

THE ROTARY CLUB OF NORTHWEST AUSTIN SPONSORS

DAVID A. DAVIS CEO, Provençal Home The Village @ Westlake 701 S Cap of TX Hwy, Ste.D440 Austin, TX 78746 PH: (512) 306-9449 EMAIL: david@provençalhome.com Website: www.provençalhome.com	  hymeadow office park Ph: (512) 331-8977 12335 hymeadow dr, ste 200 austin, tx 78750 Website: www.dickensheets.com Email: ken@dickensheets.com
HAROLD G. COLEMAN, Agent LIFE-HEALTH-AUTO-HOME-BUSINESS AMERICAN NATIONAL INSURANCE P.O. Box 500048 AUSTIN, TX 78750-0048 PH/Fax: 512-250-2168 CELL: 512-689-4090 EMAIL: harold@coleman-agency.com Website: www.coleman-agency.com	 Angela M. Caffey 
John Voss, REALTOR Voss Properties 9116 Balcones Club Dr AUSTIN, TX 78750 PH: (512) 219-5855 Cell: (512) 791-1035 EMAIL: jvoss@vossproperties.com	 David Roon Time Warner Cable 12012 N MoPac Expressway AUSTIN, TX 78758 PH: (512) 531-7890 EMAIL: david.roon@twcable.com Website: http://www.twcable.com/tw
David Davis DAVIS & WILKERSON, P.C. 1801 S. Mo-Pac Expy, Ste 300 Austin, TX 78746 Bus: 512-482-0614 Fax: 512-482-0342 Email: ddavis@dwlaw.com Website: http://www.dwlaw.com/	 TOM PERKINS Vantage Business Solutions Business Printing & Promotional Products 10808 Wintergreen Hill AUSTIN, TX 78750 PH: (512) 219-5465 Fax: (512) 250-1765 EMAIL: vantage@austin.rr.com
Bob Allen President CUNNINGHAM ALLEN INC. 3103 Bee Cave Road, Suite 202 Austin, TX 78746 Bus: 512-327-2946 Fax: 512-327-2973 Email: rallen@cunningham-allen.com Website: www.cunningham-allen.com	 
TERRAL SMITH, Attorney at Law CONNER & WINTERS, LLP 3305 Northland Drive Suite 301 Austin, TX 78731 PH: (512) 600-1012 Fax: (512) 467-6550 EMAIL: TSmith@cwlaw.com Website: www.cwlaw.com	 Cynthia L. Graves, D.D.S. Ronald L. Bolen, D.D.S. 10418 Lake Creek Pkwy AUSTIN, TX 78750 PH: (512) 258-8001 Website: www.cynthiagravesdds.com Cosmetic & General Dentistry & Invisalign

Club Website: www.nwaustinrotary.org



ROTARY ROOTER

ROTARY CLUB OF NORTHWEST AUSTIN

JUNE 10, 2011



2010-2011 CLUB LEADERS

BOARD OF DIRECTORS

President:	Ken Dickensheets
President-Elect:	Tony Thompson
Secretary:	Don Shindler
Treasurer:	Josh Little
Sergeant At Arms:	Kristi Holmes
Past President:	Nancy Lehmann-Carssow
VP Club Service:	Kent Duran
VP Community Service:	Oliver Smith
VP International Service:	Rebecca Whitehouse
VP Vocational Service:	Shelly Hohmann
VP New Generations:	Pat O'Farrell
Director-At-Large:	Ditas Hall
Director-At-Large:	Fred Morgan

CHAIRS, COORDINATORS, ET.AL.

Endowment Chair	John Voss
Foundation Chair	Diane Lyerly
Fundraising Chair	Tom Perkins
Membership Chair	Homer Goering/Bob Allen
Publicity Chair	Rick Hoffman
Bulletin	Harold Coleman
Website	Sheila Allee
Classifications	Mark Dietz/Ditas Hall
Photographers	Oliver Smith/HP Tobler
Program Co-chairs	David Davis/Paul Ott
Peace Inst/PolioPlus	Kent Miller
Community Service	Angela Caffey
Club Service	Kristi Holmes
Grants Director	Hanspeter Tobler
Club Historian	George Lewis



At last week's meeting, RYE Student Lucie Paret presented a summary of her experiences in the U.S. Here Lucie (in blue jacket) is surrounded by her host families – Patti & Jim Bethke and their son (left) and Rafi & Linda Baddour at right.

The 4-Way Test "of the things we think, say or do":

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



ROTARY CLUB OF NORTHWEST AUSTIN

Friday, June 10, 2011 – 7:00 A.M.

