



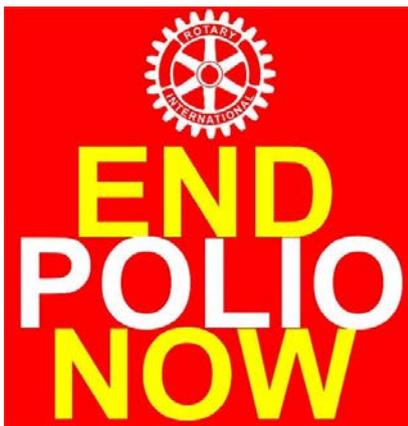
WHAT'S IN THIS BULLETIN

23rd OCTOBER

- **WORLD POLIO DAY**
- **NEXT MEETING - GUEST SPEAKER**
- **DONATIONS IN KIND ("DIK") WORKING BEE**
- **LANEWAY LEARNING CLASS**
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WORLD POLIO DAY

Posted by Frank O'BRIEN



Since Rotary and its partners launched the **Global Polio Eradication** initiative 30 years ago, the incidence of polio has plummeted by more than 99.9 percent, from about 350,000 cases a year to just 22 cases in 2017. To sustain this progress, and protect all children from polio, Rotary has committed to raising US\$50 million per year in support of global polio eradication efforts. The Bill & Melinda Gates Foundation will match Rotary's commitment 2:1. Without full funding and political commitment, this paralyzing disease could return to previously polio-free countries, putting children everywhere at risk.

During our last meeting, I announced **World Polio Day** and referred to our activity, "**Purple Pinkie Day**" as our function and fundraiser at our next meeting on **Tuesday 23rd October**.

NEXT MEETING - GUEST SPEAKER

Posted by Bruce HERON



Mandy Burns – Stakeholder Development BeCollective

"The Rotary BeCollective partnership - Rotary as early adopters"

Be Collective is a social enterprise created by the Wise family is a digital platform designed to mobilize collective goodwill. It is built on the notion that every part of our community has something to offer. It helps to build the capacity of every volunteer and organisation that utilizes volunteers.

Be Collective has a proud and rich heritage with strong local partnerships to deliver powerful outcomes for Australia.

With practical tools to help you find opportunities, manage groups of people as well as run events and projects, Be Collective has something for everyone. Their platform has been created with the whole of the community in mind - with solutions

for changemakers across sectors and communities.

Mandy Burns is Director of Stakeholder Development for Be Collective. A keen advocate for social justice, mobilizing community and supporting children and young people to realize their potential, Mandy is also a registered psychologist. She was the inaugural CEO of Ardoch Youth Foundation, a national charity supporting vulnerable children's learning and wellbeing and has held numerous not-for-profit board roles. Mandy led the networking and support of NFP Women as CEOs and has received recognition for her work through scholarships, the 2009 Victorian Children's Community Award and the 2012 Telstra Business Women's Award for Community and Government in Victoria.

Meeting Responsibilities

Chair
WEBBER, Lynne

Greeter
Pastidio, Lady

Reporter
HERON, Bruce

Photographer
THORNTON, Roger

Door
ROBERTSON, Doug

Bulletin Editor
WILLIAMS, Rohan

Social Media
LIM, Daniel

Upcoming Events

[Social Sunday with Sister Club RC Echucha-Moama](#)
Tooborac Hotel
Oct 21, 2018 12:30 PM

[Purple Pinkie Day - World Polio Day](#)
Oct 23, 2018

['Ignite' Art Exhibition](#)
South Melbourne Town Hall
Oct 25, 2018
6:00 PM – 7:30 PM

[DIK Working Bee](#)
Woolshed 39
Oct 27, 2018
8:45 AM – 12:30 PM

[Laneway Learning Class](#)
Level 3, 37 Swanston St
Oct 28, 2018
2:00 PM – 3:30 PM

[Board Meeting](#)
Nov 14, 2018
5:30 PM – 7:00 PM

[26th Rotary Foundation Paul Harris Breakfast](#)
RACV CLUB
Nov 28, 2018
7:30 AM – 9:00 AM

[Board Meeting](#)
Dec 12, 2018
5:30 PM – 7:00 PM

DONATIONS IN KIND ['DIK'] WORKING BEE

Posted by Russell ROLLS

The International Team has organised another “**working bee**” at Rotary’s Donations-in-Kind warehouse for the morning of **Saturday 27th October**. Please keep this morning free in your diary. This is an ongoing activity and a really “feel good” activity of our club. If you haven’t been to DIK before, it is a massive hive of activity and a real eye opener as to Rotary at work for the local and international communities.

