

THE SPOKE

SERVICE ABOVE SELF

MATERNAL AND CHILD HEALTH MONTH

APRIL

“Every child deserves a chance at life filled with love, laughter, friends and family.”

Marlo Thomas



MATERNAL AND CHILD HEALTH MONTH

TAKE ACTION: Get Involved, Join Rotary



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PRESIDENT'S MESSAGE

MATERNAL AND CHILD HEALTH MONTH



Good day to all you Rotarians,

It is important that we reflect on the crucial role of maternal and child health plays in the development and progress of our communities. Every child and mother deserves access to quality healthcare services, regardless of their socio-economic status or location.

Rotary International has been at the forefront of addressing maternal and child health issues around the world, and it is our duty to continue to do so. Through our programs and initiatives, we have been able to improve access to maternal and child health services, provide education on nutrition and hygiene, and support vaccination programs that have saved countless lives.

As Rotarians, we must remain committed to this cause and work tirelessly to make sure that every child and mother has access to quality healthcare services. We must continue to collaborate with local communities, health professionals, and governments to identify areas of need and develop sustainable solutions that can make a lasting impact.

Let us take a moment to celebrate the progress we have made in improving maternal and child health and recommit ourselves to this critical cause. Together, we can make a difference in the lives of millions of mothers and children around the world.

Yours in Rotary service

President Gordon Julien

A Common Rotary Grace

Oh Lord and Giver of all Good
We thank thee for our daily food
May Rotary friends and Rotary ways
Help us to serve thee all our days.

THE 2022/23 BOARD



President
GORDON JULIEN



Immediate Past President
KETURAH DONAI



Club Secretary
SHEBA O'BRIEN



Director - Club Admin
PP TIMOTHY MOFFAT



Director - Community
Services
PP LEEVIE HERELLE



Director - International
Services
RIQUETTE BONNE-SMITH



Director - Social
Media/Public Imager
ROGER HARE



President Elect/Director - Membership
EVERTON SEALEY



Secretary Elect/Director -
Vocational
NATOYA CASSIUS



Director - Foundation
PP FRANK MYERS



Director - Youth Services
DANIEL NUNEZ



Treasurer
MARCUS JOSEPH



Elderly Care/After Meeting
PAG MALCOM



Sergeant at Arms
CHARLES PHF



Spoke Editor
ANGELA COLEBY

AG/PP LEATHON KHAN



EDITOR'S MESSAGE

by Angela Coleby



April was Maternal and Child Health Month, a time to focus our efforts on the health and well-being of mothers and children around the world. It is a time to reflect on the progress we have made, and the work that remains to be done.

We know that improving maternal and child health is crucial for creating healthy, thriving communities. When women have access to quality prenatal care, safe childbirth, and postnatal support, they are better equipped to care for their families and contribute to their communities. Children who receive proper nutrition, immunizations, and healthcare have a better chance of reaching their full potential and growing into healthy, productive adults.

As Rotarians, we are committed to making a difference in our communities and around the world. We believe that every child deserves a healthy start in life, and every mother deserves access to quality healthcare. By working together, we can make a real difference in the lives of those in need.

As we work to improve maternal and child health, we are also building stronger, more resilient communities. We are empowering women and children to lead healthy, productive lives. And we are creating a brighter future for generations to come.

Thank you for your commitment to Rotary, and to the health and well-being of mothers and children around the world.

"The true measure of a society can be found in how it treats its most vulnerable members".

THE FOUR WAY TEST

Of The Things We Think, Say And Do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

Be the reason someone feels welcome, seen, heard, valued, loved and supported.

Feel free to submit your ideas and suggestions to acoleby@gmail.com

If you want the Spoke, feed the Spoke.



ROTARY INTERNATIONAL NEWS

Rotary: more than just a service org. We are a family
When pirates off the coast of Panama attacked a member's family, Rotarians sprang into action. Read the story of how our network provided aid & support

↓ <https://on.rotary.org/3AlQq2e>



ROTARY DISTRICT 7030 NEWS

Rotary District 7030 sincerely thanks all clubs that participated in this year's World Immunization Week Campaign Contest.

