



ROTARY NOTARY

HANDWRITING DOESN'T LIE: NEURO GRAPHO THERAPEUTICS

Member Birthdays:

Kim Goodnight	6/21
Charlie King	6/27
Robin McGonigle	6/27

At Rotary Today:

Greeter: Chris Whitney

**Invocation, Flag Salute,
and Four-way test:**
Chris Whitney

Special Guests:

Al Loudermilk
Dr. Olu
Vanessa Rohlman

Member News: Britt Fulmer

Rotary Anniversaries:

Fred Thurlow—17 years

Wedding Anniversaries:

Bob and Nan Morris—45 years
Brian & Angela Blackerby—
10 years

Quote of the Week:

Success is doing ordinary things
extraordinarily well.

— Jim Robn



As a licensed international forensic handwriting specialist, Kim Garcia identifies the emotions that impact our handwriting. By making changes in our handwriting we can rise to our highest potential.

What does your handwriting say about you? Kim Garcia, today's speaker, says your handwriting can tell everything about you from your birth to the present moment, with the exception of identifying your age, gender, handedness, religion, or anything physically identifying.

Garcia was a therapist for 30 years when she met a writer for the crime drama television series "Criminal Minds." She was so intrigued by the idea of being able to identify criminal traits through handwriting analysis that she received the training. As a forensic handwriting analyst she not only identifies handwriting traits of criminal behavior, suicidal tendencies, and depression, but can identify the reasons for this behavior...and help begin the process of change.

To Garcia, handwriting is

"mind" writing because it reflects what is going on in your mind. Our minds create our reality and we are limited only by how we see ourselves.

Every word that we write has an upper, middle, and lower zone. The upper zone reflects what is going on from the top of our heads to the top of our heart. The middle zone—the top of the heart to lower abdomen. And the lower zone reflects the lower abdomen to the bottom of the feet.

Garcia said, "Handwriting is expressive and silent gestures not seen until the writing tool begins to tell the inside story, exposing the visual history of your emotions, mentally and physically." She explained that people with violent behavior have identifiable weapon shapes in their writing and showed illustrations. The lower case "y",

when written with a half circle at the bottom, or "felon's claw" is an expression of resentful and vengeful behavior.

Garcia then presented three samples of handwriting and asked which person we would hire, based on their handwriting. Most Rotarians chose either Writer A or C. "Congratulations," she told us. "Those of you who chose A just hired Dennis Rader, or BTK. And those who chose C just hired Lizzie Borden." But what about B? "That is the handwriting of Steve Jobs," she explained.

Training people to identify handwriting indicator traits of suicide and violence with the goal of getting help before the writer acts on those traits is Garcia's goal as a therapist. She is currently writing a book on seeing signs of suicide in handwriting—a message of help and hope for people who may not know they need it.

Upcoming Events:

MIXER this Thursday, June 27 at The Hill Bar and Grill, Douglas and Oliver. Come on out and enjoy an after-work social with your Rotary friends. Bring a guest, spouse, or prospective member! The fun begins at 5:15 or whenever *you* arrive.

NO MEETING Wednesday, July 3. See you back at the Wichita Country Club on Wednesday, July 10!

**Rotary Quiz—
The one-clap greeting is:**

1. A tradition.
2. A holdover from when the club was all-male.
3. A dubious sign of respect.
4. All of the above.

Answer: All of the above

Next Week:

Join your fellow Rotarians for a celebration! Enjoy a highlight reel of our accomplishments as a club this past year and a fun thank you to Burke Jones, our president.

MORE AT ROTARY TODAY

*I used to think cursive
was confusing
I look back now and that's
amusing
I learned it's easy to
connect each letter and now...
I know my work looks better!*

School districts all over the United States stopped teaching cursive writing when Common Core standards were adopted. This is a mistake, according to today's speaker, Kim Garcia. She said, "Cursive writing builds empathy in children." Not only that, but it makes note-taking much easier!

Does your car have hail damage? The recent storms hit some Wichitans, especially those living in the Tallgrass area, pretty hard, doing serious damage to homes and cars. EWR member **Jaden Randle** says if your car was damaged, bring it to Auto Craft Collision Repair and ask for the Rotary discount. They'll treat you right and have your car looking like new again.

**PLEASE HELP WITH THE RED CROSS
"RED WHITE AND YOU" BLOOD DRIVE**

Deb Brinegar invites you to help the Red Cross during the July Fourth holiday by donating blood and enjoy free admission to the Sedgwick County Zoo as well. The "Red White and You" blood drive takes place from 8 a.m. to 3 p.m. in the Cargill Learning Center at the Zoo from July 4-6. Bring the family—there will be activities for older children to do while you're giving blood. Schedule a time at RedCrossBlood.org or by calling 1-800-RedCross.