Where : Store 39, 400 Somerville Road, West Footscray

(Parking inside the complex, along side store)

When : Saturday 27th October, 8.45am - 12.30 ish.

Club contact is Russell Rolls

E: rjr@rolls13.com.au



LANEWAY LEARNING CLASS

Posted by Suzette Taylor

Laneway Learning Class - cost \$35.00

Sunday 28th October 2018 2–3.30pm

Level 3, 37 Swanston Street Melbourne

As mentioned in email and breakfast meeting announcements, a social event has been organised for friends and partners of Rotary Central Melbourne members. This is a private class for our group called “**The Essential Writing Workout**”. It will be like a physical workout with a personal trainer but tailored to your ‘brain’. You can read more about Laneway Learning at <https://melbourne.lanewaylearning.com>.

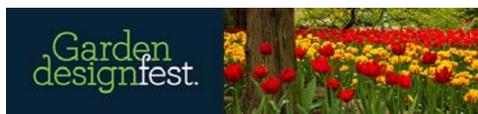
It is an opportunity to connect this group that supports Rotary Central Melbourne and also support this local Not-For-Profit organisation. This private class will be held in the iconic Nicholas Building in the city of Melbourne. It will be followed by some more social time at a nearby venue, Young & Jacksons Hotel.

Please pass on to your partner or friend who supports your Rotary work and ask them to **book no later than Friday 19th October** at suzette.taylor5@bigpond.com.

If your partner or friend can’t attend this one but would be interested in future events, please encourage them to reply to me as well with their email and phone contact.

GARDEN DESIGNFEST

Posted by Roger THORNTON



November 10-11 Ballarat, Bendigo, Kyneton & Macedon 8 gardens
November 17-18 Metropolitan & Mornington Peninsula 21 gardens

RC Central Melbourne responsibility:

- **7 gardens in the Eastern suburbs**
- **Garden Captains already assigned:**
 - Alan Seale, Tom Callander, Doug Robertson, Rob Hines, George Mackey, Frank O'Brien, Roger Thornton
- **Volunteers needed for all these gardens**
 - 2 or 3 per garden, per shift
 - Shifts: 9:30-1:30 & 1:00-5:00 on both Saturday and Sunday

Oct 23, 2018 7:30 AM

[Mandy Burns – Stakeholder](#)



Nov 06, 2018

[NO REGULAR MEETING](#)

Melbourne Cup Holiday

Nov 27, 2018

[NO REGULAR MEETING](#)

26th Annual Paul Harris Breakfast on 28th November

[View entire list](#)

- **Book via *Be Collective***

- 7 Opportunities already set up
- If all else fails contact Roger Thornton

- **Raffle tickets**

- 1 book per RCM member: 20 tickets @\$2 = \$40
- Campbell Chambers will distribute next week

Rotary & Gardens - a great combination

Garden designfest

Special offer to Rotary Members

In appreciation of your support this year, the Garden DesignFest Committee would like to invite you (incl. friends and family) to join the Ballarat Bus Tour on **Saturday, 10 Nov 18**

The Ballarat Bus Tour includes:

- Round bus trip to Ballarat (in a modern Mercedes A/C Alston Coach)
- All Gardens Rural Ticket (\$40)
- A snack pack for when you get the munchies during the trip plus a delicious boxed lunch in the Rotunda at the Ballarat Botanical Gardens
- Guided tour of the Ballarat Botanical Gardens
- Visit 5 gardens in the Ballarat area including the fabulous **Lal Lal Estate Property**
- Garden expert on the bus whilst visiting some of the gardens

Special price of only \$95 Normal price \$195

The main attraction is the visit to Lal Lal Estate near Ballarat, est. in the 1870's. The historic gardens developed by the Fiskin family have been re-developed and extended in the last four years by the current Owner and designer **Jennifer Clancy**.

Bus leaves Federation Square at 9.15am and returns approx. 4.30pm.
A full set of instructions will be sent to your email address.
Car parking is available at the Flinders Gate Wilson multi-level Car Park, at a cost of \$13 for the day (if booked on-line) or catch public transport to Federation Square

Bookings at www.trybooking.com/XYPY and use the Promo Code "Rotary"
or Contact Sue Jones at bustours@gardendesignfest.com.au

www.gardendesignfest.com.au

Rotary Garden designfest

Rotary Clubs of Brighton North, Central Melbourne & Kew

MEETING REPORT - 9th OCTOBER

Posted by *Stuart CARDELL*

Chair Michelle Crawford opened the meeting with a toast to Rotary International.

President Neville Taylor welcomed guests:

- Richard Hutchinson – Rotarian and Past President and Rotaractor from Auckland, New Zealand
- Robyn Seale – Guest and Partner of Alan
- Belinda Seale – Guest Speaker

The venue will be trialling a different arrangement with the club breakfasts, we will start to see a difference from next week. This is in response to feedback from the member survey.

