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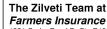
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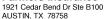
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ROTARYROOTER



ROTARY CLUB OF NORTHWEST AUSTIN BETHE INSPIRATION SEPTEMBER 14, 2018



2018-19 CLUB-LEADERS

OFFICERS

President: President-Elect: Secretary: Treasurer: Co-Treasurer

Sergeant At Arms: Immediate Past President **VP Community Service VP International Service**

VP Vocational Service VP Youth Service VP Club Service Club Service Co-Chair

Member-At-Large Member-At-Large

SPECIAL PROJECT CHAIRS

Bulletin Website

Communications/Social Media Early Act First Knight **Endowment Chair** Foundation Fundraising

Membership Membership Co-Chair Photographer

Photographer **PolioPlus**

Program Committee Program Co-Chair Weekly Meeting Volunteers

Club Historian

Finance Committee

Beatriz Zilveti **Brigitte Benquet** Greg Rabaey Debbie Tam Amity Mercado Steven Wilson Danny Davila Andy MacFarlane **Audrey Cochran** Jesus Chavez Rick Hoffman Kristin Stephens Midge Norris Mark Dietz Paul Ott

Harold Coleman Virginia Craig Chris Rink Tim Buckley John Voss Rick Navlor **Angie Caffey** Joe Ramirez Nancy Lehmann-Carssow Hanspeter Tobler

Josh Reeley David Benjamin David Davis Joni Perkins **Brigitte Benguet** Tim Duffee John Voss Tony Thompson Danny Davila Mark Puzdrak



At last week's meeting, Foundation Chairs Naylor & Taylor presented a Paul Harris Fellowship award to Lonnie Perkins (r). photo by Beatriz Zilveti



Rotary's "4-Way Test":

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?





ROTARY CLUB OF NORTHWEST AUSTIN

Friday, September 14, 2018 – 7:00 A.M. Meeting at Balcones Country Club Call to Order – Beatriz Zilveti, President



September is Basic Education and Literacy Month

TODAY'S PROGRAM

Pat Carter, "Sleeping Your Way to Health & Happiness"

Today's speaker is Dr. Pat Carter, Associate Professor at The University of Texas School of Nursing. Her topic is sure to keep you awake and attentive as she explains why poor sleep (e.g. Insomnia, Sleep Apnea) has been linked to cognitive impairment. In her presentation Dr. Carter will share information about how sleep affects memory and will offer useful tips for improving your sleep. After she visits with us you will have the answers to three important questions:

- What is sleep & why do we sleep?
- How does sleep influence memory?
- What can be done to improve sleep?

For more info, go to: https://nursing.utexas.edu/faculty/profiles/carterp/

PLEASE BE RESPECTFUL TO OUR SPEAKERS: TURN CELL PHONES OFF OR TO VIBRATE AND LISTEN! THANK YOU!

NOTE: Unless otherwise announced, Sunshine Basket proceeds are being donated to PolioPlus.

Greeter: Midge Norris Prayer & Pledge: Kent Miller

Sunshine Basket: Nancy Lehmann-Carssow

50/50 Ticket Sales: Damon Holditch

Setup: Steven Wilson Humor: Tim Buckley

Looking Forward (speakers are also listed on our website):

Next Week: Kent Miller, "Rotary's Peacemaking Effort"

John Hryhorchuk, "Upcoming Legislative Session Update"

Angie Caffey, "Fruit Sale Kickoff"

SEPTEMBER Birthdays

Lee Easter

09: Nancy Lehmann-Carssow David Davis

11: Fred Morgan

13: 22: Kent Miller

27: John Knifton, Jim Clements

28: Pat O'Farrell 30: Charles Harrison

SEPTEMBER Club Anniversaries

Ray Roark (38), Damon Holditch (37)

02: George Kissinger (7)

03 Gail Buckley (8)

04: Mark Dietz (20)

05: Carla Young (10)

09: Wavne Thompson (13)

17: Mike Moser (8)

Patrick McGuinness (8)

AT OUR LAST MEETING

Rick Naylor, "Partners Against Child Trafficking"

At last week's meeting, NWAR member Rick Naylor gave us a quick update of his progress with Rotarians Against Child Trafficking, including a global grant that will be submitted by the end of September. PACT's mission is uniting communities to bring an end to child trafficking by raising awareness, preventing victimization, and reducing demand. For more information, go to: https://pact.city/

Beatriz' plan is to have NWAR members share their Rotary stories and she invites all members to share their Rotary Moment. Last week featured Brigitte Benguet.

Greeter: Tim Buckley

Prayer & Pledge: Mark Dietz

Sunshine Basket: Audrey & Jack Cochran 50/50 Ticket Sales: Danny Davila

Setup: Mike Moser

Humorist Emeritus: Andv MacFarlane Member Attendance: 51 (of 89 active) 50:50 Pot Winner: Andy MacFarlane (\$35)

Rotary Minutes

- Taylor (Tad) Turpen presented a PHF award to Lonnie Perkins.
- Beatriz announced that Angie Caffey was replacing Byron Walston as Fundraising Chair.
- Beatriz reminded us about the 9/23 dinner social at Bill Estes' home: a signup sheet was passed around.

