



ROTA NEWS



December 29, 2016

Rotary Club of Barbados



District 7030 - Club # 6798

Chartered March 07, 1962

DISTRICT OFFICERS

District Governor
Roger Bose

District Governor Elect
Waddy Sowma

District Governor Nominee
Dominique Venere

Assistant Governor
Peter Downes

District Secretary
Anne Marie Rogers

District Treasurer
Steve Ramlakhan

Council of Governors Chair and
Immediate Past DG -
Milton Inniss

ARRFC and Zone member of the Zone
Executive Committee -
PDG David Edwards

Zone Sub-Committee
PDG Tony Watkins



R.I Theme 2016-17

R.I. OFFICERS

President
John F. Germ

President Elect
Ian Riseley

Club Officers & Directors

President
Lisa Cummins

President Elect
Paul Ashby

Vice President
Brenda Pope

Secretary
Bobby Morris

Treasurer
Joel Brathwaite

Club Service Director
Diana Douglin

Vocational Service Director
Winston Warren

Community Service Director
Anne Bertrand

International Service Director
PP Elvin Sealy

Youth Service Director
Neal Griffith

Immediate Past President
Jedder Robinson

Sergeant-At-Arms
Roger Smith

THE FOUR WAY TEST

Of the things we think,
say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Weekly meetings on **Thursdays** at

Hilton Barbados

Needham's Point, Aquatic Gap,
St. Michael
at 12 p.m.

P.O. Box 148B, Brittons Hill,
St. Michael, Barbados

www.clubrunner.ca/barbados

**THE ROTARY CLUB OF BARBADOS
WELCOMES ALL VISITING ROTARIANS AND GUESTS**

Mar 07 - Club Charter Date - 1962 - Club # 6798

RI THEME: ROTARY SERVING HUMANITY

HEAR YE! HEAR YE! READ ALL ABOUT IT

Today the Bulletin features a recap of our projects and events to date together with tributes to our late Rotarians.

Community Service Projects

- visited Challenor Home; donated paint and sponsored repainting of Challenor Home
- We continued to do the re-integration program
- Donation of road tennis equipment to Sterling and Farris
- Providing psychiatric services to three students who live in Sterling and Farr's respectively
- Each one Can—we delivered 40 hampers over December and starting to deliver from January food supplies to persons in our community in need
- Nightengale Home—project to assist with the employment of persons with disabilities

Cyber Bullying ongoing

School House project continues

Our Signature project:

EACH ONE CAN . Our aim is to help those youngsters in our community who are in need of assistance due to mental issues. The project has four stages which can be summarised as follows:

1. Partnering with medical health professionals and counselors in schools
2. School lunch program for some of children; facilitating peer network support services
3. Home food provision programme for some of the families of these children
4. Annual Youth Summit emphasizing the theme "each one can"

The objectives of our project are also summarised below:

- to promote students' resilience, emotional and social well-being
- to ensure early identification of mental health needs
- to offer timely access to mental health services to address social, emotional, or behavioral issues
- to promote school and life success through improved social and emotional maturity
- to formalise referral and feedback systems between school counselors and mental health services.
- to partner with families, non-governmental organisations and social welfare agencies to address social determinants of students' mental health

December 15—RECAP

We were happy to welcome visiting Rotarians and banners were given to two of them both visiting from the United States of America. Below are Bob Wadhams, North Shelby Inberness Rotary Club, Birmingham, Alabama, USA

John W. Hawthorne Jr., Rotary Club of Springfield, Sunrise, Springfield, Missouri, USA



MEETING DETAILS— DEC. 15

Attendance - 58.7%

Raffle Proceeds - \$118.00

Fines - \$204.00

Raffle winner PEE Shawn Franklin

MEETING DETAILS— DEC. 22

Attendance - 642.0%

Raffle Proceeds - nil

Fines - \$368.00

Raffle winner No Raffle held

CHRISTMAS TIME ...TIME OF THE YEAR WE WAIT ON ...

SUNDAY DEC. 11—OUR ANNUAL CAROLS BY CANDLELIGHT EVENT WAS HELD AT ILARO COURT.

Notwithstanding the weather in the morning, the day was enjoyed by our patrons and of course by us. We thank our Interact Club at St. Michael School for their assistance.

SUNDAY DEC. 18—OUR ANNUAL TEA PARTY FOR OUR SENIOR CITIZENS WAS HELD AT GOVERNMENT HOUSE

The Club was well represented and merrily interacted and served our senior citizens.

Amidst the beautiful grounds of the Governor General's Official Residence at Government House, the Rotarians served tea and cakes and sandwiches while listening to the singing of the Central Bank Orchestra and Sister Marshall amongst others.



ROAD RUNNER

Tuesday Dec. 20 PE Paul, PP Vic and the Road Runner Crew were on the road to distribute gifts received at Carols by Candlelight to the needy.



