



THE SPOKE

SERVICE ABOVE SELF

ISSUE 6 • JUNE 2021

BY NATOYA CASSIUS



Photo Credit: Corbis via Getty Images

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THE ROTARY 4-WAY TEST

A Four-way test 'formula' guides our International membership. The creed which states:

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, our communities, and in ourselves."

THE PRESIDENT'S MESSAGE



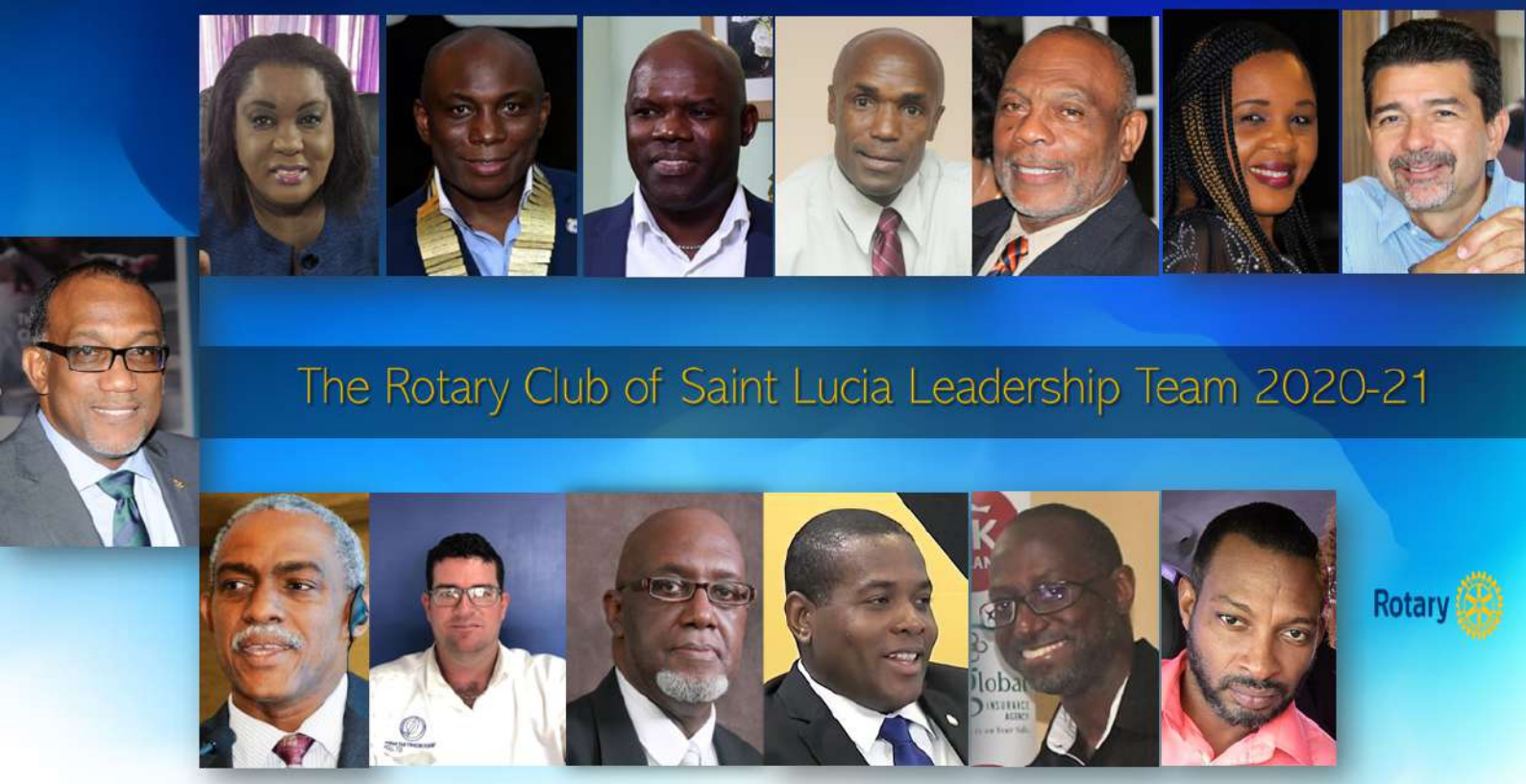
LEATHON KHAN

As I pass the mantle of leadership of our club to our new President, Keturah, my heart is full of gratitude for the support and encouragement I received from members during the past year. I am satisfied that together we gave it our best efforts and persevered against the unprecedented challenges we faced with the Covid-19 pandemic. The 5 Star District Governor Citation awarded to our club in honour and recognition of our outstanding contribution to the goals and objectives of District 7030 is an achievement we should all claim with the greatest pride. Congratulations again Team Saint Lucia!!!

