

# THE SPOKE

SERVICE ABOVE SELF

## VOCATIONAL SERVICE MONTH

# JANUARY IS



VOCATIONAL  
SERVICE  
MONTH

“The only unique feature of Rotary is vocational service; everything else that we do is repeated by some other organization.”

Past RI President 1945-46 T.A. Warren



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# PRESIDENT'S MESSAGE

## VOCATIONAL SERVICE MONTH



Good day to all you Rotarians!,

Today marks the start of an exciting month-long event known as Rotary Vocational Service Month. During this time, we celebrate those who devote their lives to making a difference in their vocations and serving their community.

Vocational excellence is something that we can all strive for, no matter what our chosen vocation may be. Whether it's working in medicine, teaching, banking or elsewhere, we should always strive to do our best and work towards achieving excellence in our chosen field of work. Not only will this benefit us professionally but it will also benefit society as a whole.

Rotary Vocational Service Month allows us to recognize individuals for their hard work and dedication to making a difference through their vocations. It's a time of celebration and appreciation for everyone who strives to improve themselves and serve others with the values of service above self in mind.

Our club has a rich tradition of using our vocation to give back to our community. Our highly successful Doctors in Action programme, vocational talks at our primary and secondary schools and mentoring, are all great examples of vocational excellence and serving our community. We should also remember that we can all contribute towards improving our own vocations, whether it's by working towards professional certifications or learning new skills that can help us advance in our careers.

God has blessed us with many gifts. Let's use this month as an opportunity to reflect on how we can use these gifts to make an impact through our vocations. Whether it be through taking part in local initiatives such as volunteering or fundraising, let's continue striving forward and using our skillsets to make a positive difference in the world around us.

Happy Rotary Vocational Service Month!

### *A Common Rotary Grace*

Oh Lord and Giver of all Good  
We thank thee for our daily food  
May Rotary friends and Rotary ways  
Help us to serve thee all our days.

## THE 2022/23 BOARD



President  
GORDON JULIEN



Immediate Past President  
KETURAH DONAI



President Elect/Club Secretary  
SHEBA O'BRIEN



Director - Club Admin  
PP TIMOTHY MOFFAT



Director - Community  
Services  
PP LEEVIE HERELLE



Director - International  
Services  
RIQUETTE BONNE-SMITH



Director - Social  
Media/Public Imager  
ROGER HARE



Director - Membership  
EVERTON SEALEY



Director - Vocational  
NATOYA CASSIUS



Director - Foundation  
PP FRANK MYERS



Director - Youth Services  
DANIEL NUNEZ



Treasurer  
MARCUS JOSEPH



Elderly Care/After Meeting  
PAG MALCOM CHARLES PHF



Sergeant at Arms  
AG/PP LEATHON KHAN



Spoke Editor  
ANGELA COLEBY



## EDITOR'S MESSAGE

by Angela Coleby

January has been a great return to face to face meetings with interesting speakers. Both meetings were well attended and I'd like to hear more from both of the speakers again.

February may be a short month but the club has a lot packed in. Our Wine and Cheese event is back at the Governor General's residence on the 25th and should be a great night. There's still tickets to sell, so let's get this event sold out! Now that Dry January is over, we can call it wine February?

The District Governor visits St Lucia from the 24th February so there will be many events for the members to attend and come together as a club. Get your rest now as we will be very busy that weekend!



I have proposed a project for the club to deal with Period Poverty in St Lucia and will be working with the Gros Islet Rotary club on this as it's an issue they wish to deal with too.

Our first fundraiser for this project will be in April and there will be regular updates here on our progress. It's a project that will start small but has the potential to grow and grow.

## THE FOUR WAY TEST

Of The Things We Think, Say And Do:

Is it the truth?

Is it fair to all concerned?

Will it built goodwill and better friendships?

Will it be beneficial to all concerned?

*Be the reason someone feels welcome, seen, heard, valued, loved and supported.*

Feel free to submit your ideas and suggestions to [acoleby@gmail.com](mailto:acoleby@gmail.com)

**If you want the Spoke, feed the Spoke.**



## ROTARY INTERNATIONAL NEWS

Rotary honored six members as People of Action: Champions of Inclusion in January to recognize their commitment to diversity, equity, and inclusion around the world. The distinction was announced to coincide with Martin Luther King Jr. Day, the U.S. holiday that honors the slain civil rights leader. These members and their work exemplify Rotary's core values and illustrate how inclusivity can make a transformational impact on individuals and communities.

