

DECEMBER 2023

THE SPOKE



UNLOCKING WELLNESS: DECEMBER - ROTARY CLUB'S MONTH OF DISEASE PREVENTION AND TREATMENT

By focusing on Disease Prevention and Treatment Month in December, Rotary Clubs aim to make a meaningful impact in improving public health and reducing the prevalence of preventable diseases, both locally and globally.

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- Raise for Rotary
- Christmas community services

DECEMBER IS



DISEASE PREVENTION & TREATMENT MONTH

Rotary
Club of St Lucia

www.Rotary.org

DECEMBER COMMUNITY SERVICE EVENTS

December is scheduled to be a busy month with the hamper distribution and children's Christmas party.

Learn how you can help.



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Rotary



THE FOUR WAY TEST
OF THE THINGS WE THINK, SAY, DO

- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIP**?
- 4 Will it be **BENEFICIAL** to all concerned?



PRESIDENT MESSAGE



Fellow Rotarians and Friends

As we step into the month of December, we embark on a journey of compassion and commitment, focusing our energies on a cause that lies at the heart of Rotary's mission: Disease Prevention and Treatment. It's a month that reminds us of the profound impact we can make in the lives of individuals, families, and communities when we unite under the banner of health and well-being.

In this special month, we have the opportunity to reflect on the immense power we possess as Rotarians to change lives and shape a healthier future. Our dedication to service has led us to the forefront of the fight against diseases, both local and global. From our tireless efforts to eradicate polio to our ongoing initiatives in disease prevention and treatment, we are making a real difference in the world.

As the President of our Rotary Club, I'm deeply inspired by the unwavering commitment of our members to this cause. Together, we have the ability to educate, sensitize, and provide critical healthcare support to those in need. This December, let us harness our collective strength and resources to amplify our impact.

I encourage each one of you to actively participate in our Disease Prevention and Treatment Month activities. Whether it's organizing fundraising events, supporting vaccination campaigns, promoting health education, or engaging in community service projects, every action we take brings us closer to a healthier, disease-free world.

Let us remember that our efforts not only save lives but also empower individuals and communities to thrive. By preventing diseases and providing treatment, we give the gift of hope and a brighter future.

Thank you for your dedication to Rotary's ideals and for being part of our meaningful journey during this Disease Prevention and Treatment Month. Together, we are truly "Rotary Serving Humanity."

Yours in Rotary,

President Everton Sealey



THE 2023/24 BOARD



President

EVERTON SEALEY



Immediate Past President

GORDON JULIEN



Club Secretary

NATOYA CASSIUS



Vice President/Club Admin

PP SELMA ST PRIX



Vocational

PP BRAD PAUL



Community Services

STEVE JOHNY



Foundation

PP LEEVIE HERELLE



International Services

PP CHARLES SERIEUX



Membership

MARY DIX



Treasurer

PP KETURAH DONAI



Youth Services

DANIEL NUNEZ



Elderly Care/After Meeting

PAG MALCOLM CHARLES



Public Image/Spoke

ANGELA COLEBY



Sergeant at Arms

JULIE BONNETT



EDITOR'S MESSAGE

by Angela Coleby

Greetings, Rotarians and Friends,

The Rotary Foundation month may be over but donating to this great cause should be always in our mind.

If you're on social media, you've likely had friends ask you to donate to their favorite causes to celebrate birthdays or to support disaster relief after tragedies. You see other people in your network contributing, and you're drawn to give as well, by the story or because you want to help a friend. This kind of peer-to-peer fundraising, sometimes known as charitable crowdfunding.

These peer-to-peer fundraising acts, especially in their digital forms, maximize the power of social media networks and have the potential to supercharge Rotary's traditional fundraising while drawing in a new segment of donors.

Teams or individuals can choose a fundraising template for a challenge, celebration, or memorial, or create their own. And they can choose which Rotary Foundation fund they want to support: any Annual Fund area of focus, PolioPlus, the World Fund, or Disaster Response. Donors to these fundraisers receive the same donor credit they would if they were to donate online or by mail.

A team fundraiser for the club has been set up on the Raise for Rotary website. The aim is for all our fundraiser events to be added here as well as any individual member celebrations.

The link for our club team is:

<https://raise.rotary.org/acoleby/fundraiser>

If you have any questions or need help setting up a fundraiser, please contact me.

Yours in the spirit of growth and service,



HOW DO I MAKE A DONATION?