Let us continue to move forward with our club and keep the momentum going as we ***“Serve to Change Lives”***. My parting message to you as we aspire to achieve this ideal, is to try as best as you can to follow: **The 10 Commandments for Rotarians** which I wrote back in June 2015. If we could all follow these “commandments”, we would have the most amazing Rotary Club

1. Thou shalt unreservedly embrace the enduring principles of Rotary and in particular, the motto: **“Service Above Self”**.
2. Thou shalt abide dutifully to the tenets of the **“4-Way Test”** and apply them always in the conduct of **your personal and business affairs**.
3. Thou shalt honour thy Rotary obligations and solemn commitment to **attend Rotary meetings and events with constant regularity** and **participate purposefully** in Club activities.
4. Thou shalt **Fellowship**, as this is one of the corner stones of a **strong and vibrant Rotary Club**. Thou shalt do it regularly and further insist upon it, if and when it appears to be lacking.
5. Thou shalt take the time to **get to know thy fellow Rotarians** and to acquaint thyself with their Rotary involvement and endeavours as a foundation for establishing bonds of friendship, based on **mutual respect, and understanding**.
6. Thou shalt avail thyself to **serve thy Rotary Club** when called upon to do so, unless prevented by compelling circumstances to so do.
7. Thou shalt be willing to **volunteer thy time and talent** where necessary to successfully complete the work programme of thy Rotary Club.
8. Thou shalt not hesitate to **share thy views, thoughts, ideas, and vision** of how to **create a more effective Club** and to make our service to the community **more meaningful**.
9. Thou shalt earnestly seek at all times to **promote the Ideals of Rotary** through the worthiness of thy chosen vocation.
10. Thou shalt endeavour to keep thyself up to date with the work of Rotary locally and internationally through on-line resources and attending **Rotary Conventions** when possible.

Very best wishes to President Keturah and her new leadership team for the year ahead.



The Rotary Club of Saint Lucia Leadership Team 2020-21



FROM LEFT TO RIGHT: P LEATHON KHAN PHF, PP SELMA ST.PRIX, IPP LEEVIE HERELLE, PP GORDON JULIEN, JULIAN CHARLES, STEVE JOHNNY PHF, PE KETURAH CHARLES-DONAI, PP TIMOTHY MOFFAT PHF, PP ALBERT DANIELS PHF, SEAN DEVAUX, PP MALCOLM CHARLES PHF, EVERTON SEALY, ROGER HARE & IAN MITCHELL

EDITOR'S NOTE



NATOYA CASSIUS

We have reached the end of yet another Rotary year. I would like to congratulate all new members and express my gratitude to the outgoing ones for their contributions over the last year. May we put forth the work and devotion expected of us as we embark on this new path. I leave you with the poem Send A Drop Of Kindness by the Poet, Julie Hebert, 2012

Send a drop of kindness,
And see a happy face.
A drop of kindness goes real far,
It may even reach outer space.

Send a drop of love,
And feel a loving embrace.
It feels so good to feel like,
You are in the right place.

Send a drop of hope,
But be that shining star.
Hope is wonderful to have,
But sometimes you can't sit away so far.

Send a drop of faith,
With a single prayer.
And God will show the way,
As faith is always there.

Congratulations to all incoming Rotarians on their new roles!



THE DISTRICT GOVERNOR'S MESSAGE



LISLE CHASE

2020/2021 has been a Rotary year like no other I have experienced in my thirty-eight (38) years as a Rotarian. Winston Churchill once said that "A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty." As I am an optimist, I can honestly say that this year has been one filled with opportunities, to connect; to serve; to grow and to have fun. Our theme for this Rotary year – Rotary Opens Opportunities, is amazingly to the point, both for Rotarians and Rotaractors alike.

This year has also had low points, in particular, when our dear friends and family members left us for their eternal home. Maggie and I, like many of you were deeply moved by the loss, and we continue to hold up in prayer, those nearest and dearest to those who passed.