İclal Kardiçali - Turkey  
Rosemary Nambooze - Uganda  
Sarita Shukla - India  
Anderson Zerwes - Brazil  
Cam Stewart - Canada  
André Hadley Marria - USA

## ROTARY DISTRICT 7030 NEWS



## DISTRICT 70/30 CHALLENGE

Over the course of six weeks, members, clubs and the wider community will be encouraged to partake in physical activity challenges and involve children in the same. Information will also be shared and promoted via Rotary channels, and clubs are encouraged to showcase existing or start new projects and activities related to childhood obesity prevention.

This year's 70/30 Challenge already has some stiff competition among members and clubs.

The 70/30 Challenge ends on 05th March 2023 ...so there is still time for you to get MOVING and participate.

# ROTARY YOUTH LEADERSHIP AWARDS

The annual Rotary Youth Leadership Awards were held at the NSCD on 14th January with President Gordon and PP Soraya in attendance.

RYLA emphasizes leadership, citizenship, and personal growth, and aims to provide an effective training experience for selected youth and potential leaders. It recognizes publicly, young people who are rendering service to their communities



# FRIDAY MEETINGS RECAP

Here's what you missed at the face to face meetings in  
January



## SPEAKER

Dr Stephen King, Pathologist and in-house consultant at Tapion Hospital.gave an interesting talk on Violence Prevention

A face to face dinner meeting was held at the Sandals Golf and Country Club in Cap Estate on Thursday 26th with a great attendance by members.

Dr. Stephen King shared the Six Bridges to Peace and Prosperity being used by the Citizens for Peace and Prosperity group of Saint Lucia. The Bridges are:

1. Empowerment of individuals
2. Creative Arts as an avenue to increase self worth and identity
3. Improving parenting and child development
4. Violence interruption
5. Using Sports to build community connections and mobilize for peace building initiatives
6. Improving recreational infrastructure in communities



PP Dr Azmina gave a heart felt and amusing vote of thanks to the meeting.



## Raffle



Julie won the raffle prize of chocolates

# FRIDAY MEETINGS RECAP



## SPEAKER

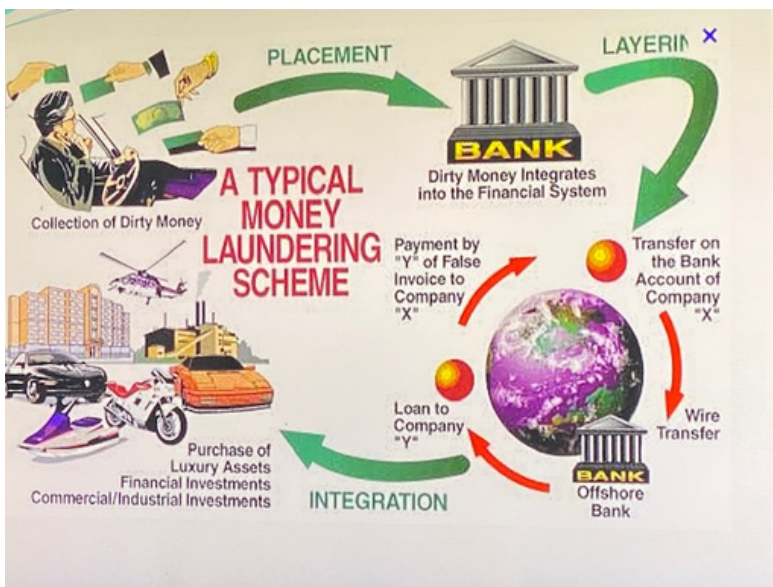
Mr Giovanni James, a crime and security consultant gave a very interesting talk and slide show on Anti-Money Laundering and Counter-Terrorism Financing

A Friday lunch meeting was held at the NSDC on 3rd February with a most information and fascinating presentation by Mr Giovanni James to a well attended lunch.

The club were presented with various local cases of money laundering, along with the key businesses that are targeted. We learned that Kentucky Fried Chicken is a favorite food with Venezuelan criminals. A 500 Euro bank note is called a Bin Laden. When we do not declare our electronic purchases and shopping on the duty card when entering the country we are all guilty of money laundering.

The talk was so well received by the club that we could have spent the rest of the afternoon listening to more cases, if it were not for many of us having to return to work and meetings!

PP Frank gave the vote of thanks to introducing us to the weird and wonderful world of money laundering.



