



THE SPOKE

SERVICE ABOVE SELF

ISSUE 2 • FEBRUARY 2021

BY NATOYA CASSIUS

TABLE OF CONTENTS

President's Message • P. 2

Rotary Leadership Team
& Editor's Message • P. 3

Celebrations to St. Lucia, Rotary
International and Other Rotary
Clubs • P. 4

Areas of Focus & Rotary Monthly
Theme • P. 5

Calendar of Events • P. 6

Rotary Action Groups • P. 8

Rotary Fellowships • P. 9

Highlights • P. 10

Safety During the Pandemic • P. 12

Tributes • P. 13

Rotary Members • P. 14

Rotary Committees • P. 15

Photo Credit: Corbis via Getty Images

THE ROTARY 4-WAY TEST

A Four-way test 'formula' guides our International membership. The creed which states:

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, our communities, and in ourselves."



LEATHON KHAN

THE PRESIDENT'S MESSAGE

MUSINGS...

One of the reasons we are Rotarians is because our proposer, having experienced what Rotary is all about, saw in us, those enduring qualities that would make us contribute meaningfully to the mission of Rotary.

Contrary to popular opinion, we "join" Rotary not because it is a place to connect with "influential people" (movers and shakers" in our society), but because Rotary provides a structure where we can serve, collectively and in a most effective way.

We step into a world of service and apply our skills sets and our talents based on our classification, as "People of Action". All this we do, in the interest of mankind and for the betterment of our communities.

This was the underlying reason for our proposers introducing us to this noble service organization.

So here we are.

Inducted.

In it.

Settled.

Held positions.....multiple positions.

Been President.

Awarded Paul Harris Fellowship.

Served our District.

Have been there, done that.....or perhaps not yet.

But we are in it.

Got the pin.....multiple pins.CV updated.

"I AM a Rotarian"!

It is a real honor to be a "Rotarian".

The mention of the word ought to make a statement about who we are and the values and ideals we represent. The real honor and pride however, comes from personally knowing that we are fulfilling Rotary's purpose.

That moment when we "get it"

When we truly understand why we are here.

Being a Rotarian is a purpose-driven commitment.

It is not something we do at lunch on Fridays... or whenever.

But sometimes it is hard ... like in this moment perhaps.

Difficult, challenging times.

Competing priorities.

Survival first is the natural instinct.

Maybe next year when things pick up?

The challenge is that Rotary's purpose does not get delayed or postponed. Rotary's purpose (and by extension our purpose) is always now. Calling now.

Our active engagement is a statement that we recognize this.

Even if it is one small step at a time.

It is this that drives our engagement.even though the speed may be slow. Any movement is progress.

Here's hoping we find or rediscover our purpose in Rotary.....and switch it on.

This is our call to Action!.

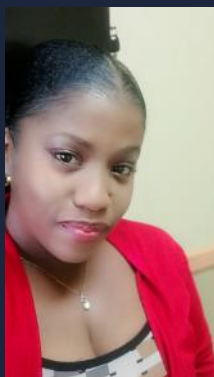


The Rotary Club of Saint Lucia Leadership Team 2020-21



FROM LEFT TO RIGHT: P LEATHON KHAN, PP SELMA ST.PRIX, IPP LEEVIE HERELLE, PP GORDON JULIEN, JULIAN CHARLES, STEVE JOHNNY PHF, PE KETURAH CHARLES-DONAI, PP TIMOTHY MOFFAT PHF, PP ALBERT DANIELS PHF, SEAN DEVAUX, PP MALCOM CHARLES PHF, EVERTON SEALY, ROGER HARE & IAN MITCHEL

EDITOR'S NOTE



NATOYA CASSIUS

As the newest Rotarian, I have had the pleasure of becoming more familiar with the workings and runnings of the group. Last month, Past President Malcolm Charles' Service Above Self song was featured- a perfect execution by the Calabashers. Their performances were absolutely delightful! The footage evoked a feeling of nostalgia that I could not possibly feel because I was not even a member back then! I can only imagine how those present at the time, must have felt. The music tickling their bones and whispering to their souls. Music is a definite necessity for the soul! As the American Composer, Leonard Bernstein once said, 'Music can name the unnameable and communicate the unknowable.' In my humble opinion, no truer words have ever been spoken.