I want to thank you all for working as a team to explore the countless opportunities that we have been presented with this year. Although the year is all but over, the next Rotary year, is already warming up and will be ready to hit the road fully loaded on July 1st under the leadership of an awesome Rotarian, my friend Sonya Allene, of Rotary Club of Barbados South. Rotaractors will be led by an awesome Rotaractor, Mario Boyce from the Rotaract Club of Barbados.

Rotary District 7030 is an amazing District, filled with awesome Rotarians and Rotaractors. We are working on projects that will increase our impact right across the District. We are being noticed by our communities, and importantly, by our valued partners and sponsors. Thanks to you all, leadership is alive, and we have seen new leaders emerge from among us. I urge you all to be engaged as we build our District based on our core values of Fellowship, Integrity, Diversity, Service and Leadership.

Dream big my family, work hard to make your dreams reality. Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities and in ourselves.

I urge you all to please support our Rotary Foundation. Through TRF we are doing amazing work across the globe and in our communities.

Thank you for sharing your passion, your energy and your love. Maggie and I will cherish the friendships that have been made and we look forward to a time when we will meet you all in the flesh. It has been our honour and privilege to serve Rotary District 7030 as Governor (Team Leader).

In closing, Maggie joins me in congratulating DG Sonya as she assumes the leadership of our District on July 1st. I am confident that DG Sonya will take our District forward and make it even stronger than it is today. As we learn to live with the COVID virus, we will resume in person fellowship and strengthen those bonds that were formed virtually. Exciting times are ahead, so let us support each other and our new team of leaders.

Warmest wishes

Yours in Rotary friendship

Lisle

ROTARY AREAS OF FOCUS

Rotary is dedicated to causes that build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.

We direct our efforts to enhance our local and global impact. Our most successful and sustainable projects and activities tend to fall within the following areas:



CALENDAR OF EVENTS -JUNE 2021

The Rotary Club of Saint Lucia continued to hold most of its meetings online, although some events, such as Quiz Night, the Handover Ceremony, and the District Awards, were held in person.

Rotarians had the opportunity to be privy to information on the ProFuture Foundation and OAS Scholarships, as well as a live cooking demonstration from Executive Chef Juan Morisson, and engagements with the Toastmasters Club 8750.






The Rotary Club of Saint Lucia

Welcomes you to our regular meeting on:
Friday, June 11, 2021 @ 12:00 noon, via Zoom

Rotary
Guest Speaker:


Lilly Ching-Soto
Resident Representative in Saint Lucia of the
Organization of American States

Topic:
"The ProFuture Foundation and OAS Scholarships"



The Rotary Club of Saint Lucia

Presents



Chef Juan Morisson
Executive Chef of Beaches Negril Resort and Spa.
A LIVE COOKING DEMONSTRATION



NIC TOASTMASTERS CLUB 8750

Presents
TRI-ANGLE
TOPIC-The Elements of Crime

Join us from the comfort of your home
Thursday 3rd June 2021 @7:30- 8:30 PM



Andre Marques
Panelist



Rodney Maxius
Moderator



Sanue Joseph
Panelist

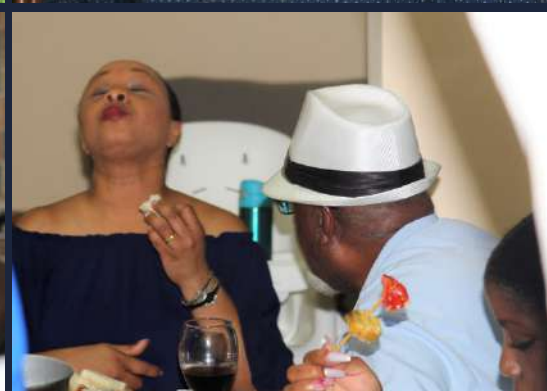


Martin Renee
Panelist

CALENDAR OF EVENTS -JUNE 2021

JOINT BOARD RETREAT

JUNE 05TH 2021



CALENDAR OF EVENTS -JUNE 2021

JOINT BOARD RETREAT

JUNE 05TH 2021



CALENDAR OF EVENTS -JUNE 2021

Rotary Fellowships Month

JUNE 19TH 2021

ROTARY QUIZ NIGHT

The Rotary Club of Saint Lucia members PP Tim Moffat and Sean Deveaux hosted an exciting Quiz Night at the St. Lucia Yacht Club. Members were quite competitive vying for the top spots. It was a splendid event!



