



ROTA NEWS



SERVE TO CHANGE LIVES

R.I. Theme 2021-22

R.I. OFFICERS

President

Shekhar Mehta

President Elect

Jennifer Jones



THE FOUR WAY TEST

Of the things we think,
say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Rotary Club of Barbados



District 7030 - Club # 6798

Chartered March 07, 1962

PATRON

HE The Most Honourable Dame
Sandra Mason, FB, GCMG, DA. QC.
President of Barbados

DISTRICT OFFICERS

District Governor
Sonya Alleyne

District Governor Elect
Leslie Ramdhanny

District Governor Nominee
Brian Glasgow

Assistant Governor
Peter Thompson

District Secretary
Paul Ashby

District Treasurer
Brian Robinson

Council of Governors Chair
PDG Lisle Chase

District Rotary Foundation Chair
PDG Milton Inniss

District Disaster Relief Chair
PDG David Edwards

District TRF Annual Fund Chair
Brian Glasgow

District Conference Chair
Neal Griffith

March 3, 2022

Club Officers & Directors

President

Robin Ford

President Elect

Tracey Knight-Lloyd

Vice President

Algie Leacock

Secretary

Ermine Darroux

Treasurer

Peter Arender

Club Administration

Savitri St John

Membership/Youth Service

Stanley MacDonald

Public Relations

Arlene Ross

Community Service

Anton Nicholls

International/Rotary Foundation

Carole JnMarie

Immediate Past President

Fiona Hinds

Sergeant-at-Arms

Randy Marshall

Weekly meetings on **Thursdays** at

Hilton Barbados

(Meetings via Zoom from July 15, 2021 to present)

Needham's Point, Aquatic Gap,

St. Michael

at 12:30 p.m.

P.O. Box 148B, Brittons Hill,
St. Michael, Barbados

THE ROTARY CLUB OF BARBADOS WELCOMES ALL VISITING
ROTARIANS AND GUESTS

Mar 07 - Club Charter Date - 1962 - Club # 6798

RI THEME: SERVE TO CHANGE LIVES



SERVE TO CHANGE LIVES



Today, Thursday, March 3rd, 2022 will be a **Fellowship Meeting** for the club with a training session hosted by Dir. Carole JnMarie.

The Meeting which commences at 12:30 p.m. will ONLY be presented via Zoom.

The attendance will be taken by PP. Fiona Hinds & PP. David Antrobus.

Next week March 10th, 2022, - those on duty will be Rtn. Makonem Hurley & PP. Jerry Ishmael.



Meeting Details — February 24, 2022

Guests:

- Shane Thompson — Guest of Rtn. Nikita
- Diane Wiltshire — Guest of PP. Michael
- Deian Sobers — Guest of PP. Michael
- Ronald Pope — Guest Speaker

Rotarians & Rotaractors

- None

Honorary Rotarians

- Mark Cummins

Housekeeping:

