



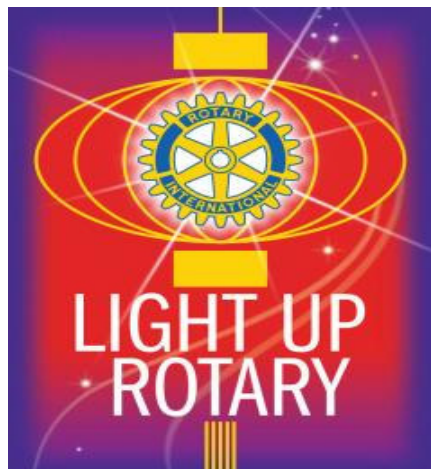
# ROTA NEWS

## Rotary Club of Barbados, Barbados

Chartered March 07, 1962

District 7030

Sept 25, 2014



R.I Theme 2014-2015

### R.I. OFFICERS

#### President

Gary C. K. Huang

#### President Elect

K. R. Ravindran

#### Rotary Foundation Assistant Regional Rotary Foundation Coordinator-Zone 34

PDG David Edwards



### THE FOUR WAY TEST

Of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

### DISTRICT OFFICERS

#### District Governor

Elwin Atmodimedjo

#### District Governor Elect

Milton Inniss

#### District Governor Nominee

Roger Bose

#### Assistant Governor (Barbados)

Sonya Alleyne

#### District Grants

PDG David Edwards, Chair

#### Council of Legislation

PDG Tony Watkins

### Club Officers & Directors

#### President

William "Alex" McDonald

#### President Elect

Jedder Robinson

#### Vice President

John Cabral

#### Secretary

Paul Ashby

#### Treasurer

Brian Cole

#### Club Service Director

H. Waldo Clarke

#### Vocational Service Director

Kim Tudor

#### Community Service Director

Shawn Franklin

#### International Service Director

Lisa Cummins

#### Youth Service Director

Neal Griffith

#### Immediate Past President

Ron Davis

#### Sergeant-At-Arms

Vic Fernandes

Weekly meetings on **Thursdays** at

**Hilton Barbados**

Needham's Point, Aquatic Gap, St. Michael  
at 12 p.m.

P.O. Box 148B, Brittons Hill,  
St. Michael, Barbados

[www.clubrunner.ca/barbados](http://www.clubrunner.ca/barbados)

## THE ROTARY CLUB OF BARBADOS WELCOMES ALL VISITING ROTARIANS AND GUESTS

Today is a Fellowship Meeting as we continue to Celebrate September - New Generations Month - **"OPENING ARMS TO OUR YOUTH"**

Today, the Greeting Team is made up of Past Presidents Elvin Sealy & Erskine Thompson



**Elvin R. Sealy, MBE**; joined the Club on Dec 01, 1985. In his Presidential Year 2008-2009 he supported the Breakfast Feeding Program of the YWCA. He was PE and Chair Fund Raising 2007-2008. He has served as VP for 2010-11 and 2013-14. He also served as Director Club Service 2003-2004 and International Service 2005-2006, the Chair Environment Committee 2002-2003. Highlights of his year included the visit by RI President, **Dong Kurn Lee and his Spouse** in May, 2009 and

also in May the delivery of chairs through the Wheel Chair Program initiated by the Rotary Club of Felicity/Charlville, T & T. He was awarded the Paul Harris Fellowship in 2006.

**Erskine L. Thompson**, joined Club on October 12, 2000. His Classification is Economic Development. He was proposed by PP Andrew Bynoe. He was awarded a Paul Harris Fellowship in 2011. ELT was President for the year 2010-2011. At that time he continued the planning for the 50th Anniversary including the Sea For All Project with Director Carol. He maintained the Evalina Smith Project at the St. Philip District Hospital, where he was Project Leader in 2006. He coordinated the refurbishment of two houses for indigent persons in St. John and St. Philip as part of our 50th Anniversary Celebrations. He was PE and Chair of Fund Raising 2009-2010, Director Club Service 2008-2009 and Chair Environment 2001-2002. He reminds us of his meeting in Montreal with John Germ who is the RI Presidential Nominee for 2016-2017



## FOR THOSE WHO MISSED YOUTH DAY ON SEPTEMBER 18; HERE ARE THE HIGHLIGHTS.

We especially welcomed the members of our Interact and Rotaract Clubs as part of our September - New Generations Month - **"OPENING ARMS TO OUR YOUTH"**