Baring this in mind, I would like to challenge you this month to listen to some music. Turn away from the world from a moment (how about half an hour), put on some tunes and indulge to your heart's desire. Whether you sit outside in your veranda and take in a view, in your bathtub soaking in some scented wonder or splayed out on the bedroom floor looking at the ceiling. I would like you to seek out the place you find most comforting and let the music flow. I recommend listening to Sitting On The Dock Of The Bay by Otis Redding (a pity if you have never heard the whistling skills of Anthony Bergasse to this song!) Thanks to PP Albert who seems to have the archives of these performances!

May February bring you health and happiness!

Happy Independence Day Saint Lucia! Happy 116th Anniversary Rotary International! Happy Valentines Day to the singles, couples and everyone in between!

STAY SAFE

This pandemic have challenged us in so many ways but 'chin up', you are still alive!!!

HAPPY 42ND INDEPENDENCE SAINT LUCIA

FUN FACTS ABOUT SAINT LUCIA

- Saint Lucia gained independence on February 22nd 1979. Prior to this, the island changed control between the British and the French fourteen (14) times; seven (7) times by the British and seven (7) times by the French.
- Saint Lucia is also known as the Helen of the West Indies.
- The Designer of the National Flag is Sir Dunstan St. Omer.
- Saint Lucia is the birth place of two (2) Nobel Prize winners named Derek Walcott won for literature in 1992 and Sir William Arthur Lewis for economics in 1979.
- The Sulphur Springs in Soufriere are often described as the only drive-in volcano in the Caribbean, and possibly the world.
- Mount Gimie is the island's highest peak.
- Saint Lucia brews a local beer named Piton. The name comes from the island's most iconic landmarks- Gros Piton and Petit Piton.
- The National Bird of Saint Lucia is the Amazona versicolor; a species of parrot in the Psittacidae family which is endemic to Saint Lucia.
- The Rose and the Marguerite are the symbols of the two flower societies of Saint Lucia.
- The national tree of Saint Lucia is Calabash, where as the national plant is Bamboo.
- The National Dress of Saint Lucia is the Madras, also called the Jip or Jupe.
- Lyrics to the National Anthem are by Rev. Charles Jesse FMI and the music is by Mr. Leton Thomas.

Credits: <http://saintluciaconsulateny.org/about-saint-lucia/>



HAPPY 116TH BIRTHDAY ROTARY INTERNATIONAL

CONGRATULATIONS TO CLUB RECIPIENTS

We would like to extend congratulations to the clubs have qualified for awards and certificates namely; Top 3 Highest Per Capita Annual Giving Banner, Every Rotarian, Every Year Club, 100% Foundation Giving Club and the End Polio Now Certificate Recipients from the Rotary Foundation in recognition and appreciation of contributions made to the Annual Fund and the End Polio Now campaign 2019-2020.

CONGRATULATIONS

ROTARY AREAS OF FOCUS

Rotary is dedicated to causes that build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.

We direct our efforts to enhance our local and global impact. Our most successful and sustainable projects and activities tend to fall within the following areas:



FOR MORE INFORMATION, PLEASE VISIT LINK: [HTTPS://WWW.ROTARY.ORG/EN/OUR-CAUSES](https://www.rotary.org/en/our-causes)

ROTARY THEME FOR FEBRUARY 2021

Peace and Conflict Prevention/Resolution

As a humanitarian organization, peace is a cornerstone of our mission. We believe when people work to create peace in their communities, that change can have a global effect.

By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

Our commitment to peacebuilding today answers new challenges: how we can make the greatest possible impact and how we can achieve our vision of lasting change. We are approaching the concept of peace with greater cohesion and inclusivity, broadening the scope of what we mean by peacebuilding, and finding more ways for people to get involved.

Rotary creates environments where peace can happen.

In recognition of this month's theme, the Rotary Club's guest speaker was Justice Kenneth Benjamin who presented on Alternative Dispute Resolution in the Court System.

CALENDAR OF EVENTS -FEBRUARY 2021

As the pandemic continues, the Rotary Club of St. Lucia continues to host it's weekly virtual meetings.

The Club began a series of Public Speaking Workshops for it's members under an alliance with the Toastmasters Club.



FEBRUARY 09 2021

Theme
- "Why Me, Why This, Why Now?"