To make a donation either transfer the funds to our bank and inform the Treasurer what the payment is for or follow the link on our website:

<https://my.rotary.org/en/donate>

Submit your ideas and suggestions for The Spoke to acoleby@gmail.com

ROTARY INTERNATIONAL NEWS

AN AUDACIOUS REQUEST TRANSFORMS SOUTH AFRICAN SCHOOLS

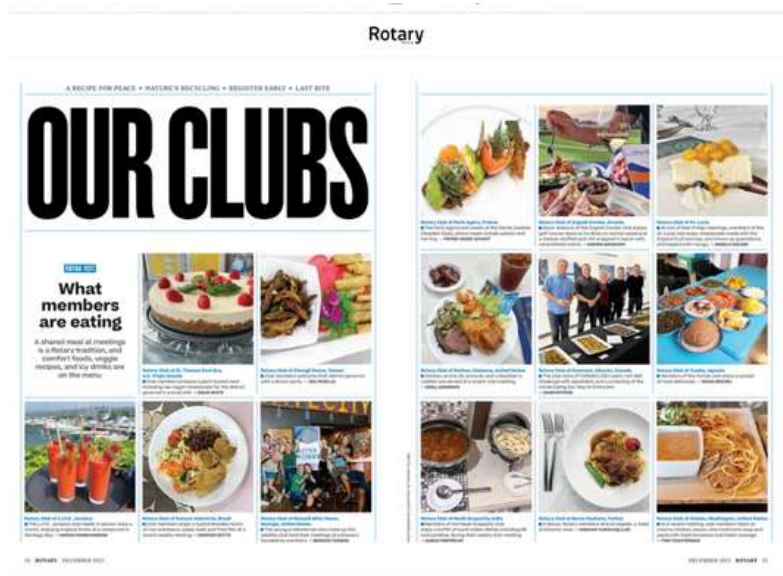
Partnerships can sometimes be slow to develop, but their results can be remarkable. Two Rotary clubs in South Africa and the U.S. might never have become partners if it weren't for an enthusiastic expat who worked at a Jackson Hole hospital. But the outcome of their alliance is extraordinary: a US\$540,000 overhaul of facilities at 11 South African schools that benefits more than 7,200 students every year.



[READ MORE](#)

ROTARY CLUB OF SAINT LUCIA APPEARS IN THE ROTARY MAGAZINE

If you turn to page 55 in the December issue of The Rotary Magazine, our club is mentioned with the tasty soursop cheesecake we have enjoyed at Friday meetings, at Calabash Cove.



[READ MORE](#)

ROTARY DISTRICT 7030 NEWS

MAP UNPLUGGED WEBINAR



#ROTARYSHARES #ROTARYZONES3334 #ELEVATEROTARY

As a club or district leader interested in strengthening Rotary Clubs, you will want to Register NOW for the Zones 33/34 MAP Webinar - MAP Unplugged taking place on Monday 11th December 2023 at 06:00 pm EDT | 07:00 p.m. AST (GMT-4)

Join Zones 33/34 RI Director Jeremy Hurst, Rotary Coordinators Terry Weaver and Mike Darragh along with the other members of the MAP Team as they roll out and demonstrate how this initiative

...is easy to follow

...comes in bite-sized pieces

...caters for both attraction and retention of members

...is backed by real time data

...is immediately actionable

REGISTER NOW



RAISE FOR ROTARY

Raise for Rotary is a platform that allows individuals, clubs, and districts to create online fundraisers that benefit The Rotary Foundation. It is a great way to celebrate personal events and special occasions.

How It Works



1. Choose your occasion



2. Choose what you want to support



3. Inspire your community

Polio's Last Stand: Join the Fight!

The Rotary Club of St Lucia wishes to raise funds for the Polio Fund to support vaccination campaigns, research, surveillance, and healthcare infrastructure in the remaining polio-endemic regions and to ensure that the disease does not return.



[DONATE NOW](#)



WHAT CAN ROTARY CLUBS DO FOR DISEASE PREVENTION & TREATMENT MONTHS?

By focusing on Disease Prevention and Treatment Month in December, Rotary Clubs aim to make a meaningful impact in improving public health and reducing the prevalence of preventable diseases, both locally and globally. These efforts align with Rotary International's overarching mission to promote goodwill and humanitarian service around the world.

Here are some of the key activities and initiatives that Rotary Clubs may undertake during Disease Prevention and Treatment Month in December:

- **Polio Eradication:** Rotary International has been a major partner in the fight to eradicate polio worldwide. During December, clubs often raise funds and awareness for the global effort to end this disease.
- **Vaccination Campaigns:** Rotary Clubs may support or organize vaccination campaigns, not only for polio but also for other preventable diseases such as measles, COVID-19, or hepatitis.
- **Health Screenings:** Clubs may provide health screenings and medical check-ups to underserved communities, offering early detection and prevention of diseases.
- **Educational Programs:** Rotary often organizes educational programs and seminars to promote health awareness, hygiene, and disease prevention in communities.
- **Fundraising:** Special fundraising events and campaigns are common during Disease Prevention and Treatment Month to support health-related projects and initiatives locally and globally.
- **Partnerships:** Rotary Clubs collaborate with local healthcare organizations, government agencies, and international partners to strengthen their efforts in disease prevention and treatment.
- **Community Service Projects:** Clubs may initiate projects that improve access to clean water, sanitation facilities, and proper nutrition, all of which contribute to disease prevention.
- **Support for Healthcare Facilities:** Some clubs may provide resources and assistance to healthcare facilities, including hospitals and clinics, to enhance their capacity to diagnose and treat diseases.

DECEMBER COMMUNITY SERVICE EVENTS

There are 2 community service events in December that club members can help support.

Christmas Hamper Distribution

PP Frank has distributed a list of food and toiletries that are needed for the annual Christmas Hamper Distribution. We are looking to distribute 100 hampers this year.

