

**JANUARY 2024**

# THE SPOKE



## EMBRACING EXCELLENCE: JANUARY ROTARY VOCATIONAL SERVICE MONTH

Vocational Service Month is an opportunity for Rotary members to emphasize these principles and showcase how they apply them in their vocations to make a positive impact on society. It's a time to inspire and encourage ethical conduct in businesses and professions and to foster a greater sense of social responsibility among Rotary members.

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Rotary



**THE FOUR WAY TEST**  
OF THE THINGS WE THINK, SAY, DO

- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIP**?
- 4 Will it be **BENEFICIAL** to all concerned?



# PRESIDENT MESSAGE



Fellow Rotarians and Friends

As we step into the new year, I am honored to share with you the significance of January as "Vocational Development Month" within our Rotary community. It is a time for us to reflect on the principles that bind us together as Rotarians and to celebrate the remarkable contributions we make in our respective vocations.

Our commitment to Vocational Service is embedded in the very fabric of Rotary. The Four-Way Test serves as our guiding light, urging us to ask ourselves, "Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?" These questions not only shape our ethical compass but also inspire us to excel in our vocations and serve society with integrity.

During this month, let us take the opportunity to reflect on our professional journeys and the impact we have on our communities. Let us celebrate the diversity of our vocations, recognizing that each one contributes to the vibrant tapestry of Rotary. Whether you are a doctor, teacher, engineer, entrepreneur, or any other professional, your expertise and dedication are invaluable assets to our club and the world.

As Rotarians, we have a unique responsibility to mentor and guide the next generation of professionals. I encourage you to share your knowledge, experiences, and wisdom with young people in your community. Our mentorship can pave the way for them to follow in our footsteps, carrying forward the values of Rotary into the future.

Let us make this month a testament to the power of vocational service and the difference it can make in the lives of those we serve. Together, we can continue to uphold Rotary's ideals and create a brighter, more ethical world through our vocations.

Yours in Rotary,

President Everton Sealey



# THE 2023/24 BOARD



President

EVERTON SEALEY



Immediate Past President

GORDON JULIEN



Club Secretary

NATOYA CASSIUS



Vice President/Club  
Admin

PP SELMA ST PRIX



Vocational

PP BRAD PAUL



Community Services

STEVE JOHNY



Foundation

PP LEEVIE HERELLE



International Services

PP CHARLES SERIEUX



Membership

MARY DIX



Treasurer

PP KETURAH DONAI



Youth Services

DANIEL NUNEZ



Elderly Care/After Meeting

PAG MALCOLM CHARLES



Public Image/Spoke  
ANGELA COLEBY



Sergeant at Arms  
JULIE BONNETT



# EDITOR'S MESSAGE

by Angela Coleby

Greetings, Rotarians and Friends,

I hope you had a great Christmas and are full of New Year Resolutions!

It's been a great start to 2024 with the Zones 33/34 Rotary and Rotaract Banner Art Competition being won by yours truly. My winning banner will be displayed for 4 months in the various social media channels and giving the Club of Saint Lucia some exposure too!

If you look carefully at the photos used in the design, there are a few familiar faces too!

January is Rotary Club Vocational Month – a time when we celebrate the diverse talents and professions of our members. From doctors to teachers, engineers to entrepreneurs, we come together to promote ethical leadership, mentor future professionals, and make a meaningful impact in our communities. It's a month of service, integrity, and collaboration, embodying the true spirit of Rotary.

## RAISE FOR ROTARY

### How It Works



1. Choose your occasion



2. Choose what you want to support



3. Inspire your community

## Polio's Last Stand: Join the Fight!

The Rotary Club of St Lucia wishes to raise funds for the Polio Fund to support vaccination campaigns, research, surveillance, and healthcare infrastructure in the remaining polio-endemic regions and to ensure that the disease does not return.

[DONATE NOW](#)

[Submit your ideas and suggestions for The Spoke to acoleby@gmail.com](mailto:acoleby@gmail.com)

## ROTARY INTERNATIONAL PRESIDENTIAL MESSAGE

In difficult times like these, it's impossible to avoid feeling heartbroken over the devastation and loss of life caused by war and destruction.

Rotary always stands against harming and displacing civilian populations and using armed aggression instead of pursuing peaceful solutions. We advocate for the observance and respect of international law. We believe in strong action to defend and promote peace, even in the darkest of times.

But we also take our position as an international, nonpolitical, nonreligious organization seriously. To respect the global perspectives and experiences of our members, and to work most effectively in our peacebuilding efforts, we do not choose sides in conflicts.

Rotary is made up of 1.4 million people in communities all over the globe who are united in our commitment to building a peaceful world. We strive to ensure that our words and actions prioritize the health and safety of our global membership and the communities where we live and serve.