**Front Row—Dalisay Giovacchini, Saskia Rock-Williams, (Pres I Codrington School) Kemar Gilkes, Emma Morris, Shaniah Holder (Pres I St. Michael School)**

**Back Row- President Alex, Curtis Cornelius (Pres R UWI –Cave Hill), Kimberly Wallace, Kyle Cozier, Aisha Babb**

## FOR THOSE WHO MISSED YOUTH DAY ON SEPTEMBER 18; HERE ARE THE HIGHLIGHTS.

Under our September - New Generations Month - **"OPENING ARMS TO OUR YOUTH"** a presentation was made by Curtis Cornelius, the current president of the UWI Rotaract Club, on his experiences at the 2014 Rotaract District Conference held during July Suriname.

President Curtis is a national of Antigua and Barbuda. He commenced his studies in Law at the Cave Hill Campus in 2013.

*"I am particularly grateful to the Rotary Club of Barbados for sponsoring my trip to Suriname to attend the District 7030 Conference. It was indeed an unforgettable learning experience. I assure you that I will make it my business to ensure that the Rotaract Club of UWI Cave Hill remains active, effective and innovative, under my purview. "*

Nelson Mandela once said, 'It always seems impossible until it is done.'

The Rotaract Four-Way Test may well be considered in this regard as many individuals do not take the time to ensure that the things they think, say or do are the truth; that it is fair to all concerned; whether it will build goodwill and better friendships; or whether it will be beneficial to all concerned. However I must admit that my participation in the Rotaract Club at Cave Hill has made these considerations a more realistic habit not only in my life but I dear say in the lives of my fellow Rotaractors.

The Conference that I had the privilege of attending in particular cemented the utility of applying the Test and upholding the Objectives of Rotaract.

This afternoon I will proceed to give you a synopsis of the conference held in Suriname and also the way forward for the Rotaract Club of Cave Hill.



*Continued next page*

### Meeting Details

Thursday, September 18, 2014– Youth Day  
Sergeant-At-Arms: PP Vic Fernandes

- Attendance - 61%
- Raffle - \$126.00
- Winner – PP Norman S. Barrow
- Fines - \$217.00

## PRESENTATION BY PRESIDENT CURTIS CON'T

Synopsis of the Conference - June 13-16, 2014

June 12th was the day slated for Rotaract Executive Training Seminars. This was the day I looked forward to most. As the incoming President for UWI Cave Hill, I felt that this was the day that would be most beneficial to me seeing as at the time I had only been a member of Rotaract for 9 months.

There were five seminars to be held that day encompassing:-

1. **Emotional Intelligence**
2. **Five Levels of Leadership**
3. **Rotary's Four Way Test**
4. **Project Planning and Execution**
5. **Marketing and Communication**

There was a choice between the last two seminars and I chose Project Planning and Execution as it coincided with the plans carded for the Rotaract Club at Cave Hill.

### EMOTIONAL INTELLIGENCE

The first Seminar was Emotional Intelligence and it was conducted by Rotarian Ray Long of Rotary Suriname. During this Seminar there was an ice breaker which required persons to take "selfies" with persons they did not know. I became friends with Rotaractors from St. Kitts & Nevis, Trinidad & Tobago, Antigua & Barbuda and Suriname. We were all placed in the same group and became #TeamAwesome.

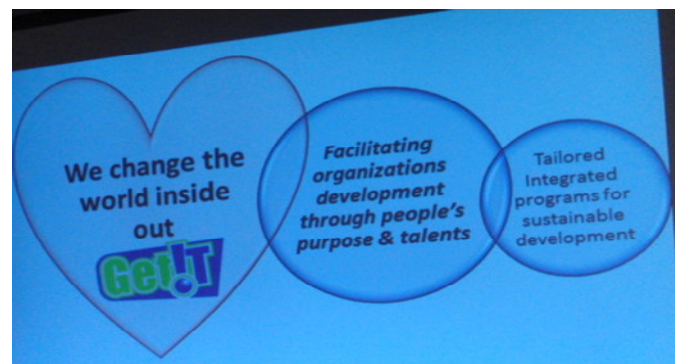


We were tasked with the duty of creating a diagram with the qualities a Rotaractor should have and also to give the various emotions we go through as members of Rotaract, suffice to say the emotions were wide and varied. Also during this particular seminar, there was an interesting exercise which required us to do various actions as clapping and jumping across the room.