SHOEBOX PROJECT

Wednesday Dec 21 this year's shoebox project saw happy children and happy Rotarians mingle together and play games ranging from various strategic games at Sterling to road tennis and football at Farris on Wednesday Dec. 21. Akela Jones and one of the Facilitators for the children's home joined with our Shoebox team to visit the children's homes at Sterling and Farris where games were played and enjoyed by all. Our Club bought and wrapped gifts for the children of these homes and delivered them on Wed. 21. During the day Rotarians came out and as part of our Shoe box team presented the gifts. Some of the Rotarians present were Director Annie Bertrand, Rtn. Commander Willie Kirton, Rtn. Mark Wheeler, Rtn. Peter Arender, Rtn. Chrys Laurent, PP Carl Tony Williams, PP Erskine Thompson, and Rtn. Fiona Hinds and PDG David Edward's wife, Donna. Below are simply pictures of the tree at Sterling and some of the gifts nicely wrapped, as pictures of the children are not possible.



“JINGLE BELLS; JINGLE BELLS” “I WANT A PIECE OF PORK FOR THE CHRISTMAS” - OUR CHRISTMAS LUNCH WAS “ROTAWONDERFUL” “FULL OF MERRIMENT AND CAROLS - A GREAT TIME WAS HAD BY ALL WHO ATTENDED.



PAUL HARRIS FELLOWSHIP AWARDS

At our Christmas Luncheon President Lisa pinned PHF pins on two our Rotarians

Rtn. Steve Cozier received the Paul Harris Fellowship pin level Three and Director Neal Griffith who received the Paul Harris Fellowship Pin level 2.

Congrats to both and may we all strive together to continue to aid the Rotary Foundation in its endeavours.



Left: Rtn. Steve Cozier being congratulated by President Lisa and Below Director Neal Griffith also being congratulated by President Lisa.

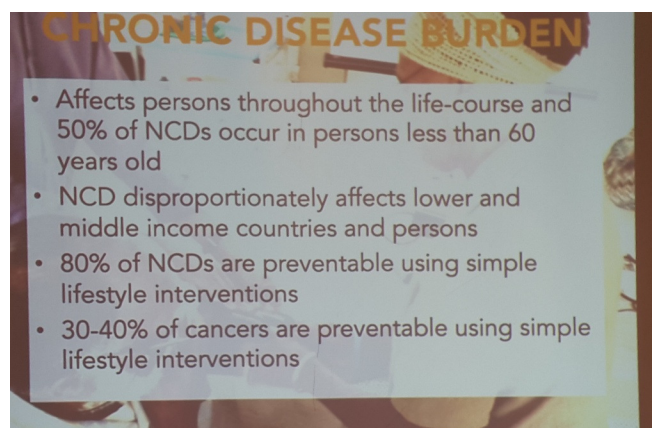


For our new Rotarians : Paul Harris Fellow recognition is extended to any individual who contributes, outright or cumulatively (or in whose name is contributed), US\$1,000 or more to the Annual Fund or PolioPlus or as sponsorship of a portion of a Foundation grant. The recognition consists of a certificate and **pin**.

December 15—RECAP

Our Guest Lecture was Sir Trevor Hassell from Healthy Caribbean Coalition who presented on the awareness of chronic diseases and their burden on both us as individuals and the community as per the extract below. Given the prevalence of obesity and diabetes in our Community. Of interest was the added sugars to the soft drinks manufactured in the region as the sugar content in these drinks is significantly higher than those in Europe and North America. Below are two extracts from the slides presented by Sir Trevor Hassell and his team on NCD's both of which emphasise the chronic burden of NCD and the dangers of added sugars.

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- USE OF SUGARS IN BARBADOS AND EFFECTS
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- One of the highest consumers of sugar globally
- One of the highest prevalence rates of obesity, including childhood obesity
- An abundance of unregulated and/or monitored Fast Food Restaurants
- Well established link between sugar and fast food intake and obesity
- The highest source of sugar is in SSBs and there is direct link between obesity and SSB consumption



Meet our Greeters

PP Alex McDonald



Past President William Alexander Mc Donald, PHF + 2 Sapphires joined the RCoB on February 03, 2000. He was introduced by Past President Vic Fernandes. His Classification is Business Services. His “mark” has been noticed in the Club and District. He has served as Director for Community Service and Vocational Service and as Sergeant At-Arms (SAA) on two occasions, 2002-03 and 2013-14. His colourful wit as SAA has been beneficial at a number of District Conferences where members were asked to stand on his entry to the room. He served as President for 2014-15 and again assisted at the District Conference recently held in Barbados while also assisting at the Youth Forum for our Junior Clubs.

PAG Ivan Browne



PAG Ivan Browne joined the Club on July 20 1979 and has been a member for 35 years. He is also a former member of the Rotary Club of Montserrat and a former banker. He has acted in the capacity of treasurer and assisted in other avenues of service throughout his years with the Club.