Toastmasters

FEBRUARY 12 2021

Alternative Dispute
Resolution in the Court
System

Justice Kenneth Benjamin

FEBRUARY 26 2021

Diversity, Equity and Inclusion: Fair Treatment
& Equality for All

Nadine Pemberton-Assistant Governor in District
1220 and District 1130, Past President of the
Westminster International Rotary Club and currently
Foundation Chair at the Rotary Club of Sheffield.

FEBRUARY 27 AND 28

Public Speaking Workshop series
under the Toastmaster/Rotary
Alliance continues with
Impromptu Speaking Workshops

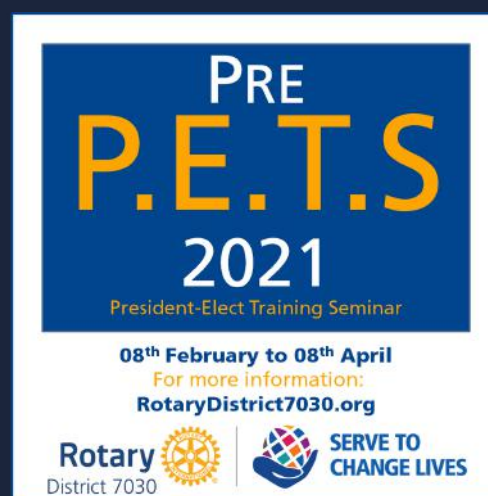
Sessions 1 and 2

CALENDAR OF EVENTS - FEBRUARY 2021

DISTRICT EVENTS - FEBRUARY 2021

Now Accepting Applications for the 2022 Rotary Peace Fellowship. Applications for the 2022-23 academic term need to be submitted by 15 May 2021. Please write to rotarypeacecenters@rotary.org with questions.

Pre P.E.T.S 2021 Saint Lucia starting February 08 2021.
P.E.T.S serves to educate and train incoming club personnel in Leadership and Service for the new 2021-2022 Rotary Year



UPCOMING EVENTS

- Public Speaking Workshop series under the Toastmaster/Rotary Alliance continues with Speech Development Workshops on March 06, 2021 and 07, 2021. Impromptu Speaking on March 08 and the closing on March 10, 2021.
- Invitation to meeting of the Rotary Club of Davidson, North Carolina on March 15, 2021.
- Youth Entrepreneurship and Innovation Summit, tentatively planned for March 27, 2021.
- Youth Entrepreneurship and Innovation Summit in collaboration with the St. Lucia Chamber of Industry and Commerce in March 2021.
- World Rotaract Week, March 08-14, 2021.
- Re-wrapping of the Rotary Youth Mobile Clinic Bus by the Foundation Committee.
- P.E.T.S- To be virtually hosted by Saint Lucia on April 16-24 2021.
- 1st Virtual Musical Wine and Cheese Fiesta in April 2021.

Further details will be provided closer to the event.

ROTARY ACTION GROUPS

Rotary Action Groups are independent, Rotary-affiliated groups made up of people from around the world who are experts in a particular field, such as economic development, peace, addiction prevention, the environment, or water.

Anyone who wants to share their expertise to make a positive difference can join an action group. Only Rotarians, Rotaractors, and Rotary Peace Fellows can serve in leadership roles.

Contact or join a Rotary Action Group

Contact a Rotary Action Group to:

Get expert advice on planning and implementing service projects, including those funded by Rotary Foundation district and global grants

Connect with potential project partners, both within and outside of Rotary

Get help fundraising and obtaining resources for projects



Join a Rotary Action Group to share your expertise and make a difference in projects outside your club or district.

Rotary Action Groups by area of focus

Promoting peace

Domestic Violence
Prevention
Peace
Refugees
Slavery Prevention

Fighting disease

Addiction Prevention
Alzheimer's/Dementia
Blindness Prevention
Blood Donation
Diabetes
Family Health/AIDS Prevention
Health Education and Wellness
Hearing
Hepatitis Eradication
Malaria
Mental Health
Multiple Sclerosis
Polio Survivors

Rotary Action Groups by area of focus

Providing clean water and sanitation

Water, Sanitation and Hygiene

Saving mothers and children

Clubfoot
Reproductive Maternal and Child Health

Supporting education

Basic Education and Literacy

Growing local economies

Economic Community Development
Disaster Assistance

Protecting the environment

Endangered Species
Environmental Sustainability

Action groups that work in more than one area of focus

Food Plant Solutions

ROTARY FELLOWSHIPS

Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience.

