	Rotary Club of	Central Melbourne	-Sunrise	
		eBulletin		
Reach Within to Embrace Humanity	Satu	rday, November 26, 2011	Club Web Site	
Editor: Rebecca RIEBELING If you have any comments or questions, email the editor.	Upcoming Even	t: November 29, Guest s	Speaker, Ms Bev Brown	
	The Secret Lives	of Bats		
Future Speakers	Boy has registe	red animal care enclosur	es in her suburban home and h	as over the last ter
Nov 29 2011 Ms Bev Brown "The Secret Lives of Bats"	Bev has registered animal care enclosures in her suburban home and has over the last ten years as a volunteer and team leader been involved in rescuing and caring for an incredible range of species, mostly very young, including wombats, lizards, kangaroos, cormorants, tawny fragmentee magning, wood, ducke, Dacific black, ducke, sugar, gliders, and particularly.			
Dec 6 2011 John Liddell	frogmouths, magpies, wood ducks, Pacific black ducks, sugar gliders and particularly endangered species like flying foxes (bats).			
"Repowering Australia: a blueprint for a safer future"	 Duty Roster 29th November 2011 by STEVENS, Kay Note: Duty people are expected to be on duty at RACV at <u>7am</u> as many guests start arriving from this time. Please note; if unable to attend please arrange to swap your role with another member. 			
Dec 13 2011 Assistant Commissioner Andrew Crisp "My Policing Career – Highlights and Challenges"				
Dec 27 2011				
No weekly meeting		Chairperson	Robin Stevens	
Christmas Break	_	Sergeant	Edward Stockdale	
Jan 3 2012		Reporter	Allan Driver	
No weekly meeting Christmas Break		Greeter	Keith Frampton	
Jan 31 2012	-	Photographer	Peter Lake	
Professor Danny Samson "The future of local manufacturing – who cares?"		Door	Koren Harvey	
Upcoming Events				

Royal Botanic Gardens Cranbourne Nov 27 2011

Club Christmas Party Dec 20 2011 - Dec 20 2011

Steam Rally with Rotary Club of Echuca Moama Jun 9 2012 - Jun 11 2012

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Meeting Report, Tuesday 22nd November

by RIEBELING, Rebecca



Pictured: Guest speaker Debra Maiden and Past President Anne King

Chairperson Anne King opened the meeting with the loyal toast and rotary grace and welcomed the guest speaker Ms Debra Maiden.

Annual General Meeting

Secretary Neil Salvano conducted the Annual General Meeting.

- 1. Minutes of the November 2010 AGM were confirmed.
- 2. The Audited Financial Report for the year ended June 30, 2011 were approved and adopted.
- 3. The officers and directors for the 2012-23 Rotary Year were accepted:
 - O President-Elect: Kay Stevens;
 - O Vice-President: Tom Callander;
 - O Secretary: Neil Salvano
 - O Treasurer: Bernie Gerlinger
 - O Immediate Past President: Kevin Walklate
 - O Directors: Roy Garret, Koren Harvey, Doug W Robertson, Kerstin Steiner, Mik Wells
- 4. Darren Park was confirmed as Honorary Auditor for 2012-13.

Sergeant's Session

The theme of sergeant Ed Stockdale's session was diamonds. All women and men wearing diamonds were asked to contribute. Questions ranged from national sports teams, James Bond actors, to the best colour and carat.

General Announcements

Paul Maguire reminded members of Sunday's Picnic in the Royal Botanical Gardens and announced the club's Christmas Party would be held on 20th December. Please contact Paul if you would like to be part of the entertainment for the Christmas meeting.

Anne King thanked club members John Meehan, Brian Downie, Dick Mitchell, Keith Frampton, Herb Greenwood, Barry Tassell, Doug Robertsons and Marjorie Gerlinger for their assistance with the Paul Harris Breakfast and Kevin Love for organising the guest speaker.

Alan Seale reminded members that the Community Village would commence on Friday night. Marquees were yet to arrive, however if they are not secured by the end of the week there is an option to borrow marquees. A meeting of the Community Village team was scheduled following the club meeting.