Congratulations to the following clubs who placed in the top three of the contest with the most liked posts:



Campaign Contest Winners

1st – Rotaract Club of Antigua

2nd – Rotaract Club of Georgetown

3rd – Rotaract Club of New Amsterdam

RAFFLE WINNER

Gregory Phillip from View Fort (aka "Blue Shirt") was the Rotary raffle winner of the computer laptop. A big thank you to PP Frank for organizing this fundraising raffle for the Rotary Foundation.



CERTIFICATE OF GRATITUDE

President Gordon was presented with a Certificate of Gratitude by the parents of the late Leslie Lorimer for the assistance provided by the Rotary Club of Saint Lucia.



INTERACT CLUB HANDOVER & PINNING CEREMONY

President Gordon and Youth Director Daniel attended the official ceremony held at the Learning Resource Centre on 25th April. New interactors were officially pinned and inducted into the Interact club of Castries Comprehensive Secondary School.



INTERACT CLUB OF SAINT JOSEPH'S CONVENT GREEN SPACE PROJECT

Here are a few pictures of the completed green space project of the Interact Club at Saint Joseph's Convent. Students use it extensively during breaks and before and after classes.



DISTRICT CONFERENCE

The annual District Conference was held in Grenada and attended by many members of the Rotary Club of Saint Lucia. Fun and fellowship was in full flow.





DISTRICT CONFERENCE





GAMES NIGHT

A Friday Fellowship Game night was held on 14th April at Island Mix, Rodney Bay. Jenga and dominoes were played, pizza consumed and laughter prevailed throughout the evening. To be repeated...



NEW FRIDAY LUNCH MEETING VENUE

The club's first Friday luncheon meeting at the Windjammer Hotel was on Friday 21st April. Visiting PP Richard Spalding from the Winchester Rotary club presented the club with a flag. Rotarian Riquette won the raffle. Fresh back from the District Conference, fellow Rotarians shared their stories.





PEACE POLE

A site visit for the installment of the peace pole by PAG Konrad, President Gordon, DGN Soraya and Mayor Geraldine Lendor-Gabriel. Don't forget to put the date of 4th June in your diary for this (*see the upcoming events page for details*).



ROTARY CLUB OF GROS ISLET 30TH CHARTER ANNIVERSARY

The Rotary Club of Gros Islet held their 30th Charter Anniversary on Saturday 29th April and was attended by President Gordon, PP Brad, AG Leathon and DGN Soraya.