Based on this exercise we were placed into groups according to the actions we preferred. Interestingly enough the personal profiles created as a result of this activity matched us all to a tee. The objective of this was to identify the emotional profile each person fell into. We also learnt the emotional profiles of other persons and how to deal with their varying profiles.

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## PRESENTATION BY PRESIDENT CURTIS CON'T



### FIVE LEVELS OF LEADERSHIP

The second seminar on the five levels of leadership was quite insightful as persons were able to identify the types of leaders they were and how to advance to the other levels of leadership. The levels of leadership from lowest to highest were:-

- **Leadership by Position**
- **Leadership by Permission**
- **Leadership by Production**
- **People Development and**
- **Pinnacle**

Five Levels of Leadership



### APPLYING THE FOUR WAY TEST

The third seminar was on applying The Four Way Test to real life situations in both social and professional settings.

We learned the origins of The Four Way Test and were split up into eight (8) groups and given situations in which The Four Way Test would be applied. This generated a lot of discussion into what is really fair to all concerned and if it will bring goodwill to all concerned.

The scenarios included a teenager facing an abortion decision, Rotarians imposing unfair choices to Rotaractors and Rotaractors using money received for personal use rather than charitable purposes.

Although there was a lot of back and forth in some groups, at the end of the day, The Four Way Test aided us in coming to our conclusions.

**Continued next page**



## PRESENTATION BY PRESIDENT CURTIS CON'T

### PROJECT PLANNING AND EXECUTION

The final seminar of the day was the Project Planning and Execution seminar. In this seminar we reaffirmed that the service projects we choose are supposed to make a difference in society and to also address a need/needs in society. Also, these projects must always be in line with the eight areas pinpointed by Rotary International. These eight areas include but are not limited to:

- **Peace and conflict prevention/resolution**
- **Disease prevention and treatment**
- **Water and sanitation**
- **Maternal and child health**
- **Basic education and literacy**
- **Economic and community development**

These projects should also generate an immediate benefit to the community and provide an opportunity for future service.

We learnt that we must be creative and innovative with our ideas.

We were given the structure of a Project Cycle which commences with the Idea, Planning, Appraisal and Execution.

We also learnt the structure of submitting proposals for businesses to sponsor our ventures. The proposal structure includes, but is not limited to:

- (i) Introduction (Organization background & Achievements)
- (ii) Project Objectives
- (iii) Methodology
- (iv) Project Detail
- (v) Project Overview

I indeed learnt a lot from this seminar and look forward to bringing this knowledge to my club.

We ended the day by receiving Certificates of Participation.

### OPENING CEREMONY & CULTURE NIGHT



## PRESENTATION BY PRESIDENT CURTIS CON'T

### DISTRICT ASSEMBLY



### ON THE TOWN— HAVING FUN WITH A SLANTED SIGN!!

*Right Shalisha Samuel - President Rotaract West and Curtis Cornelius*



### WAY FORWARD FOR ROTARACT CAVE HILL CAMPUS

After such an educational conference, it would be remiss of me not to share the knowledge I garnered with my fellow Rotaractors.

As the saying goes 'In vain have you acquired knowledge if you have not imparted it to others.'

As such, I hope to disseminate the information I learnt via the activities carded for the Rotaract Club of Cave Hill.

### PLANS

- **Market for a more diverse club**
- **Rekindle Relationship with West Terrace Primary School**
- **Assist with Salvation Army Projects**
- **Joint Projects with sister Rotaract Clubs**
- **Beautify and construct Rotaract Bench**
- **Launch After Care programme at UWI**
- **Jointly Host District Conference 2015**

So in conclusion, we do hope that this year would be the start of bigger better things for UWI Cave Hill Rotaract Club and all Rotaract clubs on the island by extension. We hope to strengthen relations between the clubs and of course as I previously stated continue to kindle the true spirit of Rotaract via the activities planned.

