



CRANBERRY *Chronicles*





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A WORD FROM YOUR FRIENDLY NEIGHBOURHOOD SECRETARY

Can you believe we are almost at the end of our first quarter together? I am tickled *cranberry* about how much we have done so far!

Last month we grew closer to some of our members as we found out the *Myth vs. Fact* about their professions, and got some tips on how to make good "Money Moves" as "Millennials".

This issue celebrates this quarter's newest official Cranberries in the **Cranberry Corner** and we have even more features on some of our amazing projects so far.

Coming Up in September we are rolling out even more opportunities to **#LevelUp** our outreach and community service and celebrate this quarter's Cranberry birthdays at our first **Quarterly Birthday Social**... from what I hear it's going to be an action-packed day of fun and fellowship (*I mean, it is the Rotaract way*)!

As usual, sit back, relax and **HAPPY READING!** We're far from finished...

Yours In Rotaract,

A handwritten signature in black ink that reads "Danielle C. Donawa".

Secretary | **Rotaract Club of Barbados** | 2019-2020





CRANBERRY BIRTHDAYS & CRANNIVERSARIES



"Happy Birthday to ya! Happy Birthday to ya! Happy Birrrrthdayyyy!!!"

Join us on **Sunday 29th September** to celebrate with these members at our quarterly birthday social!

- **SEPT 12** Rtr. Posha Doyle
- **SEPT 26** DRRN & IPP Mario Boyce
- **SEPT 27** Dir. Shaniece Davis

Cranberry Corner

2-3, Cranberries! We are so pleased to have officially welcomed these members into our family this quarter!



Dario Brathwaite

Committee - Club Service

Dario is a Loans Support Clerk at Republic Bank (Barbados) Ltd. where he specializes in Recoveries. He enjoys reading (*primarily Stephen King novels*), loves nature and is also a member of Toastmasters. #RotaToast

Dario joined this Club because after attending the Rotary Youth Forum in November 2018, he noticed that the Club was doing great things both for the community and its membership and he wanted to be a part of the process!



Posha Doyle

Committee - Finance & Fundraising

Posha is an Accounts Officer at Travel House Inc. She is the Committee Secretary of her Committee and holds an Associates Degree in Culinary Arts. Posh's hobbies include baking (we hope that we can sample some fruits of this labour of love) and photography.

When we asked Posh why she joined our Club she said "I had no idea that I had "joined" as I wasn't familiar with the Club and the requirements. I simply showed up to volunteer, which then resulted in me becoming a prospective member", She said however, that she stayed because "*it is both inspiring and humbling to watch, and be a part of a Community which has such great passion for helping others.*"

Cranberry Corner



Shakeila Marshall

Committee - International Service

Shakeila is an Accountant at Sagicor with a focus on Pension Accounting. She is also the founder of her own event planning business, "*Party Perfect*".

Shakeila joined this Club because she wanted to give back to her community and do it with a club that cared about the well-being of others.



Vicki Estwick

Committee - Professional Development

Vicki is a Clinical Medical Officer at Ministry of Health and Wellness, where she works primarily in this island's Polyclinics as a General Practitioner.

She learned to crochet at the age of 7 and currently has her own crochet accessories business called ***Versatile Threads*** (@versatilethreadscrochet). Vicki also plays the flute and loves to visit her friends in different countries.

When asked why she joined this Club, Vicki said "*I was attracted to the club by its showing of both community and personal development. It seemed like a fun and rewarding way to do both, and I have not been disappointed*"

A LOOK BACK AT AUGUST 2019



International Days Series – International Youth Day – August 12, 2019



DID YOU KNOW?

According to a United Nations Report over 262 million children and youth around the world stay out of school and only 60% of children in poorer countries complete primary school?

Education plays a pivotal role in poverty eradication, good health, gender equality, decent work and growth, reduced inequalities, action on climate or peaceful societies.

How can YOU help? You can help via lobbying and advocacy, partnerships with educational institutions and the development of complementary training programs



DID YOU KNOW?

- Barbados enjoys a literacy level of more than 95%
- Girls and boys are given equal access to education
- Barbados has education facilities for students with disabilities, including those who are hearing or visually impaired
- The Barbados Government finances areas of study including various academic, technical and vocational programmes
- Education in Barbados is FREE! so make the most of it 😊



CLUB MEETING #2 MYTH VS. FACT

TUESDAY 13TH AUGUST 2019

"Who are the people in your neighbourhood, the people that you meet each day?"

Does anyone else remember this Sesame Street classic? Please don't say it's just us!

The **Professional Development Committee** asked this question about the members on **Cranberry Street**, and *Myth vs. Fact* was born.

