



THE SPOKE

SERVICE ABOVE SELF

ISSUE 1 • JANUARY 2022

BY NATOYA CASSIUS

IT'S VOCATIONAL SERVICE MONTH



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Everyone has his own specific vocation or mission in life; everyone must carry out a concrete assignment that demands fulfillment. Therein he cannot be replaced, nor can his life be repeated, thus, everyone's task is unique as his specific opportunity to implement it.

-Viktor E. Frankl

THE ROTARY 4-WAY TEST

The Four-way test 'formula' guides our International membership. The creed which states:

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

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VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves."

THE PRESIDENT'S MESSAGE



KETURAH DONAI

Happy new year Rotary!! It's a new year, but doesn't it feel like the 2020 -2021 all over again? Sad but true, it just shows that we must adapt and face change when it comes. We have to live through it, we must work through it, and we have to ensure rotary lives on as it is needed more than ever before. We always say rotary is a way of life, so we cannot become complacent with our lives.

Innovation comes from hardship and that is what we will continue to do. Find new ways to cope and do what we do best, serve. As we embark on another five months of 2021-2022, let us remember what we pledged to do. Our goal is always service above self as we continue to change the lives around us.



Rotary Prayer – During the Covid-19 Pandemic

May we who are merely inconvenienced, remember those whose lives are at stake.

May we who have little risk factors,
remember those most vulnerable, with difficult choices to make.

May we who have the luxury of homes and jobs that pay,
remember those who are helpless and have no place to stay.

May we who have close families and surrounded by friends who care,
remember those who have no options, who survive on loneliness and fear.

May we who have each other, as Rotarians willing to give,
remember the least among us who only wants to live.

May we with our Rotary ideals and a purpose to fulfill,
Keep fighting for humanity and not be found standing still.

Amen

BY: LEATHON KHAN

BOARD MEMBERS 2021/22



The Rotary Club of Saint Lucia Leadership Team 2021-22



FROM LEFT TO RIGHT:

PRES. KETURAH CHARLES-DONAI, PP SELMA ST.PRIX PHF, IPP LEATHON KHAN PHF, DIR. JULIAN CHARLES, PP CHESTER HINKSON, PP LEEVIE HERELLE, DIR. SHEBA O'BRIEN PE GORDON JULIEN, PP TIMOTHY MOFFAT PHF, DIR. NATOYA CASSIUS, DIR. ROGER HARE, PP MALCOLM CHARLES PHF & PP AZMINA LONG PHF

EDITOR'S NOTE



NATOYA CASSIUS

Another year has here, and it is time for a fresh start. A time to write down our goals for the year; we call them "new year's resolutions." However, before we start with that, let's express our gratitude for the ability to be part of the New Year. Now that this is done, I leave you with a quotes from Dr. Seuss and C.S Lewis respectively, "You'll never get bored when you try something new. There's really no limit to what you can do." and "You are never too old to set another goal or to dream a new dream."





BUDDIES OF THE MONTH



What is the buddy system? A cooperative arrangement whereby individuals are paired or teamed up and assume responsibility for one another's instruction, productivity, welfare, or safety. Do you know your buddy?? See page 38.



210 POINTS



ROTARY AREAS OF FOCUS

Promoting Peace

Fighting Disease

Providing clean water, sanitation, and hygiene

Saving mothers and children

Supporting education

Growing local economies

Protecting the environment

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Rotary is dedicated to causes that build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.

We direct our efforts to enhance our local and global impact. Our most successful and sustainable projects and activities tend to fall within the following areas:

For more information, please visit link: <https://www.rotary.org/en/our-causes>

ROTARY THEME FOR JANUARY 2022

VOCATIONAL SERVICE MONTH



THE OBJECT OF ROTARY

The Object of Rotary is a philosophical statement of Rotary's purpose and the responsibilities of Rotarians. It should, and in fact, serves to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The concept of vocational service is rooted in the second object, which calls on Rotarians to encourage and foster:

- High ethical standards in business and professions
- The recognition of the worthiness of all useful occupations
- The dignifying of each Rotarian's occupation as an opportunity to serve society

As a Rotarian, how can you put these ideals into action?

Consider these suggestions:

- Talk about your profession in your club, and take time to learn about fellow members' occupations.
- Use your skills and expertise to serve a community.
- Practice your profession with integrity, and inspire others to behave ethically through your words and actions.
- Help young people achieve their career goals.
- Guide and encourage others in their professional development.