President's Annoucements

- President Kevin advised that leaflets were available for Mountain Valley Christmas Cakes
- 130 red and blue bags for Christmas Hampers were available and members were encouraged to take 2 to 5 bags and returned filled bags at the Christmas Meeting. Marjorie Gerlinger encouraged members to pass the Christmas Hamper Appeal flyer around to friends and family for contributions.
- Paul Maguire was thanked for organising the Western Treatment Plant visit last week.
- Members were invited to a RYLA dinner to be held on Thursday 1st December. Interested attendees are asked to advise Kevin by Monday 28th November

Guest Speaker

Anne advised members that this was the second year that non-sworn members had been included in the Police Mentoring Program. Debra Maiden has been working with Victoria Police for the last 5 years in health and safety which is her passion and area of expertise. Debra commenced her presentation with a short DVD which had been created to foster engagement in the importance of health and safety for police members. There were too many members being injured (1,800 each year) and a general acceptance that this was part of the job. The Victoria police protects 5 million Victorians, has 14,000 employees working at over 500 worksites in four regions with 80 health, safety and wellbeing consultants. Five years ago the force was going through a change of leadership and direction and there was a level of dissatisfaction with safety performance. There was a general cultural acceptance that police undertook dangerous work and a belief in tried and true approaches. The main injury types for police officers are sprains and strains related to arresting offenders, and anxiety, depression and post traumatic stress. The aim was to create awareness of the types and locations of injuries and shift the degree of acceptance. A three pronged approach was used:

- 1. Change Management with a focus on the top 200 in the organisation
- 2. The implementation of Risk Management processes; and
- 3. System Management systematically integrating safety into day to day activities

The Corporate Committee were engaged in driving this approach. The vision was 'Protect Our People' and the goals to:

- have no injuries leading to a fatality
- cut injuries by 50%
- cut shifts lost by 40%
- improve wellbeing; and
- have audited systems, scored and compared

To harness the energey, people were organised under seven enablers:

1. Leadership

- 2. System
- 3. Operational risk reduction
- 4. Stress risk reduction
- 5. Improving return to work
- 6. Building prevention capability; and
- 7. Strengthening safety expertise

The goals were promoted across the organisation and resulted in regional leaders. The focus of the last 5 years has produced results including: a 40% reduction in injuries; 2,600 fewer people injured; and 19,000 shifts saved all while employee numbers are increasing. This has flow on effects to other savings such as insurance premiums. Debra feels this demonstrates they are on the right track, but there are still challenges. There are still too many injuries. A different style of leadership is required, the traditional command and control culture makes it difficult to promote situational leadership. Investigations post injury or incident need to focus more on finding the true cause not apportioning blame. The tolerance to injury and managing community expectations in relation to policy bravery versus the need to manage risk also remains a challenge.

Questions following the presentation covered the statistical analysis of injuries, the links into performance management and whether women in the force were seen to have an influence on the community or suffered more stress. Debra advised that initially women appeared to have an influence on offenders but now were generally seen by the community as a uniform. Stress levels were proportinately the same between male and female officers, however members serving 16-20 years suffered higher instances than the general population.

Anne King thanked the guest speaker and presented her with boxed soap from East Timor then handed the meeting to President Kevin to close the meeting. Kevin asked club members to reach within to embrace humanity in all they do this week.

First Class Treatment by LOVE, Kevin



On Friday November 18th, approximately 20 members, partners and friends of the Club undertook a vocational visit to the Western Treatment Plant at Werribee.

Run by Melbourne Water, the Western Treatment Plant treats about 60% of Melbourne's sewage, (about 160 billion litres a year). It serves about 1.6 million people in the central, northern and western suburbs.

The plant has evolved from a low tech land and pasture based treatment system to a highly sophisticated operation. At the same time, automation and contracting out has meant that only 6 staff are required to now operate the plant compared to the hundreds of earlier decades.

Melbourne has two important pieces of infrastructure put in place in the 19th century and still crucial today – our system of closed catchments for water supply in the mountains to its east and the sewerage system. The Western Treatment plant's origins can be traced back to 1888 when a Royal Commission into Melbourne's public health led to a proposal for the development of a sewage farm to treat Melbourne's waste. Previously, Melbourne's sewage was collected in open drains and discharged into the Yarra River and Hobsons Bay.

