East Wichita Rotary News

ROTARY NOTARY



Birthdays:

Justin Baxter	7/26
Craig "Burnsie" Burns	7/27
Larry McNeil	7/30
Randy Summers	7/31

Introducing New Member Nancy Wiebe

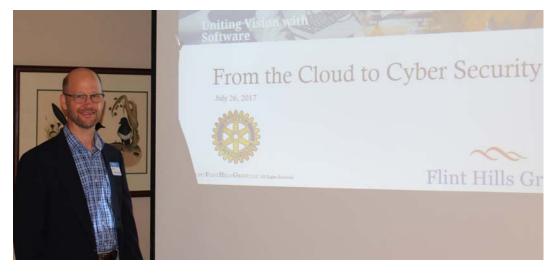
Robin McGonigle introduced Nancy Wiebe, a past member of the Great Bend and Downtown Rotary Clubs. A proud KU graduate, Nancy is a fundraising guru, having held grantwriting and fundraising positions both here and in Great Bend. Nancy is the Director of Development for Inter-Faith Ministries. Welcome to EWR, Nancy!

Ouote of the Week:

We are constituted so that simple acts of kindness, such as giving to charity or expressing gratitude, have a positive effect on our long-term moods. The key to the happy life, it seems, is the good life: a life with sustained relationships, challenging work, and connections to the community.

—Paul Bloom

FLINT HILLS GROUP: WORLD CLASS COMPUTER EXPERTISE IN WICHITA



Dave Cunningham is the Founder and CEO of Flint Hills Group, which combines exceptional engineering with Midwestern work ethics.

fter he and several other experienced computer engineers were laid off from NetApp late last year, Dave Cunningham had a flash of genius: create a company that outsources their experience and abilities, allowing them to remain in Wichita while serving customers all over the world.

The company is Flint Hills Group, a consulting firm that provides a range of computer engineering services.

One of their many services includes helping businesses use cloud computing effectively. Dave explained that each of us already uses some form of cloud computing. For example, the voice mail messages you receive

are not actually stored on your cell phone; they are physically stored by your service provider. You access them remotely.

Another example of how the cloud works: using an online service to store your photos. One of the biggest pros of using the cloud is having your firm's data safely stored in the event of a natural disaster or cyber attack.

Ransomware is a type of cyber attack that typically hits small to medium sized businesses. It is malicious software that prevents access to your files. To recover them, you must pay a ransom. A message appears on your computer screen explaining that you must pay a certain amount by a certain date, usually

within a few days, in order to receive a "key" that releases your files.

Being able to recover swiftly from a ransomware attack is critical to keeping your business open. Sadly, 60% of small businesses who are cyber attacked never recover.

Dave recommends minimizing the risk of being attacked by being proactive. Conduct an audit of your IT systems. Educate your employees. Tighten down loose business practices, such as sharing passwords or using easy passwords. Keep software and browser plug-ins updated. Eliminate old operating systems (Windows XP and Vista) and turn on your Windows updates. Being proactive today could spare you heartaches tomorrow.

Upcoming Events:

Another fun mixer is scheduled **TOMORROW**, July 27 at BJ's Brew Haus and Restaurant, located on the northwest corner of Kellogg and Rock. Bring a co-worker, bring a friend! The fun starts at 5:15!

Happy Anniversary:

A long-lasting marriage is built by two people who believe in and live by the solemn promise they made. Congratulations to these couples celebrating long marriages:

Brian and Susan Burrus—31 years

Matt and Julia List—27 years

Ann and Steve Buckendahl—26 years

More At Rotary Today:

Greeter: Fred Thurlow

Invocation, Flag Salute, and Four-way test: Laurie Gregory

Member News: Britt Fulmer

Special Guests:

Cavon Cockrum Tiffany Hawkins Charlie King

Laurie Gregory is the new Executive Director of the Tree House. Congratulations!

It's a girl! Fred Thurlow became a grandpa on July 12 when Tenley Grace was born.

Next Week:

Amy Reep from the Frank Lloyd Wright House will be our speaker.

At Rotary Today



Kevin Rathert introduced three EWR Foundation scholarship recipients. L to R: Kevin Rathert, EWR; Kayley Perkins; Andrew Scanlan; and Yadi Chavez-Arambula.

Kayley Perkins is attending Pharmacy School at KU. She's currently an intern at Lawrence Memorial Hospital. She's grateful for the adult mentors in her life. Drew Scanlan graduated from WSU last May with a bachelors degree in Chemistry. He's the assistant brewer at Aero Plains Brewing and may start his own craft brewery one day. Yadi Chavez-Arambula graduated from KU with a bachelors degree in Petroleum Engineering and a minor in Geology. All three students are very appreciative of the scholarships they've received from the EWR Foundation.

CELEBRATE AMERICA'S BUFFALO SOLDIERS THIS FRIDAY

In 1992 Congress designated July 28 as "Buffalo Soldiers Day" to honor members of the 9th and 10th Cavalry regiments for their legacy of service beginning with the Civil War all the way through the Korean War. They were fully integrated into the U.S. Army in 1952.

During a battle in 1867 near Fort Hays, Kansas, Cheyenne warriors remarked that the black American soldiers fought as fiercely and with as much strength as buffaloes. Hence, members of the 9th and 10th Cavalries produdly adopted the name "Buffalo Soldiers" as a badge of honor.

Buffalo Soldiers played key roles in the development of the western United States. In addition to protecting settlers as they crossed the frontier via wagon trains and railroads, these skilled horsemen and soldiers assisted in the construction of roads and forts and in the pursuit of cattle thieves and other outlaws.

Although they often received the worst food and equipment and labored without the respect and



recognition that were their due, the Buffalo Soldiers served proudly. Their achievements in the face of adversity not only helped to open doors for younger black Americans, in the military and in society as a whole, but also set a timeless example for all those who wear our Nation's uniform. Mark Matthews, who is now buried at Arlington National Cemetery, was the oldest living Buffalo Soldier at 111 years old when he died on September 6, 2005.