Visiting Rotarians

Other Visitors & Guests Club Member Make-ups

Cory Vessa (RRISD Board Candidate)

Joe Ramirez – International Committee (9/7) Tim Buckley – Cedar Park-Leander (9/5)

WEBSITES TO KNOW:

Club Website: http://www.nwaustinrotary.org

Club Facebook Page: http://www.facebook.com/nwaustinrotary

Club Fruit Sale Website: rotaryfruit.org

District 5870: http://www.rotarydistrict5870.org/ Rotary International: http://www.rotary.org/

MAKE-UP MEETING LOCATIONS: due to frequent changes in club meeting times and places, go to the District 5870 website and click on the When and Where Clubs Meet link under the Clubs tab for a list of area club meeting places and times. Online Rotary Club makeup: www.rotaryeclubone.org

"If you can't convince them, confuse them,"

Harry S. Truman



#1DistrictStrong

THOUGHT FOR THE DAY:

NEWS & EVENTS

UPCOMING NWAR EVENTS

Today! NWAR Board Meeting Sep 23 Club Social – Sunday Supper at Estes' - Franklin's Sep 27: New Member Orientation, Nancy's Home D5870 Social – Oktoberfest, Walburg

Oct 5 Fruit Sale Kickoff! Oct 8 Monthly Men's Night Out @ BB Rover's, 5:30-7:30 NXNE Rotary Rise Against Humanity Service Project Oct 20 Club Social - Pints for Polio (details to follow) Oct 24

Upcoming District & International Events

Rotary World Polio Day & Livestream Event Oct 24

10/29-11/2 World Interact Week

D5870 Foundation Dinner, Austin Downtown Hilton Feb 2

Feb 23 Rotary's 114th Birthday

District Assembly, Central TX College, Killeen Apr 13

Jun 1-5 RI Convention, Hamburg, Germany

Polio Eradication Update

Status as of 9/10/2018

No new Wild Polio cases reported this week!

2018 Polio Cases: Pakistan-3, Afghanistan-12, Nigeria-0 2017 Polio Cases: Pakistan-8, Afghanistan-14, Nigeria-0

Our Goal is Global Polio Eradication! PolioPlus: Zero Is The Magic Number!

Advocate, Donate & Educate to END POLIO NOW & FOREVER! Compiled by Terry Ziegler, Rotary D5890 Polio Eradication Chair

Global Grant Updates for NWARC

Due to unfortunate circumstance, the Water Well grant that we were pursuing is going to be delayed until next year. Therefore, NWARC will be supporting only one global grant this year: Rotarians Against Child Trafficking. Both Beatriz and Brigette have co signed letters to all clubs in the district asking them to join us in supporting this grant Rick Navlor

September Social - Sunday BBQ @ The Estes'

Date: Sunday, September 23rd Time: 5:00pm - 8:00pm Location: Bill & Judy Estes' home, 14003 Panorama Dr., Austin, TX 78732

We will be serving authentic, Franklin's Smoked Brisket and Sausage for the main entree with an \$8.00 per person requested contribution. Please plan to also bring an appetizer, side dish OR dessert of your choice but don't forget to RSVP to Kristin with the dish you intend to bring. Beer, wine and iced tea will be provided.

Please RSVP by Wednesday, September 19th. Kristin Stephens, Judy & Bill Estes

New Member Orientation

When: Thursday, September 27, 7:00 to 8:30 PM Where: Nancy Lehmann-Carssow's home, 8809 Bell Mountain Drive, Austin, TX 78730

District 5870 Social Event - Oktoberfest

You're invited to the the District 5870 Joint Rotary Social hosted by the Killeen Heights Rotary Club on Thursday, September 27, from 6-9 PM at the Walburg German Restaurant, 3777 FM 972, Walburg, TX. The event will be inside the restaurant. Dinner & drinks at your own cost. We will have the room upstairs for the evening. We look forward to seeing you there!

Pam Blankenzee, D5870 Public Relations Team

Rotary Foundation Update

First, an apology, we told club members to wait until October when we could donate to the Foundation and specifically to a grant Rotarian Focus Area. While we can focus on Polio, Water Wells or Promoting Peace and Conflict Resolution you cannot donate to The Foundation to a specific Global Grant on line.

This year we started with 13% of our club in their annual \$100 donation to the Foundation. Today we are at 20% which means that we still have 70 Club members that have not contributed their \$100.00. These results are only correct prior to the last 11 days. In others words anyone who donates this month will more than likely not see their donation until 4-11 days after submitting. Tad Turpen & Rick Naylor, NWAR Foundation Chairs

DG Jerry Chapman's September Message

World Polio Day is nearing - October 24th! I hope your club is planning to host an event. If not, consider partnering with another nearby club. Not only do you raise funds to support the eradication of Polio, you create increased public awareness of Polio and the long-term efforts of Rotary in leading the charge. We are closer than ever to eradicating Polio, but we're not done

vet. What a remarkable journey from 1,000 cases a day in 1985 to only 15 cases in 2018. Victory is not yet achieved. We must push across the finish line. Complacency is our enemy.

Many of you have heard my story during club visits and how having a good friend in high school with Polio ultimately led me to join Rotary. I don't want any of our children or grandchildren to have the same story in future years.

Thanks for your efforts and service. Visiting clubs in our district is one of the most rewarding experiences in my life... so many wonderful Rotarians making a difference. You inspire me.

Jerry Chapman, District 5870 Governor, 2018-19