



# CRANBERRY *Chronicles*





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## PRESIDENT'S CHARTER ANNIVERSARY MESSAGE

Everyone knows that I prefer to be your most effective player - *behind the scenes*. The Presidential journey thus far has taught me many lessons being in the forefront of the club. This edition of the Cranberry Chronicles is very special to me as it takes us on a journey from where we started, to where we are and the direction that are headed in for 2020-2021.

With so many of our core members being inducted less than two years ago, it's great that we are able to share this piece of the club's history with you. This is a reminder that our successes now, were as a result of the lessons learnt in the past.

I often dub the Rotaract Club of Barbados as my 'baby'; a child that I pay very close attention to, that I prioritize and protect. My baby is now 4 years old and just like a child at that age, our club is strong enough to stand on its own two feet.

My personal **#LevelUp** goal was to begin the process of letting go and allow other members to be fully exposed to the Rotaract experience. With that said, I hope you enjoy this edition of the Cranberry Chronicles and I can't wait to take a photo next to the #4 to complete my picture trend.

Happy Birthday RaCOB! **#ProudCharterVicePresident**

Yours in Cranberry Service,

*Kareem French*

Captain & Level-Up Pioneer





## A WORD FROM YOUR FRIENDLY NEIGHBOURHOOD SECRETARY

**Picture it, April 10, 2018...**

I was pinned as an official member of this Club a little less than 2 years ago and I am so proud of what we have been able to achieve so far.

Even though we are the youngest club on this beautiful island, we have definitely never been afraid to do great things. This issue highlights just a few of the strides we have made in our 4-year journey and with continued sterling leadership, our success can only multiply.

Being a Cranberry has completely changed my life. Not only have I been able to meet some amazing humans, the opportunities afforded to us to serve have been absolutely mind-blowing; we are literally affecting people's lives in such a positive way!

As we celebrate this 4th year of our existence in this issue, let us reflect on how far we've come and be inspired by where we are about to go!

The **#LevelUp** journey continues. Let's finish strong!

Yours In Rotaract,

*Danielle C. Donawa*

Secretary | **Rotaract Club of Barbados** | 2019-2020





# Cranberry Birthdays



"Go Cranberries, it's your birthday and we gon' party like it's your birthday..."

Join us in **March 2020** to celebrate with these members at our quarterly birthday social!

- **FEB 6** Rtr. Kekana Goddard
- **FEB 7** Rtr. Vicki Estwick
- **FEB 10** DE Asha Phillander
- **FEB 16** PM Kemi Linton
- **FEB 26** DE Zakiya Agard
- **FEB 26** PM Charmaine Hinds
- **FEB 27** Dir. Robyn Weekes