One of our key goals this year is to **#LevelUp** member engagement and public speaking, and this initiative was the perfect way for members to do just that by addressing key misconceptions about their professions.

At our club meeting on August 13, 2019 *four lawyers and an actuary walked into a club...* (ha!)

Prospective Member Tesonna Alleyne gave an action-packed presentation on Actuarial Science. She encouraged attendees to participate in a game called *"Who You Gonna Call?"* [apparently not the Ghostbusters] to demonstrate the chameleon-like nature of being an Actuary, a profession which can have a place in varied and diverse fields to predict *"current solutions to future problems"*.

This was followed by a presentation from **Vice-President Zahir Jackson**, **Secretary Danielle Donawa** and **Director of Public Relations Haylee Shaw** who shared their experiences as Lawyers. We were also happy to welcome **Courtney Patterson**, **Director of Professional Development of the Rotaract Club of Kingston**, and an Attorney-at-Law, who joined our Club's *"Legal Department"* for this session.

We are so grateful to all of our presenters who were brave enough to start the ball rolling and we cannot wait to see what the Professional Development Committee comes up with for the next installment!



DOING SMALL THINGS IN A GREAT WAY

ASSISTANT SECRETARY SCOTT CHANDLER

WITH ROTARY INTERNATIONAL'S 2019-2020 theme “Rotary Connects the World” and our Club’s “Level Up” mandate, I was challenged to approach this project in a way that allows for these themes to marry with each other. Our inaugural year of “*Once Upon a Time*” birthed Phase 4 of this year’s adaptation of this flagship project.

After seeing and experiencing the sheer joy and gratitude by both the students and staff of the **Luther Thorne Memorial Primary School** when we presented them with the books and teaching aids last year we decided, after seeing the dilapidated state of the library, that it would not fully maximise the potential that the school and students needed to encourage active imaginations and develop and harness literacy.

Fast forward one year later with many bumps along the way and changes in concept and ideas, we persevered and came to a consensus that even if our full plans are not attainable because we thought too big, we will not give up! Two quotes by Napoleon Hill, an American self-help author, can sum up the journey of this initiative:

“Whatever the mind of man can conceive and believe, it can achieve”; and

“If you cannot do great things, do small things in a great way”

Our goal was to create a place that will be conducive to the promotion of creative learning and development, so if that meant painting was all we could do, then all of our efforts would be placed into the task.

So just what was achieved? In true Rotaract fashion, we came together with our goal in mind, mixed with fun and fellowship we were able to harmoniously merge both RI and the Club’s themes by levelling up our service commitments to allow the students to connect themselves to the world through their imaginations.



ONCE UPON A TIME - PHASE 2

CLUB TRAINER CRYSTAL WAITHE

SO NICE WE HAD TO DO IT TWICE!

This year's *Once Upon A Time* initiative has gone one step further by seeking to outfit two (2) children for the new school year. With the support of one of our partners, **Cave Shepherd and Co. Ltd.**, a group of four Rotaractors sought out to be personal shoppers for the day assisting the parents in selecting bags, shoes and other essentials.

While this was a very fulfilling experience, being a true exemplification of our motto "**Service Above Self**", it also served as a stark reminder of the struggles many parents within our communities face every year as they seek to continue providing their children with the necessary items required for school. With **Director Shaniece Davis** managing our budget, we managed to obtain all of the items on our list. Between helping the children to select their bags and try on shoes we also got the opportunity to learn a bit about them.

Brandon was quite expressive, regaling us with stories from school and giving Director Daren Forde a history lesson on the national heroes. He also readily assisted his mother with his siblings, who were present. As the classic big brother he proved himself to be quite responsible, his mother confirmed that he cleans his school bag and shoes on his own without her having to ask, maintains good grades at school and takes an interest in serving his community through their church.

Andrew while a bit shy, enjoyed the process of selecting his shoes, trying on different pairs and was a good sport when his favorites weren't available in his size. Although he is the youngest in his family, he is quite thoughtful and independent, cleaning up after himself without needed to be asked. He also enjoys playing games at school although he isn't quite into sports just yet.

The names of the children who are benefiting from this project have been changed to protect their identities.



Being able to provide support for children with bright futures ahead was not only a pleasure but indeed a privilege. As we continue with this project throughout the year, we will also be providing haircuts, school supplies, stationery and textbooks all thanks to cash donations made by our partners **CIBC FirstCaribbean International Bank** and **Barbados Public Workers' Co-operative Credit Union Limited**.