**Thank You and enjoy the rest of your week.**

## THE ANTI BULLYING INITIATIVE PART 2

*The Anti bullying initiative is a national campaign to raise the awareness of the many forms of bullying and in particular cyber bullying which has grown almost out of control and is affecting many students and young adults in Barbados today.*

### How Much Do YOU Know About Bullying?

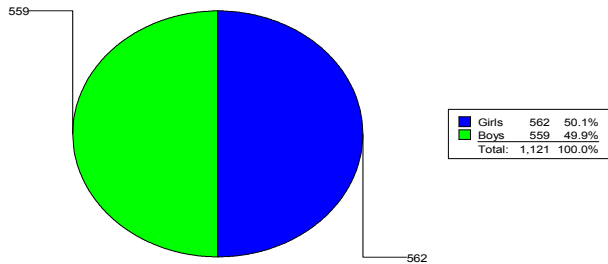
Ask participants to take part in a 5- items true/false quiz



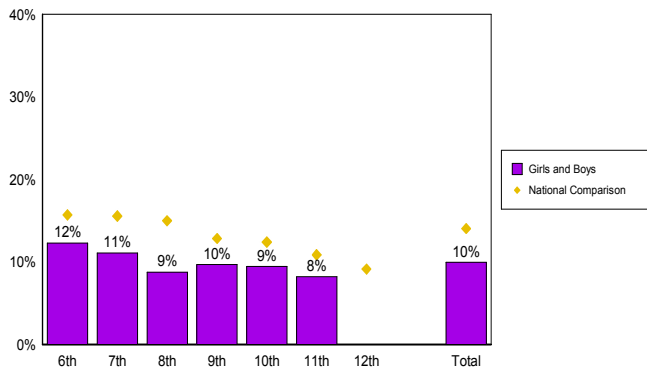
- Studies suggest that fewer than 10% of children are involved in bullying problems in elementary, middle or high school.
- Students are more likely to be bullied in high school than in elementary or middle school.
- The vast majority of children who are bullied tell a teacher or other member of the school staff.
- Bullying is just as likely on the way to and from school as during school hours.
- Most students who observe bullying don't think they should get involved.

Note that all the statements are FALSE

Graph 1b. Number of surveys completed by gender

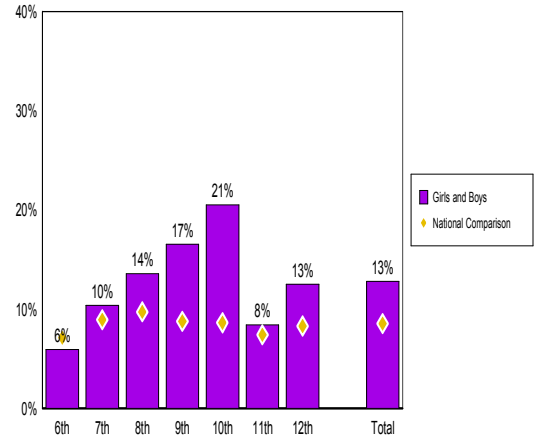


Graph 3c. Percentage of girls and boys who have been bullied "2-3 times a month" or more (Q4 dichotomized)