By undertaking these activities, you bring vocational service to life. Vocational service is the essence of Rotary and serves as the foundation from which we serve our communities around the world.

Examples of Career counselling and guidance

The Rotary Club of Birmingham, Alabama, USA, partners with their Rotaract club on a mentoring program. Rotaractors are paired with Rotarians to foster stronger vocational, civic, and personal relationships. Rotaractors learn from Rotarians, especially in areas related to their future careers and industry sectors, and Rotarians have the chance to share vocational expertise with youth.

The Rotaract Club of Cape Munyonyo in Uganda carries out a project in secondary schools every year to mentor Interactors in professional development, career guidance, and service.

ROTARY THEME FOR JANUARY 2022

VOCATIONAL SERVICE MONTH

CONT'D

Inspire the next generation

The Rotary E-Club of Tamar Hong Kong, Hong Kong, organized seminars for youth in its community aimed at teaching balance between everyday life and a career. Members of the club shared insights on different industries such as travel, jewelry, entertainment, and entrepreneurship. Youth also learned how to write a résumé and cover letter, and they received suggestions on how to interview successfully.

The Rotary Club of Madras Industrial City, Tamil Nadu, India conducted a career guidance workshop for its Interact club to help students discover their interests. The district vocational service chair arranged a half-day interactive session for students to form career goals and plan for their future vocations. A special workshop was conducted for girls, and more than 200 students benefited from the project.

VOCATIONAL TRAINING AND PROFESSIONAL DEVELOPMENT

Founded as a business networking organization, Rotary emphasizes the importance of bringing together business and professional leaders for the purposes of exchanging ideas, developing relationships, and improving communities. Rotary members are committed to professional development and advancing their skills. Rotarians can pursue this commitment through activities that increase their knowledge, and by guiding and training others to find gainful, fulfilling employment.

We have in the past conducted career guidance talks at various schools principally in the Castries area and we have also executed mentoring programs. St. Lucia needs our commitment to these more than ever now. The traditional role models for our youth appear to be falling woefully short of what is expected of them. It is therefore imperative that Rotary gives life to upcoming generations of young St. Lucians, the citizens and leaders of tomorrow.

ROTARY THEME FOR JANUARY 2022

VOCATIONAL SERVICE MONTH

Some of the responsibilities of the Club Vocational Service Committee include:

- Talk about our vocation in our club, and take time to learn about fellow members' vocations.
- Use our professional skills to serve our club and community.
- We practice our profession with integrity, and inspire others to behave ethically through our own words and actions.
- Help young people achieve his or her career aspirations.
- Guide and encourage others in their professional development.
- Network with associates to help serve others.
- Strengthen the emphasis on vocation and classification in new member recruitment and induction.
- Identify means of emphasizing vocation in club activities.
- Create a stronger emphasis on business networking with integrity in Rotary at the club and district level.
- Focus more attention on business networking with integrity as a means of attracting and mentoring the new generation.
- Emphasize the connection between the Four Way Test and the Rotary Code of Conduct (formerly called: Declaration of Rotarians in Business and Professions) and their importance to the values of Rotary.
- Devote the first meeting in October to examining the second Avenue of Service, including The FourWay Test and The Declaration of Rotarians in Business and Professions. After expanding members' awareness, solicit their input in planning projects for the remainder of the year.
- Introduce a "mini-classifications talk" series in which each member gives a five-minute talk on his or her vocation. Schedule one speaker for the beginning of each meeting until everyone has made a presentation. The purpose of these talks is to promote vocational awareness among Rotarians and help them recognize the worthiness of all useful occupations.
- Present a vocational award to someone in the community who has exemplified outstanding professional achievement while maintaining very high ethical standards. Promote the presentation within the community, and consider making it an annual October event.
- Invite experts to give a presentation on the vocational needs of the community and develop a project in response to those needs. Possible projects could focus on developing character, providing career information to youth, mentoring small businesses, or organizing workshops that provide employees with new skills.
- Encourage club members to put their vocational skills to work as a Rotary Volunteer. Volunteer opportunities are available on ProjectLINK, a valuable resource that lists many vocational projects that clubs and districts can also choose to support financially or with donated goods.
- Conduct any other activities associated with the effective operation of the club.

CALENDAR OF EVENTS -JANUARY 2022

The Rotary Club of Saint Lucia hosted its weekly meetings via the zoom platform. Our monthly Board Meetings and Business Meetings happened as planned.

Our 'Rotary in a Minute' Rotarian was Crisy Laurent and our 'Know Your Rotarian' this month was VP PP Selma St. Prix, PHF.