OVERVIEW

- Help participants make lasting friendships outside their own club, district, or country
- Advance Rotary's public image and identity
- Serve as an incentive for joining Rotary and for maintaining active membership

4x4 vehicles	Genealogists	Railroads
Amateur Radio	Gin	Recreational
Antique	Go	Vehicles
Automobiles	Golf	Rotary Global
Bathhouse	Gourmet Cooking	History
Beard and Moustache	Healthcare	Rotary Heritage and History
Bee	Professionals	Rotary Means
Beer	Hiking	Business
Bird Watching	Home Exchange	Rotary on Pins
Bowling	Honorary	Rotary on
Canoeing	Consuls	Stamps
Caravanning	Horseback	Rowing
Chess	Riding	Rum
Computer Users	Internet	Russian Culture
Convention	Italian Culture	Scouting
Goers	Jazz	Scuba
Corporate	Latin Culture	Shooting Sport
Social Responsibility	Lawyers	Singles
Cricket	LGBT	Skiing
Cruising	Magicians	Social Networks
Cultural	Magna Graecia	Strategic
Heritage	Marathon	Planning
Curling	Running	Surfing
Cycling	Metalhead	Table Tennis
Doll Lovers	Military	Tennis
Draughts	Veterans	Total Quality
(Checkers)E-Clubs	Motorcycling	Management
Editors and Publishers	Music	Travel and Hosting
Educators	Old and Rare	Triathlon
Environment	Books	Water Polo
Esperanto	Past District	Wellness and
Ethics	Governors	Fitness
European	Peace Fellows	Whisk(e)y
Philosophy	Photographers	Wine
Executive Managers	Police and Law	Yachting
Fishing	Enforcement	Yoga
Flying	Public Health	Young Rotarians
	Quilters and	
	Fiber Artists	

HIGHLIGHTS



JULIE BONNET



HAPPY BIRTHDAY, JULIE BONNET!

"Hoping your birthday brings you many happy reasons to celebrate!"

-From your Rotary Family



JOKE OF THE MONTH



Riddle:

You have me today,
Tomorrow you'll have more;
As your time passes,
I'm not easy to store;
I don't take up space,
But I'm only in one place;
I am what you saw,
But not what you see.
What am I?

Answer:

The answer will be revealed in the next issue of the Spoke; Stay tuned!!!

ANSWER TO LAST MONTH'S RIDDLE

Riddle:

A doctor and a bus driver are both in love with the same woman, an attractive girl named Sarah. The bus driver had to go on a long bus trip that would last a week. Before he left, he gave Sarah seven apples. Why?

Answer:

An apple a day keeps the Doctor away!

HIGHLIGHTS CONT'D

INVESTIGATION SECTION



THE DAPPER GENTLEMAN

Look at this Rotarian decked out in his matching hat and shirt! Dressed to the 9s. Was it an early celebration for the month's festivities??



Chester Hinkson

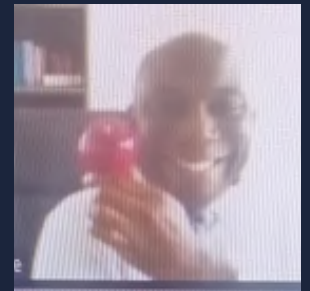


TROPICAL AC

This Rotarian is always being spotted on the 'beach' in full attire. Although the tree branches are always blowing, is it really the natural breeze or the AC breeze??

AN APPLE A DAY

Our Sources spotted this Rotarian trying to pass off his lack of wearing the Valentine's day color with an apple! Such confidence! With that smile, we think he is showing off the fact that he holds the answer to last month's joke in his hands. Hint- It is what keeps the Dr away!



RED-HEADED

Our Sources spotted this Rotarian passing his juice cup off as a form of attire! He may have thought that his actions would have gone unnoticed. No Sir....Caught red-headed!!



MASKED BANDIT??

Our Sources found this Rotarian in 'Paris' wearing the wrong mask! What were his intentions??



THE PIRATE

Our Sources found this Rotarian misbehaving again!! This time visiting a beautiful island maskless and decked out in his pirate attire. What treasures does he seek??



LE FRANCAIS

Our Sources found this Rotarian in Paris during the pandemic. Maskless...What is he searching for?

Surely, these Rotarians have made the Bad Boys Club!! Did Selma and Everton set a precedent??? Our sources are on the look out!! You may just make next month's issue!

Whatever he seeks, we cannot deny his chameleon-like skills.

