the club but a student came to me once and said, "I hate how society feels sorry for me because I am poor. Rotary doesn't feel sorry for me and I like giving to others. It makes me feel important." I know my busy schedule prevents me from truly showing how much I appreciate each and every one of you and I always mean to nominate or thank you through awards.

May you all have a wonderful holiday break and a Thanksgiving that is well deserved and please know how thankful I am for your direction. I look forward to putting Thanksgiving boxes together tomorrow for our students in need. It means even more that you all made this possible.

Stacey Hervey  
Affiliate Professor of Criminal Justice

**Whenever we publically recognize one activity we run the risk of missing another. Very much the case here because Mile High Rotary supports a number of other great projects. Zimbabwe, Nepal, 9 Health Fair and the Harrington Elementary Friday Food Bags come to mind immediately. Polio Plus. The list could go on but you get the point!**

**So what is the point: This is a perfect time to celebrate all the great work done by our Club and the wonderful people who belong to it. We each contribute to the work of our Club in our own way.**

**However you choose to participate – please know that our collective work does make a difference in the lives of the people we serve.**

**My sincere Thanks to all of you. Please enjoy a safe holiday, we look forward to seeing everyone on December 2nd.**

**Bob Kemp  
President  
Denver Mile High  
Rotary  
2015-2016**





WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS  
BELIEVE IT STARTS WITH A COMMITMENT

**SERVICE ABOVE SELF**

## Denver Mile High Rotary Upcoming

### Programs

**November 25th** -Dark at University Club (Thanksgiving week)

**December 2nd** - Everyone in our club is aware of Rotary International's long term commitment to end polio worldwide. With that goal finally within our reach, our own Dan Himelspace, End Polio Now Zone 27 Coordinator, will show us where we are now and what Rotary International plans to do to help eradicate this devastating disease.

**December 9th** - Dr. Li Xin Zhang will be our guest speaker. Dr. Zhang is one of the most renowned experts in the world on acupuncture. While some of us have experienced acupuncture treatments, many have not. Dr. Zhang will enlighten us by addressing some of these common question: "What is Acupuncture?", "How does it work?", "What causes humans to be sick and why?", "What is the great part of Western medicine?", "What kind of problems can be helped with Acupuncture?", "Why Acupuncture is so good in healing." "How to have a better and healthy life."

Here are some creative ways to use it your King Soopers Card:

- Buy it as a gift: College kids, newlyweds and new parents appreciate groceries!
- Use it to buy supplies for special events; like bbq, mini-dinners or fundraisers.
- Purchase two, one for you and your spouse so that you always have it handy.
- Leave it in your car next to your re-usable bags, so you can grab both on the way out!



Every little bit adds up to funds that our club can use to treat guests or have events.

Thanks for your support!

Contact Sarah Hite at [schite2000@yahoo.com](mailto:schite2000@yahoo.com) or

Heidi Restarits at [Heidi.rr@gmail.com](mailto:Heidi.rr@gmail.com)

By using our King Soopers gift cards the month of October, our treasurer Adams deposited \$367.81 for our Club! Thank you all. It's such a great money maker and so easy to use. I have more cards to sell. Although they have \$5.00 on them, add more, and they become a fantastic Christmas present either for a family member or for a casual gift!!

## **Weekly Inspirators, Greeters & Hosts**

**November 25th -**

Dark -Thanksgiving Break

**December 2nd -**

**Inspiration** - Linda Sue Shirkey

**Greeters** - Roberta Simonton and Vass Sirpolaidis

**Host** - Greg Smith

**Rotary Minute** - Betty Speir

**December 9th -**

**Inspiration** - Jeff Sprole

**Greeters** - Robin Springer and Michael Tapp

**Host** - Greg Thielen

**Rotary Minute** - Ann Tull

**December 16th -**

**Inspiration** - Tony Vaida

**Greeters** - Sonny Wiegand and Diane Wilson

**Host** - Chris Wong

**Rotary Minute** - Paul Anderson

**December 23rd -**

Dark -Holiday Break

**December 30th -**

Dark -Holiday Break



## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

### Denver Mile High Rotary Calendar

**December 25th** - Fellowship evening at Tengu. Join DMHR at 6:30 at Tengu.

**December 6th** - Holiday Party at Sarah Hite's home.

**December 10th** - State of the State Luncheon: Rotary and Mental Health

**January 9th** - Presidents Dinner

**January 16th** - Grants Qualification Training

**February 6th** - Rotary Leadership Institute

**March 11th - 13th** - PETS

**April 2nd** - Rotary Leadership Institute

**April 22nd - 24th** - District Conference

**May 28th - June 1st** - International Convention - Seoul, Korea

## State of the State Luncheon

**December 10th 12-1:30 PM**

**Hyatt Regency Denver Tech Center**



Colorado Rotary District 5450 and the Rotary Club of Denver Southeast invite Rotarians, Guests, Business Leaders, Elected Government Officials, and Prospective Members



#### Speakers Include:

John Hickenlooper, Colorado Governor (Invited Honorary Chair)  
Katherine Switz, Senior Program Advisor for the Bill and Melinda Gates Foundation  
Katherine will share her experiences living with mental health conditions while serving in management and senior executive positions with McKinsey & Company, General Electric, Unitus, and the Initiative for Global Development.  
Cheryl Preheim, Channel 9 News, Emcee

**Thursday, December 10, 2015 | 12:00pm - 1:30pm**

Hyatt Regency Denver Tech Center

Registration: 11:30am - 12:00pm | Lunch and Program: 12:00pm - 1:30pm |

Mental Health Expo 11am - 11:55am and 1:30pm - 2:30pm

Registration Information to follow

This year's luncheon, emceed by Cheryl Preheim Channel 9 News, will include a report on the State of the State, with a focus on the challenges mental illness creates in our community, and what can be done to address these challenges.