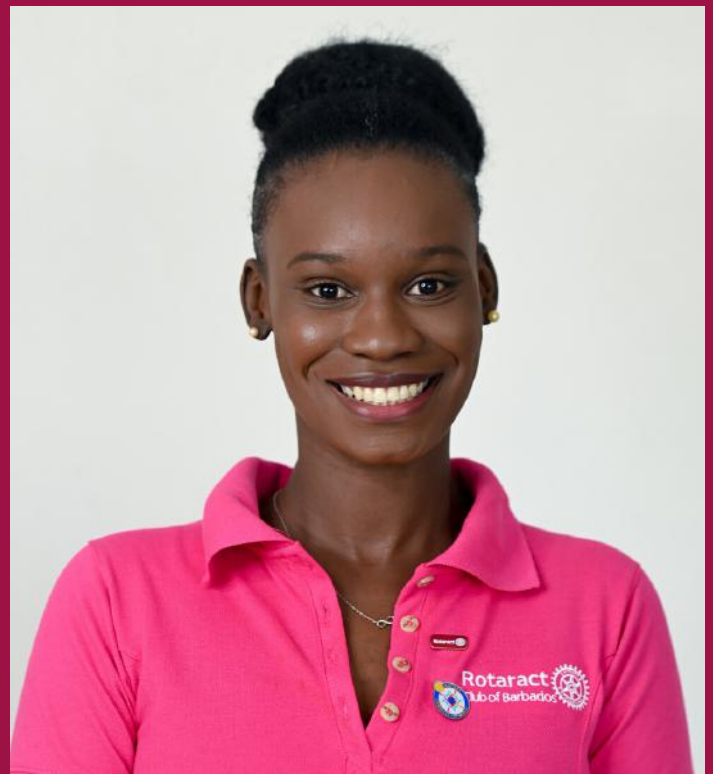
# Cranberry Corner

It's our Charter Quarter so of course , we did the absolute most. We started off the new decade by awarding, not one but TWO members as "Most Outstanding Rotaractor of Q2" having met the following criteria:

- Attendance must be in the “Very Active” category, i.e. 85% and above
- Participated in Elections process by nominating and/or voting for candidates
- Actively participated in community service projects
- Took initiative and lead projects as needed
- Assisted with the planning and/or execution of projects outside assigned committee
- Participated in Rotary events
- Consistently promoted Rotary/Rotaract events via Social Media (IG, FB, WhatsApp)



**Mario Murray**  
*Community Service  
Committee*



**Melanie Goodridge**  
*Professional Development  
Committee*

Congratulations again, Mario and Melanie. Continue to put service first, lead by example and being a beloved part of our Cran-Fam.

# A LOOK BACK AT JANUARY



Jan 7: Club Meeting



Jan 18: Signature Model Casting & Designer Meeting

# CRANBERRY CRASH COURSE (TRIPLE C)

SATURDAY 4TH JANUARY 2020  
DIRECTOR-ELECT JOELEITA AGARD



We kicked off Quarter 3 of the Rotaract year with the second **Cranberry Crash Course** on January 4, 2020.

The afternoon got off to a start with an ice breaker by Assistant Secretary Scott, in the form of a twist on the game BINGO, persons were required speak to new and familiar faces and find out interesting and perhaps previously unknown facts about each other. Following this Director of Club Service Akeem and I, presented information to new members and interested persons about the meaning of Rotaract, avenues of service, and club structure.

The Rotaract leadership and committee members were introduced and membership requirements were explained for those keen on joining the club. The exciting projects and activities the club carried out in the first part of the Rotaract year were highlighted, showing our members engaging in fellowship and serving their communities.

Members were also updated on the changes to the Rotary International Rotaract age limit policy which, as of July 1, 2020, will no longer place a limit on those joining or remaining in Rotaract after 30 years of age.

IPP Mario gave those present a reminder of the positive impact joining the club can have on the community and club members. The session concluded with a group photo, a brief mingling session and refreshments, we look forward to seeing new faces at our upcoming events.



# ROTARY CLUB OF BARBADOS ANNUAL CHILDREN'S PARTY

TUESDAY 21ST JANUARY 2020  
ROTARACTOR MARIO MURRAY



It's always a fantastic experience when Cranberries get the opportunity to interact with, impact upon, and indeed be impacted by our future generations, and the Rotary Club of Barbados' Annual Children's Fun Day proved to be no different. The Fun Day is a grand day out for the kids who occupy the children's homes across the island who otherwise have very limited opportunities for similar outings. Enormous credit must go to the organisers, our sponsor club- the Rotary Club of Barbados, for their continued commitment to this project and for always opening the door for us to serve alongside them.

We got the ball rolling with a trip to the Barbados Wildlife Reserve in Benny Hill St. Peter. Amazingly, the day started off with a bona fide miracle when our former secretary (and serial LIAT awardee), Rotaractor Tonya King arrived some fifteen minutes before the scheduled meeting time. Post-miracle, with more than twenty volunteers for the morning portion, things ran super smoothly. We watched over and in many cases held the hands of the kids as they toured the reserve with great wonder in their eyes and delight in their hearts. I'm certain that a few of us felt that childlike wonder as well. We popped over to Grenade Hall for the monkey feeding and a walk along the path to see the cave; which was aborted because it was dubbed a "hole in the rock" by those who arrived to see it first. Just like that, the morning was over and it was time for the second half of the day at the Sandalwood Estate.