- Attendance - 63%

**SUMMARY OF THE BUSINESS MEETING HELD ON
FEBRUARY 24, 2022**

- President Robin called the 32nd meeting of the Rotary Year to order at 12:30 p.m. This was followed by the National Anthem and Toast to the President of Barbados.
- SAA Randy delivered the prayer.
- Hon Rotarian, visiting Rotarians and guests were introduced (see details on P2a). Pres Robin also welcomed his PIS, Dr Deanne Ford, to the meeting
- Pres Robin announced customary birthdays and anniversaries (see P4a)
- Rtn Chrispen presented the Rotary Minute which was centred on the telegram from Paul Harris requesting that funds be raised through The Rotary Foundation (details of the Rotary [Foundation] Minute may be found on P3b)
- The guest speaker, Mr Ronald Pope, was introduced by Rtn Nigel Pierre who will speak to the topic: 'Why Suicide?'
- Some facts about suicide:
 - ◆ Globally more than 700,000 die due to suicide annually: more men **commit** suicide than women, whereas more women **attempt** suicide than men
 - ◆ A prior suicide attempt is the single most important risk factor for suicide in the general population
 - ◆ Suicide is the 4th leading cause of death among 15 to 19 year olds
 - ◆ 77% of global suicides occur in low- and middle-income countries
 - ◆ Ingestion of pesticides, hanging and firearms are the most common methods used for suicide globally
- Persons who are at risk:
 - ◆ Someone who has an underlying psychiatric disorder such as major depression, post-traumatic stress disorder or bipolar disorder
 - ◆ Someone who has a family history of mental disorders, substance abuse, suicide or violence, including physical or sexual abuse
 - ◆ An individual who has a medical condition that can be linked to depression and suicidal thinking, such as chronic disease, chronic pain or terminal illness
 - ◆ Lesbian, gay, bisexual or transgender individuals with an unsupportive family or in a hostile environment
 - ◆ Someone who attempted suicide before
 - ◆ Feelings of hopelessness, worthlessness, easily agitated, socially isolated or lonely
 - ◆ Someone who has experienced a stressful life event, such as the loss of a loved one, a breakup, or serious financial or legal problems
 - ◆ Someone who has a substance abuse problem: alcohol and drug abuse can worsen thoughts of suicide and make the person feel reckless or impulsive enough to act on their thoughts
 - ◆ Someone who has suicidal thoughts and access to firearms in their home or surroundings
- A very lively and interactive session ensued with some very insightful comments and observations made by PIS Dr Deanne Ford
- The Vote of Thanks was moved by Rtn Davina
- Pres Robin reminded the club of:
 - ◆ Founders Day Church Service— Feb 27 @ 10:00 am St Dominic's Ch
 - ◆ Dine-around in the Gap on Sat, Feb 26
 - ◆ Need to vote on the resumption of in-person meetings at Hilton
 - ◆ 5K walk on Mar 6 from Barclays Park at 6:00 am to celebrate World Obesity Day
 - ◆ Training session to be delivered to the club next week by Dir Carole
- SAA Randy disciplined the club with a humorous quiz
- Attendance was 63%
- Meeting closed with a Peace Song: "We are here" by Alicia Keyes

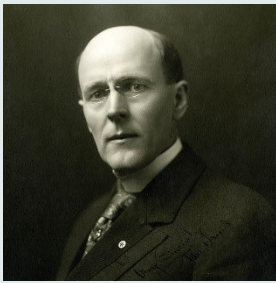
RCOB In Action—Weekend of 26-27th February 2022

Dine Around was held on Saturday 26th February at various restaurants in St. Lawrence Gap, Christ Church. Here are some snapshots taken from the attendees on the night.



The Founder's Day Church Service was held on Sunday 27th February at St. Dominic's RC Church. The service was well attended supported by the added bonus of being able to have a larger number of attendees in person due to the lifting of some Covid-19 restrictions in Barbados.

ROTARY FOUNDATION MINUTE



Below is an excerpt from a telegram dated 31 January 1947, in which Paul Harris requested that funds be raised for Rotary Foundation.

It speaks to an historical date 23rd February 1947 (the day before our meeting) where the foundation raised funds for Paul Harris after he passed away. Paul Harris requested no flowers etc. but instead for funds to be raised:

Please see below an excerpt from the telegram dated 31 January 1947.

“Board Directors last week agreed comply immediately mandate 1938 Rotary Convention to raise two million dollars for Rotary Foundation. Paul Harris had expressed hope that instead of funeral flowers money might be sent to foundation for furthering international understanding.....will you immediately contact each of your clubs by telegraph or telephone at expense Rotary International urging this appeal to carry out 1938 convention mandate so that by 42nd anniversary on February 23rd fun night be well under way in memory of Paul Harris and surely accomplished by San Francisco Convention.....”



