

Rotary Club of Saint Lucia's Newsletter



THE SPOKE

SERVICE ABOVE SELF

ISSUE 4 • APRIL 2021

BY NATOYA CASSIUS



Photo Credit: Corbis via Getty Images

THE ROTARY 4-WAY TEST

A Four-way test 'formula' guides our International membership. The creed which states:

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be **BENEFICIAL** to all concerned?

Areas of Focus & Rotary Monthly
Theme • P. 5

Calendar of Events • P. 7

Highlights • P. 27

Safety During the Outbreak P. 29

Rotary Members • P. 30

Rotary Committees • P. 31

THE PRESIDENT'S MESSAGE



MESSAGE FROM PRESIDENT LEATHON B. KHAN

As Rotarians, we close out the month of April in our District with feelings that were stretched across the spectrum of emotions. In April we traversed through sharp corners, valleys, and peaks from destruction, displacement and death, to successes, remarkable milestones and innovativeness.

This was a rollercoaster of hopelessness and fear and hope and optimism.

The disruption of lives and livelihoods on our sister islands of Saint Vincent and the Grenadines has been devastating. Their plight from the volcano eruption has been further compounded by torrential rains and destructive, widespread flooding. As "People of Action", Rotarians within our District responded swiftly and collectively to help with relief efforts.

At the same time, the Covid-19 virus continues its aggressive advance worldwide, seemingly one step ahead of attempts to vaccinate as many people as possible.

Amid all of this, we as Rotarians are called to serve.... "to unite and take action and create lasting change". And so, in April we pressed on with our Work Program:

- 1. Feeding and clothing the homeless and poor, those most vulnerable among us.
- 2.Successfully hosting our first Virtual Musical Wine and Cheese Fiesta, in aid of establishing a Homeless Shelter. This was a new and bold initiative that exceeded all expectations.

Friends and well-wishers from near and far were stirred by our plans to restore and improve the quality of life of the poor and vulnerable and to help them regain their dignity.

For that, they pledged financial support generously.

- 3.A phenomenally successful hosting of PETS and District Conference 2021 here in Saint Lucia. Through our commitment and dedication to Rotary and the visionary leadership of DG Lisle and Conference Chair PP Konrad, we made our Club, our island, and our District extremely proud.
- 4.A Strategic Partnership with Cabot Saint Lucia, in providing substantial material support to the people of Saint Vincent.
- 5.Providing financial assistance to Saint Vincent through our long-established Disaster Emergency Fund.
- 6.Distribution of quality vegetable seeds through Seeds Programme International with the hope that one day soon, fresh, home-grown meals would be plucked from backyard gardens all across the island.

And so, with all the ups and downs of April, we ended the month with a sense of accomplishment and pride. We confidently look forward to another positive month in May.



The Rotary Club of Saint Lucia Leadership Team 2020-21



FROM LEFT TO RIGHT: P LEATHON KHAN PHF, PP SELMA ST.PRIX, IPP LEEVIE HERELLE, PP GORDON JULIEN, JULIAN CHARLES, STEVE JOHNNY PHF, PE KETURAH CHARLES-DONAI, PP TIMOTHY MOFFAT PHF, PP ALBERT DANIELS PHF, SEAN DEVAUX, PP MALCOLM CHARLES PHF, EVERTON SEALY, ROGER HARE & IAN MITCHELL

EDITOR'S NOTE



NATOYA CASSIUS

Please take a moment of reverence when you read this to send prayers and positive thoughts to the people of St. Vincent and the Grenadines. Persons have been forced to leave their homes due to threats such as the eruptions of La Soufrière, torrential rainfall, and floods. All of this is in addition to Covid-19.