At the Estate it was all about the food and the fun. We served lunch and drinks and the bravest of us faced the torture of appeasing the masses from behind a single, lonesome popcorn machine. Of course, we also engaged in the sporting activities with the kids like football, softball and cricket; thankfully we came out unscathed, mostly. Ice cream and karaoke were the perfect climax to a great day where we got the chance to once again embody service above self to the benefit of our community.

# SIGNATURE- PART 1 CHARTING YOUR CAREER

JANUARY 25, 2020  
TREASURER SHAUNTE CARTER

Our third running of Signature started on Saturday January 25th, 2020 with the first part of the series, a mini career showcase, entitled "Charting Your Career". I started with the opening remarks after which President Peter Williams from our Sponsor Club, Rotary Club of Barbados, dealt with housekeeping matters.

The first presenters were Kaila Headley and Liana Welch from **DocuCred Barbados**, a micro business which focuses on the job applications process as well as business plans and proposals just to name a few. Their topic was "CV Writing & Interview Tips: From Entry to Executive". They gave advice on how to write an effective CV as well as how to be best prepared for a job interview. Although tips for management applications weren't touched on as advertised, it was still a good refresher for those in attendance.

The second presenters were Rtr Tracey Knight-Lloyd and her mentee Janelle Edwards, whose backgrounds are both in marketing. They spoke on the topic "The Ultimate Guide to Social Media Branding", in which Tracey allowed Janelle to take the lead. Their presentation, as the name suggested, focused on how to build your social media brand for both personal and professional use and how the two are interrelated. It was engaging, very informative and interactive, even though it was interrupted by a parade for about five minutes.

Persons, especially the guests, maximised the opportunity to interact with our presenters following the event. Some first-time visitors asked about joining the club including the presenters from DocuCred. Writing material was provided by **BL&P** and a brochure was also prepared with the presenters' bios, the agenda and menu. Four attendees won door prizes, which were three gift baskets compliments of **Loyd Teas** and two tickets to "Signature: The Strut Edition".

Approximately 40 persons were in attendance, including President Peter and YSD Makonem Hurley from our Sponsor Club, Rtn Alicia Simmons from **Rotary Club of Barbados West** as well as President Alisha Headley, Vice President Shem Scantlebury and Secretary Lyanne Lowe from the **Rotaract Club of South Barbados**.

Special mention must be made of Barbados Light & Power for hosting us, our Main Photographer for Signature, Graham Belle of Belle Imagery, also Pro Dev Director of Rotaract Club of South Barbados, Shanice Baird of Heavenly Catering for the tasty refreshments, Loyd Teas and Ari Caribbean for the presenter's token gifts.



# It's Our Charter-iversary

PP K. TREMAINE GILKES - CHARTER PRESIDENT [2015-2017]

As I reflect on my time as President of the **Rotaract Club of Barbados**, I do so with nothing but pride and joy to see how far the club has come, from its humble beginnings, to being the largest and most vibrant club on the island. I cannot reflect on my time as president of this club without first acknowledging my foundation at the Rotaract Club of UWI Cave Hill Barbados, where I served as president for 2013-2014, as this tenure prepared me for the journey I was about to embark on, and a journey it was!

What does a 25-year-old do after leaving a university-based Rotaract Club, while not being ready to make the leap to Rotary? Join a community-based club, yes. While that option was definitely on the table, then **Director of Youth Services Neal Griffith** presented Kareem and myself with another option, start a new club. I don't think I ever once questioned it, the chance to start a new club from scratch was both exciting and somewhat daunting, but I was up for this challenge.