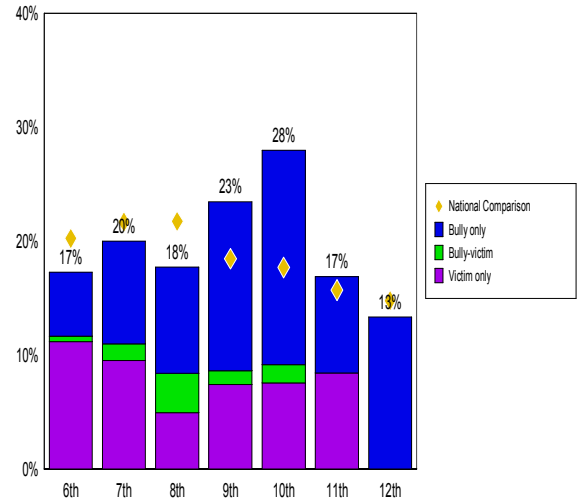


## THE ANTI BULLYING INITIATIVE PART 2 CON'T

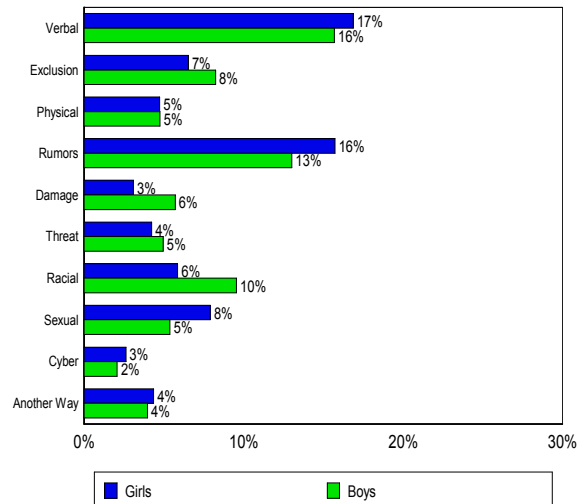
Graph 5c. Percentage of girls and boys who have bullied another student(s) "2-3 times a month" or more (Q24 dichotomized)



Graph 6e. Percentage of girls and boys involved in bullying

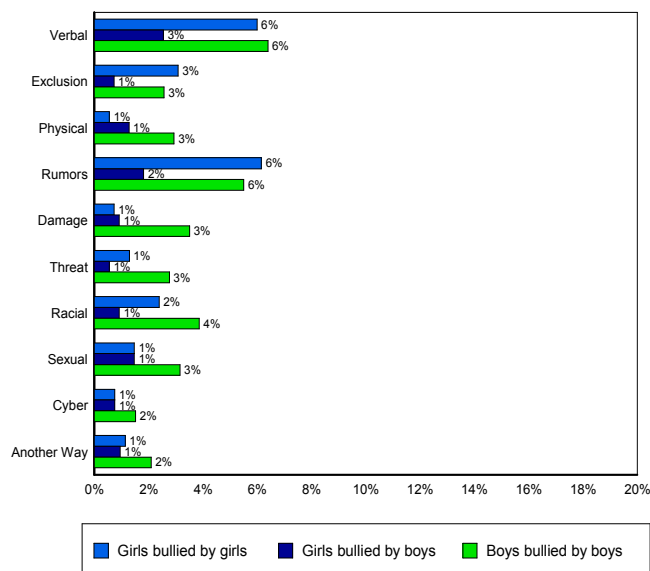


Graph 7. Ways of being bullied, for students who reported being bullied "2-3 times a month" or more (Q4)

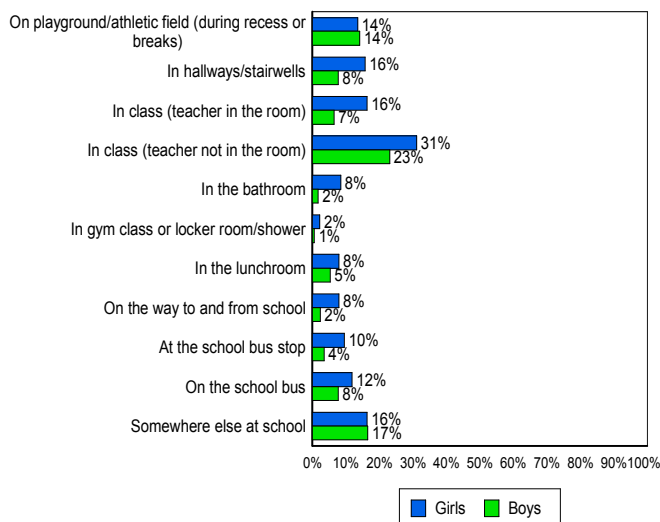


## THE ANTI BULLYING INITIATIVE PART 2 CON'T

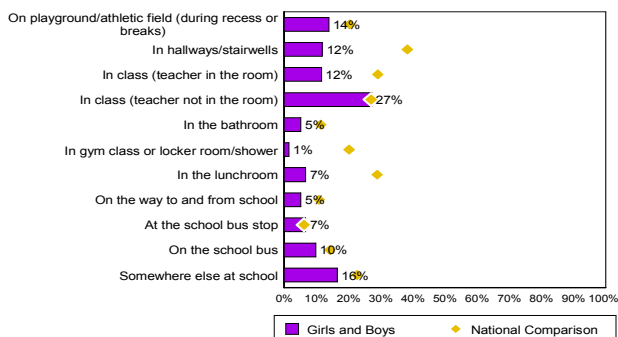
Graph 8. The ways that bullied students (defined as being bullied 2-3 times or more (Q4)) are being bullied by others (Q5 to Q13). Percentages represent girls bullied by girls, girls bullied by boys, and boys bullied by boys.