Club activities for the month included Training in My Rotary by PE Gordon and Vocational Talks by PP Frank.

Additionally, our New Year's Feeding of the Poor and Homeless took place as scheduled. We always look forward to this initiative.



TRAINING FOR ROTARIANS-MY ROTARY

JANUARY 13TH 2022

PE Gordon provided a thorough overview of the MyRotary website. He discussed the necessity of registering with My Rotary as well as how to build and edit an account. Additionally, he touched on the different roles in the club in the Learning Center. In addition, he stated that the possibilities are limitless. As shown below, we were able to secure a rotary magazine from January 1911.

His presentation has since been shared with the club. Snippets of his presentation can be found below.

JANUARY 1911



WHY REGISTER IN MY ROTARY

- My Rotary is a place for Rotarians and Rotaractors to access tools and information to make their Rotary Membership Experience much better.
- The Learning Centre in [My Rotary](#) is available to Rotarians who are interested in taking online courses on a variety of topics, including membership, The Rotary Foundation, Club Basics and much more.
- Signing into My Rotary gives you a customized experience to the tools and information available on My Rotary.
- Build engagement and promote retention of members.



SECTION 2 - EDIT OR UPDATE MY ROTARY PROFILE

- Log into My Rotary and select your name in upper right-hand corner and "profile"
- Some information can be updated by the user and identified with the "Edit" icon.
 - ✓ Personal Details (date of birth, gender, set profile picture)
 - ✓ Contact information (addresses, email and telephone)
 - ✓ Background/Professional Experience (about me),
 - ✓ Rotary Programs
 - ✓ Areas of Expertise
- The Rotary Resume section displays information that Rotary has for you in their database. If you see an error in your Rotary Resume, send an email to data@rotary.org to have it corrected.



"The capacity to learn is a gift; The ability to learn is a skill; The willingness to learn is a choice." — Brian Herbert.

CALENDAR OF EVENTS -JANUARY 2022

ROTARY CODE OF CONDUCT

As a Rotarian, I will:

- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- 3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5. Help maintain a harassment-free environment in Rotary meetings, events, and activities; report any suspected harassment; and help ensure non-retaliation to those individuals that report harassment

For more information, please visit link:
<https://my.rotary.org/en/guiding-principles>

ROTARY IN A MINUTE



Rotarian Crisy expressed her delight in her role as a Rotarian, citing her passion for not only the youngsters but for projects involving feeding the most vulnerable. Those are causes close to her heart, and she will always be a strong advocate for them.

MEMBERSHIP PROFILE FEATURE

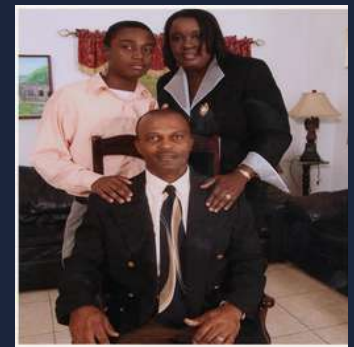
Julie Bonnett
Classification:
Human Resource

ROTARY AFFORDS ME THE OPPORTUNITY TO WORK WITH AND LEARN FROM AMAZING MEN AND WOMEN WHO STEADFASTLY UPHOLD THE MANTRA OF "SERVICE ABOVE SELF" AS WE WORK TO MAKE A TANGIBLE IMPACT IN THE COMMUNITY AND BY EXTENSION THE WORLD. BEING A ROTARIAN IS MY EXPRESSION OF LOVE FOR ALL MANKIND."

CALENDAR OF EVENTS -JANUARY 2022

KNOW YOUR ROTARIAN-SELMA ST.PRIX, PHF

JANUARY 20TH 2022



Selma grew up on Morne Fortune with 3 siblings and a mother and father who believed they should have the finer things of life. Father was a very successful business entrepreneur with one of the businesses being the first icicle factory on the island. The mother was a Nurse/ Midwife and became matron of Victoria hospital for many years. Selma's education is a mix of medical and business stopping at a MBA and embarking on higher studies. She is a singer and song writer as well.

Selma through family, singing, work, leisure and rotary has travelled many countries around the world. Her work experience has taken her from physical therapy to medical technology, Counselor/trainer, many others and General Manager. Rotary has afforded her to serve for ten years all being on the board in capacities such as Director of new generations/youth, Secretary, Club Admin, Community service, Ag Sergeant at arms, Foundation and SPOKE editor. Through PP Malcolm Selma became the Steward of the Youth Mobile clinic for 10 years and wrote the proposal document for the Human Resource Enrichment Program for the homeless. Selma says she loves rotary as it afforded her the opportunity to serve others in many different capacities.

