



ROTARY NOTARY

Member Birthdays:

Elizabeth Farba	3/28
Dave Sproul	4/2

At Rotary Today:

Greeter: Stuart Palmer

Invocation, Flag Salute, and Four-way test:
Tom Church

Special Guests:

Katherine Ambrose
Jacob Davis
Mindy East
Rodney Steven III
Mandi Waugh

Rotary Anniversaries:

Anne Schneider—18 years
Greg Ek—16 years
Cathy McClain—16 years
Brian Burrus—15 years
Lindsay Hall—6 years

Wedding Anniversaries:

Dave & Sid Sproul—46 years
Fred & Patty Thurlow—41 years

Quote of the Week:

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.

— Buddha

DANIEL GOMEZ: HOW TO DEVELOP A MILLIONAIRE MINDSET



Daniel Gomez, pictured here with his agent, Mindy East, is an award-winning keynote speaker, business coach, and corporate trainer. His passion is to elevate businesses and entrepreneurs to achieve their true potential through training and coaching. He is the best-selling author of “You Were Born to Fly,” a book written to inspire and give people the high-performance habits and confidence needed to be the leaders of their own destiny.

How much do you think you’re worth? A million dollars? More? Daniel Gomez told us that most people undervalue themselves, resulting in living lives that are much less than they could be.

Gomez grew up in south San Antonio where his family was so poor that instead of eating cereal with milk for breakfast, they ate their cereal with water. Hamburgers were such a luxury that he and his family would share one because that was all they had.

At the age of 18, Gomez decided life wasn’t worth living any longer. He recalls that it wasn’t any one event that led him to attempt suicide, but just continuing feelings that he had nothing to offer. Miraculously, he

survived after firing a gun at his abdomen. The scar that resulted led to feelings of shame, guilt, and regret. When he heard a voice tell him, “Stop looking at your scar as a sign of shame; see it as a sign of grace,” he understood that the scar could actually help him.

This change in thinking led Gomez to write a book, “The Millionaire Mindset.” As he wrote, he prayed, and believes that the chapters were “downloaded” to him by God.

Each of us has gifts inside of us that the world needs; but we don’t believe enough in ourselves. That lack of faith in ourselves is the result of a negative mindset. We’ve all been programmed to think a certain way. He reminded us that what we

focus on expands and to have a millionaire mindset we need to change our thinking.

For example, how many of us have an “emergency” fund in case things go wrong? Instead, why not create a “freedom” fund to do something you’ve always wanted to do because things are going right!

Gomez reminded us that we are the president of our business, but to make God the CEO. If on a scale of 1—10 you value yourself as only a 6 your life will never go above 5. Your limitations in business and life are self-imposed.

Last, as Rotarians, we can apply the millionaire mindset to the growth and future of our club. Our failure and success is determined by everyone in this room. Who can we inspire today? Let’s do it!

Club Announcements:

Fred Thurlow urged us to sign up for the Dillons Community Rewards program. It's easy to do, and by signing up you are ensuring that a percentage of your purchases at Dillons will help our club provide scholarships through our East Wichita Rotary Foundation. The website can be found at:

<https://www.dillons.com/i/community/community-rewards>

The East Wichita Rotary scholarship application is now available on our website. Scholarships will now be awarded for \$1,500/year and renewable for three additional years. The deadline to submit an application is **April 15**. Please spread the word to Sedgwick County seniors, who will be attending a Kansas college, university or technical school in the fall.

Mark your calendars now for Rotary Night on **May 9** at Riverfront Stadium to watch the Wichita Wind Surge take on the Arkansas Travelers. The cost per ticket is only \$10. Payments of cash, checks, or Venmo to **Jessica Dunbar** will be accepted beginning **March 20**.

The Downtown Rotary Club is hosting a classic car rally on **Thursday, May 16 from 5—8 pm**. See Kim's pre-meeting email for all the details.

Next Week:

Kevin Strecker, Ministry Market CEO for Ascension, will be our speaker next week.

NO MEETING on Wednesday, April 3. Get out and do some community service that day! We'll see you at the Wichita Country Club on April 10.

MORE AT ROTARY TODAY



East Wichita Rotary celebrates and salutes our members who contribute \$1,000 or more to Rotary International. These members become Paul Harris Fellows, named after the founder of Rotary. Each time a member makes donations totaling \$1,000, he or she is recognized with a Paul Harris pin honoring their level of giving. Above left, **Dave Sproul** presents a pin to **Larry McNeil** for Paul Harris + 3. Above, **Stuart Palmer** and Dave Sproul present a Paul Harris pin and certificate to **Scott Nelson** for achieving his first Paul Harris fellow status. Last, on the left Stuart Palmer presents a pin to Dave Sproul to honor his attainment of Paul Harris + 5. Congratulations and thanks to these fine EWR members!

WELCOME, VISITORS!



Rodney Steven III



Mandi Waugh

This week our club enjoyed visits from two people who wanted to get to know us better. Rodney Steven III is a club manager at Genesis Health Clubs and Mandi Waugh is the Program Director for Child Start.

Do you know someone who might be interested in knowing more about the fun, fellowship, and service above self that our club members enjoy? Invite them to a meeting to see what we're all about. And let them know we have the best meals of any Rotary club around!