



BULLETIN

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REPORT FOR MEETING HELD 20th AUGUST 2015

ROTARY CLUB OF CENTRAL MELBOURNE-SUNRISE

Bulletin Report for breakfast meeting 20th August 2015

Sports Breakfast: A stimulating affair. An excellent panel and stimulating discussion was the highlight of the club’s Sports Breakfast on Thursday August 20 2015 at the RACV Club. There were 77 people present with 2 members from other clubs. The morning raised a net \$1680 from tickets and \$800 from the raffle (won by the legendary Anne King). The total \$2480 will go towards our efforts for indigenous cause, particularly the planned Bunuba Rangers bushwalking tours and help for Fitzroy Crossing

Meeting Responsibilities

Chair
JACOBS, Wolfgang

Presenter
THOMAS, Tony

Greeter
JOHN, Neville

Reporter
JONES, David

Photographer
JONES, David

Door
KING, Anne

Director Report
THORNTON, Roger

Bulletin Editor
DRIVER, Allan

Speakers

Aug 25, 2015
Mark Baker
Press Freedom

Sep 01, 2015

residents.



The panel

discussion was ably compered by **Jason Richardson**, a talented broadcaster, Stawell Gift winner (1993) and veteran of the horseracing scene. Jason is an Australian athlete turned radio presenter. In 1993, he won the Stawell Gift off the mark of 7.5 meters. He also won the 1992 'novice' 100m at Stawell, and followed his Gift win in 1993 with a win in the back-markers 120m invitation in 1994 - one of only two athletes in the history of the Stawell Gift to win all three in successive years. His professional running career wins also include the 1996 British Professional 200m championship, plus wins in the Prahran & Smithton Gifts. He has also been placed in Australia's two other major Classic Gifts - the Bay Sheffield (SA) and Burnie Gift (Tas). He is married to 1998 Commonwealth Games 5000m Gold medallist Kate Anderson. Kate represented Australia in the 5000m at the 1996 Atlanta and 2000 Sydney Olympic Games.

Meyer Eidelson and Joe Eidelson
The Challenges and Value in Recording Personal and Family History

Sep 08, 2015
Natalie Anderson and Simon Gray
How Employers can Benefit from Working with the NDRC

Oct 13, 2015
Nicholas Reece
Melbourne's Democracy Experiment Pays Off

[View entire list](#)



Other panellists were:



Carol Cooke AM. She was 2012 London

Paralympics Gold Medal winner (against male competitors) in the mixed T1-T2 cycling road time trial. She was diagnosed with MS in 1998 but defied medicos and continued her top-level sport, even now training 20-30 hours a week. In 2013 she became dual World Champion, winning both the Time Trial and the Road Race. In 2014 she backed up her World Champion status and again was ranked number one in the world. She is now hoping to retain her world titles in 2015 and representing Australia at the 2016 Rio Paralympic Games;

Terry Bailey, Racing Victoria chief steward and, as some people would argue the "policeman of the sport of kings.";

Footie veteran **Kevin Sheedy**, past player at the Richmond Football Club, very successful coach of the Essendon Football Club and given the responsibility by the AFL to set up a successful club- Greater Western Sydney Giants; and

Marty Pask, Managing Director i50 Sports Management, athlete representative, brand liaison and former AFL Lions and Bulldogs player.

[Photo with Rob Hines, organiser of the Sports Breakfast]

Carol began with an account of why even an MS diagnosis can be a positive force, creating unexpected opportunities to represent Australia in rowing and cycling, write a book, lead charity work and raise the profile of para sports.

Marty stressed that coaching is “not about you”, and not one size fits all. Players’ personal lives and problems have ripple effects into their performance, and those impacts need to be addressed in settings such as informal talks across a kitchen table. There is no value in finger-pointing about past weaknesses and players need to move on positively to clear space when an issue arises.



Kevin
Sheedy
led

discussion about culpability of players who took substances on advice of officials and coaches. Jason stressed that young players were pressured to conform in “bubble” situations where practices were standard and accepted and players’ lives were regimented from dawn to evening.

Terry Bailey said with 900 horse-racing trainers competing for limited prize money, incentives to cheat were high. Honest trainers were all for strict and innovative procedures to catch wrong-doers. Many areas had grey borders, such as the current controversy over use of cobalt. “We say it is performance enhancing, the

legal eagles are fighting it out over the issue," he said. "We have one rule book for all, no matter how big in status particular people might be."

Kevin Sheedy instanced drug-discredited champions in various sports, such as, cycling's Lance Armstrong, and said top athletes now had the fear that their competitors may be cheating. The panel discussed how certain Chinese female swimming champions, and East German women athletes, had paid a high price in reputation and physical health for drugs foisted on them officially by coaches.