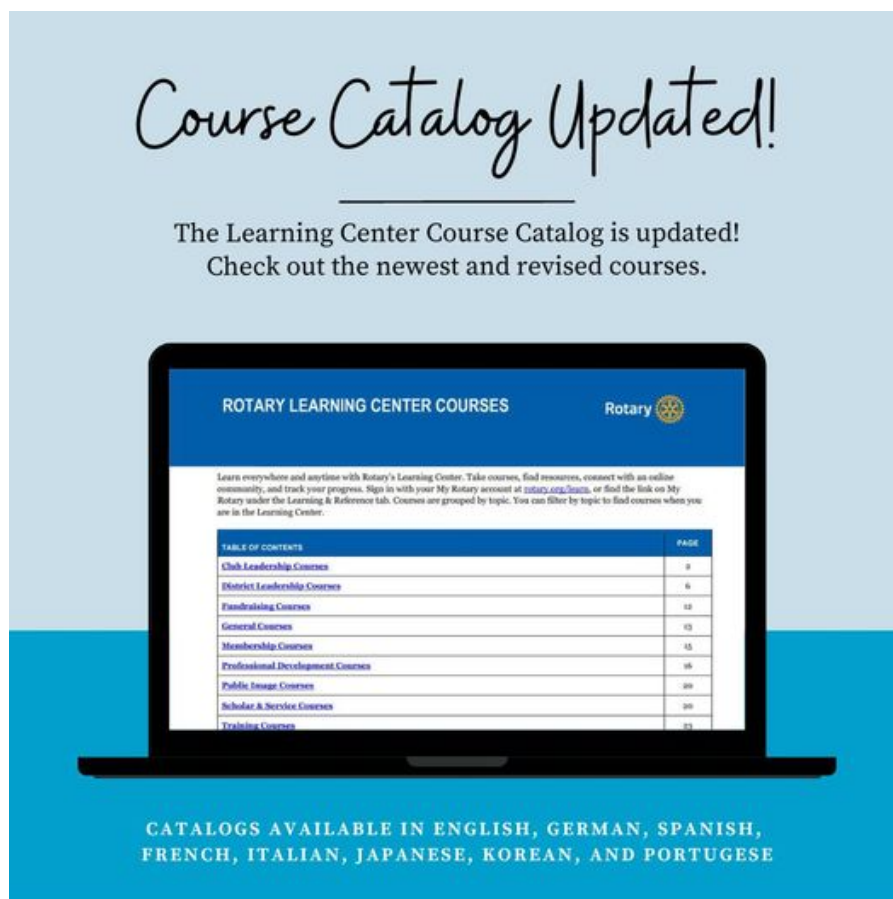


ROTARY LEARNING CENTRE

Before you jump into the Rotary Learning Center and take advantage of all its valuable content, browse the newly updated course catalog to see what is available, what is new and what has been revised. Explore courses to determine what is best suited to your current or future roles, as well as, what may be of interest to you, as a Rotarian/Rotaractor, as a professional, as a person.

Find downloadable course catalogs here:

<https://my-cms.rotary.org/.../learning-center-course-catalog>



Course Catalog Updated!

The Learning Center Course Catalog is updated!
Check out the newest and revised courses.

ROTARY LEARNING CENTER COURSES

Learn everywhere and anytime with Rotary's Learning Center. Take courses, find resources, connect with an online community, and track your progress. Sign in with your My Rotary account at [my.rotary.org/sign-in](https://my.rotary.org/en/sign-in), or find the link on My Rotary under the Learning & Reference tab. Courses are grouped by topic. You can filter by topic to find courses when you are in the Learning Center.

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CATALOGS AVAILABLE IN ENGLISH, GERMAN, SPANISH, FRENCH, ITALIAN, JAPANESE, KOREAN, AND PORTUGUESE

ROTARY MEMORIES

This month's step down memory lane takes us to Doctors in Action





Upcoming Birthdays



MAY

Angela Coleby
2nd May

Julian Charles
3rd May

Sean Devaux
16th May

Mary Dix
19th May



UPCOMING EVENTS



September 2023

The Montero Medical Mission will be visiting in September and Rotarians are requested to help and support.

If you are planning an event, please let the social media and PR committee know so we can help share it!



ROTARY FOUNDATION

The work of The Rotary Foundation is made possible by donors who take action to build a brighter future for all. Named after the sixth president of #Rotary, the Arch Klumph Society (AKS) recognizes The Rotary Foundation's highest tier of donors. Last weekend, we celebrated several members of AKS in an official ceremony at One Rotary Center. Please join us in celebrating these members.



Learn about the Arch Klumph Society:

<https://on.rotary.org/40DqURk>

WHY SHOULD I DONATE TO THE FOUNDATION?

When you make a donation to The Rotary Foundation, you are helping Rotary members make a difference in the lives of millions of people around the world, by promoting peace, preventing disease, supporting education, bolstering economic development, and providing clean water and sanitation

WHAT IMPACT CAN ONE DONATION HAVE?

It can save a life. A child can be protected from polio with as little as 60 cents. Our partners make your donation go even further. For every \$1 Rotary commits to polio eradication, the Bill & Melinda Gates Foundation has committed \$2.

- For as little as 60 cents, a child can be protected from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an antibullying campaign and create a safe environment for children.

HOW DO I MAKE A DONATION?

To make a donation either transfer the funds to our bank and inform the Treasurer what the payment is for or follow the link on our website:

<https://my.rotary.org/en/donate>

ROTARY MONTHLY THEMES

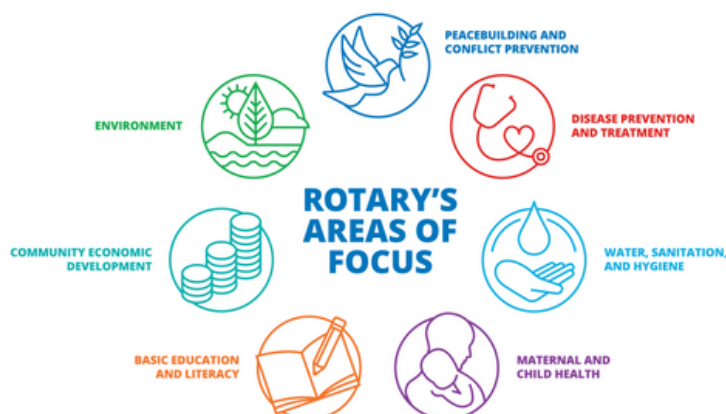
Each month has a different Rotary theme. Start your planning now!

