

DISTRICT 7030
CLUB#6798
Chartered March 07, 1962



Jan 30th, 2025

ROTANEWS

CLUB OFFICERS & DIRECTORS

R.I. OFFICERS

President
Stephanie Urchick

President Elect
Mário César Martins de Camargo

PATRON

HE The Most Honorable Dame
Sandra Mason, FB, GCMG, DA, SC.
President of Barbados

DISTRICT OFFICERS

District Governor
Debbie Roopchand

District Governor Elect
Soraya Warner-Gustave

District Governor Nominee
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Assistant Governor
Paul Ashby

District Secretary
Giselle Holder

District Treasurer
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Council of Governors Chair
PDG Brian Glasgow

District Rotary Foundation Chair
PDG Waddy Sowma

District Disaster Relief Chair
PDG David Edwards

District TRF Fundraising Chair
PDG Elwin Atmodimedjo

District Conference Chair
Safeeya Mohammed

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Vice President
Ron Davis

Secretary
Jamella Forde

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Nikita Gibson

Club Administration
Randy Marshall

Membership/Youth Service
Tamara Allman

Public Image
Keri Mapp

Community Service
Katrina Alkins

International Service
David Antrobus

Immediate Past President
Ermine Darroux-Francis

Sergeant-at-Arms
Peter Arender

Club Weekly Meetings
Thursdays at 12.30 pm
Hilton Barbados

Needham's Point, Aquatic Gap,
St. Michael

Mailing Address:
P.O. Box 148B, Brittons Hill,
St. Michael, Barbados



Website: www.rotarybarbados.org
Email: rotarybarbados@gmail.com

The Rotary Club of Barbados welcomes visiting Rotarians and Guests.

Guest Speaker Nicolette Williams

VOCATIONAL SERVICE MONTH

“Where your talents and the needs of the world cross there lies your vocation”

ARISTOTLE

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JANUARY



Today January 30th 2025 is the Pride of Workmanship Awards and dinner, and will commence at 6pm. at the Hilton Hotel.

Meeting Details – January 23rd, 2025

Guests

Nicolette Williams – Guest Speaker
Jane White – PP Brenda Pope
Laytoya Archer – Rtn. Kevin Gill

Rotarians, Rotaractors and Interactors

PP Lucy Perkins – RC Bury St. Edmunds UK

Honorary Rotarians

None

Raffle: BBD 206.00 won by PP Algie Leacock

Our next scheduled weekly meeting will on February 6th, 2025, which will be a virtual Business Meeting, starting at 12.30pm.



Nicolette is the first Barbadian Creative Arts Psychotherapist, a Registered Dance/movement Therapist, Creative Director, Addiction Counsellor, Motivational Speaker and more.

Multitalented and multifarious, Nicolette has started this therapeutic space and journey working with numerous populations for the past 8 years. Her empowering platform has been done nationally, regionally and internationally. As a psychotherapist, she uses this unique form of non-verbal therapies to aid in the emotional, physical, mental, social and physical development in working with clients, adolescents and families that have been through mental health illnesses, substance abuse challenges & disorders, behavioral issues and emotional distresses. Finding tools for them to cope daily, her unique therapeutic style allows persons to express themselves in a more comfortable way as they find a new way of life in their healing journey holistically. Her methods of healing in therapy are; interactive, therapeutic, healing and authentic!

Summary Minutes of the RCOB Meeting Held on January 23rd, 2025

Pres. Arlene called the meeting to order at 12:32 p.m. and welcomed all present. She asked PP Erskine Thompson to lead the singing of the National Anthem, and the Rotary grace was recited before lunch was served.

Acting SAA Heather welcomed the Club. Pres. Arlene proudly announced that the Club was pinning two new PHF +1s today. The Rotarians recognized for their outstanding contributions were Treasurer Nikita Gibson and Rtn. Savitri St. John.

PP Robin welcomed the guest speaker, Ms. Nicolette Williams who gave a presentation in recognition of January being Drug Awareness Month. She provided an outline of some of the services offered by Verdun and Marina House, where she is a counsellor, and provided insight into the issues caused by three major drugs used and abused in Barbados – alcohol, marijuana and fentanyl. Ms Williams provided Rotarians with advice on noticing the warning signs of drug use, particularly in young people and enlightened the meeting with anecdotes on how the use of these drugs and others affect the clients she sees in her work, some being as young as 17 years old, and how these drugs are being “marketed” to attract younger and younger users. Ms. Williams also highlighted some areas which require further research including the use of marijuana and its effects on teens, the relationship between crime and drug use and how drugs truly affect health.

Rotary District 7030 MOVES PREVENTIVE COLLECTIVE HEALTHY

TIP 4

Walking is simple, free and one of the easiest ways to get more active, lose weight and become healthier. Walking briskly can help you build stamina, burn excess calories and make your heart healthier.