Tom Callander and Russell Rolls represented the club in the Melbourne Marathon in the 10km run. Both met their goals, Russell to finish and Tom to better his score from last year. The funds raised will go to International service and the SocialEnterprise funds will go to this as well.

Allan Driver told us a number of stories about his parents putting up an electric fence to keep him in, taking a trip on a train at 3 years old, hoping in the seat of a DC3 and his father putting up a Grandstand in his front yard to watch the queen go by. In the end, the trip on the train proved to be the tall tale, however he did make it to Pascoe Vale train station, still a mean feat at 3 years old.

Announcements

- **Tony Thomas** wanted to thank the members who came to the book launch in Carlton, about 60 people there and sold about 40 books. The book is called "The West" tales about a sleepy city and presenting in WA with the WA Historical society at the end of the month.
- **Roy Garrett** – Thanked the club for the flowers for Annie, who is going through Chemo again.

- **Russell Rolls** - Working Bee at DIY on Saturday week, 27 October, please respond and Russell can tell you where to go for the working bee. Frank, Daniel, Roger, Herb, Yanpu and Rohan have volunteered, please see Russell or email if you can help out, additional helpers would be great.
- **Frank O'Brien** - Last call for members to go to Tooborac and enjoy lunch with Rotary Echuca. Also as Foundation Director, next week is the End Polio Day, 24th October, the birthday of Jonas Salk, the scientist who invented the Polio vaccine. As part of the End Polio campaign it is purple pinkie day and members will be offered an opportunity to participate by having a fingernail painted purple. This month's Rotary Down Under is very good and would recommend to members.
- **Roger Thornton** - Garden DesignFest, it is almost upon us, we need assistance from members and timing is 10-11 November for regional gardens and 17-18 November for Melbourne and Mornington Peninsula gardens. Please help, we are responsible for seven gardens in eastern suburbs. The Garden Captain's are very experienced and will be able to help you. Captain's are: Allan Seale, Tom Callander, Doug Robertson, Robe Hines, George Mackey, Frank O'Brien, Roger Thornton. Please get bookings in soon, bookings will be available through the "be collective" website. We need 2 to 3 people for each shift. Raffle tickets will also be given to members at the next meeting and we are asking members to sell 20 tickets for \$2 each.

President Neville's Announcements

- Board meeting was held last week and the minutes are available on ClubRunner.
- Given the District's considerations around the situation with International House, the club has decided that it will not be involved with the Fraternitas Awards this year.
- The board has endorsed a nominating committee for club leadership positions for the coming year. The committee has endorsed a pipeline of potential presidents for the coming years.
- Warwick is keen to receive nominations for positions on the board for the coming Rotary year.
- The club AGM will be on 20 November 2018.
- A reminder to members to pass on to **Suzette Taylor** contact details of partners and friends to build the friends of RCM and for the event on Sunday 28th October. Laneway Learning Class, "The Essential Writing Workout", like a physical workout with a personal trainer but tailored to your 'brain'. rsvp Suzette at suzette.taylor5@bigpond.com no later than Friday 19th October.

Guest Speaker – Belinda Seale, Associate at Allen Kong Architect Pty Ltd

Belinda talked about the design concept of Salutogenesis. This theory was developed by medical sociologist Aaron Antonovsky in 1979 and describes factors that support health and well-being.

The three main components are comprehensibility, manageability and meaningfulness and deals with the idea of bringing health and well-being into the design of our build environment and how it makes us interact with the wider world and others.

Casey base in Antarctica is an example of where a building design created negative impact on the staff and a redesign to separate buildings created a better measure of well-being.

For the residents in aged care, it is important to consider both:

- Physical - space, air, light, temperature and acoustics
- Psychological - Personal, Cultural and the Emotional, intellectual and physical abilities. More external support is needed.

This is especially important as Residential Care environments are a building type where people spend a significant amount of time indoors. Good design features have been included in a number of the projects that Belinda has worked on to help improve the environment for residents including:

- Having windows into rooms from corridors and to gardens, which creates a link with space and time.
- Well maintained gardens are important as this is a reminder of a caring human presence.
- Having corridors that are verandas and encourage people to go outside to get to other parts of the facility.
- Allowing residents to have individual gardens
- Small clusters of rooms around a courtyard allows residents to interact to the degree they would like without being overwhelmed.

Raffle Winners were Nick, Keith and Roy.

GALLERY

Posted by Roger THORNTON

Our last meeting



Chair Michelle Crawford

BE THE INSPIRATION



Michelle with Richard Hutchinsion