STAY TUNED
FOR MORE
UPDATES!!

SAFETY DURING THE OUTBREAK

3 FACTORS TO HELP YOU MAKE SAFER CHOICES

WHEN YOU'RE IN AN AREA OF WIDESPREAD COVID-19 TRANSMISSION

LOCATION

Open air spaces safer than enclosed spaces

PROXIMITY

Farther away from others safer than close together

TIME

Shorter time periods with others are safer

REMEMBER. IT'S ALWAYS SAFER TO. KNOW YOUR RISK. LOWER YOUR RISK.

World Health Organization

COVID-19
Coronavirus Symptoms

World Health Organization
12 November 2020

SERIOUS COVID-19 SYMPTOMS REQUIRING IMMEDIATE MEDICAL CARE

- If you develop any of these symptoms, call your healthcare provider or health facility and seek medical care immediately.
- This is not an exhaustive list. These are the most common symptoms of serious illness, but you could get very sick with other symptoms – if you have any questions, call for help immediately.

Shortness of breath/ Difficulty breathing Loss of speech or mobility or confusion Chest pain

MOST COMMON SYMPTOMS

Fever Cough Tiredness Loss of taste or smell

LESS COMMON SYMPTOMS

Sore throat Headache Aches and pains

Diarrhea A rash on the skin or discolouration of fingers or toes Red or irritated eyes

PLEASE NOTE:

- If you live in an area where malaria, dengue or other infections are common and you have any of above symptoms, seek immediate medical care according to the local health authorities.
- Stay in touch with your primary care provider to ensure you continue to receive the routine care you need, such as medication refills, follow-ups and other routine consultations.

New Rotary Prayer – During the Covid-19 Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake.

May we who have little risk factors,
remember those most vulnerable, with difficult choices to make.

May we who have the luxury of homes and jobs that pay,
remember those who are helpless and have no place to stay.

May we who have close families and surrounded by friends who care,
remember those who have no options, who survive on loneliness and fear.

May we who have each other, as Rotarians willing to give,
remember the least among us who only wants to live.

May we with our Rotary ideals and a purpose to fulfill,
Keep fighting for humanity and not be found standing still.

Amen

BY: LEATHON KHAN

TRIBUTES



REST IN PEACE

TRIBUTE TO MEMBERS WHO PASSED AWAY:

We, the Rotary Family would like to extend condolences to the family and friends of our member and friend, Birgitta Hermansson who has passed on.

Birgitta was a Swedish Intellectual Properties Attorney who made St. Lucia her home for many years. She was a beautiful soul who supported Rotary activities wholeheartedly. Unkind words and criticisms did not occupy her vocabulary. Although gone, she will not be forgotten. May she rest in peace.



Birgitta Hermansson, you will forever be in our memories.



“LIFE IS A GIFT, MAKE GOOD MEMORIES OUT OF EACH MOMENT.”

— MARTIN UGWU

ROTARY CLUB OF ST. LUCIA MEMBERS

LEADERSHIP TEAM

President	President Leathon Khan PHF
Vice President	Past President Selma St. Prix PHF
President Elect	President Elect Keturah Donai
Immediate Past President	Immediate Past President Leevie Herelle
Secretary	Past President Gordon Julien
Treasurer	Past President Gloria Williams PHF
Sergeant at Arms	Sean Devaux
Club Administration	President Elect Keturah Donai
Service Projects	Steve Johnny PHF
Membership	Everton Sealy
Rotary Foundation	Past President Selma St. Prix PHF
Youth Services	Ian Mitchel
Media Strategist	Roger Hare
Public Relations	Past President Tim Moffat PHF
After Meeting Chair	Past President Malcolm Charles PHF
International Service Director	Past President Albert Daniels PHF

FULL MEMBERSHIP

Ambris, Digby	Herelle, Leevie	Mitchell, Ian
Belle, Francis	Hinkson, Chester	Moffat, Timothy
Bonne-Smith, Riquette	James, Timothy	Myers, Frank
Bonnett, Julie	Johnny, Fitzstephen	O'Brien, Sheba
Cassius, Natoya	Jonas, Jeremiah	Paul, Brad
Charles, Julian	Joseph, Marcus	Sealy, Everton
Charles, OBE, JP., Malcolm	Julien, V. Gordon	Serieux, Charlie
Charles-Donai, Keturah	Kent, Peter	Simmons, Ira
Daniels, Albert	Khan, Leathon	St.Prix, Selma
Devaux, Sean	Laurent, Crisy	Wagner, Konrad
Francis, Lorenzo	Lewis- Dix, Mary	Warner-Gustave, Soraya
Hare, Roger	Long, Azmina	Williams, Gloria

ROTARY CLUB OF ST. LUCIA COMMITTEES

Club Administration Committee

This Committee is responsible for all operations of the Club including its day to day activities, club announcements, club assemblies, raffles etc.