CALENDAR OF EVENTS -JUNE 2021

Rotary Fellowships Month

JUNE 19TH 2021

ROTARY QUIZ NIGHT



CALENDAR OF EVENTS -JUNE 2021

ROTARY HANDOVER CEREMONY

JUNE 30TH 2021

The time has come again to pass the baton of responsibility to another Club member. A role that must be handled seriously if we are to fulfill the year's objectives. Albeit, it is not always possible due to constraints, the most recent being the dreaded Covid-19, successes were nonetheless evident.

THE PAST AND PRESENT PRESIDENTS



THE MCS



CALENDAR OF EVENTS -JUNE 2021

ROTARY HANDOVER CEREMONY

JUNE 30TH 2021

LEADERSHIP TEAM 2021/2022



- President- Keturah Donai
- Vice President- PP Selma St. Prix, PHF
- President Elect-PE Gordon Julien
- Immediate Past President- IPP Leathon Khan
- Secretary- President Elect PP Gordon Julien
- Treasurer-Julian Charles
- Sergeant of Arms- PP Chester Hinkson, PHF
- Club Administration- PP Selma St. Prix, PHF
- Community Services- Director PP Leevie Herelle
- Membership- Director Sheba O'Brien
- Foundation- Director Past Assistant Governor Timothy Moffat, PHF
- Youth Services-Spoke Editor Director Natoya Cassius
- Spoke Editor- Ian Mitchel
- Social Media Strategist-Director Roger Hare
- Public Image/Relations- Director IPP Leathon Khan, PHF
- After Meeting Chair- Director PP Malcolm Charles, PHF
- International Service- Director PP Albert Daniels, PHF
- Caregivers- Director Past Assistant Governor Malcolm Charles, PHF
- Vocational- Director PP Azmina Long, PHF

CALENDAR OF EVENTS -JUNE 2021

ROTARY HANDOVER CEREMONY

JUNE 30TH 2021

THE WINNERS



SPECIAL BLEND



CALENDAR OF EVENTS -JUNE 2021

ROTARY HANDOVER CEREMONY

JUNE 30TH 2021



CALENDAR OF EVENTS -JUNE 2021

ROTARY HANDOVER CEREMONY

JUNE 30TH 2021



CALENDAR OF EVENTS -JUNE 2021

ROTARY HANDOVER CEREMONY

JUNE 30TH 2021



CALENDAR OF EVENTS -JULY 2021

UPCOMING EVENTS 2021

July 2021: Transition Month

1. Thursday July 08, 2021 in person 6pm Zoom Training NSDC Classe'ek Bisee
2. Friday July 16 2021 Guest Speaker Charmaine Hipolyte on Substance abuse
3. Friday July 23 2021 'Know Your Rotarian' Classification talk and 'Rotary in a minute' Mean it
4. Friday July 30. 2021 Guest Speaker Sharon Auguste Zaiens 'Covid-19 Vaccine Reactions
5. Saturday night July 31, 2021 'Kareoke Night' Rotarian Mary at 'Wild Orchid'
6. Other activities include Rotary sayings for Social media Rotarian 'Natoya'

Further details will be provided closer to the event.

CALENDAR OF EVENTS -JUNE 2021

DISTRICT EVENTS - JUNE 2021

JUNE 24TH 2021

Rotary District 7030: 2021 District Awards

District Awards are issued at the end of any given Rotary Year and are intended to recognize Clubs and Rotarians alike for their outstanding and unwavering service during the period.

This Rotary year, the following members from the Rotary Club of Saint Lucia were recognised for their service:

Outstanding Service to District 7030 in 2020/2021 for supporting the 2021 District Conference:

Pres. Leathon Khan

PP Selma St. Prix

PP Albert Daniels

Ian Mitchell

Outstanding Service to District 7030 in 2020/2021 for their District Leadership Roles:

PAG Konrad Wagner- District Conference Chair

PP Soraya Gustave- District Secretary

PP Charles Serieux- Assistant Governor

Paul Harris Fellow (PHF) Awards:

PP Konrad Wagner

PP Soraya Gustave

Hero Pins:

Pres. Leathon Khan

PP Konrad Wagner

PP Soraya Gustave

PP Selma St. Prix

PP Albert Daniels

In addition, the Rotary Club of St. Lucia received the District Governor Citation in recognition of outstanding contribution to the goals and objectives of District 7030 in 2020/2021; this was a Five (5) District Governor Citation Award. This would not be possible with the members of this club and we are very proud to receive such an honour.