Sometimes we are not aware of the gravity of a situation until we put ourselves in another person's shoes. When we know how easily the tables can be turned, though, we are compelled to consider the worth of the people in our lives as well as the possessions we have amassed throughout our lives. It then occurs to us how amazing it is that anything can disappear in a fraction of a second. As said by Neil deGrasse Tyson, 'Even with all our technology and the inventions that make modern life so much easier than it once was, it takes just one big natural disaster to wipe all that away and remind us that, here on Earth, we're still at the mercy of nature.' There are no truer words spoken at this time!

Stay safe and stay blessed!







DISTRICT GOVERNOR'S MESSAGE



I have been asked by Natoya to contribute a brief article for this issue of The Spoke and I am pleased to do so.

It seems to me that in times where the need is so great in our communities and across the world, that we need to be strategic in our thinking. How do we make the greatest impact with our hard-earned money, with our precious time and our talent? Today we have infinite calls upon all of our resources to help the needy, our hearts are touched by the plight of those who need our help, and we come to realize, sadly, we cannot do it all - we cannot help everyone.

Like a triage nurse, we need to step back and assess the greatest need, because if we share the help among all, we will be likely to achieve little, be exhausted – both mentally and physically, and broke. This is where Rotary is at its strongest: we have the vision, we have the strategic plan and we have our Rotary Foundation by our side to assist us in carrying out bigger, better, bolder, and more sustainable projects.

We can see the power of serving to change lives right here in our homeland. As far back as the late 1970s Our Foundation, along with Canadian Aid and Rotary clubs in Canada, joined us in building Laundry/Shower Units across the island. People used these instead of the rivers and together we helped the government stamp out Schistosomiasis from the island. How many lives were saved? What was the impact on productivity? The answer is many and a great deal. High impact! Rotary was known across the island and we were able to attract the support of the public.

Not to labour the point, but I am merely pointing out to you, the members of the Rotary Club of Saint Lucia why you need to be strategic in your projects, why you need to support our Rotary Foundation now more than ever before. Our foundation gives millions of dollars every year to support Rotary Clubs to carry out larger scale, high-impact projects that are sustainable, but it cannot do without our support.

Team RCSLU, join me in making your donations to our Foundation today, lets support our District which receives half of our donations to support District Grants. In turn, your District can support your projects through District Grants and/or providing District Designated Funds to support your Global Grant applications. Make the strategic decision to donate to our Rotary Foundation in order to maximize the return on your hard-earned dollars.

ROTARY AREAS OF FOCUS

Rotary is dedicated to causes that build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.

We direct our efforts to enhance our local and global impact. Our most successful and sustainable projects and activities tend to fall within the following areas:



ROTARY THEME FOR APRIL 2021

Maternal and Child Health Month





Maternal and Child Health is a major priority area for the Government of St. Lucia and through the Ministry of Health, there has been major improvements using the following strides:---

VIZ.

Free antenatal, postnatal and child health clinics in all health centers island-wide.

Further training of midwives and adolescent health care workers.

Free antenatal blood screening in all health centers.

Revision of St LUCIA'S Maternal and Child Health Manual in 2019 using local expertise.

Building of new General Hospital O.K.E.U. (Owen King European Union) in 2019 with improvements in equipment and function of a Special care Newborn I.C.U. and Paediatric ward.

Having pursued the above strides with great assistance from PAHO, WHO and CLAP (Latin American Center of Perinatology, women and reproductive health), it has been an uphill battle in Public Health Education especially with some of the young mothers in Ante-natal care and Parenting skills.

All The Rotary Clubs of St. Lucia have assisted in some of the above ventures by donating a Mobile Bus (Coaster size) about five years ago which assists in:-

Education of our young people and the community in matters of health. Regular out-patient clinics in different parts of the Island focusing on:-

A Planned parenting education.

B Sexually transmitted diseases.

C Child Health Clinics.

D Even assisting with prostate health in our adult males.

Our Paediatricians in St. Lucia think that education of our growing young population is of utmost importance and help is urgently needed since we are seeing rising crimes, abuse of illegal drugs, civil disobedience, unwanted pregnancies, and too many premature babies.