Members:

Pres. Elect Keturah Donai (Chair)
PP Selma St. Prix
Everton Sealy
Rtn. Charlie Serieux
Rtn. Gloria Williams

Service Projects Committee

The Service Projects Committee develops and implements educational, humanitarian, and vocational service projects that helps our community.

Members:

Steve Johnny, PHF (Chair)
PP Azmina Long
Julie Bonnett
PP Brad Paul
PP Joe Simmons
Jeremiah Jonas
Pres. Leathon Khan

Membership Committee

Membership Service Committee identifies the needs of members and recommends the development of services to meet those needs.

Members:

Everton Sealy (Chair)
Rtn. Julie Bonnett
Rtn. Sheba O'Brien
PP Digby Ambris
PP Konrad Wagner
Pres. Leathon Khan

ROTARY CLUB OF ST. LUCIA COMMITTEES

Rotary Foundation Committee

Foundation is the life blood of rotary as the funds collected through Every Rotarian Every Year (EREY) go back into funding our big projects as global funds. Part of Foundation is polio the first disease that began rotary's journey. Foundation must be kept alive as it plays a pivotal role in the existence of every club. You get out of it what you put into it, hence the importance of ensuring we all contribute to EREY.

Members:

PP Selma St. Prix, PHF (Chair)

PP Chester Hinkson (Deputy)

Rtn. Julian Charles (Secretary)

Pres. Leathon Khan

New Generations/Youth Services Committee

This committee focuses on fostering relationships with the Rotaract, Interact and Early Act Clubs and support their members in their professional development and assist with their projects as appropriate. We also engage the wider community and other established organizations to find ways to promote and engender youth development and entrepreneurship. Historically, this has involved financing participation in regional workshops and conferences, holding professional development conferences, facilitating youth study exchanges and providing mentorship.

Members:

Ian Mitchel (Chair)

Rtn. Riquette Bonne-Smith

PP Timothy James

PP Rudolphy Francis

Paul Lambert

Pres. Leathon Khan

ROTARY CLUB OF ST. LUCIA COMMITTEES

Public Relations Committee

The role of the club public relations committee is to inform the public about Rotary and promote the club's service projects and activities. This ensures that the club's work is known and generates a positive public image whereby current members are motivated to be active and prospective members are eager to join.

Members:

PP Tim Moffat PHF (Chair)
PP Soraya Warner-Gustave
Rtn. Roger Hare (Social Media Strategist)
Rtn. Natoya Cassius
Pres. Leathon Khan

After Meeting Chair Committee

Main responsibility at present, is the 'Rotary Caregiver Project' which connects the Club with 'Shut In/ disabled or incapacitated / elderly Rotarians. A 'Manual of Procedure' to guide Rotarians as to eligibility criteria for the Rotary Care Giver Program.

Members:

PP Malcolm Charles PHF (Chair)
PP Digby Ambris,
PP Dr Ira Simmons
Rtn Justice Francis Belle
PAG Konrad Wagner
PAG Dr Malcolm Charles (Chair)
PP Leevie Herelle (Discussion Lead)
Pres. Leathon Khan (ex officio).

International Service Committee

The Club's International Service Committee seeks to execute projects that support communities in need throughout Saint Lucia. We engage international Rotary Clubs and other Friendly organizations seeking collaboration in the execution of these projects.

Members:

Past President Albert Daniels, PHF (Chair)
PP Gordon Julien
PP Leevie Herelle
PP Timothy James, PHF
PAG Malcolm Charles, PHF
Rtn. Peter Kent (Leave of Absence)
Rtn. Natoya Cassius (Seconded)
PP Leathon Khan, PHF

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves."



ROTARY THE WORLD OVER!!

WEBSITE- [HTTP://ROTARY.LC/](http://rotary.lc/)

FACEBOOK- ROTARY CLUB OF ST. LUCIA

INSTAGRAM- @ROTARYCLUBOFSTLUCIA