



# ROTA



# NEWS



**R.I Theme 2019-20**

## **R.I. OFFICERS**

**President**  
Mark Maloney

**President Elect**  
Holger Knaack

**RI Membership  
Committee Vice-Chair**  
PDG David Edwards



## **THE FOUR WAY TEST**

Of the things we think,  
say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

## **Rotary** Club of Barbados



District 7030 - Club # 6798

**Chartered March 07, 1962**

### **PATRON**

**HE Dame Sandra Mason, GCMG, DA.**  
Governor General

### **DISTRICT OFFICERS**

**District Governor**  
Trevor Blake

**District Governor Elect**  
Lisle Chase

**District Governor Nominee**  
Sonya Alleyne

**Assistant Governor**  
Lisa Cummins

**District Secretary**  
Leah Sahely

**District Treasurer**  
Howard McEachrane

**Council of Governors Chair**  
PDG Dominique Vénéré

**District Rotary Foundation Chair**  
PDG Milton Inniss

**District Special Projects Chair - NCDs**  
PDG Tony Watkins

**District Governor Special Advisor**  
PDG David Edwards

**District Training Chair/RLI Director**  
DGN Sonya Alleyne

**October 31, 2019**

### **Club Officers & Directors**

**President**  
Peter Williams

**President Elect**  
Fiona Hinds

**Vice President**  
Elvin Sealy

**Secretary**  
Ermine Darroux

**Treasurer**  
Meryl Stoute

**Club Administration**  
Carl "Tony" Williams

**Membership/Youth Service**  
Makonem Hurley

**Public Relations**  
Arlene Ross

**Community Service**  
Adrian Skeete

**International/Rotary Foundation**  
Heather Tull

**Immediate Past President**  
Shawn Franklin

**Sergeant-At-Arms**  
Peter Arender

Weekly meetings on **Thursdays** at

**Hilton Barbados**

Needham's Point, Aquatic Gap,  
St. Michael  
at 12:30 p.m.

P.O. Box 148B, Brittons Hill,  
St. Michael, Barbados

[www.clubrunner.ca/barbados](http://www.clubrunner.ca/barbados)

THE ROTARY CLUB OF BARBADOS WELCOMES ALL VISITING  
ROTARIANS AND GUESTS

*Mar 07 - Club Charter Date - 1962 - Club # 6798*

**RI THEME: ROTARY CONNECTS THE WORLD**



Today is a Fellowship Meeting with a  
Classification Talk & Presentation on mMoney  
by

Rotarian Anton Nicholls

Our Greeters are:

Rtn. Brian Cole & Rtn. Dr. Adrian Sealy

We share Fellowship in Ballroom 3

PoWA – October 17



November is Rotary Foundation Month.

### GREETERS FOR THE MONTHS OF OCT-NOV

- Oct 31– Rtn. Brian Cole & Rtn. Dr. Adrian Sealy
- Nov 07– AG Lisa Cummins & Dir Arlene Ross
- Nov 14– Sec Ermine Darroux & PP Jedder Robinson
- Nov 21– PP Ron Davis & PP Anthony Reece
- Nov 28– Rtn. Diana Doughlin & PP Brenda Pope



There are moments which mark your life. Moments when you realize that nothing will ever be the same, and time is divided into 2 parts. Before this, and after this.

Throughout my life there have been many MANY defining moments. Days filled with joy and sadness. Days filled with struggle and triumph. But In particular, for me, there are 2 moments that changed everything. The first, is my diagnosis. My diagnosis was a, if not THE defining moment in my life. I like to say, my life began the day I was diagnosed with Type 1 Diabetes. January 19, 1999, 20 years ago, this year. Oh what a day. I was told my life would never be the same. And I had no choice but to say “ok” I was told that I would have to learn to like needles, inject myself and prick my fingers multiple times a day for the rest of my life. And I said...” ok” I was told that I would have to act as my own doctor, dietitian, nurse and mathematician for the rest of my life. And again...little 11-year-old me said “ok” This is the day I had to start a new story. One that looked nothing like my past.