Prepared by Past President Joe Simmons Classification: Paediatrician

Although the Rotary Club of Saint Lucia continued to host majority of its meetings online, various projects were executed.

Activities such as the Relief Efforts to St. Vincent & the Grenadines, Feeding of St. Lucia's Poor and Homeless, 1st Virtual Wine and Cheese Fiesta, re-wrapping of the Rotary Bus, and lastly, the Rotary District 7030: PETS (Presidents Elect Training Seminar) & District Conference 2021 was hosted in St. Lucia this year. Kudos to all those who were essential in the execution of these activities.



SAINT VINCENT RELIEF EFFORT

The Rotary Club of Saint Lucia along with the Lions Club of Castries and Lions Club of Gros-Islet joined forces with the St. Lucia Hospitality and Tourism Association (SLHTA) to donate pallets of water destined for St. Vincent.

Due to the current situation in St. Vincent the water catchments on the island are contaminated and the demand for water became eminent from the onset. The Rotary Club of Saint Lucia has been in contact with our sister clubs within the island of St. Vincent to assist further through the District Governor. We encourage all support for our sister isle at this time as the demand for basic commodities will increase.







SAINT VINCENT RELIEF EFFORT

APRIL 26TH 2021



Cabot Links Inc having heard about Rotary's trusted efforts in times of disaster approached the Rotary club of Saint Lucia to contribute to the relief efforts related to the eruption of the St. Vincent & the Grenadines La Soufriere volcano.

Cabot's contribution consisted of the following:

- 330 cases of 1.5 litre bottles of water, 6 bottles in a case
- 250 cases of 5 litre bottles of water, 4 bottles in a case
- 2 x 650 gallon water tanks
- 3 x 800 gallon Water tanks
- 1 x 1000 gallon water tank

The handover of the items was done at the National Emergency Management (NEMO) office in Bisee where President Leathon Khan and International Service Director PP Albert Daniels of the Rotary Club of Saint Lucia were on hand to receive the items. NEMO will be facilitating the shipment of a container with the items from Saint Lucia to St. Vincent.

It was noted in the ceremony that provision of clean water is one of the focus areas of Rotary International and Cabot Representative Ms. Rita Hawkings indicated that the donation was in keeping with Cabots's social responsibility program. President Leathon and PP Albert expressed gratitude to Cabot for the generous donation on behalf of the those in need in St. Vincent & the grenadines at this time of disaster.

The Rotary Club of Saint Lucia is in contact with District Governor Nominee Designate Brian Glasgow who is on the ground in St. Vincent along with many other Rotarians to receive the shipment and coordinate distribution to those in need and installation of the water tanks.

Cabot will be handling the editing of the raw footage from the presentation and has requested to make the release to the media.

Media contact Information:

President Leathon Khan: leathon@gmail.com

Rita Hawkins, CFO Cabot St. Luca: rhawkins@cabotstlucia.com

Earny St. Catherine: earny.orangemedia@gmail.com

FEEDING OF THE POOR AND HOMELESS

Behind the Scenes



FEEDING OF THE POOR AND HOMELESS

CONSTITUTION PARK













FEEDING OF THE POOR AND HOMELESS

CONSTITUTION PARK













FEEDING OF THE POOR AND HOMELESS

CONSTITUTION PARK













FEEDING OF THE POOR AND HOMELESS

CONSTITUTION PARK



FEEDING OF THE POOR AND HOMELESS

CONSTITUTION PARK











1ST VIRTUAL WINE AND CHEESE FIESTA

The Wine and Cheese Fiesta is our signature fundraiser, but due the Covid-19 pandemic and the safety protocols in effect, we are not able to host the event at Government House as we normally do. Therefore, 2021 was our first Virtual Wine and Cheese Fiesta.