## Raffle

The raffle prize of wine was won by Monika, a guest of PAG Konrad





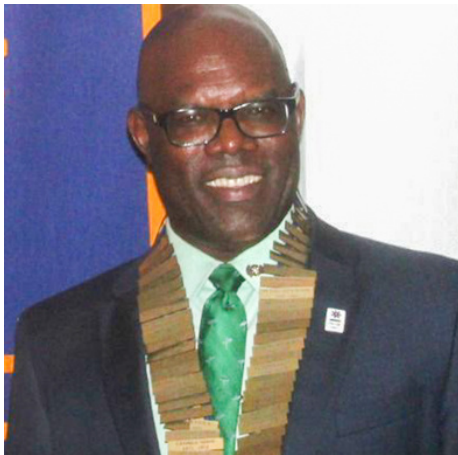
# MEMBER FUN FACT

You think you might know your fellow Rotarian's but we know a few facts about them you may not!



## PP Tim Moffat

Identifies as 6'2" tall  
and can water-ski  
barefooted.



## President Gordon

Has sung calyspo and  
was a calyspo judge for  
several years in St Kitts.  
He likes trying Karoke  
even if he can't sing!



# ROTARY MEMORIES



# BIRTHDAY GREETINGS!



## Upcoming Birthdays



### FEBRUARY

Julie Bonnett  
25th February



## RAFFLE

**FUND RAISING RAFFLE**  
Rotary Club of St. Lucia  
*Grand Prize*  
**DELL LATITUDE 3520 LAPTOP**  
**TICKET \$10**  
DRAW WILL TAKE PLACE ON  
EASTER MONDAY  
APRIL 10 2023  
**CONTACT ANY ROTARIAN OR  
CALL 453 1471**  
All Proceeds Go To Support Rotary's Charitable Projects  
Authorised by the National Lotteries Authority

Have you purchased your book(s) of raffle tickets? Contact PP Frank  
**Raffle ticket stubs to be given to PP Frank by Thursday 6th April**



# UPCOMING EVENTS

## February 2023

**25th**

Sat

**Wine & Cheese Fiesta  
Government House**

**24th - 28th**

Fri - Tues

**District 7030 Governor,  
Leslie Ramdhanny, Visit**

The Proposed Schedule:  
Friday - Evening Dinner  
Saturday - Wine & Cheese  
Sunday - Round Island Tour  
Monday - Evening Reception  
Tuesday - Gros Islet Club Lunch  
Evening Fellowship

## April 2023

**13-15th**

Thurs - Sat

**District 7030 Conference,  
Grenada**

**If you are planning an event, please let the social media and PR committee know so we can help share it!**

# ROTARY MONTHLY THEMES

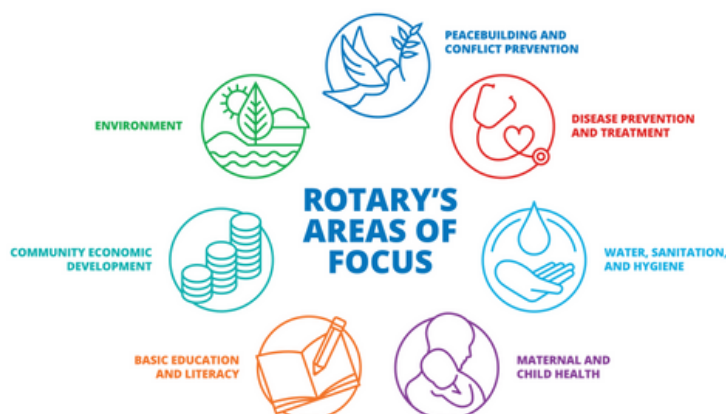
Each month has a different Rotary theme. Start your planning now!

MONTH	THEME
July	Transition Month
August	Membership & Extension
September	Basic Education & Literacy
October	Economic & Community Development
November	The Rotary Foundation
December	Disease Prevention & Treatment
January	Vocational Service
February	Peace, Conflict, Prevention/Resolution
March	Water & Sanitation
April	Maternal & Health Care
May	Youth Service
June	Rotary Fellowships

# ROTARY AREAS OF FOCUS

No challenge is too big for us

For more than a century, we've bridged cultures and connected continents. We champion peace, fight illiteracy and poverty, help people get access to clean water and sanitation, and fight disease. Our newest cause is to protect our planet and its resources.





# ROTARY FOUNDATION

Although November is Foundation month, it should be kept in our minds all year as it is a way of making a global difference. As Rotarians, we may work on local projects but should not forget the purpose of delivering a better world through the Rotary Foundation.



## MAKE A REGULAR DONATION

If we all donate a small amount each month then we can make a difference and help others. If 30 members donated just \$25 a month, that would be a total of \$750 making a total of \$9000 a year. Small and steady can make a large impact.

