



THE SPOKE

SERVICE ABOVE SELF

ISSUE 3 • MARCH 2021

BY NATOYA CASSIUS



Photo Credit: Corbis via Getty Images

TABLE OF CONTENTS

President's Message • P. 2

Rotary Leadership Team
& Editor's Message • P. 3

Areas of Focus & Rotary Monthly
Theme • P. 4

Calendar of Events • P. 5

Highlights • P. 16

Safety During the Pandemic • P. 19

Tributes • P. 20

Rotary Members • P. 21

Rotary Committees • P. 22

THE ROTARY 4-WAY TEST

A Four-way test 'formula' guides our International membership. The creed which states:

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, our communities, and in ourselves."



LEATHON KHAN

THE PRESIDENT'S MESSAGE

YOU KEEP PRESSING ON...

It is such an unusual time, at least for our generation. Unprecedented in every way. We have not seen or experienced anything like this before. The doubts, the uncertainties, the fears, and anxieties. These emotions have visited us. They linger with us. They become us.

We have been patient, tolerant, compliant, restrained, and subdued. But we have also been angry, indifferent, defiant, frustrated, suspicious, and stressed. Enough already!

We have seen our hopes rise with the morning sun, only to see them fade away as night swallows each passing day. And if that is not depressing enough, the Evening News just rubs it in.

...And it does not help that we are not alone. There is no consolation in the fact that big powerful countries are hurting too. As we watch them plunge into social and economic pools of recession and despair, the resulting tsunamic waves and ripples only disrupt our lives and livelihoods and further displaces our island's most vulnerable.

We know people are hurting and that families are in turmoil. We know jobs have disappeared and relationships have been strained.

We know income streams have dried up and that mortgages and car payments are in arrears.

We know kitchen cupboards are empty and that food prices have peaked. Sadly, we know that students have been left behind and that crime is reclaiming our streets.

These are unprecedented times... with confounding challenges. They are complex and they are daunting.

But we are "People of Action," ... or so we claim to be. This moment calls for "People" and this moment calls for "Action", and as Rotarians, this moment presents opportunities for us all to be "Action Heroes" for our fellow citizens.

The call is for us to "Press On" and keep doing what we are expected to do. It is tempting and it is easy to step back and step aside. It is more comfortable to walk away. But this is not what "People of Action" do.

No, they keep pressing on. This is why we pray:

..."May we who have each other, as Rotarians willing to give, remember the least among us who only wants to live.

May we with our Rotary ideals and a purpose to fulfill, Keep fighting for humanity and not be found standing still."

We keep pressing on.



The Rotary Club of Saint Lucia Leadership Team 2020-21



FROM LEFT TO RIGHT: P LEATHON KHAN, PP SELMA ST.PRIX, IPP LEEVIE HERELLE, PP GORDON JULIEN, JULIAN CHARLES, STEVE JOHNNY PHF, PE KETURAH CHARLES-DONAI, PP TIMOTHY MOFFAT PHF, PP ALBERT DANIELS PHF, SEAN DEVAUX, PP MALCOM CHARLES PHF, EVERTON SEALY, ROGER HARE & IAN MITCHELL

EDITOR'S NOTE



NATOYA CASSIUS

The first quarter of 2021 comes to a close this month. It's gone by quickly, and I'm starting to believe that in terms of time, 2021 will give 2020 a run for its money. With the days flying by too quickly and the months appearing to go by like weeks, it won't be long before you don't recognize yourself in the mirror. Then again, you are as young as you feel!

I challenged you to listen to music last month. My challenge to you this month is to contact the person you've been putting off. When was the last time you spoke with the person you keep promising to make time for? When someone becomes ill or passes away, we always have the nagging feeling that "if only I had called/answered..." In light of this, this month's challenge is for you to make that call. Let us take time to appreciate the people in our lives, to be grateful and thankful for family, friends, and the little things that we sometimes overlook. After all, the end is promised but unknown.

May March bring positivity and love!

STAY SAFE

Make the
time!

HAPPY INTERNATIONAL WOMEN'S DAY

CELEBRATED MARCH 08TH 2021



Where there is a woman, there is magic.
-Ntozake Shange

ROTARY AREAS OF FOCUS

Rotary is dedicated to causes that build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.