CALENDAR OF EVENTS -JUNE 2021

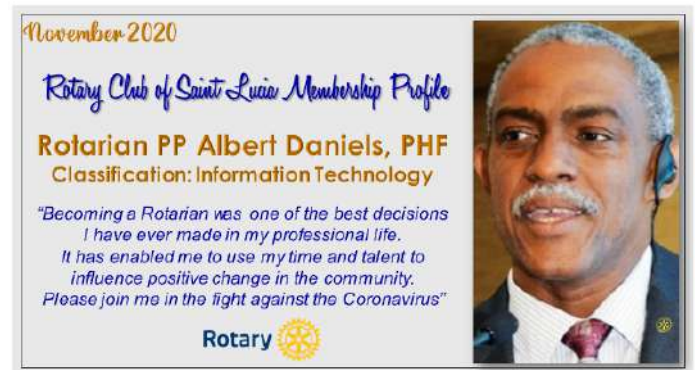
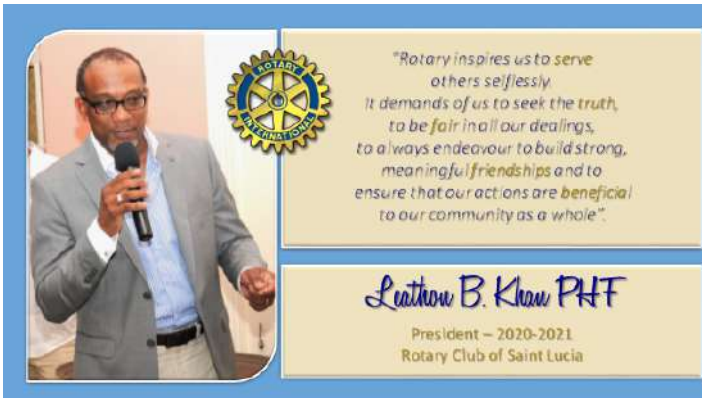
DISTRICT EVENTS - JUNE 2021

Rotary District 7030: 2021 District Awards **JUNE 24TH 2021**



HIGHLIGHTS

MEMBERSHIP PROFILE FEATURE



ROTARY CODE OF CONDUCT

- As a Rotarian, I will:
- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- 3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5. Help maintain a harassment-free environment in Rotary meetings, events, and activities; report any suspected harassment; and help ensure non-retaliation to those individuals that report harassment

HIGHLIGHTS

BIRTHDAY FEATURES

NATOYA CASSIUS



HAPPY BIRTHDAY,
NATOYA CASSIUS!

Happy Birthday and all the best
to you in the year to come!

-From your Rotary Family

KONRAD WAGNER



HAPPY BIRTHDAY,
KONRAD WAGNER!

Wishing you a day full of laughter
and happiness and a year that
brings you much success.

-From your Rotary Family

FRANK MYERS



HAPPY BIRTHDAY,
FRANK MYERS!

We wish you an amazing year
that ends with accomplishing all
the great goals that you have set!

-From your Rotary Family



HIGHLIGHTS

INVESTIGATION SECTION



HAIR SLAYER

Look at this Rotarian showing off her gorgeous tresses...hair is on point! She deserves a fine for this! Sargeeeee...

TALKER WITH ACTION

We all know the Rotarian who gives the longest speeches. He gave a pretty short speech at the Handover Ceremony but compensated with a loooong presentation. We see you.... Fortunately, it showed how he was able to grab Covid-19 by the horns!

MRS COLD & MR HOT

two Rotarians in the medical field were supposedly having a conversation. They sat less than 2 feet from each other. One complaining she was cold and the other complaining he was hot! My oh my...Can you guess who they were....



TICKLE TICKLE

Look at this Rotarian in fits of laughter...Whatever tickles him so??? Will we ever know?!



STYLE FOR DAYS...

The public would like to know how many hats this Rotarian owns. He always has a hat to match his shirt! We want answers....!!

WINNER

The smile you give when you are a winner many times over! Thankfully, he gives back...