As much as this day was a shock for us all, my dad, my mom, my sister, my nan, my support system. For me, the people around me, the doctors, and in particular one QEH nurse. The first nurse who greeted me, made the experience so much “sweeter”. This nurse, if I could only remember her name, she exists as a distance but vivid memory, never once made me feel different. She never once made me feel like a burden or that this was a death sentence. She was tough, yet gentle. She taught and she nurtured. I was just a child, yet she helped me grow up real quick, and learn to manage this disease on my own. She taught me to say “I got this” even with tears in my eyes.

These moments in the hospital, and the weeks there after helped lay the foundation for me and my diabetes. I was diagnosed. We all were. And my parents, they made changes to the entire household so that I wasn’t different. Everyone ate like me. Had sleepless nights like me. Shared all of my worries. And when I failed, or diabetes held me back, they too felt the pain, sometimes even more than I did.

The International Diabetes Federation quotes that approximately 425 million people worldwide are living with diabetes, of which 35,000 live right here in Barbados, as of 2017. Diabetes is a major contributor to cardiovascular disease and renal failure. The work of the Diabetes Association of Barbados as they lead in education, awareness and support of people living with diabetes and their family members, and the Barbados Diabetes Foundation and the Diabetes Centre as they lead in multidisciplinary diabetes care, needs to be commended.

But even though diabetes is burdened by all of these complications, throughout my years volunteering, raising awareness, public speaking, traveling the world and working closely with families and communities affected with this disease, I have noticed that diabetes is ALSO the leading cause of courage, self-awareness, persistence, maturity, compassion, bravery, grit and a whole lot of gut.

My second defining moment, is the day I summited the tallest freestanding mountain in the world, Mount Kilimanjaro, in Sept 2013. Hiking that mountain has to be the hardest physical thing I have ever done. The group of 11 of us (from around the world), came together to overcome this challenge to show the world that regardless of your situation, if you put your mind to something and work hard, you can achieve it. Our support team consisted of over 100 guides and porters, who hiked with all of our luggage, set up our tents, cooked all our food and prepared our washy washy. These are the unsung hero’s of Kilimanjaro. My 7 day journey to the roof top of Africa was pretty typical until the final few hours before the summit.

Temperatures dropped to below freezing, making it hard for me to test my sugars and causing confusion and paranoia, as diabetes symptoms and altitude sickness feel very similar. I Had to take regular breaks and moved much slower from the rest of the group, causing them to go ahead leaving me with alone, with 2 guides, Andrew and Winston. For 10 hours, in the dark of night, they stayed with me. They told me I could do it, whispered in my ear encouraging words, and took me arm in arm, step by step or pole pole which is means slowly slowly in Swahili, every single step for the last few hundred meters. They risked their lives, so that I could change mine. I wouldn’t have made it without them.

## PoWA Feature Address— Hon. Rtn. Krystal Boyea

From the day I was diagnosed, to the day I conquered Kili.

2 very different days.

2 very defining moments. In 2 different worlds.

At 2 very different times of my life.

But in both instances, I was surround by people who made it all possible. People who took tremendous pride in their work and went above and beyond their job description not because anyone asked them too, but because they wanted to. They say moments give you momentum. These moments changed my life forever. From the QEH nurse, to the guides and hero's of Kilimanjaro. 2 different types of service.

What is it that these people brought to their profession and their service that made it so different? Each of you, every awardee here tonight, bring a phenomenal sense of pride to your work. I believe that this pride comes from ownership. But ownership of 3 specific things:

Firstly, Ownership of PURPOSE. Each of you has a mission, a purpose. Your different passions in life, your circumstances and the people you have met along the way, have helped you define this. Secondly, you have ownership of your PROCESS. A process of your work, your service that you have designed from start to finish. You know your goal and you have decided how you are going to get there, though innovation, creativity and a lot of heart.

And lastly, your OWNERSHIP of your SERVICE. You have each mastered, and continue to develop your purpose, you have designed your unique process and you EACH in your own way use these tools to change the lives of others. You see change, with everything that you do. It continues to fuel you. And you use that fuel to further your service for this country.