We direct our efforts to enhance our local and global impact. Our most successful and sustainable projects and activities tend to fall within the following areas:



FOR MORE INFORMATION, PLEASE VISIT LINK: [HTTPS://WWW.ROTARY.ORG/EN/OUR-CAUSES](https://www.rotary.org/en/our-causes)

ROTARY THEME FOR MARCH 2021

Water and Sanitation Month



According to Rotary International, 'when people have access to clean water and sanitation, waterborne diseases decrease, children stay healthier and attend school more regularly, and mothers can spend less time carrying water and more time helping their families.'

In recognition of this month's theme, the Rotary Club's guest speaker was our very own Past President Timothy James. He is a Senior Supervisor-Water Services, WASCO.

CALENDAR OF EVENTS -MARCH 2021

Rotary Club of Saint Lucia continues to push through the pandemic. Adjustments have been made and the majority of meetings are being held virtually.

We are currently rolling out Public Service Announcements by the Covid Task Force. In addition, engagements with the Toastmasters are continuing this month with a series of Public Speaking Workshops.



MARCH 06 AND 07

Public Speaking Workshop series
under the Toastmaster/Rotary
Alliance continues with Speech
Development Workshops

Sessions 3 and 4

MARCH 08 AND 10

Public Speaking Workshop series
under the Toastmaster/Rotary
Alliance continues with
Impromptu Speaking Workshops

Closing

MARCH 08-14 2021

World Rotaract Week

MARCH

Shipment of Vegetable Seeds
from Seeds International

Distribution upcoming

MARCH 15 2021

Invitation to meeting of the
Rotary Club of Davidson, North
Carolina

MARCH 31 2021

Preregistration discount ends for
the Rotary International
Convention

CALENDAR OF EVENTS -MARCH 2021

Over 3000 lbs of an assortment of food supplies were shipped by TOCO Foundation to Saint Lucia. The items were allocated to the Rotary Club of Saint Lucia, NEMO and R.I.S.E. Saint Lucia for distribution to the needy. The food items have been packaged and are currently being distributed.



CALENDAR OF EVENTS -MARCH 2021



CALENDAR OF EVENTS -MARCH 2021



CALENDAR OF EVENTS -MARCH 2021



CALENDAR OF EVENTS -MARCH 2021



CALENDAR OF EVENTS -MARCH 2021



CALENDAR OF EVENTS -MARCH 2021



CALENDAR OF EVENTS -MARCH 2021

MARCH 27 2021

Youth Entrepreneurship and Innovation Summit

collaboration with the St. Lucia Chamber of Industry and Commerce



YOUTH ENTREPRENEURSHIP AND INNOVATION SUMMIT



THEMES:

- Digital Marketing
- Success Stories
- Financial Management
- Business Management
- Entertainment

Contact us: (758) 285-0092 or rotaryclubofstlucia@gmail.com

SOCIAL MEDIA
[@rotary](#) [@slybtsslu](#) [@stluciachamber](#)



MODERATORS


Keba Taliam
Moderator


Everistus Jn Marie
Moderator

MEASUREMENTS


Hanna Fitz
International Brand Strategist & Business Coach


Dr Lexi Lane
Naturopathic Doctor Davidson North Carolina, USA


Phoebe Corey
International Model, Actress Seoul, Korea


Ana-Kaye Green
Asst. VP. Investments & Treasury BOSL, Saint Lucia


Shelton Flash
Sr. Manager, C&W Business at C&W Communications


Lorena Puerto
Engineer and Coach Colombia


Teddyson John
Int. Recording & Performing Artist & Former Soca Monarch 2015


Trudy O. Glasgow
Attorney at Law Trudy O. Glasgow & Associates


Louise Victor
Executive Director, Folk Research Centre, Saint Lucia


Brent St. Catherine
Head of the Innovation Lab and Gateways Programme at Sir Arthur Lewis Community College

Saturday, March 27th, 2021 09:00am | FREE | Via ZOOM

Register in advance for this meeting: <https://us02web.zoom.us/join/join?from=register&meetingRef=1ZYsduuqz4iH9bQFBrGzCR4MGbhbgiJSwYv>
 After registering, you will receive a confirmation email containing information about joining the meeting.

MARCH 26 2021

Packaging of hygiene and clothing items from Rotary Club of Davidson in North Carolina for distribution to the poor and homeless on April 05th 2021.

