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Denver Mile High Rotary

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Denver Mile High Rotary where commitment and service rise above the mountain tops

President's Column:

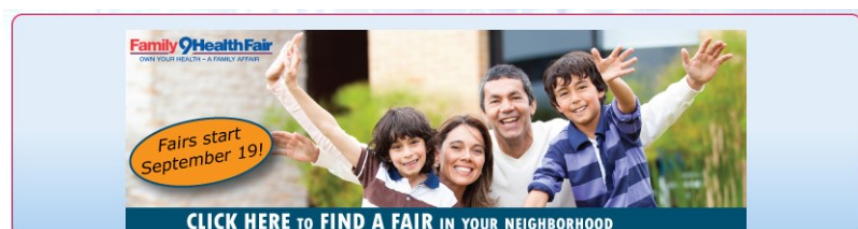
September 29, 2015



Bob Kemp
Denver Mile High
Rotary President



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Denver Mile High Rotary Upcoming

WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT

SERVICE ABOVE SELF

Programs

Sept. 30th Mike McPhee will join us to discuss his new book, "Dana Crawford -- 50 Years of Saving the Soul of the City." Ms. Crawford is a living legend in Denver. Mike will help us learn more about this award-winning preservationist who continues to play a major role in the redevelopment of the heart of the city. (Constance Mortell will host.)

Oct 7th - Will be at the CEC, as is our custom, to enjoy breakfast and share time with the students. (Lee Mulberry will host.)

October 14 Gayle Lehrmann will be our guest. She is a former long-time member of our Club and many of you will know her. Gayle will talk with us about an interesting program called, "Peaceful Schools," that has been rolled out in the District.

October 21 We have all heard about the dramatic decline of bees and the potentially major consequences on crops and other plants. Amanda Accamando, the head of the Education Department at Hudson Gardens will be our speaker. Amanda is an advocate for beekeeping in Colorado and runs the community Apiary at Hudson Gardens. (Heidi Resetarits will host.)

Don't forget to load up your King Soopers Gift Card! Here are some creative ways to use it:

- Buy it as a gift: College kids, newlyweds and new parents appreciate groceries!
- Use it to buy supplies for special events; like bbq, mini-dinners or fund-raisers.
- Purchase two, one for you and your spouse so that you always have it handy.
- Leave it in your car next to your re-usable bags, so you can grab both on the way out!

Every little bit adds up to funds that our club can use to treat guests or have events. Thanks for your support!

Contact Sarah Hite at schite2000@yahoo.com or
Heidi Restarits at Heidi.rr@gmail.com



Weekly Inspirators, Greeters & Hosts

September 30th -

Inspiration - Greg Theiland

Greeters - Ann Tull and Tony Vaida Host -

Sonny Wiegand

Rotary Minute - Chris Wong

October 7th -

Inspiration - Betty Speir

Greeters - Ted Hendryx and

Robin Springer

Host - Jeff Sprole

Rotary Minute - Michael Tapp



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October 14th -

Inspiration - Elizabeth Daigle

Greeters - Bill Elfenbein and Kevin

Galloway Host - Kim Gardner

Rotary Minute - Don Garretson

October 21st -

Inspiration - Paul Anderson

Greeters - Pat Gorman Barry and Kurt

Bartley Host - Zig Berzins

Rotary Minute - Brandon Blankenship

October 28th - Dark

Area Assembly on the 29th.

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

October 6th - Trivia night at Park House with Rotary Alumni
8:00pm

October 7th: Breakfast Meeting at CEC.

October 10th - Ride to End Polio Fall Bike Ride \$25 donation to End Polio Now

October 13th: Regular Club Board Meeting

October 17th - Rotary Leadership Institute

October 17th - 9 Health Fair 6:00 AM to 12:30 PM there will be another Fair at Barnum Recreation Center.
To sign up Follow this link

<http://www.9healthfair.org/Login.aspx?ReturnUrl=%2fVolunteer%2fVolunteerLoginSignUp.aspx+to+sign+up+for+the+Barnum+Recreation+Center>

October 29th - Area 1 Assembly

November 14th - Rotary Leadership Institute

January 9th - Presidents Dinner

January 16th - Grants Qualification Training

February 6th - Rotary Leadership Institute

March 11th - 13th - PETS

April 2nd - Rotary Leadership Institute

April 22nd - 24th - District Conference

May 28th - June 1st - International Convention - Seoul, Korea

Save the Date - October 10th Fall Bike Ride– Ride to End Polio!



The Denver Mile High Rotary club will have a Fall
Bike Ride

All Monies raised will go toward - End Polio Now \$25 Donation

We will meet at 10:00am at 55th Pl and Lowell Denver, CO

Ride the Clear Creek Trail to Golden, CO 12 miles

Lunch in Golden about 11:30 @ Bridgewater Grill

Once we all gather and leave it will take about 45 min to get back to
55th and Lowell

[Tickets Available](#)
[CLICK HERE](#)



Family 9HealthFair

OWN YOUR HEALTH – A FAMILY AFFAIR

Endorsed by the Colorado Medical Society, the Colorado Nurses Association,
and the Colorado Hospital Association.

Site Information

When: On Saturday, October 17th

Where: Barnum Recreation Center
(6th Ave & Knox Ct)

From: 6:00 AM to 12:30 PM

Health Fair provides affordable and convenient Health screenings

Sign up to volunteer at- <http://www.9healthfair.org>

&

Create an account and Search for Barnum Recreation Center under Volunteer Login Sign Up

Based on the most current research findings, the 9Health Fair Medical Advisory Committee has determined that fasting is not required (optional) for blood screenings.

People with diabetes should not fast • Check with your medical provider for specific recommendations
Drink plenty of water & continue to take prescription medications • Must be 18 years or older to participate



For more information:
303-698-4455 or 1-800-332-3078
www.9HealthFair.org



Be a trivia buff and share your brain power at the District Alumni Group Trivia Night!

When: October 6 8:00pm

Where: [Park House Tavern](#)

Why: This is fundraiser for the End Polio Now campaign, and it's also a great way to support our past and present scholarship organization.

Who: Anybody! The more the merrier and better for the fundraiser. Each person that participates donates money to End Polio Now as well as has a chance to win a cash prize!

Contact Heidi Resetarits to join the Denver Mile High Trivia team! heidi.rr@gmail.com, [303-668-9272](tel:303-668-9272)



October 7th - Carolyn Nobel

October 8th - Kevin Gallaway

October 25th - Heidi Restarits

November 17th - Elizabeth Boudreau

November 17th - Chuck Rudolph

November 23th - Diane Messamore



Denver Mile High Rotary Sponsors

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Roberta Simonton....DMHR member since 2009