



## WHAT'S IN THIS BULLETIN

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### 23rd MAY 2017:

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## GUEST SPEAKER NEXT MEETING

Solomon Hanks

*"Soldier On: Helping Our Wounded Warriors"*

Soldier On's mission is to achieve the best reintegrated generation of serving and ex-serving men and women in Australia's history.

To achieve this, Soldier On supports those who have served by focusing on their physical and mental health, their families, their communities, and their futures. 72,000 Australians have served in the Australian Defence Force since 1990, and thousands will be affected by their service, whether physically or psychologically.

Soldier On provides a suite of services and access to partner organisations to meet the needs of our wounded so that they can start their journey on their road to recovery.

Soldier On supports anyone who has served Australia. This includes those who have served as part of the Army, Navy, Air Force, the Department of Foreign Affairs and Trade, the Australian Federal Police, and the Department of Immigration and Border Protection, which includes Australian Border Force.

Solomon is Business Development Manager – Victoria, Soldier On.



## CHANGE-OVER CELEBRATION 30th JUNE



**RSVP by 21st June** please to Paul Fraser; [pjf3000@bigpond.com](mailto:pjf3000@bigpond.com) or phone 0457788753 [advise names attending and dietary preferences]

Payment options:

- TryBooking: <https://www.trybooking.com/284022>
- Direct Deposit to Westpac Account 791085 BSB 033 000 - use surname please
- Credit Card - on form as received by post.

## **Meeting Responsibilities**

*Chair*  
O'BRIEN, Frank

*Greeter*  
SEALE, Alan

*Reporter*  
SOROS, Rob

*Photographer*  
THORNTON, Roger

*Door*  
WILLIAMS, Rohan

*Project Report - International*  
HINES, Rob

*Bulletin Editor*  
JONES, David

## **Upcoming Events**

[Wine and Spirit Auction](#)  
Victoria Tower  
May 20, 2017  
7:30 PM – 10:30 PM

[District Training Assembly](#)  
May 21, 2017  
8:30 AM – 2:00 PM

[Echuca Moama Steam Rally](#)  
Rotary Park  
Jun 10, 2017 – Jun 11, 2017

[Board Meeting](#)  
RACV City Club  
Jun 21, 2017  
5:30 PM – 7:00 PM

[District Changeover Lunch](#)  
RACV City Club  
Jun 25, 2017  
11:30 AM – 3:00 PM

[Rotary Central Melbourne Changeover Dinner](#)  
Jun 30, 2017  
7:00 PM – 11:30 PM

## **Speakers**

May 23, 2017  
[Solomon Hanks](#)  
Soldier On: Helping Our Wounded Warriors

[View entire list](#)

**GUEST SPEAKER PRESENTATION 16th MAY**

Posted by Russell ROLLS

**Millie Swann****"It's All About You."**

Millie is an Executive Business Change Strategist & Heart Based Leadership Mentor to CEOs and Executive Decision Makers. She spoke about her new book "Its All About You" - understand how to break unconscious patterning with money, business and relationships.

For business leader's there are many distractions in life. Millie urged us to follow core values – truth and authenticity and to be cognisant of hidden private stress that can impact adversely on business performance and personal interactions.

Beware of cultural breakdowns leading to organisational chaos. Struggling leaders show specific symptoms – no action, overly emotional, confused and stuck, constant exhaustion, massive overwhelm.

To recover from this "struggle" adopt a "one step at a time" approach. Constant small improvements will lead to a positive outcome. "Being real" is critical; the ability to say "no" is an important element of this recovery.

Millie referred to her website ([www.millieswann.com.au](http://www.millieswann.com.au)) where she is making her books available to Members with proceeds going to RCM projects in Laos.

During question time, Tom Callander made an important point that participation in Rotary (or similar social groups) takes away the stress of the high-pressure business environment. It helps to "blow off stress". Millie agreed, this "breaking of the cycle" being an important element of her recovery process.

**PRESENTER DISCUSSION 16th MAY**

Posted by Russell ROLLS

**Tony Thomas, Presenter.****"Aid Efficiency"**

Tony spoke about "AID EFFICIENCY – a global overview". He presented statistics showing the "inefficiency" of poorly targeted global aid agencies (such as the United Nations Development Program). Whereas smaller, targeted agencies (such as the Bill & Melinda Gates Foundation and the **Rotary Foundation**) are able to generate a much greater humanitarian return from the funds spent.

The new UN program from 2016 to 2030 is called Sustainable Development Goals. The inefficiency arises as a result of every form of NGO, charity lobby, pressure group and celebrity getting a look-in, creating a bureaucratic process that ran out of control. The final result was 17 goals and a bloat of 169 targets, 'something for everyone'. The "Economist" magazine mocks it as the UN's 169 commandments.

By way of contrast, the **Rotary Foundation** has not fallen into the UN trap of prioritising everything and nothing, and has just five aid priorities:

- Disease prevention and treatment
- Water and sanitation
- Maternal and child health
- Basic education and literacy
- Economic and community development

Bill and Melinda Gates direct their aid with similar priorities – contraception, vaccination and child nutrition as top priorities.