Rotary and Toastmaster members



CALENDAR OF EVENTS -MARCH 2021

DISTRICT EVENTS - MARCH 2021

Now Accepting Applications for the 2022 Rotary Peace Fellowship. Applications for the 2022-23 academic term need to be submitted by 15 May 2021. Please write to rotarypeacecenters@rotary.org with questions. Visit <https://www.rotary.org/en/our-programs/peace-fellowships> for more information.



Interactors from St. Joseph's Convent, St. Mary's College and Castries Comprehensive Secondary School pictured practicing for the cultural performance during the upcoming Rotary District Conference

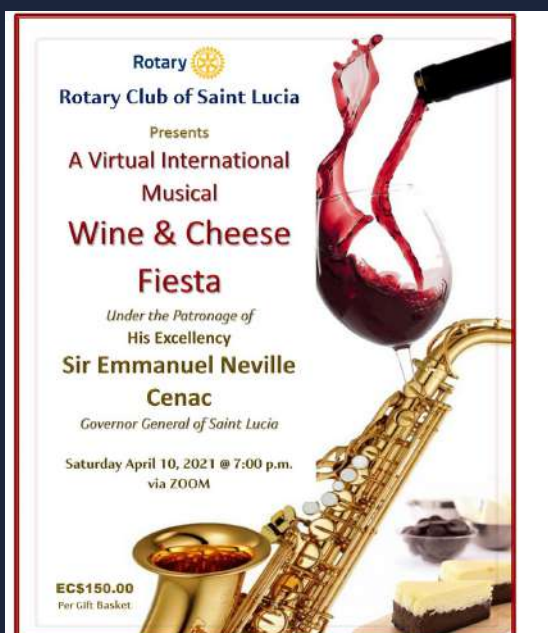
CALENDAR OF EVENTS -MARCH 2021

UPCOMING EVENTS 2021

- Re-wrapping of the Rotary Youth Mobile Clinic Bus by the Foundation Committee.
- Rotary Club of Davidson contribution has been received and plans are being made for distribution.
- Feeding of the Poor and Homeless in Saint Lucia will be held on April 05th 2021.
- Rotary Club of Milton Youth Summit will be held on April 10th for ages 12-24. Visit miltonrotary.com for more details.



P.E.T.S- To be virtually hosted by Saint Lucia on April 16-24 2021.Pre P.E.T.S 2021 Saint Lucia started February 08 2021. P.E.T.S serves to educate and train incoming club personnel in Leadership and Service for the new 2021-2022 Rotary Year



1st Virtual Musical Wine and Cheese Fiesta on April 10th 2021.

Further details will be provided closer to the event.

HIGHLIGHTS

BIRTHDAY FEATURES



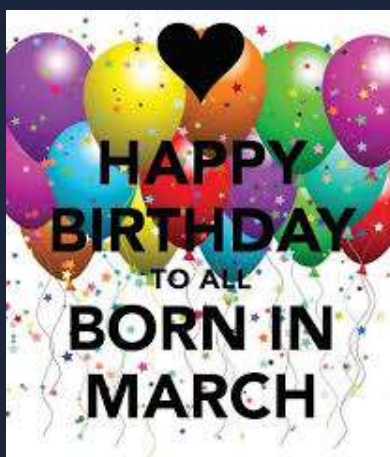
AZMINA LONG



**HAPPY BIRTHDAY,
AZMINA LONG!**

You're older today than yesterday
but younger than tomorrow,
happy birthday!

-From your Rotary Family



SELMA ST. PRIX



**HAPPY BIRTHDAY,
SELMA ST. PRIX!**

Count not the candles...see the
lights they give. Count not the years,
but the life you live. Wishing you a
wonderful time ahead.

-From your Rotary Family

SORAYA WARNER-GUSTAVE



**HAPPY BIRTHDAY, SORAYA
WARNER-GUSTAVE!**

Your birthday is the first day of another 365-
day journey. Be the shining thread in the
beautiful tapestry of the world to make this
year the best ever. Enjoy the ride!

-From your Rotary Family

HIGHLIGHTS

INVESTIGATION SECTION



NOT A DULL BOY

All work and no play makes Jack a dull boy! No dull boy here...After a day's work, a lil drink for the soul.



PHILOSOPHY?