This fundraising event was in aid of the establishment of a Homeless Shelter for over 100 poor and indigent people in the Castries area. This Homeless Shelter project is our Club's major Legacy Project in response to the Covid-19 pandemic. It was a collaborative initiative with the Ministry of Equity and Social Justice and other social partners. All proceeds from this event will go to the Homeless Shelter Project.

Attendees received an attractive Gift Basket containing a variety of wines, cheeses, crackers, fruits and more. Additional attendees were treated to world class musical entertainment.

A professional Wine Sommelier and Cheese Monger shared information about wines and wine pairing as well as interesting details on the science of Cheese.

The turnout was beautiful!

Turn the page for some of the beautiful tables!



VIRTUAL WINE AND CHEESE FIESTA





Behind the Scenes of



Wine & Cheese





VIRTUAL WINE AND CHEESE FIESTA

Presentation of Tables

APRIL 10TH 2021



RE-WRAPPING OF THE ROTARY YOUTH MOBILE BUS

The Rotary bus 'Youth Mobile Clinic' has been rewrapped in order to maintain its relevance and to upkeep the bus. Our Cancer Award bus will continue to be used for health, education and action with career and psychosocial counseling; plus youth life and employability skills.

In addition, the Rotary Club of St. Lucia's Task Force is aiming to include the bus as an alternative for vaccination to those who cannot access a center.







DISTRIBUTION OF THE SEEDS

APRIL 28TH 2021

THE ROTARY CLUB OF SAINT LUCIA DONATES OVER 1,300 PACKETS OF SEEDS IN A PROJECT TO ALLEVIATE HUNGER OF THE SEEDS

On Wednesday 28 April 2021 the Rotary Club of Saint Lucia made a donation of over 1,300 packets of vegetable seeds to several schools and institutions with operating farms in a project aimed at reducing hunger and encouraging community economic development. Community Economic development is one of the 7 areas of focus of Rotary International.

The Rotary Club of Saint Lucia received the seeds after a successful grant application to Seed Programs International (SPI). For over 20 years Seed Programs International has collaborated with leading organizations worldwide to alleviate hunger by supplying vegetable seeds to people who need it most. Their seeds have supported projects that range from youth development to establishing livelihoods to agribusiness. Through partnerships with organizations such as Rotary SPI distributes high-quality vegetable seeds that females and farmers grow into nutritious vegetables that reduce hunger and build stronger more sustainable communities.

Representatives from the following schools and organizations were on hand to receive a variety of 150 packets of vegetable seeds: the Upton Gardens Girls Center, the Boys Training Center, the Castries Comprehensive Secondary School (CCSS), the Saint Mary's College (SMC), the Sir Arthur Lewis Community College (SALCC) the National Skills Development Center (NSDC), and the Rotary Club of Gros Islet.

The Rotary Club of Saint Lucia will be partnering with Mr. Elvis Herelle who is retired from the Civil Service having worked as one of the prominent experts on agricultural extension and green houses in the Ministry of Agriculture to support the seed recipients with this project. After he retired, M. Herelle was also the manager of the SALCC Farm.

As part of the Project, the Rotary Club of Saint Lucia is obligated to produce reports upon project completion summarizing successes, challenges, and lessons learned along the way. SPI is also interested to know what vegetables were popular, which were not, which ones grew the best and which might not be appropriate for Saint Lucia.

Media Contact Information:

President Leathon Khan: leathon@gmail.com
Rotary Club of int Lucia: http://www.rotary.lc

Seed Programs International: http://www.seedprograms.org.