HAPPY NEW YEAR TO ALL OF OUR MEMBERS:



IN MEMORIAM

Sadly the Club lost three of its stalwart members this year as in the last two months of the year, we said goodbye to Hon. Rtn. Horace King, Rotarian Dr. John Mayers and over the Christmas period one of our Founders Past President Hon. Rtn. Paul Foster. These three gentlemen are no doubt our icons and in their living exemplify for each of us role models of “what it means to be a Rotarian”.

As such, there can be no doubt that these Rotarians left an indelible mark on the Club. A summary of their contribution is below:

HON. RTN. HORACE KING

Honorary Rotarian Horace King was introduced to the Club by Charter President Sir Theodore Brancker on October 31, 1963 by President Stanley Chapman. In 1967, he and his Partner in Service became actively involved with the Club in the establishment of the Challenor School for Challenged Children. He continued to work tirelessly at the Community Level in the Club and especially with children who are intellectually or physically challenged.

RTN. JOHN MAYERS

Rotarian Dr. John Mayers joined the club on Feb. 5, 1981 and served the Club for some 35 years. Rtn. John was instrumental in choosing the candidates for scholarships and exchange visits as he would meticulously analyse and interview each one. In June 2009 he was presented with the Paul Harris Fellowship for his contribution over the years.

HON. RTN. PAUL FOSTER (FOUNDING MEMBER)

Our Founder Honorary Rotarian Paul Foster joined the Club on March 16, 1962. He is credited some 54 years ago with bringing Rotary to Barbados as it was in July of 1961 that he and Canadian Tom McLaughlin conceived the formation of a Rotary Club in Barbados. Their dream to form the club was formally realized when on March 7, 1962 a Charter was presented and the Rotary Club of Barbados came into being under the presidency of J.E. Theodore Brancker. He was one of the three founders of the Rotary Club of Barbados.



UP-COMING EVENTS

Mar 07 - Club Charter Date - 1962

DECEMBER

DISEASE PREVENTION AND TREATMENT MONTH

Dec. 29 HAPPY NEW YEAR

JANUARY

VOCATIONAL SERVICE MONTH

Jan 5 Greeters: Director Diana Douglin and Director Neal Griffith

Jan 5 Guest Speaker

Jan 12 Greeters: Rtn. Donella Zorzi and Rtn. Dr. Tracy Archer

OUR GUESTS

Dec. 15

Visiting Rotarians: -

David Druett, Knaresborough Rotary Club, England
Bob Wadhams, North Shelby Inberness Rotary Club, Birmingham, Alabama, USA
John W. Hawthorne Jr., Rotary Club of Springfield, Sunrise, Springfield, Missouri, USA
Stanley McDonald, Rotary Club of Bangkok South, Thailand
E. Jn. Marie, Rotary Cub of St. Lucia

Guests - Dr. Trevor Hassell, Guest Speaker
Chandy Druett -Rtn. David Druett
Edith Wadhams - Rtn. Bob Wadhams
Naheem Walcott - PP Rtn. Tony Reece
Insp. Paul Lynch - Rtn. Malcolm Vaughn
Maeisha Hutton - PP Rtn. Erskine Thompson
Nicole Foster - PP Rtn. Erskine Thompson
Ferida Fernandes - Spouse of PP Rtn. Vic Fernandes
Rebecca Fernandes - Daughter of PP Rtn. Vic Fernandes

Dec. 22

Visiting Rotarians:

Stanley MacDonald, Rotary Club of Bangkok South, Thailand
Hon. Rotarian Donville Inniss, Rotary West

Guests -
Several Partners and Guests of Rotarians

ROTARY GRACE

O Lord and giver of all things good
We thank Thee for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days.

Announcements

Wedding Anniversary

Rtn. Anthony Shaw and Tessa Chaderton-Shaw	28 years	Jan 02 1988
Rtn. Baron Ford and Jennifer Deanne	35 years	Jan 03 1981
Rtn. Waldo Clarke and Donna Wilkinson-Clarke	12 years	Jan 04 2004

Birthday - Rotarians

Rtn. Steve Cozier	Jan 3
PP Orville Durant	Jan 4

Birthday - Partners in Service

Beverley Morris partner in service of PP Robert Morris	Jan 3
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Join Date Anniversary

Rtn. Brian Cole	31 years	Jan 02 1985
PP Vic Fernandes	30 years	Jan 02 1986
Rtn. Patrick Hinds	34 years	Jan 02 1982

Each Rotarian is a billboard for
Rotary.
"We need to wear our Rotary pins
with pride."
John Germ

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

- | | |
|---------|--|
| FIRST: | The development of acquaintance as an opportunity of service; |
| SECOND: | High ethical standards in business and professions, the recognition and the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society; |
| THIRD: | The application of the ideal of service in each Rotarian's personal, business and community life; and |
| FOURTH: | The advancement of the international understanding, goodwill and peace through a world of fellowship of business and professional persons united in the ideal of service. |

Bulletin Editor: Rtn. Fiona J. Hinds