After some research and making a checklist of the things that needed to be done in order for the formation of a new club, I consulted **Charter Vice-President Kareem** on our way forward. As I recount this conversation, one of the things I can recall discussing was the type of club culture we should endeavor to have and one thing was certain, RaCOB was to be seen as a family club. A club where persons are brought together by the desire to give back to their community and form bonds while doing so. I'm proud to say that as I look at the club today, this was achieved and I am confident that it will continue with every one of you in here today.

We knew what we needed to do, what we wanted to accomplish, now we needed to make it happen. We needed to find 13 persons in addition to ourselves to chart the course of this new and amazing club. The original gang of 15, comprising of 6 males and 9 females formed the club, which held its first meeting on **December 1st, 2015** in Dir. Neal's office.

I'd like to take this time to acknowledge **PDG David, PP Jeddar, Past Director of Youth Service Neal** and the entirety of the **Rotary Club of Barbados** for their support, assistance and more importantly guidance in the formation of this club. **PP Algie** and Trident Insurance Inc. for allowing us the use of their board room as the official home of the club in its formative years, a location that we quickly outgrew. But this club would not exist today, were it not for the following men and women who started this journey with us.



**Ajani Well**

**Charlette Thomas**

*Community Service Director*

**Darion King**

**Galeann Jordan**

*Treasurer*

**K. Tremaine Gilkes**

*President*

**Kareem French**

*Vice-President*

**Malou Morgan**

**Mario Murray**

**Nathan Mayers**

*Sergeant-At-Arms*

**Rosalie Richards**

*Secretary*

**Sashelle Forde**

**Shelly-Ann Sealey**

*Club Service Director*

**Sherika Armstrong**

**Waynel Lynch**

*International Service Director*

**Yasmin Ephraim**

*Professional Development Director*

# It's Our Charter-iversary

PP K. TREMAINE GILKES - CHARTER PRESIDENT [2015-2017]

As a new club, with all except two persons being new to the Rotary family, one of my main goals was to ensure that members knew the history and purpose of Rotary and get their buy-in into what we are about to do. The now annual **Rotary Youth Forum** was born to aid with the development of our new members. Additionally, one of my other main goals was to create and foster a lasting bond between the **Rotaract Club of Barbados** and our sponsor club, the **Rotary Club of Barbados**. A bond that I am proud to say continues to exist to this day. Great job on both ends everyone.

In keeping with the goal of establishing the club and ensuring that we are self-sufficient, we held one of our first initiatives, **Fundraising for Service Projects** with **AG Lisa**, to educate our membership on the dos and don'ts of fundraising for service projects. This session also touched on the rotary guidelines concerning the use of funds raised from the public.



Who remembers our lovely band? Ben and the Board?

Our Club participated in several initiatives in conjunction with our sponsoring Rotary club including but not limited to, **Rota-Farmers**, **Model United Nations**, **Rotary's Annual Children's Picnic**, **International Coastal Clean-up**, and of course **Carols by Candlelight**. Yes, the use of "Rota" started from inception, **Rota-Farmers**, **Rota-Fit**, **Rota-brand: Professionalism Through Social Media**, and even **Rota-Give**, our first initiative with the Barbados Professional Women's Shelter, where our club collected books for the kids and moms at this shelter.



The Rotaract Club of Barbados was officially chartered on the **3rd of February 2016** and was presented with its charter in 2017 by **PDG Milton**, who would have served as District Governor 2015-2016 when the club was chartered. This makes us the youngest club on the island and I am proud to say that I am a part of this club. This club continues to grow, and truly leave its mark on this this nation and abroad while successfully leveling up each and every year.

I leave you with an open invitation to Bert's Bar as I welcome you to the fold that is the **Rotaract Club of Barbados**.