## WHY SHOULD I DONATE TO THE FOUNDATION?

When you make a donation to The Rotary Foundation, you are helping Rotary members make a difference in the lives of millions of people around the world, by promoting peace, preventing disease, supporting education, bolstering economic development, and providing clean water and sanitation

## WHAT IMPACT CAN ONE DONATION HAVE?

It can save a life. A child can be protected from polio with as little as 60 cents. Our partners make your donation go even further. For every \$1 Rotary commits to polio eradication, the Bill & Melinda Gates Foundation has committed \$2.

- For as little as 60 cents, a child can be protected from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an antibullying campaign and create a safe environment for children.

## HOW DO I MAKE A DONATION?

To make a donation either transfer the funds to our bank and inform the Treasurer what the payment is for or follow the link on our website:

<https://my.rotary.org/en/donate>

# 2022/23 ROTARY CLUB COMMITTEES

Let's welcome the new committee members for 2022/23

*"Volunteers do not necessarily have the time; they have the heart". Elizabeth Andrew*

<p><b>ELDERLY CARE/AMF</b> <b>PAG Malcolm Charles</b></p> <p>PP Digby Ambris PP Konrad Wagner PP Ira Simmons PP Leevie Herelle PP Chester Hinkson Peter Kent</p>	<p><b>CLUB ADMIN</b> <b>PP Tim Moffat</b></p> <p>IPP Keturah Donai PE Sheba O'Brien Julie Bonnett</p>	<p><b>FUND RAISING</b> <b>PE Sheba O'Brien</b></p> <p>PP Konrad Wagner Sean Devaux Marcus Joseph Julian Charles Steve Johny</p>
<p><b>COMMUNITY SERVICE</b> <b>PP Leevie Herelle</b></p> <p>PP Brad Paul PP Selma St.Prix Mary Dix Steve Johny</p>	<p><b>VOCATIONAL</b> <b>Natoya Cassius</b></p> <p>PP Konrad Wagner PP Soraya Warner- Gustave PP Rudolph "Doddy" Francis PP Frank Myers PP Azmina Long</p>	<p><b>INTERNATIONAL</b> <b>Riquette Bonne-Smith</b></p> <p>AG - Leathon Khan PP Leevie Herelle PE Sheba O'Brien PP Albert Daniels Francis Belle Harold Adu Angela Coleby</p>
<p><b>FOUNDATION</b> <b>PP - Frank Myers</b></p> <p>PP Charles Serieux PP Brad Paul Steve Johny</p>	<p><b>MEMBERSHIP</b> <b>Everton Sealy</b></p> <p>AG Leathon Khan Crisy Laurent Mary Dix</p>	<p><b>SOCIAL MEDIA/PUBLIC IMAGE</b> <b>Roger Hare</b></p> <p>AG Leathon Khan Angela Coleby</p>
	<p><b>YOUTH SERVICES</b> <b>Daniel Nunez</b></p> <p>PP Konrad Wagner PP Tim James</p>	

# Joke in the Spoke

*Some light hearted humour*



Valentine's Day plan:

1. Breakfast in bed
2. Chocolates
3. Watch movie
4. Dinner for two.
5. Regret eating two dinners.
6. Cry alone.

Weekends as an adult really suck.

Friday: you work until 5 and you're too tired to do anything.

Saturday: you want to chill but you have to run errands or be productive.

Sunday: you're mad all day because it's already almost Monday.

Him: tell me your wildest fantasy

Me: 14 hours of sleep and then a buffet breakfast

IF MOMS MADE CANDY  
HEARTS...



# FULL MEMBERSHIP

## ROTARY CLUB OF ST LUCIA

Adu, Harold  
Ambris, Digby  
Belle, Francis  
Bonne-Smith, Riquette  
Bonnett, Julie  
Cassius, Natoya  
Charles, Julian  
Charles, OBE, JP., Malcolm  
Charles-Donai, Keturah  
Coleby, Angela  
Daniels, Albert  
Devaux, Sean  
Francis, Lorenzo  
Hare, Roger  
Herelle, Leevie  
Hinkson, Chester

James, Timothy  
Johnny, Fitzstephen  
Jonas, Jeremiah  
Joseph, Marcus  
Julien, V. Gordon  
Kent, Peter  
Khan, Leathon  
Laurent, Crisy  
Lewis- Dix, Mary  
Long, Azmina  
Moffat, Timothy  
Myers, Frank  
Nunez, Daniel  
O'Brien, Sheba  
Paul, Brad  
Sealy, Everton  
Serieux, Charlie  
Simmons, Ira  
St.Prix, Selma  
Wagner, Konrad  
Warner-Gustave, Soraya



**Rotary the World Over**