MONTH	THEME
July	Transition Month
August	Membership & Extension
September	Basic Education & Literacy
October	Economic & Community Development
November	The Rotary Foundation
December	Disease Prevention & Treatment
January	Vocational Service
February	Peace, Conflict, Prevention/Resolution
March	Water & Sanitation
April	Maternal & Health Care
May	Youth Service
June	Rotary Fellowships

ROTARY AREAS OF FOCUS

No challenge is too big for us

For more than a century, we've bridged cultures and connected continents. We champion peace, fight illiteracy and poverty, help people get access to clean water and sanitation, and fight disease. Our newest cause is to protect our planet and its resources.



2022/23 ROTARY CLUB COMMITTEES

Let's welcome the new committee members for 2022/23

"Volunteers do not necessarily have the time; they have the heart". Elizabeth Andrew

<p>ELDERLY CARE/AMF PAG Malcolm Charles</p> <p>PP Digby Ambris PP Konrad Wagner PP Ira Simmons PP Leevie Herelle PP Chester Hinkson Peter Kent</p>	<p>CLUB ADMIN PP Tim Moffat</p> <p>IPP Keturah Donai Sheba O'Brien Julie Bonnett</p>	<p>FUND RAISING Sheba O'Brien</p> <p>PP Konrad Wagner Sean Devaux Marcus Joseph Julian Charles Steve Johny</p>
<p>COMMUNITY SERVICE PP Leevie Herelle</p> <p>PP Brad Paul PP Selma St.Prix Mary Dix Steve Johny</p>	<p>VOCATIONAL Secretary Elect Natoya Cassius</p> <p>PP Konrad Wagner PP Soraya Warner-Gustave PP Rudolph "Doddy" Francis PP Frank Myers PP Azmina Long</p>	<p>INTERNATIONAL Riquette Bonne-Smith</p> <p>AG - Leathon Khan PP Leevie Herelle Sheba O'Brien PP Albert Daniels Francis Belle Harold Adu Angela Coleby</p>
<p>FOUNDATION PP - Frank Myers</p> <p>PP Charles Serieux PP Brad Paul Steve Johny</p>	<p>MEMBERSHIP President Elect Everton Sealy</p> <p>AG Leathon Khan Crisy Laurent Mary Dix</p>	<p>SOCIAL MEDIA/PUBLIC IMAGE Roger Hare</p> <p>AG Leathon Khan Angela Coleby</p>
	<p>YOUTH SERVICES Daniel Nunez</p> <p>PP Konrad Wagner PP Tim James</p>	

Joke in the Spoke

Some light hearted humour



Me at 18: as long as I get home at 4am, I can get up for work at 6

Me now: How dare you even suggest we start a movie at 8pm



Skipped the gym today and put on a fitted sheet instead



FULL MEMBERSHIP

ROTARY CLUB OF ST LUCIA

Adu, Harold
Ambris, Digby
Belle, Francis
Bonne-Smith, Riquette
Bonnett, Julie
Cassius, Natoya
Charles, Julian
Charles, OBE, JP., Malcolm
Charles-Donai, Keturah
Coleby, Angela
Daniels, Albert
Devaux, Sean
Francis, Lorenzo
Hare, Roger
Herelle, Leevie
Hinkson, Chester

James, Timothy
Johnny, Fitzstephen
Jonas, Jeremiah
Joseph, Marcus
Julien, V. Gordon
Kent, Peter
Khan, Leathon
Laurent, Crisy
Lewis- Dix, Mary
Long, Azmina
Moffat, Timothy
Myers, Frank
Nunez, Daniel
O'Brien, Sheba
Paul, Brad
Sealy, Everton
Serieux, Charlie
Simmons, Ira
St.Prix, Selma
Wagner, Konrad
Warner-Gustave, Soraya



Rotary the World Over