**Peace. Love. Rubber Gloves.**

# It's Our Charter-iversary

PP SHELLY-ANN SEALEY - PRESIDENT 2017-2018



## From Rotaractor to Cranberry

My Rotaract journey began in December 2015, as the Charter Club Service Director of the then newly founded **Rotaract Club of Barbados**. Rotaract on a whole was new and intriguing to me. I joined the club at a point in my life where I was searching for a way to meaningfully invest my spare time. The club was a small unit, with just enough members to formally have a Board but we were brimming with enthusiasm and brilliant ideas. I was specially invited by **Charter President K. Tremaine** and I was ecstatic about holding a position. They had no idea what they had done by electing me. I got to planning my activities for the year which focused on special meetings with Rotarians, recruiting new members and birthday celebrations.

Elections for the Board of 2017-2018 took place in December 2016. I was completely moved by the faith of the thirteen persons who voted for me to lead the club. I also remember being momentarily dismayed when I realised that I was going to be the President. While I had previous experience in leadership, Rotaract for me was different, this was huge. I knew that I had big shoes to fill and a whole lot to learn. I eventually got past my shock and made a decision to be fully committed to having a successful year and I had the best team to work with to accomplish my goal.

During my induction speech I outlined what seems like a fairly simple plan. We were going to **increase our membership by at least 5 members, strengthen the relationships with our sponsor Rotary club and other Rotaract clubs on island, meet our administrative obligations to Rotary and the District and finally encourage the personal development of our members**. This became the blueprint for our club throughout the year and I was pleased to have the buy-in and full commitment of the Board as we began to put our ideas together.

Let me tell you about my Board. The members who made up the Board were phenomenal, and I dare say the best people to work with. Like I said, we were brimming with ideas. In most instances the Board was fully invested in our ingenious ideas. At the same time, we did not lack the fortitude to rein in wild thoughts before they got out of hand. There were some difficult lessons which we had humbly learned together, but those lessons gave us a solid backbone and the motivation we needed to plan and execute our projects well.

The then **VP Mario Boyce** came up with our apt theme of GUTS while engaging **CLS Director Kareem** and I in casual conversation on the steps of the Guardian General building in Collymore Rock. GUTS stood for **Growth, Unity, Transparency and Sustainability**, which fully represented our goals for the year. Our team was driven to succeed, so with the buy-in of the Board and the wrinkles set aside, it was time to show out. I aimed to have the most exciting and memorable year possible.

Together, we created an environment where everyone got excited about participating in our projects and other events. For the number of things we had planned, we needed to fully engage members and prospectives. One of my underlying goals was to have persons willingly give of their time and effort without feeling like it was a chore. It was my desire to have an even combination of hard-work, learning and fun activities on the Club's calendar so that . This was my vision for membership engagement which went a long way in attracting and maintaining members in the club. It fell in line with the bigger goals to increase and sustain our membership.

We found various ways to engage our members. We carried over our birthday socials, there were refreshments after meetings which encouraged loitering and casual conversation, brain-storming sessions, new member orientation (now called **Cranberry Crash Course or Triple C**) and even a culture night in appreciation of the diversity in the club. I could never forget Laser Tag, Bon Fire nor sports day picnic!

# It's Our Charter-iversary

PP SHELLY-ANN SEALEY - PRESIDENT 2017-2018

Aside from our social activities, we also engaged in outstanding projects like **Signature** and my own brain-child **Rota-Gift**. **Signature**, now in its 3rd installment, focused on the personal and professional development of our members and the wider society. It provides an outlet for learning, information sharing and networking. **Rota-Gift** is a calendar highlight and our annual community service initiatives where we brighten the Christmas season for selected beneficiaries with donations received from the public. The first execution of this project provided hand bags and food and personal hygiene donations to the Business & Professional Women's Shelter and has grown its impact each year since.