A major upgrade of the plant (completed in 2005) has significantly reduced the amount of

nitrogen in the treated effluent that is discharged to Port Phillip Bay and significantly increased the amount of high quality recycled water available. It has also improved the ability to capture biogas to generate electricity, markedly reducing greenhouse gas and odour emissions in the process. The tour group saw new works to enhance this system.

The plant is about 10,500 hectares in area and supports a thriving agricultural enterprise using recycled water from the plant. A large part of the area is now managed for conservation purposes – it is a haven for tens of thousands of birds many of whom migrate each year from the northern hemisphere – from as far away as Siberia. The plant is regarded as an internationally significant wetland.

The tour was able to see at first hand the range of bird life, including large groups of Pelicans as well as experiencing a spectacular lightning show from across Corio Bay and the You Yangs.

The visit was organized for the Vocational Committee by Frank O'Brien who was given a vote of thanks from all those attending for putting together a great day which enabled us to see parts of the plant not usually available to the public.

Early Bird Conference Sign-ups close Friday Dec 9

by THOMAS, Tony

The countdown is nearing for signing up for the 2012 District Conference at the Melbourne Exhibition Centre. The conference is from Friday March 9 to Sunday March 11, with a 'family day' at Polly Woodside on Monday March 12. But if you enroll before December 9, you not only get the early bird rate (\$450 per person instead of \$495) but you are eligible for a lucky-draw for a heap of prizes. These prizes range from a weekend getaway for two at the Hilton, Melbourne, to an Ipad 2 and cases of fine wine. Enroll online at www.2012melbourne.com.au or you can download the form and post it.

The conference organisers have obtained a large number of special packages at Melbourne hotels and motels for those of us who want a full weekend out of the house. The rates range from \$320 per night (Crown Towers 5 star) to as low as \$115 per night for some nearby less-lavish hotels. The weekend is a chance for us to get away from routine and discover our own city, whose attractions we take so much for granted. The full conference program is now available and the speakers look terrific:

- Q&A with Tony Jones as compere. The panel includes Chief Commissioner of Police Ken Lay, ethicist Dr Simon Longstaff, ex-Senator Amanada Vanstone and Linfox chairman Peter Fox
- Major General Professor Jeffrey Rosenfeld presents "My life as a neuro-surgeon"
- How the Royal Children's Hospital separated the conjoined twins Krishna and Trishna (a video story

)

- The Vocational Training Team's work in Timor Leste
- Daniel Grollo talks on "Homes for the Homeless". This is about the Elizabeth Street Homeground Tower which our club toured a year ago
- Iron ore billionaire Twiggy Forrest and his social work in WA
- Jeff Kennett speaks on "Lessons learned, the hard way"
- Professor Tony Costello on "The big issues in women's and men's health today"

That's just a sample!

The social and entertainment side is also spectacular. In music, it includes the Victoria Police Showband; and singers Jonathan Welch, the Jazz Singers from Princes Hill College and the Choir of Hope and Inspiration. For the gregarious there's the opening gala cocktail party, the gala dinner, and for families, Monday March 12 partying and strolling around the river with the Polly Woodside schooner as the focal point.

While great speakers and socialising are the mainsprings of the conference, the event is also important to showcase Rotary and its achievements to Melbourne and the nation. Many charities and volunteer groups are associated with the event, and you can count on getting a shot of passion and inspiration for services to the community. Another benefit is to catch up with Rotarians from a host of other clubs and swap notes about who's doing what, and what can be done better. Naturally the conference is unusual for us Melbournians as we normally go 'out of town' for the annual conferences. Last March, 10 of our club members went to the Adelaide conference. Having it at our doorstep in 2012 makes it convenient and economical!

Charles Dickens 'A Christmas Carol'

by SALVANO, Neil

Eagle's Nest Theatre are putting on a magical Christmas production of the famous Charles Dickens 'A Christmas Carol' at the iconic Athenaeum Theatre, 188 Collins Street, Melbourne from 8th-11th December 2011.

Andi Snelling, a former Rotary Youth Exchange Student, has extended an invitation to the Rotary Club of Central Melbourne Sunrise to reconnect with family and friends and fall in love with this original Christmas story as you've never experience it before.

Full information can be found at www.charlesdickensperforms.com. Tickets can be purchased via ticketek or by calling The Athenaeum on (03) 9650-1500.