This Rotarian was actively sharing his philosophy to the other but one must wonder if what he holds in his left hand was a contributing factor to speech! Then again, drink, no drink, he can hold his own! Definitely not a dull boy!



THE NEXT 007 OR 008

Our Sources spotted this Rotarian on a 'work' mission. Work sure looks good via this mode of transportation! What really is the mission? Is he just a lone soul on an innocent mission or is he the next 007; James Bond in the making! Maybe 008?? If the skyfalls.....

JOKE OF THE MONTH

I am no cook. But I can follow the directions. Which said to let the bird chill in the sink for a few hours.



Riddle:

If you have it, you want to share it.
If you share it, you don't have it.
What is it?

Answer:

The answer will be revealed in the next issue of the Spoke; Stay tuned!!!

ANSWER TO LAST MONTH'S RIDDLE

Riddle:

You have me today,
Tomorrow you'll have more;
As your time passes,
I'm not easy to store;
I don't take up space,
But I'm only in one place;
I am what you saw,
But not what you see.
What am I?

Answer:

Memories

HIGHLIGHTS CONT'D

INVESTIGATION SECTION



VACATION MODE



Look at this Rotarian standing there free of guilt though our sources can assure you, he came in with his hands in the air like a man who scored a 6 in a cricket match! He should probably follow the footsteps of the Rotarian below and share the recipe for all that joy!



GOT MILK??!

This Rotarian was mid meeting enjoying a cool glass of something! We know alcohol consumption is not on his menu so is this a virgin something or is this milk??!! You be the judge! Based on him being heavily featured last month, let's judge!



THE BECKONING

Look closely, there is a Rotarian hiding in the dark, beckoning an 'unsuspecting' Rotarian in a beauty lair. But is he really innocent?? He may just want to get a few beauty treatments in time for Easter! However, can you identify the hidden culprit??



WINE AND HAIR

Our Sources found this Rotarian with his hands full enquiring about beauty treatments. Is he looking for a new hair do? There is an array of options on the top shelf!



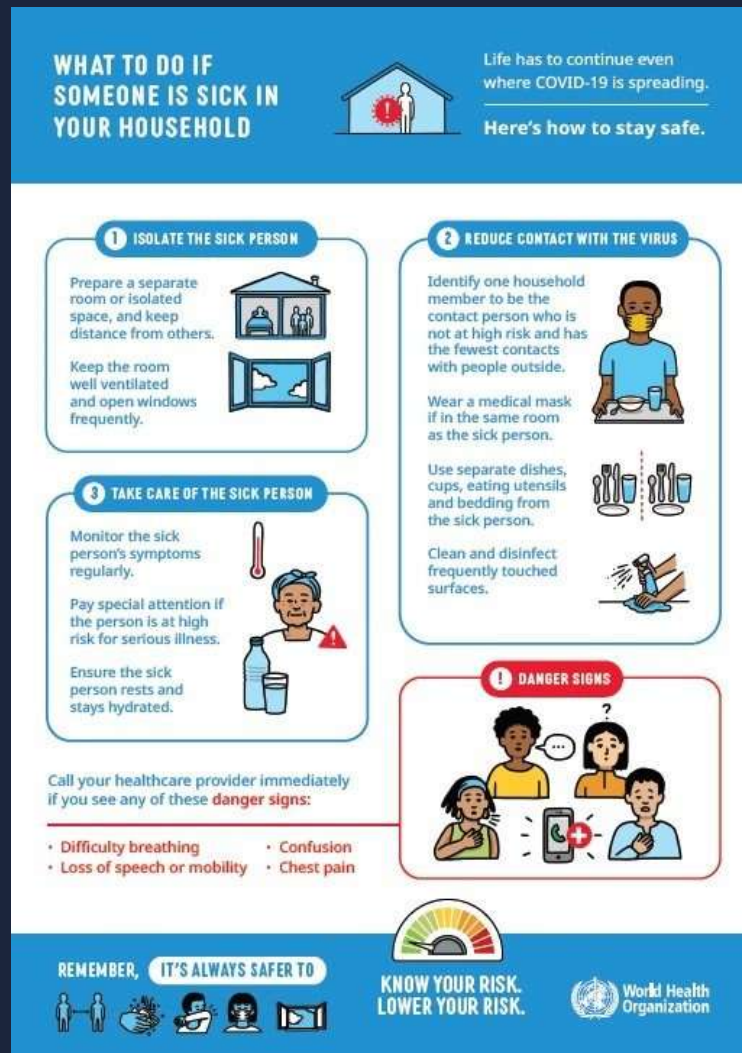
NUTS ON OFFER

Our Sources found this Rotarian trying to offer the other Rotarian his nuts but his offer was HEAVILY declined. The Rotarian in blue had a no-nut acceptance policy!