Rotary
District 7030

7030 Moves
for Childhood Obesity Prevention
WORLD OBESITY DAY WEBINAR
Friday 04th March 2022 | 12:00 p.m. (AST)
#District7030Moves

Claudia Selin Batz
POLICY AND PROJECTS
COORDINATOR
WORLD OBESITY FEDERATION

Dr. James Hospedales
EXECUTIVE DIRECTOR
(RETIRED)
CARPHA

Dr. Christopher Tufton
MINISTER OF
HEALTH AND WELLNESS
JAMAICA

Dr. Karen Gordon Boyle
PROGRAM MANAGER
HEALTH SECTOR DEVELOPMENT
CARIBBEAN COMMUNITY

WORLD ROTARACT WEEK

7-13 MARCH 2022

District 7030 presents an open webinar on World Obesity Day – Friday 4th March 2022 – featuring four keynote speakers. Recognizing the levels of obesity throughout the Caribbean and among children in particular and focusing on public policy reform, this webinar will also showcase some of the member and club activities for the 7030 Moves for COP campaign. DG Sonya Alleyne will also formally speak on and launch the Rotary District 7030 1st Annual Obesity Awareness Movement event. All members and friends of the Rotary family are invited to attend this webinar and may register now.

www.RotaryDistrict7030.org

Today's Member Fun Facts are compliments of the Fellowship Committee. Our hope is that you will enjoy learning more about your fellow club colleagues weekly.

Fun Facts about Rtn. Meryl Stoute



1. **I cannot live without:** Air
2. **My superpower is:** Collaboration, facilitation and staying focused
3. **I am best at:** networking
4. **I love a:** Curry
5. **My alternate career would be:** Flight Attendant
6. **Most people do not know that:** I love weekend auctions
7. **Best vacation ever:** Dubai/Egypt
8. **Favourite addiction:** Horticulture, especially orchids
9. **Bucket List item #1:** Morocco
10. **Best Rotary Moment:** Rotarian support during one of the most difficult times of my life

UPCOMING EVENTS

- **March 10 — Business Meeting**
- **March 17 — Fellowship Meeting with a Guest Speaker**
- **March 24 — Club Forum**

DISTRICT 7030 EVENTS:

- **Rotary District 7030: 2022 World Obesity Day Webinar — 4 March 2022 @ 12:00 P.M. (AST)**
- **World Rotaract Week — 7-13 March 2022**
- **Rotary Zone 34 Foundation Team: Our Foundation, Our Future — 4 March 2022 @ 7:00 P.M.**

****More Information on upcoming events will be published as soon as the details are available.**

Announcements

Wedding Anniversary

- None this week

Birthday — Rotarians

- PP. Vic Fernandes — 08 March

Birthday — Partners-in-Service

- None this week

Join Date Anniversary

- None this week

ROTARY GRACE

O Lord and giver of all things good
We thank Thee for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days.

Project Elevate: A Day On The Job

CAREER

PROGRAMME SCHEDULE

February 5th, 2022	March 5th, 2022
February 12th, 2022	March 12th, 2022
February 19th, 2022	March 19th, 2022
February 26th, 2022	March 26th, 2022

April 2nd, 2022
April 9th, 2022

TIME: 10:00 AM - 1:00 PM WEEKLY

An Initiative of:
Rotary Club of Barbados

In Partnership With:
Juvenile Liaison Scheme & Rotaract Club of Barbados

7030 Moves for Childhood Obesity Prevention

WORLD OBESITY DAY WEBINAR

Friday 04th March 2022 | 12:00 p.m. (AST)
#District7030Moves

District 7030 presents an open webinar on World Obesity Day – Friday 4th March 2022 – featuring four keynote speakers. Recognizing the levels of obesity throughout the Caribbean and among children in particular and focusing on public policy reform, this webinar will also showcase some of the member and club activities for the 7030 Moves for COP campaign. DG Sonya Alleyne will also formally speak on and launch the Rotary District 7030 1st Annual Obesity Awareness Movement event. All members and friends of the Rotary family are invited to attend this webinar and may register now.

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100 CHANGING DISCOVER NEW HORIZONS

ROTARY INTERNATIONAL CONVENTION
Houston, Texas, USA | 4-8 June 2022
#Rotary22

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

FIRST: The development of acquaintance as an opportunity of service;

SECOND: High ethical standards in business and professions, the recognition and the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life; and

FOURTH: The advancement of the international understanding, goodwill and peace through a world of fellowship of business and professional persons united in the ideal of service.

Bulletin Editor: Rtn Carlos Depeiza