Our members seek to offer humanitarian assistance to those affected by conflict, and our global reach requires that we promote peacebuilding and conflict prevention with cross-cultural, cross-border connections and friendship through Rotary.

For decades, Rotary has harnessed these connections to carry out service projects, support peace fellowships and scholarships, and establish programs like Rotary Peace Centers to help build lasting peace. Our members also take action to promote Positive Peace, addressing the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

Rotary members who wish to wage peace can use district grants and Rotary Foundation global grants to support projects with other Rotary members that help refugees and displaced people, provide medical support, and more worldwide. Members can also work with or join peace-focused Rotary Action Groups, Friendship Exchanges, Fellowships, and intercountry committees. And District Designated Funds or district cash can support our peacebuilding and conflict prevention efforts.

Members and nonmembers alike can learn more about peacebuilding through the Rotary Positive Peace Academy, a free online course available to anyone with an internet connection. You can find it at [positivepeace.academy/rotary](https://positivepeace.academy/rotary).

There is no denying that incidents of violence and atrocities being perpetuated around the world seem to be escalating. Global peace is fragile, and the stakes are getting higher.

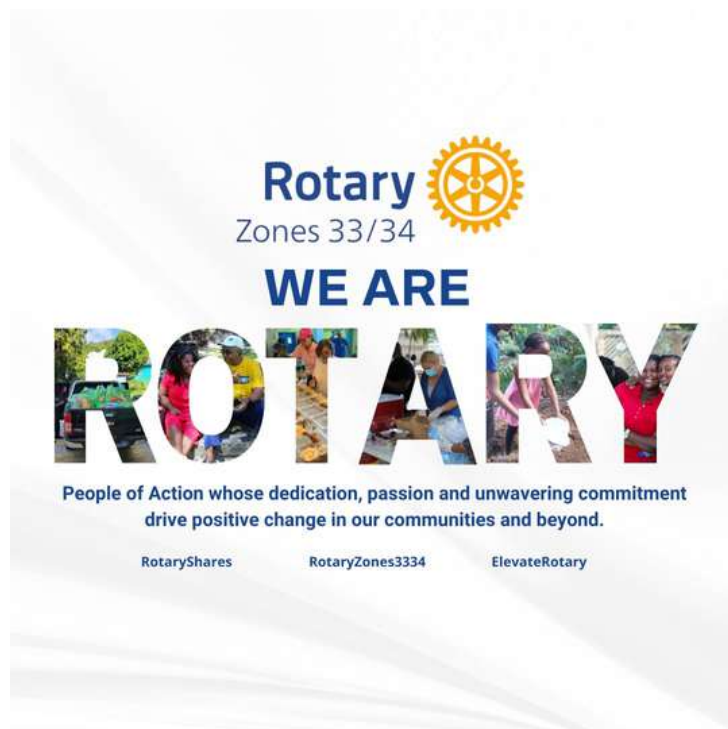
Still, we know that it is possible to bring all people together to work toward a shared goal. Rotary members do so every day in every part of the world. May our ability to unify in common purpose be a spark that helps light the path out of these dark days.

Together, let's Create Hope in the World.

## ROTARY DISTRICT 7030 NEWS

We're thrilled to announce the winners of our Zones 33/34 Rotary and Rotaract Banner Art Competition! 🌟 **Angela Coleby (Rotary Club of St. Lucia)**, Amanda Groover (Rotary Club of South Hall County), and Kristine LeDuc (Rotary Club of Southern Frederick County) wowed us with their incredible designs capturing our Zones' spirit and impact.

Their winning banners will shine on our social media channels for four months each.



# DECEMBER FELLOWSHIP MEETING

PP Leevie Herelle gave a Classification Talk at the Friday Fellowship meeting on 1st December 2023, at Calabash Cove Resort.



### Visiting Rotarians:

Mark and Nancy Danroy from the Rotary Club of Pickering  
Richard Grigg from the Bournemouth North Rotary Club

Richard Grigg was the raffle winner of the tin of biscuits donated by PAG Leathon.





# ROTARIANS IN ACTION

## DECEMBER HAMPER PACKING

Rotarians came together to pack the Christmas hampers at the NSDC and distributed to those in need.





## CLUB CHRISTMAS PARTY

The club Christmas party was held at Rendezvous, Stolen Times on Friday 22nd December 2023 with entertainment, carol singing, visiting Rotarians and the debut of the club raffle tombola.



[MORE PHOTOS ON THE WEBSITE](#)



## ROTARIANS IN ACTION

### CHRISTMAS CHILDREN'S PARTY

Food, drinks, a bouncy castle and presents were provided to Rosa's Place on Saturday 23rd December 2023 for an afternoon of Christmas cheer. Santa Claus was performed by our Sarge, Julie who did such an amazing job that it may be an annual role for her!