DISTRIBUTION OF THE SEEDS

APRIL 28TH 2021



THE ROTARY CLUB OF SAINT
LUCIA DONATES OVER 1,300
PACKETS OF SEEDS IN A PROJECT
TO ALLEVIATE HUNGER OF THE
SEEDS









DISTRICT EVENTS - APRIL 2021













DISTRICT EVENTS - APRIL 2021



DISTRICT EVENTS - APRIL 2021







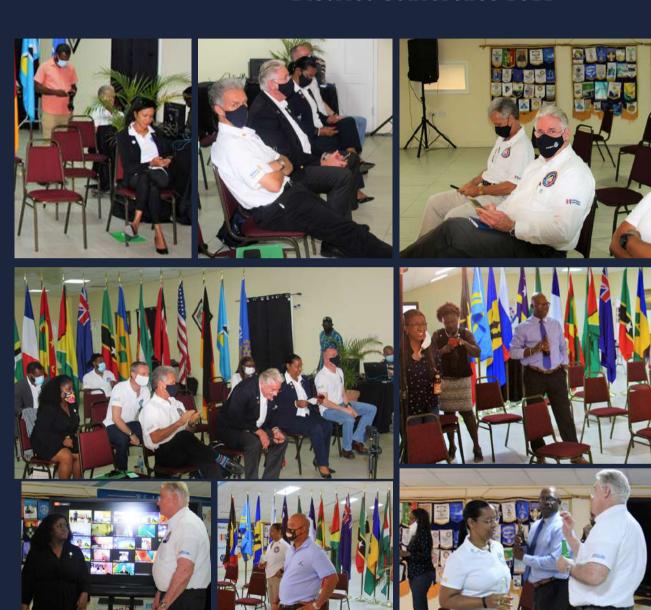








DISTRICT EVENTS - APRIL 2021







DISTRICT EVENTS - APRIL 2021

























UPCOMING EVENTS 2021

MAY 2021: YOUTH SERVICE MONTH

Tues. May 4 Board Meeting

Fri. May 7 Business Meeting

Sat. May 8 Rotary/Toastmasters Official Media Launch Fellowship and Speech Contest

Fri. May 14 Speaker Meeting

Fri. May 21 Fellowship Meeting PE Keturah

Sat. May 29 Rotary Comedy Night (Meeting for Fri. May 28 canceled)

HIGHLIGHTS

BIRTHDAY FEATURES

PETER KENT

LEEVIE HERELLE



HAPPY BIRTHDAY, PETER KENT!

Have a wonderful, happy, healthy birthday now and forever.

-From your Rotary Family





HAPPY BIRTHDAY, LEEVIE HERELLE!

My wish for you on your birthday is that you are, and will always be, happy and healthy!

-From your Rotary Family

CHARLES SERIEUX



HAPPY BIRTHDAY, CHARLES SERIEUX!

Forget the past; look forward to the future, for the best things are yet to come.

-From your Rotary Family

HIGHLIGHTS



INVESTIGATION SECTION



WINE-R GUY

Dancing to the beat of his wine drum! This Rotarian showed off his moves at the Wine and Cheese after party. Let's just say there was more than one type of wine on display.



MOVES LIKE JAGGER

Is this Rotarian showing off his moves to his fellowmen?



DANCE RECRUITMENT

Did this Rotarian capture the moves of the Rotarian above? He may just be showing this gentleman how to join the 'Dancing Rotarian Crew'!



TWINKLING EYES

This Rotarian was ensuring that the other was in tip top shape. Even with a mask we can see he was all smiles...'There there,' she may have said...'You are now camera ready'.

JOKE OF THE MONTH

I am no cook. But I can follow the directions. Which said to let the bird chill in the sink for a few hours.



Riddle:

If you have it, you want to share it. If you share it, you don't have it. What is it?

Answer:

The answer will be revealed in the next issue of the Spoke; Stay tuned!!!