We can be very proud of the **Rotary Foundation** and the good it is doing around the world from such a relatively small financial base.

In thanking him for his presentation Tony thanked Tony and presented Tony with an abundant posy of flowers.

**DONATIONS IN KIND - WORKING BEE**

Posted by Frank O'BRIEN

We were at 'DIK', West Footscray, for 4 hours last Saturday and a great deal was achieved by a record number of attendees (19) from our Club.

It was very pleasing to see four of our new members at 'DIK' for the first time - Millie Swan, Rana Ebrahimi, Rob Soros and Rohan Williams. Also working were Peter and Sue Duras, Rob and Tess Hines, Herb and Leonie Greenwood, Bruce and Lyn McBain, Pres Justine, DG Neville, Yang Pu, Bruce Heron, David Jones and Frank & Pauline O'Brien. A fantastic rollup.



It was just like an old time party, the girls in one space and the boys in another! There always has to be an exception and David Jones was the one, he provided some flimsy injury excuse and joined the lighter duties, giving the girls a hand. The ladies, 'plus 1', worked quickly unpacking cartons of clothing provided by corporates and sorted them into sizes and repacked into boxes and onto pallets. Meanwhile the guys, 'minus 1', worked systematically stacking school tables, desks and chairs onto pallets which were then plastic wrapped in readiness for the next container. Another team of blokes disassembled desks that were not suitable for export and separated the materials into piles of scrap metal, timber etc.

**Photos in GALLERY below.**

[Read more...](#)

### **FOUNDATION CENTENNIAL CELEBRATION DINNER**



#### **The Rotary Foundation Centennial Celebration – 31 May 2017**

##### **An invitation from 'District':**

The celebration of 100 years of 'doing good in the world' comes only once in a lifetime. The celebration dinner is an opportunity to bring your non-Rotary friends and corporate networks, to see and hear about the work of Rotary. You can now also nominate your club so that you are seated together.

We have added a 'Donate' button to the dinner website so that those who are unable to attend can donate. Further, a bequest campaign for The Rotary Foundation has not been conducted in our district for a very long time and, as you well know, the financial support that the Foundation provides the projects our clubs develop is well spent.

The Foundation deserves consideration of our support both during our lifetime and beyond.

We look forward to seeing you at the dinner. Please ensure that bookings are made via the following website this coming week: <http://rotaryfoundationcentennialdinner.org.au/>

### **ANNUAL ECHUCA STEAM RALLY WORKING BEE**



June 10-11th

Working Bee With Our Sister Club.

Rotary Park, Rose Street, Echuca.

Date for the diary.

Further info closer to date or have a chat with Frank

### **MEETING REPORT 16th MAY**

Posted by Russell ROLLS

President Justine opened the meeting and welcomed two visitors – Julie Cookson and Suvam Ganguli.

Suvam comes from a strong rotary family in India and has been approved by the Board for Induction to RCM next Tuesday, May 23.

Julie has submitted her membership application for consideration by the Board.

#### **Announcements:**

- Herb Greenwood – Herb advised Members that arrangements for the fund-raising **Wine & Spirit Auction** on May 20 were proceeding well. Thirty-six Members have registered to attend. There is an excellent selection of wines and spirits that have been donated for auction. It would be ideal if there we were able to get the attendance above 40. Please contact Herb or Peter Durass for further details.
- Frank O'Brien – Frank reported on the Club's support of International House **Café International** on May 13. It was a "great show" with seven Members/partners attending.
- Frank reported on the **DIK working bee** on the morning of May 13. *See separate report this BULLETIN.*
- Frank advised that 15 Members had registered for the **District Assembly** on May 21 – an excellent "roll-up" from RCM.

- Finally, Frank updated Members on the Club's support for the **Echuca-Moama Rotary Club (one of our "sister" Clubs) steam rally** over the Queen's Birthday Weekend. Volunteers are required to assist with the "Country Kitchen". "Early bird" volunteers will be billeted with Echuca-Moama Members.

**President's Announcements:**

- Justine reminded Members of the **Changeover Dinner** scheduled for June 30. Look out for the flyer at next weeks Meeting.
- Justine advised that Daniel Flynn had been secured as the Speaker at the **Paul Harris Breakfast on November 21**. Daniel Flynn pulled together a group of friends in Melbourne and together turned an idea to launch a line of bottled water that would fund water projects overseas into a reality. Now rebranded as Thankyou, complete with two new ranges: food and body care and today, Thankyou has over 50 products available in 5500 outlets in Australia (including 7 Eleven, Coles and Woolworths). Thanks to Rob Hines for facilitating Daniel's commitment to speak.

**Tony Thomas – Presenter:**

*Please see separate report this BULLETIN*

**Guest Speaker – our own Millie Swann:**

*Please see separate report this BULLETIN*

**The "Swindle"**

Anne King won the right to cut the cards but did not come up with the Joker. [There was some cheering from other members!]

Justine closed the meeting.

**GALLERY**

**THE 'DIK' WORKING BEE**