ASTUCE N° 4

La marche est simple, gratuite et l'un des moyens les plus faciles de devenir plus actif, de perdre du poids et d'être en meilleure santé. Marcher d'un bon pas peut vous aider à acquérir de l'endurance, à brûler les calories superflues et à améliorer la santé de votre cœur.

go.rotarydistrict7030.org/STEP2025 #District7030MOVES

- Birthdays
 - PP Robin Forde and Rtn. Sanjay Amin both celebrated their birthday on January 23
- Fines: Acting SAA Heather's only fine was for PP Robin who was instructed to pay the Club \$0.50 for every year he has lived so far.

Rotary's response to U.S.'s plan to withdraw from the WHO

Rotary notes the recent announcement that the United States intends to withdraw from the World Health Organization (WHO), a partner in the Global Polio Eradication Initiative (GPEI). We remain resolute in our mission to eradicate polio. As a founding partner of the GPEI, Rotary has for decades worked closely with all the GPEI partners, the U.S. government, and other governments to end polio worldwide. This effort has reduced the number of children paralyzed by polio by 99.9% since 1988. The global effort to eradicate polio has innovated many times over the years to come close to protecting every last child.

Although this decision creates new challenges, Rotary remains dedicated to ensuring that every child is protected from this preventable disease. We are confident that the GPEI will continue to adapt, to innovate, and to implement effective strategies to keep polio vaccines available for every child in the United States and around the world, especially those in the most challenging and remote regions. The most important decisions leading to a polio-free world are made every day by parents who present their children for vaccination.

We remain committed to working with all GPEI partners to fulfill the promise of a polio-free world. Together, we have ended smallpox, and together, we can ensure that polio becomes the second human disease to be eradicated from the planet.

Bicycles for Deserving Children



We have started back a great Initiative of PP Ron's where he collected used bicycles had them fixed and made safe then gave them to deserving children. Well we made one nine year old boy on his birthday yesterday so happy when we presented the bicycle to him. It has always been a dream of his to have a bicycle.

Model United Nations

Model United Nations started on Saturday January 25th, with an opening ceremony. The Theme for MUN will be 'War and Peace'. The facilitators will be Hon. Rtn. Lisa Cummins, PDG David Edwards, PDG Sonya Alleyne, Ms Donna Forde, Mrs Nicole Clarke-Foster and Mr Ricky Wilson.



Project Amai

The theme for this week was 'Sexual and Reproductive Health', which was led by Hon. Rtn. Kerianne Hurley. There was also a yoga session led by Natasha. The Amai Closet has now been set up. Thanks to Dir. Tamara Allman, Rtn. Beverley and Hon. Rtn. Kim Harris for their donations to the 'Amai Closet'. Thanks also go out to Dir. Tamara and her team for the donation of a nebulizer for one of our participants Children.



Amai Closet

UPCOMING EVENTS

January 30th – **NO LUNCH TIME MEETING**
January 30th – **Evening Fellowship Meeting**
Pride of Workmanship Awards & Dinner
February 6th – Virtual Lunch Time Meeting

RaCOB/Satellite Club/EarlyAct

None

DISTRICT 7030 EVENTS

February 2nd – Launch of Girls' Empowerment Time
Capsule with PP Barbara Ayuen
April 23rd – 26th, 2025 - District Conference, Trinidad

ANNOUNCEMENTS

Birthdays Rotarians

Rtn. Kimberly Lewis – February 1st
Rtn. Heather Tull – February 3rd
Rtn. Waldo Clarke – February 6th

Birthdays – Partners-in-Service

Dr. Marion Williams – PP CQ Williams – February 6th

Wedding Anniversaries

None

Join Date Anniversary

Rtn. Steve Cozier – 40 yrs – February 1st, 1985
Rtn. Trevor Fields – 34 yrs – February 1st, 1991
PP Algie Leacock – 41 yrs – February 1st, 1984
Rtn. Yasmin Ephraim – 9 yrs – February 3rd, 2016
AG Paul Ashby – 16 yrs – February 5th, 2009

GIRLS' EMPOWERMENT

Rotary
District 7030



Launch of Girls' Empowerment Time Capsule

PP Barbara Ayuen

First Female Rotarian of D7030

Be a part of this momentous
occasion celebrating the power
of Women in Rotary D7030 !



Meeting ID: 85430511555
Meeting PW: QT&eu#6Z

1:00 PM - 2:30 PM (GTM - 4)
Sunday, February 2nd



For registration scan the code or visit: <https://go.rotarydistrict7030.org/GE2025>

MONTHLY VIRTUAL BUSINESS MEETINGS

DATES:
JANUARY 9TH 2025
FEBRUARY 6TH 2025
MARCH 6TH 2025

TIME
AT 12:30PM

ZOOM LOGIN INFO

MEETING ID: 890 9064 9358
PASSCODE: 673723

Rotary
Club of Barbados

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

FIRST: The development of acquaintance as an opportunity of service;

SECOND: High ethical standards in business and professions, the recognition and the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life; and

FOURTH: The advancement of the international understanding, goodwill and peace through a world of fellowship of business and professional persons united in the ideal of service.

ROTARY GRACE

O Lord and giver of all things good
We thank Thee for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days.



Bulletin Editor: PP Denise Antrobus