Graph 10a. Where the bullying has occurred, for students who reported being bullied "once or twice" or more (Q4). Percentage of girls and boys who report being bullied in various places

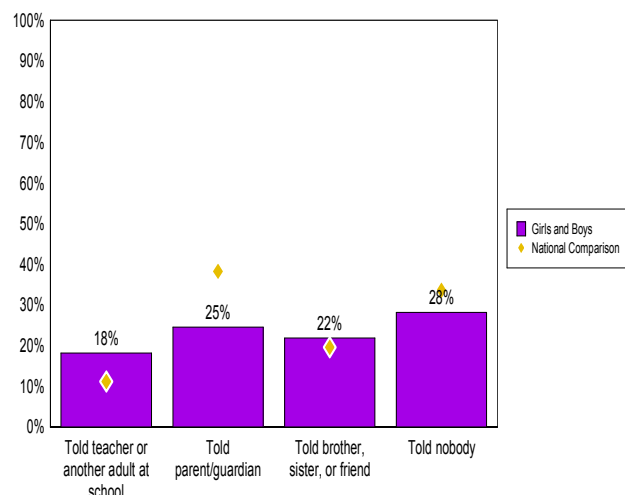


Graph 10b. Where the bullying has occurred, for students who reported being bullied "once or twice" or more (Q4). Percentage of girls and boys who report being bullied in various places



## THE ANTI BULLYING INITIATIVE PART 2 CON'T

Graph 11c. Percentage of bullied girls and boys (according to Table 3b) who have told/not told anybody about the bullying



## THE OLWEUS BULLYING PREVENTION PROGRAM

### Goals of OBPP

- To reduce existing bullying problems among students
- To prevent the development of new bullying problems
- To achieve better peer relations at school

### How are these goals met?

By restructuring the school environment so that both *opportunities* and *rewards* for bullying behavior are reduced.

References: *SWG p. 1; TG p.*

### PROGRAM PRINCIPLES

- Adults in school need to show warmth, positive interest, and involvement.
- Set firm limits for unacceptable behavior.
- Consistently use nonphysical, non-hostile negative consequences when rules are broken.
- Adults in the school should act as authorities and positive role models.

OBPP is based on four guiding principles, derived from research on reducing aggressive behavior.

Understanding and following these principles will help you to implement the program with fidelity.

References: *SWG pp. 17-19; TG pp. 31-34*

### WHAT ROLES DO STUDENTS PLAY IN BULLYING SITUATIONS?

This Bullying Circle is an important *OBPP* tool to illustrate roles in bullying situations, and to build understanding about how the program helps shift behavioral norms and attitudes. Peer group plays an important role in motivating and encouraging bullying in many situations.

As this continuum shows, students who bully often get various types of support—from followers, supporters, and passive supporters.

Shows group phenomenon: roles vary among participants & observers. Some are much more active than others.

References: *TG, pp. 23-25; SWG Doc. 1, pp. 15-16.*

**The 2nd presentation on the Bullying Initiative concludes next week**



## **ROTARY THE WORLD OVER—SEPTEMBER 18 —PP ROGER SMITH**

Today, fellow Rotarians, we are celebrating with our young Rotarians - our Interact and Rotaract clubs.

So for our 'Rotary the World Over' minute this week, we are travelling to the United States to look at a youth service program which focuses on the reduction of violence among youth.

"Game Changers" is a youth violence reduction program designed to reduce youth-related violence and substance abuse by offering athletic training & motivational talks.

Initiated by the Rotary Club of Buffalo, NY, USA, the club joined the Mayor, Buffalo Police, the local arm of the US Drug Enforcement Administration (DEA), Kids Escaping Drugs, and other organizations to support a youth violence reduction program named "Game Changers" which provided positive role models for youth at risk of violent behavior. The program was eight weeks in length and reached out to youth and their parents, drawing them together through expert coaching of basketball skills and motivational discussions on Friday evenings.

Themes covered included, winning by trying, Life Decisions, Choices we make in Life, Facing the Drug Problem, Ten Characteristics of Successful employees and business people, Being a Go-Getter, etc.

This initiative was well received in the community and we found that Rotary can bring great value to our youth and to the community through large coordinated efforts with key stakeholders in our communities as with as with state institutions.