CALENDAR OF EVENTS -JANUARY 2022

NEW YEAR'S FEEDING

JANUARY 02ND 2022



CALENDAR OF EVENTS -JANUARY 2022

NEW YEAR'S FEEDING OF THE POOR AND HOMELESS

JANUARY 02ND 2022



CALENDAR OF EVENTS -JANUARY 2022

NEW YEAR'S FEEDING OF THE POOR AND HOMELESS

JANUARY 02ND 2022



CALENDAR OF EVENTS -JANUARY 2022

NEW YEAR'S FEEDING OF THE POOR AND HOMELESS

JANUARY 02ND 2022



CALENDAR OF EVENTS - 2022

UPCOMING EVENTS - FEBRAURY 2022

Tuesday February 8- Twining ceremony between the Rotary Club of Saint Lucia and the Rotary Club Du Lamentin at 12:30pm

Saturday February 12- Rotary Musical Wine and Cheese Fiesta to be held at 6:15pm

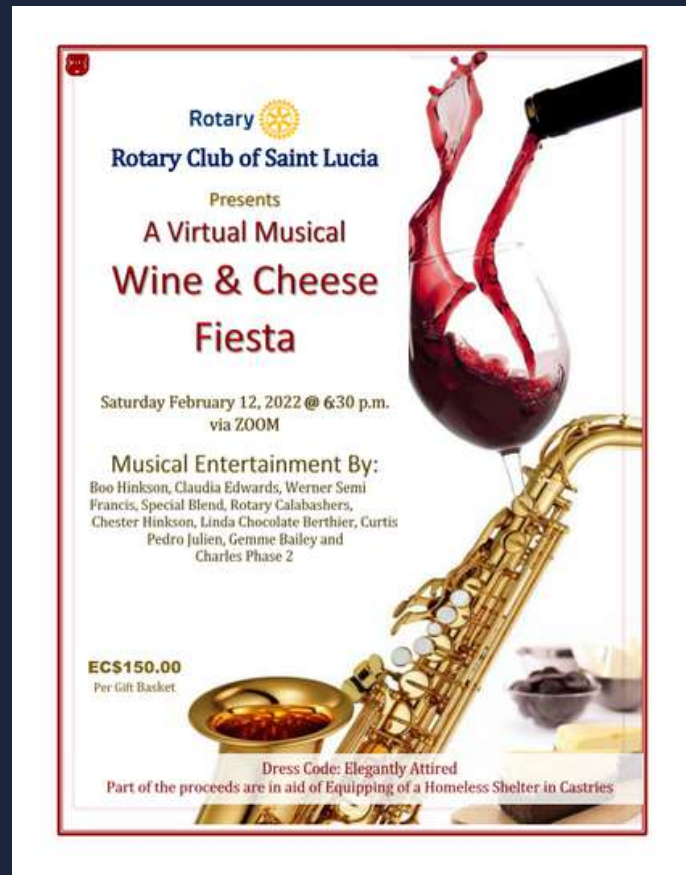
Know Your Rotarian

Rotary in a Minute

Empower Girls - Lifes Skills and Career Guidance training sessions

Childhood Obesity Project - Kitchen Garden - Distribution of Seeds and Launch of Project

Guest Speaker on Peacebuilding and Conflict Prevention



Every year the Rotary Club of St. Lucia would undertake its biggest fund raising project which is called 'Wine and Cheese Fiesta'. This annual event was always held at the Governor General's residence every February. This year, because of the COVID-19 pandemic, the Rotary Club of St. Lucia is planning a virtual wine and cheese programme which will be held on February 12, 2022. The idea is to ensure that all participants get a semblance of the taste of some of the food items that are usually on display during the event. There will be packaged baskets with wine, cheese, grapes, apples, crackers, french and local bread and chocolates. These baskets can be picked up at a cost of EC\$150.00 at the NSDC in Bisee on Friday February 11, 2022 from 10:00am

Further details will be provided closer to the event.



HIGHLIGHTS

BIRTHDAY FEATURES



HAPPY BIRTHDAY, PRESIDENT KETURAH DONAI!

Wishing you a happy birthday, a wonderful year and success in all you do.

-From your Rotary Family

HIGHLIGHTS

LET'S PLAY!