ANSWER TO LAST MONTH'S RIDDLE

Riddle:

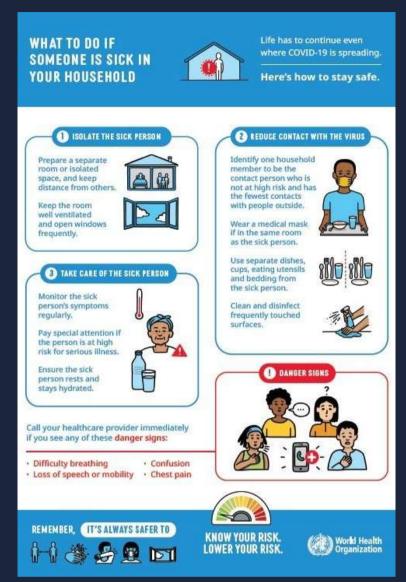
You have me today,
Tomorrow you'll have more;
As your time passes,
I'm not easy to store;
I don't take up space,
But I'm only in one place;
I am what you saw,
But not what you see.
What am I?

Answer:

Memories

Our sources are on the look out!! You may just make next month's issue!

SAFETY DURING THE OUTBREAK



What should I do if I have COVID-19 symptoms?

If you have any symptoms suggestive of COVID-19, call your health care provider or COVID-19 hotline for instructions and find out when and where to get a test, stay at home for 14 days away from others and monitor your health.

If you have shortness of breath or pain or pressure in the chest, seek medical attention at a health facility immediately. Call your health care provider or hotline in advance for direction to the right health facility.

If you live in an area with malaria or dengue fever, seek medical care if you have a fever.

If local guidance recommends visiting a medical centre for testing, assessment or isolation, wear a medical mask while travelling to and from the facility and during medical care. Also keep at least a 1-metre distance from other people and avoid touching surfaces with your hands. This applies to adults and children.

New Rotary Prayer - During the Covid-19 Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake.

May we who have little risk factors,
remember those most vulnerable, with difficult choices to make.

May we who have the luxury of homes and jobs that pay, remember those who are helpless and have no place to stay.

May we who have close families and surrounded by friends who care, remember those who have no options, who survive on loneliness and fear.

May we who have each other, as Rotarians willing to give, remember the least among us who only wants to live.

May we with our Rotary ideals and a purpose to fulfill, Keep fighting for humanity and not be found standing still.

29

ROTARY CLUB OF ST. LUCIA MEMBERS

LEADERSHIP TEAM

President President Leathon Khan, PHF

Vice President Past President Selma St. Prix, PHF

Immediate Past President Immediate Past President Leevie Herelle

Secretary Past President Gordon Julien

Treasurer Past President Gloria Williams, PHF

Sergeant at Arms Sean Devaux

Club Administration President Elect Keturah Donai

Service Projects Steve Johnny, PHF

Membership Everton Sealy

Rotary Foundation Past President Selma St. Prix, PHF

Youth Services Ian Mitchell

Media Strategist Roger Hare

Public Relations Past President Tim Moffat, PHF

After Meeting Chair Past President Malcolm Charles, PHF

International Service Director Past President Albert Daniels, PHF

FULL MEMBERSHIP

Ambris, Digby Belle, Francis

Bonne-Smith, Riquette

Bonnett, Julie Cassius, Natoya Charles, Julian

Charles, OBE, JP., Malcolm

Charles-Donai, Keturah Daniels, Albert

Devaux, Sean

Francis, Lorenzo

Hare, Roger

Herelle, Leevie
Hinkson, Chester
James, Timothy
Johnny, Fitzstephen
Jonas, Jeremiah
Joseph, Marcus
Julien, V. Gordon
Kent, Peter
Khan, Leathon
Laurent, Crisy
Lewis- Dix, Mary

Long, Azmina

Mitchell, Ian
Moffat, Timothy
Myers, Frank
O'Brien, Sheba
Paul, Brad
Sealy, Everton
Serieux, Charlie
Simmons, Ira
St.Prix, Selma
Wagner, Konrad

Warner-Gustave, Soraya

Williams, Gloria

ROTARY CLUB OF ST. LUCIA COMMITTEES

Club Administration Committee

This Committee is responsible for all operations of the Club including its day-to-day activities, club announcements, club assemblies, raffles etc.