We also collaborated on projects such as Rotary's **Model United Nations**, **Carols by Candlelight**, **World Rotaract Week** and **Rota-Lympics Sports Day**. Rota-Lympics is where the phrase "**Cranberry and Proud**" originated. We dominated in the sports and chant competition that day and went home victorious!

My experience as President of the Rotaract Club of Barbados was profound and nothing short of life changing. It was an opportunity to step out of my comfort zone, to flex my leadership muscles and put my focus in something that went beyond being a benefit to myself. Rotaract provided me with a fresh perspective on my personal development and in many ways shaped my professional career today. My year as President was very special for me and I marvel at the times shared with amazing people who became like family and remain in my life to this day.

As you continue on in this journey that is Rotaract always remember to sing it loud and sing it proud, "Cranberries, Froot Loops yuh too sweet yup too cute". In good times and bad the anthem of our club will bring you comfort, strength and inspiration causing just the tiniest smile.



# It's Our Charter-iversary

DRRN & IPP MARIO BOYCE - PRESIDENT 2018-2019

**When you hear Rotaract, what exactly comes to mind?** If you ask many of the persons across the District of 7030 and even across the globe you're sure to hear a few responses that resonate with you. Rotaract is family, its development, its leaders, its making a difference, and of course its vibes (vybz).

First taking life on March 13th, 1968 in Charlotte North Carolina out of a need, to give young adults a place to connect and take action for good, **Rotaract stands for Rotary in Action** and Rotaractors pride themselves on being action oriented. Rotaract is a youth development program of Rotary International designed to bridge the gap between youth and Rotary but it has evolved into so much more.

For me Rotaract is the opportunity to make my community a better place while improving and developing myself and the others around me, it is a positive place for youth to come together and make a difference. My Rotaract journey began in 2016 when I was invited to attend a meeting by then President and Charter President K. Tremaine, and as you could imagine the rest is history but we'll tell you a bit about it. After joining the club I was assigned to the Professional Development Committee and was involved with many of the projects that the club conducted. From Finance and Fundraising to Community Service, I was involved and had the passion burning brightly ever, so much so that my peers awarded me Rotaractor of the Year in 2016.

As President for 2018-2019, the Board and I were guided by the theme of **Go the Extra Mile** or **GEM** for short, which sought to build on what my predecessors had built but especially what President Shelly did in the prior year. The Board and I sought to bring Rotaract closer to the community by doing projects a little differently than before, adding a little more focus on the beneficiaries linking them together and focusing on overall impact. This proved effective as we grew our membership and had a larger impact on our beneficiaries, capturing the eye of our regional and international comrades, culminating in the Rotaract Outstanding Project Award for Canada, Caribbean and USA.

I have always stressed on the fact that "*Rotaract is bigger than all of us*". If you have ever had the opportunity to speak to me about Rotaract and what it means to be part of it, you can see the passion on my face, you can hear it in my voice, and you can feel it as I speaks or so I have been told. I believe that Rotaract is one of the best kept secrets, an organization of youth from all forms of socio-economic backgrounds who push each other to be the best that they can be whilst forming bonds within their communities and across the globe all the while enacting positive change within their immediate communities and the international community in some instances.



As Rotaractors and especially as **Cranberries** you have joined something more, something that takes **G.U.T.S**, and something that pressures us and makes **GEMS** out of us all. Thank you for joining us on this journey through life as young adults and I am sure we will all **Level Up** together along this journey as we form more bonds and make our communities a better place.

The journey may not always be easy but it will always be worth it and take you to some unexpected places to meet amazing and inspirational people who challenge you to do better and be better, while making a difference and leaving your mark.

# It's Our Charter-versary

PE RASHIDA PRESCOD - PRESIDENT 2020-2021



If you told me that this is where I would have ended up when first walking into that green lunch room, on Culture Night in November 2017, I would have laughed at you a belly full. I joined Rotaract for little to do with positions, but a lot to do with finding a great use of my time.