Meeting at Balcones Country Club

Call to Order – Ken Dickensheets, President

June is Rotary Fellowship Month

TODAY'S PROGRAM

Wesley Foreman, MD, "Chronic Back Pain Mgmt"

Back pain is the second most common neurological ailment in the United States, second only to headaches. An estimated 60% to 90% of the US adult population will have low back pain at some point during their lifetime. Back pain causes a substantial impact on socioeconomic and quality of life contributing to anxiety, depression, increased stress, lack of sleep and financial hardship. Dr. Wesley Foreman, a Board Certified Pain Management specialist and Dr. Glen Harper, a Board Certified Neurosurgeon, both with Seton Brain & Spine Institute, will address the most common causes of back pain as well as an overview of evaluation, non-surgical as well as surgical treatment options, including medication, conservative treatments, interventional and device therapies, and new treatment options to reduce back pain and improve quality of life.

PLEASE RESPECTFULLY TURN CELL PHONES OFF OR TO VIBRATE DURING THE MEETING! THANK YOU!

Greeter: Pat O'Farrell
Prayer and Pledge: Diane Lyerly
Sunshine Basket: Brigitte Benquet
50/50 Ticket Sales: Mike Childers
Classification Talk: Tracy Snider

Looking Forward (speakers are also listed on our website)

Next Week: - Dave Evans, "Business Social Networking"

Jun 24 Sophia Periard, Returning Westwood RYE Student
Jul 1

JUNE Birthdays

None - does anyone have a June birthday?

JUNE Club Anniversaries

01 Tim Buckley (23)
01 Tom Perkins (23)
03: David Lott (6)
16: Gail Gorman (5)



MAKE-UP MEETING LOCATIONS: due to clubs occasionally changing their meeting times and places, it is best to go to the Rotary District 5870 website and click on the When/Where Clubs Meet link for a list of area club meetings.

Online Rotary Club makeup: www.rotaryclubone.org

WEBSITES TO KNOW:

Club Website: <http://www.nwaustinrotary.org>
Club Facebook: <http://www.facebook.com/nwaustinrotary>
District 5870: <http://www.rotarydistrict5870.org/>
Rotary International: <http://www.rotary.org/>

Next Regular Board Meeting

Today (after the regularly scheduled Club Meeting)

AT OUR LAST MEETING

Lucie Paret - "Her Experiences as an RYE Student"

At our last meeting, Lucie Paret told us about her experiences as a Rotary Exchange Student. NWAR sponsored Lucie for the past school year and she will shortly be returning home to Plou, France. Her host families, Linda & Rafi Baddour and Patti & Jim Bethke, also attended the meeting. Lucie told us about her exciting year in Austin, her travels while in the United States, what it's like to adjust to the American and Texas culture, and what important lessons she learned during the year.

Greeter: Michael Childers
Prayer and Pledge: Fred Morgan
Sunshine Basket: Kent Duran
50/50 Ticket Sales: Wayne Lott
Classification Talk: Tim Wright
Humorist Emeritus: Homer Goering

NOTE: Sunshine Basket proceeds are being donated to PolioPlus unless otherwise announced.

Member Attendance: 56

50:50 Pot Winner: Tom Perkins (\$28, donated back to club in honor of Reed Stone)

Rotary Minutes

- The club presented a \$2,000 grant for the *House of Friends* to Susie Peterson.
- Membership Committee co-chair Bob Allen presented a blue badge to Tracy Snider.
- Oliver Smith updated us on Community Service projects like Fans for the Elderly, Bluebonnet MHMR Walkway, and a grant to provide rehabilitation equipment to Bluebonnet MHMR.

Other Visitors & Guests

Ryan Zintgraff (of John Voss)

Visiting Rotarians

Danny Davila – Austin Centennial
Al Rolfen – Cedar Park
Jim Wilkinson – Pflugerville
Keneth Kidd – Pflugerville
Audrey Wernecke – Cedar Park

Club Member Make-ups

Diane Lyerly – RI Conference (5/23-24)

Reminder - Past DGr & NWAR member Tim Buckley has graciously set aside 5000 points to match club members who want to attain their Paul Harris Fellow or Paul Harris+. But hurry, this offer expires in June! For more info, contact Diane at 870-8552 or by email at diane.lyerly@premierepartycentral.com.

THOUGHT FOR THE DAY:

"A gentleman is one who puts more into the world than he takes out."