THE TROUBLE MAKER

It was definitely an auction to witness. We had 2 Rotarians vying for the win of a cell phone but at last only one can be victorious. The Rotarian on zoom has persons in the room sweating!!

BLOODY 6!

At the Joint Board meeting we had a Rotarian 'teaching' a Chinese Numbers game giving us a run for our money but there was the Rotarian who decided she could no longer be in the dark....She figure it out a came out with a 'bloody 6'!!

JOKE OF THE MONTH

You were not in the meeting!

it should have been an email.



Riddle: What gets wet while drying?

Answer:

The answer will be revealed in the next issue of the Spoke; Stay tuned!!!

ANSWER TO LAST MONTH'S RIDDLE

Riddle:

What question can you never answer yes to?

Answer:

Are you asleep? Are you dead?

Our sources are on the look out!! You may just make next month's issue!

STAY TUNED
FOR MORE
UPDATES!!

SAFETY DURING THE OUTBREAK

Can receiving a COVID-19 vaccine cause you to be magnetic?

No. Receiving a COVID-19 vaccine will not make you magnetic, including at the site of vaccination which is usually your arm. COVID-19 vaccines do not contain ingredients that can produce an electromagnetic field at the site of your injection. All COVID-19 vaccines are free from metals such as iron, nickel, cobalt, lithium, and rare earth alloys, as well as any manufactured products such as microelectronics, electrodes, carbon nanotubes, and nanowire semiconductors. In addition, the typical dose for a COVID-19 vaccine is less than a milliliter, which is not enough to allow magnets to be attracted to your vaccination site even if the vaccine was filled with a magnetic metal.

Is it safe for me to get a COVID-19 vaccine if I would like to have a baby one day?

Yes. If you are trying to become pregnant now or want to get pregnant in the future, you may get a COVID-19 vaccine when one is available to you.

There is currently no evidence that COVID-19 vaccination causes any problems with pregnancy, including the development of the placenta. In addition, there is no evidence that fertility problems are a side effect of any vaccine, including COVID-19 vaccines.

Like all vaccines, scientists are studying COVID-19 vaccines carefully for side effects now and will continue to study them for many years.

This information was obtained from the CDC's web-site- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html>

New Rotary Prayer – During the Covid-19 Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake.

May we who have little risk factors,
remember those most vulnerable, with difficult choices to make.

May we who have the luxury of homes and jobs that pay,
remember those who are helpless and have no place to stay.

May we who have close families and surrounded by friends who care,
remember those who have no options, who survive on loneliness and fear.

May we who have each other, as Rotarians willing to give,
remember the least among us who only wants to live.

May we with our Rotary ideals and a purpose to fulfill,
Keep fighting for humanity and not be found standing still.

Amen

BY: LEATHON KHAN

ROTARY CLUB OF ST. LUCIA MEMBERS

LEADERSHIP TEAM

President	President Leathon Khan, PHF
Vice President	Past President Selma St. Prix, PHF
President Elect	President Elect Keturah Donai
Immediate Past President	Immediate Past President Leevie Herelle
Secretary	Past President Gordon Julien
Treasurer	Past President Gloria Williams, PHF
Sergeant at Arms	Sean Devaux
Club Administration	President Elect Keturah Donai
Service Projects	Steve Johnny, PHF
Membership	Everton Sealy
Rotary Foundation	Past President Selma St. Prix, PHF
Youth Services	Ian Mitchell
Media Strategist	Roger Hare
Public Relations	Past President Tim Moffat, PHF
After Meeting Chair	Past President Malcolm Charles, PHF
International Service Director	Past President Albert Daniels, PHF

FULL MEMBERSHIP

Ambris, Digby	Herelle, Leevie	Mitchell, Ian
Belle, Francis	Hinkson, Chester	Moffat, Timothy
Bonne-Smith, Riquette	James, Timothy	Myers, Frank
Bonnett, Julie	Johnny, Fitzstephen	O'Brien, Sheba
Cassius, Natoya	Jonas, Jeremiah	Paul, Brad
Charles, Julian	Joseph, Marcus	Sealy, Everton
Charles, OBE, JP., Malcolm	Julien, V. Gordon	Serieux, Charlie
Charles-Donai, Keturah	Kent, Peter	Simmons, Ira
Daniels, Albert	Khan, Leathon	St.Prix, Selma
Devaux, Sean	Laurent, Crisy	Wagner, Konrad
Francis, Lorenzo	Lewis- Dix, Mary	Warner-Gustave, Soraya
Hare, Roger	Long, Azmina	Williams, Gloria

ROTARY CLUB OF ST. LUCIA COMMITTEES

Club Administration Committee

This Committee is responsible for all operations of the Club including its day-to-day activities, club announcements, club assemblies, raffles etc.