Contact PP Frank to either pledge your cash support or purchase the specific items.

The packing of the hamper items will commence the week beginning the 18th December.



Children's Christmas Party

The annual children's Christmas party will be held on Saturday 23rd December. A list of gifts to be purchased for the children will be distributed shortly.



ROTARIANS IN ACTION

A team from the Rotary Club of Saint Lucia attended a the fundraising quiz night for Pawasol Pour Ti Mamai – a charity for Saint Lucia’s children in need. Great fun was had by all but the highlight of the evening was that the team won first place!

Rotarian Natoya won the main raffle prize and PAG Konrad walk off with many other prizes (which he won on behalf of his staff).





CAREER FAIR

To commemorate Interact Week, members from the Rotary Club of Gros Islet and Rotary Club of Saint Lucia collaborated with teacher advisors to organize a Career Fair. Professionals from around the island volunteered to share the pros and cons of their fields.





NOVEMBER FEEDING PROGRAM

The Community Service Committee with the help of other Rotarians fed 200 meals for the homeless in Castries on Sunday 12th November. Visiting Rotarian, Rudo Udika from the Rotary Club of Grenada joined us too.



FULL ALBUM OF PHOTOGRAPHS ON THE CLUB WEBSITE



NOVEMBER FEEDING PROGRAM



FULL ALBUM OF PHOTOGRAPHS ON THE CLUB WEBSITE

CALENDAR OF EVENTS

Dates for your diaries

MONTH	DATE	EVENT
DECEMBER	Mon - Sat 18th-23rd	Packing & Distribution of Christmas Hampers
	Sat 23rd	Children's Christmas Party
JANUARY	Tues 2nd	Christmas Feeding Program at Castries
APRIL	Easter Weekend	Anti-Drug Youth Camp "Love & Respect"
	Thurs - Sat, 18th - 20th	District Conference, St.Vincent



BIRTHDAY GREETINGS



Dr Sheba O'Brien
9th December



PP "Doddy" Francis
11th December



PP Brad Paul
14th December

DECEMBER ROTAVERSARIES

Congratulations!

Thank you for being a valuable member of our Rotary family.



PP Joe Simmons
40 Years



PAG Konrad Wagner
24 Years



Mary Dix
11 Years



Natoya Cassius
3 Years

JOKE IN SPOKE

Light humor and a Rotary Quiz to enjoy with your morning coffee!



Rotary Quiz

Test your Rotary knowledge
Answers will be in next months newsletter

Cowboy, Desk Clerk, Marble Salesman, Actor, Merchant Seaman, Fruit Picker. What were...?

1. The fifth through the tenth members of the first Rotary Club?
2. Classifications not included until after the convention of 1922?
3. Paul Harris' jobs between 1891 and 1896?
4. Occupations not thought to be good material for Rotary membership?

The answer for last month's quiz was #4.



The Rotary Foundation is the charitable arm of Rotary International, the global service organization dedicated to bringing together business and professional leaders to provide humanitarian services, encourage high ethical standards, and promote goodwill and peace in the world. Established in 1917 by Rotary International's sixth president, Arch C. Klumph, the Foundation initially focused on the purpose of "doing good in the world."

The Foundation's primary objective is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty. It operates with the mission of promoting peace, preventing diseases, supporting education, growing local economies, and providing clean water and sanitation.

The Foundation is funded by voluntary contributions from Rotarians and friends who share the vision of a better world. These contributions support the Foundation's various programs, which include:

PolioPlus: An initiative dedicated to eradicating polio worldwide. The Foundation has been a key player in the global effort to eliminate polio and has contributed significantly to reducing cases of this disease.

Global Grants: These grants support large-scale international projects focused on sustainable, high-impact outcomes in areas such as water and sanitation, disease prevention, maternal and child health, basic education, and community economic development.

District Grants: Aimed at smaller-scale, community-based projects within local communities, these grants allow Rotary clubs to address immediate needs and serve their local populations.

Scholarships: The Foundation provides scholarships for individuals seeking to further their education or engage in academic studies related to peace and conflict resolution.

The Rotary Foundation has earned a reputation for its effectiveness and transparency in managing funds and ensuring that contributions translate into tangible, meaningful, and sustainable results. It plays a pivotal role in supporting Rotarians as they carry out service projects both locally and globally, making a significant difference in the lives of individuals and communities worldwide.

ROTARY MONTHLY THEMES

Each month has a different Rotary theme.

MONTH	THEME
JULY	Maternal and Child Health
AUGUST	Membership & New Club Development
SEPTEMBER	Basic Education and Literacy
OCTOBER	Community Economic & Development
NOVEMBER	The Rotary Foundation
DECEMBER	Disease Prevention & Treatment
JANUARY	Vocational Service
FEBRUARY	Peace and Conflict Prevention
MARCH	Water, Sanitation and Hygiene
APRIL	Environmental Month
MAY	Youth Service
JUNE	Rotary Fellowships



A Common Rotary Grace

Oh Lord and Giver of all Good
We thank thee for our daily food
May Rotary friends and Rotary ways
Help us to serve thee all our days.