For more information:  
John Hughes - J.hugh63@gmail.com  
Cheryl Radke - radke6775@msn.com

PRESENTED BY  
ROTARY CLUB OF DENVER SOUTHEAST  
ROTARY DISTRICT 5450

This year's luncheon, emceed by Cheryl Preheim Channel 9 News, will include a report on the State of the State, with a focus on the challenges mental illness creates in our community, and what can be done to address these challenges.

Before and after the event the Rotary Mental Health Expo (information booths). It is a great opportunity to see what our Mental Health Community is doing today, and also an opportunity for us, and our fellow club members, to look for possible Club projects that can further Mental Health awareness and wellness.

**For more information:**

**John Hughes - J.hugh63@gmail.com**

**Cheryl Radke - radke6775@msn.com**

## **RI President's Dinner & Polio Plus Fundraiser**

### **January 9, 2016**

District 5450 invites you to hear Rotary International President K.R. "Ravi" Ravindran speak on the **2015-2016 Rotary Theme "Be a Gift to the World"**. In addition Rachel Lonsdale with the Bill & Melinda Gates Foundation will give an update on their **Polio eradication efforts**.

The event will be a fundraiser for the **End Polio Now** campaign, and all net proceeds from the dinner and additional contributions will be matched \$2 to \$1 by the Bill and Melinda Gates Foundation.

Individuals can register for the dinner for \$65 per person, and tables of 10 can be reserved for \$650. Click on the ["Register for the Dinner"](#) link below.

We are asking that everyone make an additional donation to Polio when you register for the dinner. You will be given individual and club credit for your donation.

If you choose to not attend the dinner (or your Club registers for a table) you can still make a donation to end Polio. Just click on the ["Donate to end Polio"](#) link below.

Thank you for supporting this event and helping Rotary achieve it's number one goal:  
End Polio Now!

**[Register For the Dinner](#)**

**[Donate to End Polio Now!](#)**



November 26th - Carolyn Schrader

# Rotary



# Denver Rescue Mission Adopt-A-Family Sponsorship.



In lieu of our Villa Park Holiday Party, and in the spirit of the Holidays, this year the Denver Mile High Rotary Club will adopt a family through the Denver Rescue Mission to provide presents and traditional holiday items to a homeless or struggling family identified through the Denver Rescue Mission. This will be the 24th year that the Denver Rescue Mission has run the program where its most trusted members step forward to nominate needy families to receive Christmas (or other holiday) gifts from generous sponsors, like Denver Mile High Rotary. We have requested a large family, because they are the hardest to place with a sponsor.

**The Family:** The Nellis - Martinez family was nominated by a social worker at Whittier Elementary School as a family in need of help this Holiday season. This family has 2 adults and 5 children ages 13 years to 7 months.

## How you can help:

- 1) We are asked to deliver 2 or more gifts per family member (a clothing item and another item).
- 2.) Please sign up to purchase and wrap one or more gifts for members of our adopted family. You can sign up for more than one item, if you would like. The requested items are pretty simple and available at most department or discount stores.
- 3.) **Be sure to e-mail Michael Tapp at [michael.tapp@wellsfargo.com](mailto:michael.tapp@wellsfargo.com) which gift(s) you are committing to purchase, wrap and bring to an early December Rotary meeting. Michael will coordinate who is buying what for whom, so we do not duplicate gifts for any single family member and lack a gift for someone else.**
- 4.) Please use the NellisFamilyWishlist as a guide for what each family member would like to receive. It includes detailed descriptions of each family member and their desired gift to help you purchase exactly what is needed.
- 5.) Please neatly WRAP your gift and label it with the appropriate name of the recipient.
- 6.) Michael Tapp will collect the wrapped gifts at our regular meetings on December 2nd and 9th; you can also bring them to our Holiday party on December 6th at Sarah Hite's home.
- 7.) We will deliver the gifts to the Nellis-Martinez family on December 12th (time to be determined). If you are available to help deliver our gifts, please let Michael Tapp know. We have a Santa suit available for anyone interested in playing that role. It would be great to see the expression on the kids' faces when Santa arrives with presents for all!

Please see November 18th email for WishList and Sponsor obligations.



# Denver Mile High Rotary Sponsors

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## Personal Sponsors of the Denver Mile High Rotary Foundation

**Michael Tapp**...DMHR member since 2000, Chairman Local Community Service

**Roberta Simonton**....DMHR member since 2009