I remember looking around the room and recognizing four faces **PP Shelly**, who invited me, **PN Scott**, **Yasmin** and **Pang**, all from school. That was it. As I sat there nervously watching the meeting unfold, I was glad that outside of these persons, no one yet knew my name. The nervousness I felt as I walked in started to dissipate as the excitement of what lay ahead started to take over.

Now, as I prepare to take on the role as President 2020-2021, those feelings that I had at my first meeting are more real to me than ever before. I am again nervous, but excited for the new journey ahead and I trust that our Cranberries are ready to come along on this ride with me.

As I listened to **Rotary International President-Elect Holger Knaack** announce his theme for 2020-2021 and the premise behind it, I started to reflect and laugh because Rotary truly opens opportunities. It has allowed us to meet as a club, to interact persons we may have never met before or may have never met in this lifetime. It has challenged us to go outside our comfort zones to achieve so much more than we could have expected or believed we could. Rotary has truly opened a door to our growth as individuals, as citizens of our country and of the world.

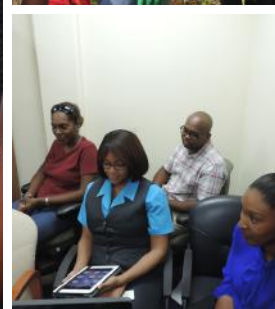
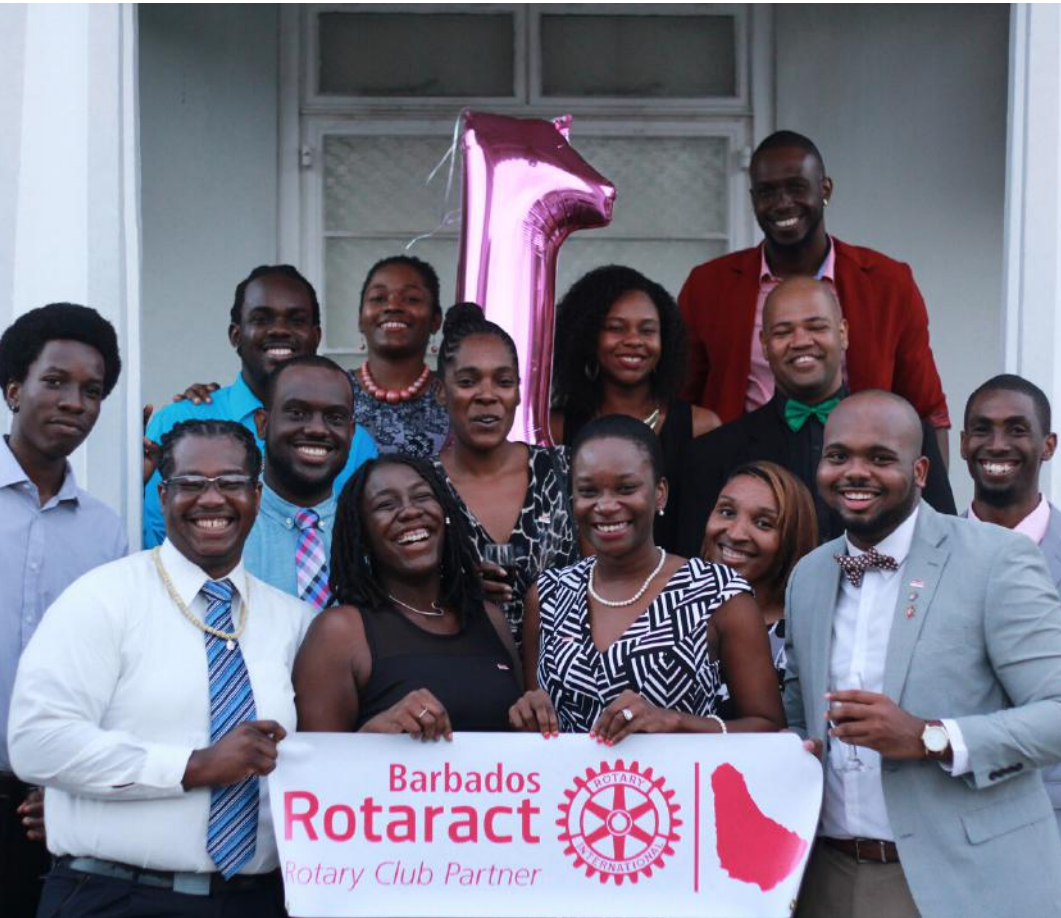
My prayer for this coming Rotary year and beyond, is that we as Rotaractors may truly be able to experience all the opportunities that being a part of this organization affords. I hope that in this coming year we can open opportunities for ourselves and for others in each area of our service. Whether it be **Club Service**, **Community Service**, **Rotary Foundation**, **International Service**, **Professional Development** or **Finance & Fundraising**. I want that we as a club can truly recognize we are a part of something great and that together we can and will achieve more and make a difference in this world.