SUDOKU

LEVEL: MEDIUM

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9

Steps/ Rules

Sudoku is a puzzle based on a small number of very simple rules:

Every square has to contain a single number

Only the numbers from 1 through to 9 can be used

Each 3×3 box can only contain each number from 1 to 9 once

Each vertical column can only contain each number from 1 to 9 once

Each horizontal row can only contain each number from 1 to 9 once

JOKE OF THE MONTH



What two things
can you never eat
for breakfast?

MONTHLY RIDDLE

Riddle: What gets wet while drying?

Answer:

The answer will be revealed in the next issue of The Spoke; Stay tuned!!!

ANSWER TO LAST MONTH'S RIDDLE

Riddle:

Riddle: Lovely and round, I'm shimmery white, grown in the darkness, a lady's delight. What am I?

Answer:

A Pearl

ROTARY CLUB OF ST. LUCIA COMMITTEES

LEADERSHIP TEAM

President	Keturah Donai
Vice President	Past President Selma St. Prix, PHF
President Elect	President Elect Gordon Julien
Immediate Past President	Immediate Past President Leathon Khan
Secretary	President Elect Past President Gordon Julien
Treasurer	Julian Charles
Sergeant at Arms	Past President Chester Hinkson, PHF
Club Administration	Past President Selma St. Prix, PHF
Service Projects	Past President Leevie Herelle, PHF
Membership	Director Sheba O'Brien
Rotary Foundation	Director Past Assistant Governor Timothy Moffat, PHF
Youth Services	Spoke Editor Director Natoya Cassius
Spoke Editor	Director Natoya Cassius
Social Media Strategist	Director Roger Hare
Public Image/Relations	Immediate Past President Leathon Khan, PHF
After Meeting Chair	Past President Malcolm Charles, PHF
International Service Director	TBD
Caregivers Director	Past Assistant Governor Malcolm Charles, PHF
Vocational	Past President Azmina Long, PHF

ROTARY CLUB OF SAINT LUCIA COMMITTEES

Club Administration Committee

This Committee is responsible for all operations of the Club including its day-to-day activities, club announcements, club assemblies, raffles etc.

Members:

PP Selma St. Prix, PHF (Chair)
Marcus Joseph
Jeremiah Jonas
Riquette Bonne Smith

Rotary Foundation Committee

Foundation is the lifeblood of rotary as the funds collected through Every Rotarian Every Year (EREY) go back into funding our big projects as global funds. Part of Foundation is polio the first disease that began rotary's journey. Foundation must be kept alive as it plays a pivotal role in the existence of every club. You get out of it what you put into it, hence the importance of ensuring we all contribute to EREY.

Members:

PAG Timothy Moffat, PHF (Chair)
PP Chester Hinkson
Rtn. Julian Charles

Community Services Committee

The Service Projects Committee develops and implements educational, humanitarian, and vocational service projects that help our community.

Members:

PP Leevie Herelle, PHF (Chair)
PP Brad Paul
Rtn Steve Johnny
Rtn. Mary Dix

New Generations/Youth Services Committee

This committee focuses on fostering relationships with the Rotaract, Interact and Early Act Clubs and support their members in their professional development and assist with their projects as appropriate. We also engage the wider community and other established organizations to find ways to promote and engender youth development and entrepreneurship. Historically, this has involved financing participation in regional workshops and conferences, holding professional development conferences, facilitating youth study exchanges, and providing mentorship.

Members:

Dir. Natoya Cassius (Chair)
PP Timothy James, PHF
PP Rudolph Francis
PP Soraya Gustave, PHF

Membership Committee

Membership Service Committee identifies the needs of members and recommends the development of services to meet those needs.

Members:

Dir. Sheba O'Brien (Chair)
PP Digby Ambris
Rtn. Julie Bonnett
Rtn Everton Sealy

ROTARY CLUB OF SAINT LUCIA COMMITTEES

International Service Committee

The Club's International Service Committee seeks to execute projects that support communities in need throughout Saint Lucia. We engage international Rotary Clubs and other Friendly organizations seeking collaboration in the execution of these projects.