Special thanks also go out to **Yankee Garments Limited** for supplying uniforms for both students for the entire year. An official presentation to the families is scheduled to be made on Tuesday September 3, 2019. Stay tuned as we continue to **#LevelUp!**

PASS THE MIC - MILLENNIAL MONEY MOVES

ROTARACTOR VICKI ESTWICK,
COMMITTEE SECRETARY- PROFESSIONAL DEVELOPMENT



In 2017, Cardi B proudly announced “*I make money moves*”, and the participants of the first *Pass the Mic* discussion dubbed “*Millennial Money Moves*” can now say the same! The August 24, 2019 event was packed, as panelists **Mrs. Melinda Belle** from Astrape Finance Inc., **Mr. Michael Millar** of Sagicor Asset Management Inc. and **Mr. Carlos Depeiza** from Fortress Fund Managers, passed on their knowledge, personal experiences and insider tips to an eager audience, moderated by **Club Trainer Crystal Waithe**. Our heartfelt thanks go out to all three panelists for donating their time and expertise to the club. Thank you to our ever-capable Club Trainer, Crystal Waithe for being an excellent moderator. This venture would not have been possible without our Partners in Service, **Barbados Light & Power Co. Ltd.**, **Caribbean ARI Inc – Runway Duty Free**, **Heavenly Catering** and **Panagraphix Inc.**. Finally, a huge thank you to the participants!

Now go out and move that money! Stay tuned to find out about the next installment of Pass the Mic! Here are **10 quick tips** from our panelists:

- **Pay yourself first!** Aim to save at least 10% of your income. Start somewhere; the plan can always be revisited later. Do not touch this money!!
- **Track spending**, even small purchases, to be able to identify income drains and make changes. Tracking apps can be very useful to easily track spending and identify trends.
- **Control impulse spending.** Identify want vs need, and save towards the "wants" separately.
- **Pay a little more than the minimum payment towards debts.** Even if it is \$20, additional payments shorten the repayment time and decreases the interest paid.
- **Diversify income streams** including stocks, mutual funds, business investment, side hustle etc. You don't need a ton of money to start. Mrs. Belle started stock investment with just \$100!
- **Make credit cards work for you.** Rewards cards can be useful, but only if you have the discipline to repay promptly to avoid the 20-25% interest. If not, debit cards are more advisable.
- **Avoid "loans for consumption"** such as loans for back to school, vacations etc. as you may find yourself paying back the loan long after the usefulness of said items have passed.
- **Make a retirement plan now!** It has been shown that neither group pension plans nor NIS pensions are adequate for day-to-day living of our current seniors, furthermore when we consider the inflation 40-50 years from now. Investing in retirement plans is integral for comfort in our golden years.
- **Don't use bank savings accounts for strictly savings;** little to no interest rates and bank fees make it unprofitable. Keep some liquidated funds for day-to-day life and emergencies, but the bulk of the savings would be better used in investments.
- **Finally, read, read, read!** Before jumping into any investment, make sure to do research on the monetary instrument, the company, trends, etc.

ROTA-LYMPUS: UNDER THE STARS

SATURDAY 31ST AUGUST 2019



FIVE, FOUR, THREE, TWO, ONE... SHOWTIME!

Our friendly neighborhood Super Hero, took us on a mini Euro-trip during *Spider-Man: Far From Home*. While his plan to leave super-heroics behind for a few weeks was short-lived, he persevered to save the world one more time within the Marvel Cinematic Universe. This film was well received by over **one hundred and thirty** patrons, with its mixture of belly laughs and awkward G-rated kisses.

We were able to meet our profit goals from this venture to help support our two beneficiaries. Equality in education is a major concern for parents, especially those of children with special needs. Our first beneficiary is the **Irving Wilson School**, an educational facility that caters to children who are hearing impaired, deaf, blind and visually impaired. We pledge to use some of the profits towards the provision of necessary stationery and classroom supplies.

Our second beneficiary, **Luther Thorne Memorial Primary School**, advocates that traditional teaching methods should evolve to meet the needs of the new generation of students who are 'digital natives'.

The remaining profits from *Rota-Lympus* will assist the school in purchasing a 3-year license for the online reading tool: *Reading A to Z - Institutional Raz-Kid's Programme*.

Special shout out goes to the winner of our Instagram competition, **Olive Friday**, who received two (2) complimentary tickets to the movie and \$60 Olympus Cash. We also gifted the first 16 patrons who arrived with complimentary popcorn to enjoy the movie.

The night ended in true RaCOB style with door prizes, which included a Gift Certificate from *Gifted Touch Spa*, \$100.00 in *Olympus Cash* and a complimentary pass to our Q2 fundraiser – **Paint and Prosecco**.

A job well done by our Finance and Fundraising Committee.

SHARE YOUR EXPRESSIONS!