## WHAT CAN ROTARY CLUBS DO FOR VOCATIONAL SERVICE MONTH?

Rotary Clubs can engage in a variety of activities and initiatives during Vocational Service Month in January to promote ethical conduct and recognize the contributions of professionals in their communities. Here are some ideas:

- **Professional Development Workshops:** Organize workshops or seminars to help members and the community enhance their professional skills. Invite guest speakers to share expertise and insights in different vocations.
- **Vocational Awards:** Recognize outstanding professionals in the community by presenting vocational awards. These awards can celebrate individuals who have demonstrated exemplary ethical conduct in their careers.
- **Career Mentorship Programs:** Launch mentorship programs that pair experienced professionals from your Rotary Club with young professionals or students seeking guidance and mentorship in their chosen vocations.
- **Vocational Service Projects:** Plan and execute vocational service projects that address specific needs within your community. For example, a medical Rotary Club might offer free health check-ups, or a legal Rotary Club could provide free legal advice clinics.
- **Business Networking Events:** Host networking events or mixers where members can connect with professionals in various fields. This can promote collaboration and partnerships within the community.
- **Skills-Based Volunteering:** Encourage members to offer their professional skills and expertise to local non-profit organizations or community projects that could benefit from their vocational knowledge.
- **Social Media Campaigns:** Use social media to highlight the stories and achievements of Rotarians in their vocations. Share success stories and emphasize the ethical values promoted during Vocational Service Month.
- **Vocational Ethics Training:** Offer training sessions or workshops on ethics and professionalism, emphasizing Rotary's Four-Way Test as a guide for ethical decision-making.
- **Collaborate with Schools:** Partner with local schools and colleges to promote vocational education and career guidance for students.

# CALENDAR OF EVENTS

Dates for your diaries

MONTH	DATE	EVENT
<b>JANUARY</b>	Sunday 7th	Christmas Feeding Program at Castries
<b>APRIL</b>	Easter Weekend  Thurs - Sat, 18th - 20th	Anti-Drug Youth Camp "Love & Respect"  District Conference, St.Vincent



# BIRTHDAY GREETINGS



PP Keturah Donai  
31st January



## HOW DO I MAKE A DONATION?

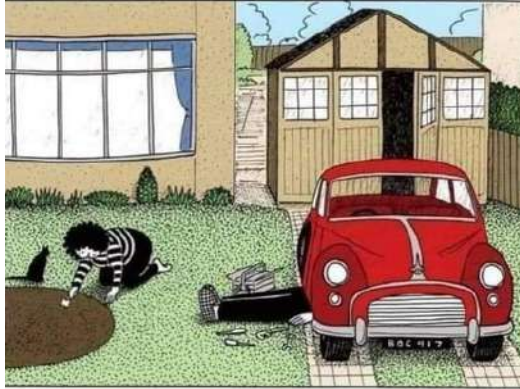
To make a donation either transfer the funds to our bank and inform the Treasurer what the payment is for or follow the link on our website:

<https://my.rotary.org/en/donate>



# JOKE IN SPOKE

Light humor and a Rotary Quiz to enjoy with your morning coffee!



FOR MANY YEARS FRED'S SECRET  
SUNDAY AFTERNOON NAPS  
WENT UNDETECTED

How to write "I changed a lightbulb" on your resume:  
"Single-handedly managed the successful upgrade and deployment of a new environmental illumination system with zero cost overruns and no safety incidents."

**When you can't find your reading glasses**



## Rotary Quiz

Test your Rotary knowledge  
Answers will be in next months newsletter

**Ann Brunier and Ann Gundaker. Who were the first...?**

1. Women members of Rotary International?
2. Women Presidents of Rotary Clubs?
3. Rotaryanns?
4. Woman District Governors?

**The answer for last month's quiz was #3**

# ROTARY MONTHLY THEMES

Each month has a different Rotary theme.

MONTH	THEME
JULY	Maternal and Child Health
AUGUST	Membership & New Club Development
SEPTEMBER	Basic Education and Literacy
OCTOBER	Community Economic & Development
NOVEMBER	The Rotary Foundation
DECEMBER	Disease Prevention & Treatment
JANUARY	Vocational Service
FEBRUARY	Peace and Conflict Prevention
MARCH	Water, Sanitation and Hygiene
APRIL	Environmental Month
MAY	Youth Service
JUNE	Rotary Fellowships



## *A Common Rotary Grace*

Oh Lord and Giver of all Good  
We thank thee for our daily food  
May Rotary friends and Rotary ways  
Help us to serve thee all our days.