George Bernard Shaw



NEWS & EVENTS

COMING EVENTS

Jun 24 NWAR Installation Picnic @ Carssow Ranch, Cedar Park (details below)
Jun 26 DG Suresh Pahwa & District Officers Installation
Jul 2-8 RYLA Camp, Lost Pines

Upcoming District Club Events

Jun 11 Pflugerville's Community Casino Party
Jun 12 W. Austin's House Boat Party, 1-6pm, on Lake Travis
Jul 8 Marble Falls Fish Fry @ Marble Falls H.S.

Club Installation Picnic

Where: The Carssow Ranch 1505 Medical Pkwy, Cedar Park

When: Friday, June 24, 2011

Time: 6:30 pm

Caterer: Pok-e-Jo's Barbeque with all the fixings!

Cost: \$20 per person

R.S.V.P. by June 21st (Tuesday) to Kent Duran, phone: 653-6119 or e-mail: kentduran@austin.rr.com

Rotary Ambassadorial Scholar Program

NWAR is preparing to submit two candidates to the Ambassadorial Scholar Program. We are interviewing the first candidate this Friday via SKYPE. Katherine Jacobsen was a graduate of Westwood H.S. and recently received her degree from Northwestern University, Evanston, Illinois in History and Slavic Studies. Besides Northwestern, Katherine has also studied at the International University in Moscow and Valery University in Montpellier, France. Katherine has an interest in immigrant migration and would study in Russia or an Eastern European country if she is selected to be an Ambassadorial Scholar. Pat O'Farrell/Rebecca Whitehouse

New Orleans Convention Inspires, Entertains

by Ryan Hyland and Antoinette Tuscano, RI News -- 26 May 2011

As Rotarians said goodbye to New Orleans, Louisiana, USA, and another successful RI Convention, two leaders who have had a lasting impact on the organization also said farewell.

Ed Futa, of the Rotary Club of East Honolulu, Hawaii, addressed his last convention as general secretary, a position he's held for 11 years. "I will go back to my first Rotary job, which was and still is the most important job in all of Rotary: the job of being a Rotarian," said Futa, who retires 30 June.

"I've had the honor and the satisfaction of being a part of so many of Rotary's accomplishments: Future Vision, our strategic plan, and our transformation from a valuable -- but sometimes undervalued -- community service organization into a key player in the world of international health and development," Futa said. "PolioPlus has put us in this new position."

John Hewko, the incoming general secretary, addressed the fourth plenary session and will take office 1 July.

RI President Ray Klinginsmith said the highlights of his term have included providing regional assistance for districts and clubs through the new Rotary coordinators and Rotary public image coordinators, developing a more productive relationship with Rotarian Action Groups, moving toward a more uniform size for Rotary districts, and improving the process for selecting and training district governors.

"This year has been a good year for Rotary," he said. "There has never been a more exciting time to be Rotarians, as we approach the end of polio. Our community service projects around the world are estimated to provide local investments of about US\$1 billion every year, and our youth and young adult programs are the best in the world. And our Rotary Foundation continues to gain strength."

More than 18,500 members of the family of Rotary, representing 151 countries and geographical areas, took part in the 2011 convention, where they were asked to redouble their efforts to eradicate polio and embrace humanity by thinking of new ways to take on today's challenges.

Convention Highlights:

RI President-elect Kalyan Banerjee outlined his plans for the coming year and explained the three emphases -- family, continuity, and change -- that should guide Rotarians as they work to support the 2011-12 RI theme, Reach Within to Embrace Humanity.

Bill Gates, co-chair of the Gates Foundation, told Rotarians that eradicating polio was his foundation's top priority. Rotarians must intensify their efforts to wipe the deadly disease off the earth.

Kathie G. Short, of the Rotary Club of Pass Christian, MS, and Kathleen Koch, a former Rotary Foundation Ambassadorial Scholar, revisited the devastation of Hurricane Katrina during a panel discussion. Michael McQueen, founder of the Nexgen Group, said Generation Y has much to offer Rotary.

The family of Rotary put Service Above Self in New Orleans, working on projects to help rebuild areas ravaged by Hurricane Katrina in 2005. They helped build a house, finish and furnish a 1,400-sq ft library and reading room at the New Orleans Mission, and painted homes.

Before the convention, about 350 Rotaractors voted on resolutions that will be considered by the RI Board during the first Rotaract Council, modeled after Rotary's Council on Legislation.

Convention attendees were entertained by some of the city's best musicians, including Grammy Award-winning trumpeter and bandleader Irvin Mayfield and trumpeter and singer Kermit Ruffins. They also saw performances by one of Klinginsmith's favorite artists, songwriter Michael Martin Murphey.