Our sources are on the look out!! You may just make next month's issue!

STAY TUNED
FOR MORE
UPDATES!!

SAFETY DURING THE OUTBREAK



New Rotary Prayer – During the Covid-19 Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake.

May we who have little risk factors,
remember those most vulnerable, with difficult choices to make.

May we who have the luxury of homes and jobs that pay,
remember those who are helpless and have no place to stay.

May we who have close families and surrounded by friends who care,
remember those who have no options, who survive on loneliness and fear.

May we who have each other, as Rotarians willing to give,
remember the least among us who only wants to live.

May we with our Rotary ideals and a purpose to fulfill,
Keep fighting for humanity and not be found standing still.

Amen

BY: LEATHON KHAN

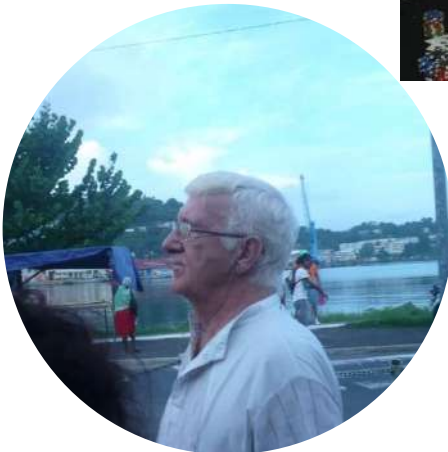
TRIBUTES

TRIBUTE TO MEMBERS WHO PASSED AWAY:



We, the Rotary Family would like to extend condolences to the family and friends of our member and friend, Dr. Harry Sampson PHF who has passed on.

Harry was an extremely witty man who found humour in everything. A quality that was highly appreciated by those who knew him best. That smile, that laugh and that voice will forever be remembered.



Rest in peace, Dr. Harry Sampson PHF; you will forever be in our memories.

"LIFE IS A GIFT, MAKE GOOD MEMORIES OUT OF EACH MOMENT."

— MARTIN UGWU

ROTARY CLUB OF ST. LUCIA MEMBERS

LEADERSHIP TEAM

| | |
|--------------------------------|---|
| President | President Leathon Khan PHF |
| Vice President | Past President Selma St. Prix PHF |
| President Elect | President Elect Keturah Donai |
| Immediate Past President | Immediate Past President Leevie Herelle |
| Secretary | Past President Gordon Julien |
| Treasurer | Past President Gloria Williams PHF |
| Sergeant at Arms | Sean Devaux |
| Club Administration | President Elect Keturah Donai |
| Service Projects | Steve Johnny PHF |
| Membership | Everton Sealy |
| Rotary Foundation | Past President Selma St. Prix PHF |
| Youth Services | Ian Mitchell |
| Media Strategist | Roger Hare |
| Public Relations | Past President Tim Moffat PHF |
| After Meeting Chair | Past President Malcolm Charles PHF |
| International Service Director | Past President Albert Daniels PHF |

FULL MEMBERSHIP

| | | |
|----------------------------|---------------------|------------------------|
| Ambris, Digby | Herelle, Leevie | Mitchell, Ian |
| Belle, Francis | Hinkson, Chester | Moffat, Timothy |
| Bonne-Smith, Riquette | James, Timothy | Myers, Frank |
| Bonnett, Julie | Johnny, Fitzstephen | O'Brien, Sheba |
| Cassius, Natoya | Jonas, Jeremiah | Paul, Brad |
| Charles, Julian | Joseph, Marcus | Sealy, Everton |
| Charles, OBE, JP., Malcolm | Julien, V. Gordon | Serieux, Charlie |
| Charles-Donai, Keturah | Kent, Peter | Simmons, Ira |
| Daniels, Albert | Khan, Leathon | St.Prix, Selma |
| Devaux, Sean | Laurent, Crisy | Wagner, Konrad |
| Francis, Lorenzo | Lewis- Dix, Mary | Warner-Gustave, Soraya |
| Hare, Roger | Long, Azmina | Williams, Gloria |

ROTARY CLUB OF ST. LUCIA COMMITTEES

Club Administration Committee

This Committee is responsible for all operations of the Club including its day to day activities, club announcements, club assemblies, raffles etc.