The panel also contrasted the good manners in golf, with bad manners recently displayed in top tennis. Kevin said his personal approach would be to have a quiet chat to the individuals about whether and how they were coping with pressures. Bad manners can lead to a heavy price in lost sponsorships.

Attendees ended the morning with a raft of worthwhile issues and views from panellists very close to the hot topics of sport today. Rob Hines' inspired arranging of the event, with help from many hard-working club members, drew much praise.



Carol Cooke was able to offer her signed books for sale and was able to donate \$40 to the

fundraising effort.

NEXT MEETING: GUEST SPEAKER MARK BAKER

GUEST SPEAKER: MARK BAKER-CEO MELBOURNE PRESS CLUB



Mark served as senior editor and National Editorial Executive at Fairfax Media. He has extensive experience working across Asia and in government relations at a national and state level.

The background to his presentation is whether freedom of opinion and expression is an inalienable right of a free people.

The principles that underpin this freedom that we take for granted include:

- the right of the people to be informed by the press on matters of public interest so that they may exercise their rights and duties as citizens;
- it is the public interest for the press to make available to the people a wide diversity of views and opinions; and
- it is the responsibility of the press to protect the people's right to know and to contest encroachments upon that right by governments, groups or individuals.

Most big news outlets in the West face mounting pressures and declining audiences.

Are media companies compromising these principles and becoming populist in order to increase readership and circulation?

[Read more...](#)

EXCITEMENT BUILDS FOR THE GOLDSBROUGH LANE FARMERS MARKET

VENTURE

EXCITEMENT BUILDS FOR THE GOLDSBROUGH LANE FARMERS MARKET

Greg Cuthbert is seeking help for the Farmers Market including some hands for the loading dock, who would need some extra training. The Gourmet Farmers Market in Goldsborough Lane commences on the 3rd of September, 4.30pm to 7.30pm, and thereafter on 1st and 3rd Thursdays of the month. Club volunteers are wanted from about 3.30pm to 7.30pm on the initial three market days. The website for this lane is www.goldsbroughlane.com.au and the flyer can be viewed here:

[Farmers Market Promotion Flyer](#)

D9800 FOUNDATION GRANTS SEMINAR SEPTEMBER 21st 2015

DISTRICT 9800 FOUNDATION GRANTS SEMINAR

This seminar is to be held on Monday 21st September 2015 at Graduate House Carlton from 6pm to 8:30pm.

The following message was sent from PDG John Wigley (Foundation Chair) to Club Foundation Chairs.

A widely held view throughout Rotary is that the Foundation is the "engine room" of Rotary and DG Julie and I firmly hold that view. Therefore to learn more about the wonderful humanitarian and educational programs which your club can participate in, I recommend to you this popular seminar which will be an interactive forum for you and any Rotarian in your club.

The financial support of each club to OUR Foundation throughout our District is so important for us to be able to continue to carry out the humanitarian and educational programs that Rotary is renowned for. I would also like to remind you that attendance at this seminar is essential for your club to participate in the District and Global Grants.

Please come and learn more about OUR Foundation. Invitation can be viewed in the following link:

[D9800 Foundation Grant Invitation](#)

CHARTER OF NEW RC CAROLINE SPRINGS

INVITATION TO ATTEND CHARTER NIGHT FOR NEW RC CAROLINE SPRINGS

MESSAGE FROM PDG ROSS BUTTERWORTH



Rotary...
turning conversations into actions

New Rotary has arrived at Caroline Springs!
Our newest Rotary Club in the world,
Rotary Caroline Springs is about to Charter
and you're invited to the party.

7.30pm till late, Friday 28th August 2015
Slices Restaurant, 2 Lake St., Caroline Springs.

Come and help us celebrate the launch of our exciting, new Club and show your support. A casual Cocktail style evening is planned with a complimentary beverage on arrival with finger food throughout the evening.

There's even a couple of surprises to entertain us during the night.

\$30.00 per head –
Drinks at Bar prices – RSVP by 21st August




Rotary
People
like
you & me

For more information or RSVP please contact
PP Julianne Bartels, P. 0418 598645 or E. juliannebartels@bartelsjaylor.net.au

It is with great pleasure I advise the new Rotary Club of Caroline Springs will be chartered on 28th August 2015. The Invitation and Booking form is attached and I ask you to encourage your members to attend and support the newest Rotary Club in the world.

Your attendance will provide a great deal of satisfaction to the Club members who have worked extremely hard over the past 3 months to deliver District 9800's 70th Club in 2015 - 2016 so we too can be 'A Gift to the World'.

Warm Regards,

Ross

PDG Ross Butterworth

Rotary International District 9800
District Governor 2013-2014

GALLERY



The Sports Panel in full flight and voice-no holding back!

**President George with Carol Cooke Paul Harris
Fellow [from RC Fitzroy]**