So today as we wrap up the 'Rotary the World Over' Minute, we celebrate the work of our youth here at home in Barbados, encourage you all to reach out and develop new projects and programs that allow for collaboration among partners right here at home and of course the world over.

### **UPCOMING SCHEDULED VISITS TO OUR YOUTH**

**September 26—SMS—PP Elvin**

**October 01—CS—PP Michael**

**October 03 - SMS - Director Waldo**

**October 08—CS - PE Jedder**

## **BEACH CLEAN UP—SATURDAY SEPTEMBER 20 - MORGAN LEWIS - ST. ANDREW**

**REPORT BY YOUTH SERVICE DIRECTOR NEAL GRIFFITH**

We had a great Saturday at Morgan Lewis Beach. A few delays at the start of the day for various reasons but we had a strong turn out as follows:

30 Rotaractors

14 Rotarians

4 Codrington Interactors

We left the staging area at Conrad Hunte Sports Club and made our way to the beach just about 6:45am.

We managed to complete our task by approx 8:45am and after some fellowship, left around 9:15 for breakfast at Prospect House compliments of PP Andrew.

## **BEACH CLEAN UP—SATURDAY SEPTEMBER 20 - MORGAN LEWIS - ST. ANDREW**



*A Bright Eyed Team*



*Has to be still early—bags a little light!*



*Three Rotarians..... and only one bag!*

## SEPTEMBER

New Generations Month

**"OPENING ARMS TO OUR YOUTH"**

## OCTOBER

**Vocational Month**

### UP-COMING EVENTS

Oct 02 - Guest Speaker

**Oct 03 - Wine Tasting - BMW Showroom, MQI**

**Oct 23—PoWA - Dinner Meeting**

RYLA - November

Nov 13 - Nominations - Board -2015-16 - PE 2016-17

### GREETERS

Oct 02 - PP Grenville and Director Waldo

### OUR VISITORS

#### September 18 - GUEST SPEAKER

##### Guests

##### St. Michael School

Aisha Babb, Shaniah Holder, Kyle Cozier and Mr. Ricardo Craig

##### Codrington School

Emma Morris, Saskia Rock-Williams, Dalisay Giovacchini and Ms Kim Adams

##### UWI Cave Hill

Kimberly Wallace, Kemar Gilkes and Curtis Cornelius

Cheryl Franklin - Director Shawn

Renne Quintin—Directoer Shawn

Donna St. Hill, RSA —Director Lisa

Sharon Brathwaite—Director Lisa

##### Rotarians

President Richard Kennedy, RCoB South

Monique Peters, Sunrise of Road Town Tortola - Legal Services

### SEPTEMBER - NEW GENERATIONS MONTH

Visit an Interact or Rotaract Club!

**UWI Rotaract**

Every Saturday at 12.30 p.m. during the Semester

**St Michael Interact**

2:30pm on Fridays, upstairs in Room 5.3.

**Codrington Interact**

2.10 p.m. Wednesday, Humanities Room, opposite the Library— twice monthly

### ROTARY GRACE

O Lord and giver of all things good  
We thank Thee for our daily food  
May Rotary friends and Rotary ways  
Help us to serve Thee all our days.

## Announcements

### Wedding Anniversary

Past Secretary Clifford and Eileen **50 years** Sep 27, 1964

### Birthday - Rotarians

Peter Hermant

Sep 30

Donald Austin

Oct 01

### Birthday - Partners in Service

Sheila Leacock - PP Algie

Sep 30

Michelle Kirton—Rev Guy Hewitt

Oct 01

### Join Date Anniversary

PP Bobby Morris 37 years

Oct 01, 1977

Dwight Sutherland 6 years

Oct 01, 2008

### **WORLD POLIO DAY**

**Be a part of Rotary's Livestream event celebrating World Polio Day on 24 October! Hear inspiring stories, musical performances, and more. Add the event to your calendar today! (<http://new.livestream.com/rotaryinternational/worldpolioday>)**

### **OBJECT OF ROTARY**

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

- FIRST:** The development of acquaintance as an opportunity of service;
- SECOND:** High ethical standards in business and professions, the recognition and the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:** The application of the ideal of service in each Rotarian's personal, business and community life; and
- FOURTH:** The advancement of the international understanding, goodwill and peace through a world of fellowship of business and professional persons united in the ideal of service.

Bulletin Editor: *Michael Wilson Browne*