Members:

Pres. Elect Keturah Donai (Chair)
PP Selma St. Prix, PHF
Everton Sealy
AG PP Charlie Serieux, PHF
Rtn. Gloria Williams

Service Projects Committee

The Service Projects Committee develops and implements educational, humanitarian, and vocational service projects that help our community.

Members:

Steve Johnny, PHF (Chair)
PP Azmina Long
Julie Bonnett
PP Brad Paul
PP Joe Simmons
Rtn. Jeremiah Jonas
Pres. Leathon Khan, PHF

Membership Committee

Membership Service Committee identifies the needs of members and recommends the development of services to meet those needs.

Members:

Everton Sealy (Chair)
Rtn. Julie Bonnett
Rtn. Sheba O'Brien
PP Digby Ambris
PP Konrad Wagner
Pres. Leathon Khan, PHF

Rotary Foundation Committee

Foundation is the lifeblood of rotary as the funds collected through Every Rotarian Every Year (EREY) go back into funding our big projects as global funds. Part of Foundation is polio the first disease that began rotary's journey. Foundation must be kept alive as it plays a pivotal role in the existence of every club. You get out of it what you put into it, hence the importance of ensuring we all contribute to EREY.

Members:

PP Selma St. Prix, PHF (Chair) PP Chester Hinkson (Deputy) Rtn. Julian Charles (Secretary) Pres. Leathon Khan, PHF

New Generations/Youth Services Committee

focuses on This committee fostering relationships with the Rotaract, Interact and Early Act Clubs and support their members in their professional development and assist with their projects as appropriate. We also engage the wider community and other established organizations to find ways to promote and engender youth development and entrepreneurship. Historically, this has involved financing participation in regional workshops and conferences. holdina development conferences, professional facilitating youth study exchanges, and providing mentorship.

Members:

Ian Mitchell (Chair)
Rtn. Riquette Bonne-Smith
PP Timothy James
PP Rudolphy Francis
Pres. Leathon Khan, PHF

ROTARY CLUB OF ST. LUCIA COMMITTEES

International Service Committee

The Club's International Service Committee seeks to execute projects that support communities in need throughout Saint Lucia. We engage international Rotary Clubs and other Friendly organizations seeking collaboration in the execution of these projects.

Members:

PP Albert Daniels, PHF (Chair)

PP Gordon Julien

PP Leevie Herelle

PP Timothy James, PHF

PAG Malcolm Charles, PHF

Rtn. Peter Kent (Leave of Absence)

Rtn. Natoya Cassius (Seconded)

PP Leathon Khan, PHF

Public Relations Committee

The role of the club public relations committee is to inform the public about Rotary and promote the club's service projects and activities. This ensures that the club's work is known and generates a positive public image whereby current members are motivated to be active and prospective members are eager to join.

Members:

PP Tim Moffat PHF (Chair)
PP Soraya Warner-Gustave
Rtn. Roger Hare (Social Media Strategist)
Rtn. Natoya Cassius

Pres. Leathon Khan, PHF

After Meeting Chair Committee

Main responsibility at present, is the 'Rotary Caregiver Project' which connects the Club with 'Shut In/ disabled or incapacitated/elderly Rotarians. A 'Manual of Procedure' to guide Rotarians as to eligibility criteria for the Rotary Care Giver Program.

Members:

PP PAG Dr Malcolm Charles PHF (Chair)
PP Digby Ambris,
PP Dr Ira Simmons
Rtn Justice Francis Belle
PAG Konrad Wagner
PP Leevie Herelle (Discussion Lead)
Pres. Leathon Khan, PHF (ex officio).

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves."





ROTARY THE WORLD OVER!!

WEBSITE- HTTP://ROTARY.LC/

FACEBOOK- ROTARY CLUB OF ST. LUCIA

INSTAGRAM- @ROTARYCLUBOFSTLUCIA