Rotaract Stabroek
ESSAY COMPETITION

Rotaract Stabroek
ESSAY COMPETITION

Interested persons are asked to make contact soonest.

Tel: (592) 683 4770 / 645-0357
Email: stabroek_is@yahoo.com
Due Date: Sept. 15, 2019

300-500 words on what the RI Theme "Rotary Connects the world" means.

RULES

The Essay must not exceed 500 words which must explain how the RI theme, 'Rotary Connects the World' is interpreted from their point of view and how Rotaractors can promote the theme in their club meetings, activities and projects.

Members are free to use whatever writing style they choose (it is a form of free expression through writing for members).

Members are asked to pay attention to grammar and punctuation

CALLING ALL CRANBERRIES!

We have been invited by our Rota-neighbours, the **Rotaract Club of Stabroek** in beautiful Guyana to participate in their essay competition dubbed "*Share your Expressions*"

The initiative allows members to express what they know and how they feel about this RI year's theme "**Rotary Connects the World**" in **300 to 500 words!** With September being World Literacy Month, we think it's a perfect time to get those creative juices flowing in support of our **#RotaFam!**

The deadline for submission will be here before you know it so get those pens and pencils (or laptops and tablets, whichever works best) out and let's **connect**, **express** and **share the Rota-Love!**

To allow for submissions to be made to RC Stabroek in time, all interested Cranberries are being asked to submit their entries to Secretary Danielle at secretary@rotaractbarbados.org no later than **September 12, 2019.**

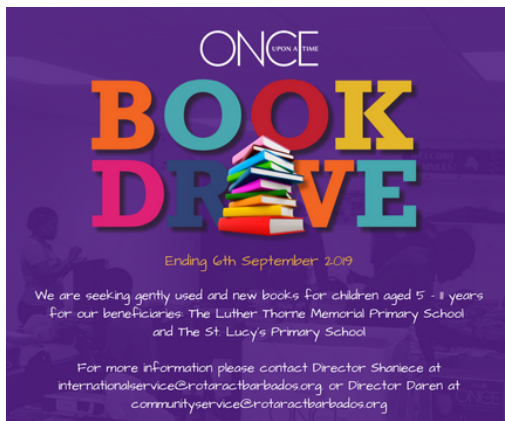
COMING UP...



INTERNATIONAL DAYS SERIES

September 5, 2019: International Days Series - International Day of Charity

September 7, 2019: Breaking Bread Partnership - Cranberry Takeover - Queen's Park, 6:00 A.M.



September 7, 2019: Once Upon A Time: Book Drive - Sorting and Packing, 10:00 A.M.



September 8, 2019: International Days Series - World Literacy Day



INTERNATIONAL DAYS SERIES

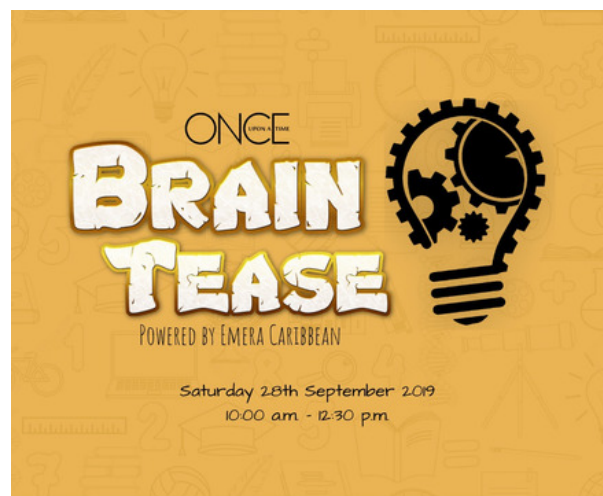
COMING UP...

September 10, 2019: Club Meeting – Rotary Vocational Meeting: *Making Connections Through Rotaract*, 6:00 P.M.



[Date TBA]: Community Service/Rotary International – International Coastal Cleanup, Morgan Lewis Beach, St. Andrew, 6:00 A.M.

September 28, 2019: Once Upon A Time – "Brain Tease"



Beach, Please!

29 Sep 19 | 12 pm - 6 pm



14 | CRANBERRY CHRONICLES | SEPTEMBER 2019

It's almost that time again! Our fun-tastic Quarter 1 social dubbed **Beach, Please!** is only a few weeks away.

Come out and have a great afternoon of fun, food and fellowship with your Rota-fam. We have some brand new activities in store for you as well as your favourites from last year ANNDDD on top of that we get to celebrate our **Q1 Cranberry Birthdays!!**

Come for the fun, stay for the fellowship! **#RotaractIsFamily**

See you there!



Thank you for Reading

Look out for our next issue on October 1, 2019

CONTACT US

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