Members:

Pres. Elect Keturah Donai (Chair)
PP Selma St. Prix, PHF
Everton Sealy
AG PP Charlie Serieux, PHF
Rtn. Gloria Williams

Service Projects Committee

The Service Projects Committee develops and implements educational, humanitarian, and vocational service projects that help our community.

Members:

Steve Johnny, PHF (Chair)
PP Azmina Long
Julie Bonnett
PP Brad Paul
PP Joe Simmons
Rtn. Jeremiah Jonas
Pres. Leathon Khan, PHF

Membership Committee

Membership Service Committee identifies the needs of members and recommends the development of services to meet those needs.

Members:

Everton Sealy (Chair)
Rtn. Julie Bonnett
Rtn. Sheba O'Brien
PP Digby Ambris
PP Konrad Wagner
Pres. Leathon Khan, PHF

Rotary Foundation Committee

Foundation is the lifeblood of rotary as the funds collected through Every Rotarian Every Year (EREY) go back into funding our big projects as global funds. Part of Foundation is polio the first disease that began rotary's journey. Foundation must be kept alive as it plays a pivotal role in the existence of every club. You get out of it what you put into it, hence the importance of ensuring we all contribute to EREY.

Members:

PP Selma St. Prix, PHF (Chair)
PP Chester Hinkson (Deputy)
Rtn. Julian Charles (Secretary)
Pres. Leathon Khan, PHF

New Generations/Youth Services Committee

This committee focuses on fostering relationships with the Rotaract, Interact and Early Act Clubs and support their members in their professional development and assist with their projects as appropriate. We also engage the wider community and other established organizations to find ways to promote and engender youth development and entrepreneurship. Historically, this has involved financing participation in regional workshops and conferences, holding professional development conferences, facilitating youth study exchanges, and providing mentorship.

Members:

Ian Mitchell (Chair)
Rtn. Riquette Bonne-Smith
PP Timothy James
PP Rudolphy Francis
Pres. Leathon Khan, PHF

ROTARY CLUB OF ST. LUCIA COMMITTEES

International Service Committee

The Club's International Service Committee seeks to execute projects that support communities in need throughout Saint Lucia. We engage international Rotary Clubs and other Friendly organizations seeking collaboration in the execution of these projects.

Members:

PP Albert Daniels, PHF (Chair)
PP Gordon Julien
PP Leevie Herelle
PP Timothy James, PHF
PAG Malcolm Charles, PHF
Rtn. Peter Kent (Leave of Absence)
Rtn. Natoya Cassius (Seconded)
PP Leathon Khan, PHF

Public Relations Committee

The role of the club public relations committee is to inform the public about Rotary and promote the club's service projects and activities. This ensures that the club's work is known and generates a positive public image whereby current members are motivated to be active and prospective members are eager to join.

Members:

PP Tim Moffat PHF (Chair)
PP Soraya Warner-Gustave
Rtn. Roger Hare (Social Media Strategist)
Rtn. Natoya Cassius
Pres. Leathon Khan, PHF

After Meeting Chair Committee

Main responsibility at present, is the 'Rotary Caregiver Project' which connects the Club with 'Shut In/ disabled or incapacitated/elderly Rotarians. A 'Manual of Procedure' to guide Rotarians as to eligibility criteria for the Rotary Care Giver Program.

Members:

PP PAG Dr Malcolm Charles PHF (Chair)
PP Digby Ambris
PP Dr Ira Simmons
Rtn Justice Francis Belle
PAG Konrad Wagner
PP Leevie Herelle (Discussion Lead)
Pres. Leathon Khan, PHF (ex officio).

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves."



ROTARY THE WORLD OVER!!

WEBSITE- [HTTP://ROTARY.LC/](http://rotary.lc/)

FACEBOOK- ROTARY CLUB OF ST. LUCIA

INSTAGRAM- @ROTARYCLUBOFSTLUCIA