ROTARY NOTARY





Birthdays:

Rigby Carey	8/17
Shelly Chinberg	8/17
Angela Binyon	8/21

At Rotary Today:

Greeter: Tim Link

Invocation, Flag Salute, and Four-way test: Fred Heismeyer

Special Guests: Kirk Anderson

Fun Fundraiser:

Wines from Down Under is an Australian –themed dinner paired with wines to raise funds for the West Wichita Charitable Foundation of West Wichita Rotary. It happens on Saturday, September 22 at the Doubletree by Hilton Hotel at the airport. Purchase a ticket for \$75 by contacting Diane Walker at dwalkr@sbcglobal.net.

Quote of the Week:

Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.

–Harriett Tubman

RYLA: HELPING TODAY'S STUDENTS BECOME TOMORROW'S LEADERS

Heather Burrow (L) and Jessica Kopf (R) both attended RYLA camp in June. Their lessons were impressive, so much so that we'd like to have a leadership camp for Rotarians, too.



R otary Youth Leadership Awards (RYLA) Camp had all the ingredients for a fun week away from home during the summer: meeting new friends, staying in a college dorm, and learning new skills. Even more important, RYLA Camp helped participants learn what kind of leaders they already are, and how they can evolve to become even better leaders.

Our club has sponsored youth for this experience for nearly 25 years. The origins of RYLA took place in Australia, where local Rotary clubs were invited to plan an event to help celebrate the upcoming centennial of the state government of Queensland. Called a "gundoo," an aboriginal word meaning "festival" or "fun together," the event was so successful with youth that Rotary decided to create an annual youth program based on it.

At RYLA, participants participate in community service, form lifelong friendships, and sharpen their leadership skills.

Heather Burrow, who will attend Andover High School for her senior year, noted that to be a leader you don't always have to be out in front. There's also a time to be a follower. It's an important role because you can encourage your leader, helping him/her lead even more effectively. Followers also need strength and knowledge to do their jobs, she said.

Jessica Kopf, who will be a sophomore at North High, learned a new leadership lesson every day. She and her team members were asked to scrape paint from a building. They were given dull plastic scrapers to complete the task. After awhile the team members questioned why they had to continue to use the dull scrapers when even a plastic knife might work better. They entered a nearby convenience store to ask for plastic knives. Instead they were given plastic spoons, which still worked better than the paint scrapers. This activity taught Jessica and her team members to challenge the process and push boundaries, remind us that, "Great scientific leaders have all questioned what is."

The students also learned although leading by example is the most frequently recognized leadership technique, there can also be too many leaders in a situation. You have to know when being a leader means NOT leading, enabling others to act. "Trust those around you and be trustworthy," Kopf said.

Last, encourage the heart. Everyone needs someone to cheer for them. Be that cheerleader to someone.

Burke Jones summarized the students' presentation this way: Through RYLA Rotary is reaching out and encouraging the next generation!

Upcoming Events:

August 22—MIXER at Wichita Brewing Company (WBC), 535 N. Woodlawn, at 5:15 p.m. WBC is located behind Westlake Hardware in a strip mall that faces Central. Enjoy pizza, calzonesand a huge variety of craft beers!

September 20—Volunteer service at The Lord's Diner. Mark your calendars now!

September 22—Map painting project at Hyde Elementary School from 8 to noon. Donuts, coffee, and fun provided!

More Wisdom from Ron Roecker:

10. Find one connection – look for at least one thing you have in common with the person you're talking to.

11. Be both a teacher and a student – show people that you are willing to learn, as well as teach.

12. Appreciate your peeps – family, co-workers, friends
13. Roar through it – scary things happen to us like change and illness. Go through them with courage.

14. Look up! We're all so busy looking at our screens. Look up instead and see the world around you!

15. Trust is the foundation of every relationship. Your words should equal your actions.
16. Bamboo versus oak. There's a Japanese proverb that the bamboo that bends is stronger than the oak that resists.
17. Give 20-second hugs. Did you know that that leads to greater production of oxytocin, which leads people to feel safe, secure, trusting.
18. Don't ha afraid to write your

18. Don't be afraid to write your own headline.

Next Week:

Family Law Attorney Paula Kidd Casey will be our speaker.

AT ROTARY TODAY



John Alefs introduced Austin Dougherty (L) and Rachel McClaslin-Kruger, (R) two of our EWR Foundation scholarship recipients. Austin transferred to Wichita State after two years at Butler Community College and plans to earn a Master's Degree in the near future. Rachel attended Ft. Hays State and had a great experience joining some clubs and participating in extracurricular activities. She has changed her major to Elementary Education and will attend WSU this fall. Congratulations to our scholarship recipients and, as John Alefs reminded us, it's never to early to begin thinking about the financial contributions you'd like to make before the end of the year. Please include the East Wichita Rotary Foundation so we can continue to support students like these!

August 16 is National "Tell A Joke" Day

We all know that laughter is often the best medicine. Here are a few jokes to get you started.

Sherlock Holmes and Dr. Watson were going camping. They pitched their tent under the stars and went to sleep. Sometime in the middle of the night Holmes woke Watson up and said, "Watson, look up at the sky and tell me what you see." Watson replied, "I see millions and millions of stars." Holmes said, "And what do you deduce from that?" Watson replied, "Well, if there are millions of stars and if even a few of those



have planets, it's quite likely there are some planets like Earth out there. And if there are a few planets like Earth out there, there might also be life."

Holmes replied, "Watson, you idiot, it means that somebody stole our tent."

Joke #2: What did the Zen Buddhist say to the hotdog vendor? Make me one with everything.

Joke #3: A mushroom walks into a bar. The bartender says, "Hey, get out of here! We don't serve mushrooms here." Mushroom says, "Why not? I'm a fungai!"

Joke #4: What did the pirate say on his 80th birthday? "Aye matey."

And this one in honor of those who take everything you say literally: Wife says to her programmer husband, "Go to the store and buy a loaf of bread. If they have eggs, buy a dozen."

Husband returns with 12 loaves of bread.