Members:

Pres. Elect Keturah Donai (Chair)
PP Selma St. Prix
Everton Sealy
Rtn. Charlie Serieux
Rtn. Gloria Williams

Service Projects Committee

The Service Projects Committee develops and implements educational, humanitarian, and vocational service projects that helps our community.

Members:

Steve Johnny, PHF (Chair)
PP Azmina Long
Julie Bonnett
PP Brad Paul
PP Joe Simmons
Jeremiah Jonas
Pres. Leathon Khan

Membership Committee

Membership Service Committee identifies the needs of members and recommends the development of services to meet those needs.

Members:

Everton Sealy (Chair)
Rtn. Julie Bonnett
Rtn. Sheba O'Brien
PP Digby Ambris
PP Konrad Wagner
Pres. Leathon Khan

ROTARY CLUB OF ST. LUCIA COMMITTEES

Rotary Foundation Committee

Foundation is the life blood of rotary as the funds collected through Every Rotarian Every Year (EREY) go back into funding our big projects as global funds. Part of Foundation is polio the first disease that began rotary's journey. Foundation must be kept alive as it plays a pivotal role in the existence of every club. You get out of it what you put into it, hence the importance of ensuring we all contribute to EREY.

Members:

PP Selma St. Prix, PHF (Chair)
PP Chester Hinkson (Deputy)
Rtn. Julian Charles (Secretary)
Pres. Leathon Khan

New Generations/Youth Services Committee

This committee focuses on fostering relationships with the Rotaract, Interact and Early Act Clubs and support their members in their professional development and assist with their projects as appropriate. We also engage the wider community and other established organizations to find ways to promote and engender youth development and entrepreneurship. Historically, this has involved financing participation in regional workshops and conferences, holding professional development conferences, facilitating youth study exchanges and providing mentorship.

Members:

Ian Mitchell (Chair)
Rtn. Riquette Bonne-Smith
PP Timothy James
PP Rudolphy Francis
Paul Lambert
Pres. Leathon Khan

ROTARY CLUB OF ST. LUCIA COMMITTEES

Public Relations Committee

The role of the club public relations committee is to inform the public about Rotary and promote the club's service projects and activities. This ensures that the club's work is known and generates a positive public image whereby current members are motivated to be active and prospective members are eager to join.

Members:

PP Tim Moffat PHF (Chair)
PP Soraya Warner-Gustave
Rtn. Roger Hare (Social Media Strategist)
Rtn. Natoya Cassius
Pres. Leathon Khan

After Meeting Chair Committee

Main responsibility at present, is the 'Rotary Caregiver Project' which connects the Club with 'Shut In/ disabled or incapacitated / elderly Rotarians. A 'Manual of Procedure' to guide Rotarians as to eligibility criteria for the Rotary Care Giver Program.

Members:

PP Malcolm Charles PHF (Chair)
PP Digby Ambris,
PP Dr Ira Simmons
Rtn Justice Francis Belle
PAG Konrad Wagner
PAG Dr Malcolm Charles (Chair)
PP Leevie Herelle (Discussion Lead)
Pres. Leathon Khan (ex officio).

International Service Committee

The Club's International Service Committee seeks to execute projects that support communities in need throughout Saint Lucia. We engage international Rotary Clubs and other Friendly organizations seeking collaboration in the execution of these projects.

Members:

Past President Albert Daniels, PHF (Chair)
PP Gordon Julien
PP Leevie Herelle
PP Timothy James, PHF
PAG Malcolm Charles, PHF
Rtn. Peter Kent (Leave of Absence)
Rtn. Natoya Cassius (Seconded)
PP Leathon Khan, PHF

VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves."



ROTARY THE WORLD OVER!!

WEBSITE- [HTTP://ROTARY.LC/](http://rotary.lc/)

FACEBOOK- ROTARY CLUB OF ST. LUCIA

INSTAGRAM- @ROTARYCLUBOFSTLUCIA