Rotaractors, Rotarians, Partners in Service and Friends, July 2020 is knocking!

Are you ready?



# RaCOB Through the Years



# RaCOB Through the Years



# RaCOB Through the Years



# Rotaract Through the Years





# Signature.

## THE STRUT EDITION



**SATURDAY**  
FEB 8 | 5:00 PM

**DAPHNE JOSEPH-HACKETT THEATRE**  
QUEEN'S PARK, BRIDGETOWN

**CONTRIBUTION:**  
BBD \$75

### Part 2: Signature - The Strut Edition

**Register Now: [bit.ly/RaCOBSignature](https://bit.ly/RaCOBSignature)**

You must've heard the buzz surrounding this crowd favourite! Originally conceptualised as a speed networking event, this event has been nurtured, cared for and grown. Stepping into 2020 as a runway showdown, the Rotaract Club of Barbados will be hosting its very first Fashion show, showcasing the talent of a number of outstanding artists from around the island. After that, spend the evening connecting **"chat and chew"** style, with our specially invited seasoned professionals. Don't be left out, tickets will go quickly and we all love the early birds.. mark your calendar and reserve your spot for this leg of the event.

# COMING UP...



## **February 22, 2020: Risky Quizness -** TBD

Who was once delusionally a part of the EY family? Who are the unofficial Chefette ambassadors in our club? Who on the current board, has an unhealthy relationship with macaroni pie?

Find out the answers to these questions and more at Risky Quizness. Presented to you by the Club Service Committee.

We have loads of fun questions in various categories like: You know dah Rotaractor? For the Love of Music and a Special surprise category to be revealed on the night. So come and enjoy an evening filled with laughter, drinks and food.



Saturday 29th February 2020  
Contribution: \$15

### Pass The Mic - The Boo'd Up Edition

Our dynamic info-series "Pass The Mic" is back and this time, we tackle the question, "**Bae or Bag?: A look at balancing romantic relationships and a career**". Join us at the Officer's Mess Hall at the historic St. Ann's Fort for an evening of wine, snacks and tea!



# Rotaractors

Please be advised that charges will be applied to all wire transfers. In an effort to minimise this additional expense, we recommend group payments.

Payment receipt and list of paid-up registrants must be sent to [joint.rdconference@gmail.com](mailto:joint.rdconference@gmail.com)

Payment Deadline: 15 Feb 2020



## Conference 2020 - Extended Deadline

The Joint District Rotaract Conference Committee has given us more time to pay our deposit to experience this historic event! District Conference is a four-day training and melting pot of cultures across the Caribbean Region. It's not too late to join the group of Cranberries attending! For more information, kindly contact Conference Co-Chairperson Mario Boyce or Conference Administrator - Lead Kareem French.



*Thank you for Reading*

Look out for our next issue on March 1, 2020

Did you miss last month's issue? Click the cover below to catch up!



## **CONTACT US**

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