Members:

TBD (Chair)

PP Konrad Wagner, PHF

PAG Malcolm Charles, PHF

Rtn Justice Francis Belle

Vocational Committee

Vocational Services calls on Rotarians to empower others by using their unique skills and expertise to address community needs and help others discover new professional opportunities and interests

Members:

PP Azmina Long, PHF

PDGA Charlie Serieux, PHF

PP Joe Simmons, PHF

PP Frank Myers, PHF

Fund Raising Committee

The main purpose is to generate funds to undertake community projects such as feedings of the homeless, supplies to various homeless shelters, provision of Computers for schools, and many more

Members:

PP Azmina Long, PHF

PP Gordon Julien

Riquette Bonne Smith

Sean Devaux

Public Relations Committee

The role of the club public relations committee is to inform the public about Rotary and promote the club's service projects and activities. This ensures that the club's work is known and generates a positive public image whereby current members are motivated to be active and prospective members are eager to join.

Members:

IPP Leathon Khan, PHF (Chair)

Dir. Roger Hare (Social Media Strategist)

Rotary Care Giver and After Meeting Chair Committee

The main responsibility at present is the 'Rotary Caregiver Project' which connects the Club with 'Shut In/ disabled or incapacitated/elderly Rotarians. A 'Manual of Procedure' to guide Rotarians as to eligibility criteria for the Rotary Care Giver Program.

Members:

PP PAG Dr Malcolm Charles PHF (Chair)

PP Digby Ambris

PP Dr Ira Simmons

Rtn Justice Francis Belle

PAG Konrad Wagner

PP Leevie Herelle (Discussion Lead)

IPP Leathon Khan, PHF (ex officio).

ROTARY CLUB OF SAINT LUCIA MEMBERS

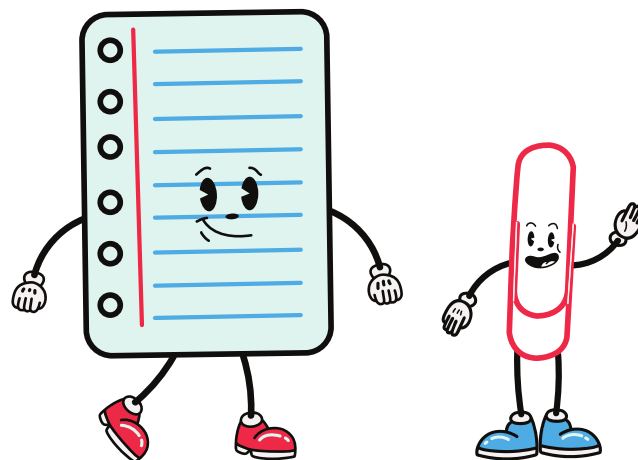
FULL MEMBERSHIP

Ambris, Digby	Herelle, Leevie	Moffat, Timothy
Belle, Francis	Hinkson, Chester	Myers, Frank
Bonne-Smith, Riquette	James, Timothy	O'Brien, Sheba
Bonnett, Julie	Johnny, Fitzstephen	Paul, Brad
Cassius, Natoya	Jonas, Jeremiah	Sealy, Everton
Charles, Julian	Joseph, Marcus	Serieux, Charlie
Charles, OBE, JP., Malcolm	Julien, V. Gordon	Simmons, Ira
Charles-Donai, Keturah	Kent, Peter	St.Prix, Selma
Daniels, Albert	Khan, Leathon	Wagner, Konrad
Devaux, Sean	Laurent, Crisy	Warner-Gustave, Soraya
Francis, Lorenzo	Lewis- Dix, Mary	
Hare, Roger	Long, Azmina	

BUDDY MEMBERS: JULY 2021 - JUNE 2022

What is the buddy system? A cooperative arrangement whereby individuals are paired or teamed up and assume responsibility for one another's instruction, productivity, welfare, or safety. Know your buddy today...!

1 Keturah Donai	Everton Sealy
2 Selma St. Prix	Riquette Bonne Smith
3 Gordon Julien	Sean Devaux
4 Tim Moffat	Leevie Herelle
5 Natoya Cassius	Francis Rudolph
6 Sheba O'Brien	Julian Charles
7 Justice Belle	Tim James
8 Azmina Long	Joe Simmons
9 Roger Hare	Steve Johnny
10 Leathon Khan	Konrad Wagner
11 Malcolm Charles	Digby Ambris
12 Chester Hinkson	Soraya Gustave
13 Julie Bonnett	Crisy Laurent
14 Marcus Joseph	Frank Myers
15 Charlie Serieux	Jeremiah Jonas
16 Mary Dix	Brad Paul



VISION: "Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves."



ROTARY THE WORLD OVER!!

WEBSITE- [HTTP://ROTARY.LC/](http://rotary.lc/)

FACEBOOK- ROTARY CLUB OF ST. LUCIA

INSTAGRAM- @ROTARYCLUBOFSTLUCIA