I have had a chance to speak to a few of you receiving awards tonight. And even though your stories are so different there is ONE thing that I noticed that's exactly the same. You don't want this award tonight to be about you. "Krystal: I don't really care if people forget me. My legacy isn't about me. It is about everything I can do for others." From diabetes nursing, care, and volunteering to blood donation, some 115 times. You each know,

A glass of water has no value on its own, but the moment it quenches the thirst of an exhausted person, it turns more valuable than gold. A glass of water doesn't need any fancy introduction to be hailed important, it doesn't need pomp and ceremony to be seen as significant, it doesn't need any fancy attire to appear appealing, all it needs to do is be there for the thirsty.

There's a poem that says:

There are two kinds of people on earth to-day;  
Just two kinds of people, no more, I say.  
Not the sinner and saint, for it's well understood,  
The good are half bad and the bad are half good.  
Not the rich and the poor, for to rate a man's wealth,  
You must first know the state of his conscience and health.  
Not the humble and proud, for in life's little span,  
Who puts on vain airs is not counted a man.  
Not the happy and sad, for the swift flying years  
Bring each man his laughter and each man his tears.  
No; the two kinds of people on earth I mean,  
Are the people who lift and the people who lean  
Wherever you go, you will find the earth's masses  
Are always divided in just these two classes.  
And, oddly enough, you will find, too, I ween,  
There's only one lifter to twenty who lean.

In which class are you? Are you easing the load  
Of overtaxed lifters, who toil down the road?



Congratulations to you!

Your stories, your accomplishments should not go untold. As your workmanship and passion is easing the load. To the Diabetes Association, Barbados Diabetes Foundation and the Blood Bank, congratulations also to you. Organizations that support their workers and encourage Pride Of Workmanship are also very few.

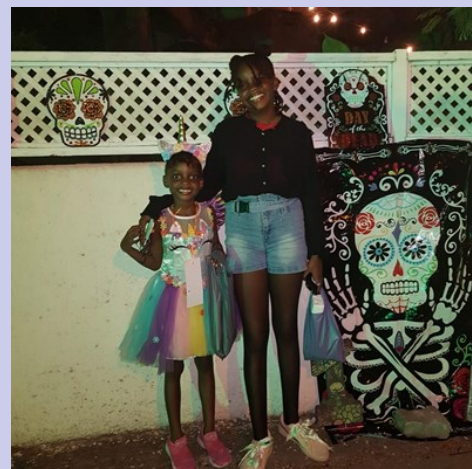
And to you all, for being here tonight, a HUGE round of applause for joining the fight. Every day, people die from diabetes. I know, I have lost many friends way too soon. This disease destroys families and communities and brings so much pain. It causes blindness, amputations, stigma and Lives are never the same. Living with diabetes isn't easy, that couldn't be more true. Those of you who know this weight, know its heavy load. But with the right resources, education, empowerment and support, We can ease the toll.

Diabetes and blood donations go hand in hand. Can you imagine needing blood to save your life, or the life of a family member and having none at hand?

Barbados's blood donations are a third of the recommended annual rate. We need more people to give blood on a voluntary basis, not just when someone's life they know is at stake. Acts of service, can significantly change lives. Without a doubt. So lets all take a little load, and make a difference where we can. Through blood donation, fighting diabetes or even holding an elders hand.

Take Pride in your workmanship, for this is why we are all here. To give a little extra, and do what we can, during our very limited years. So, as you leave here, and set your head down with the setting of the sun. Reflect, and take a note of the things you have done. And if in your thinking, you find just one self defying act. Well then, that's a great day, a defining moment, and a life well spent.

Thank you.





## End Polio Now – Oct 24



## School Signs Program– Oct 26





# RI President Mark Maloney's Monthly Message



Rotary's long-term, sustained battle against polio has defined our organization for decades. We have a right to be proud of all that we have accomplished through the years. Our progress is real and noteworthy. In 1988, polio was endemic in 125 countries, with more than 350,000 new cases a year worldwide. Since then, Rotary and our Global Polio Eradication Initiative partners have reduced the incidence of polio by more than 99.9 percent, vaccinated more than 2.5 billion children against the virus, and prevented 18 million cases of paralysis. Over the years, Rotary has helped country after country move into the polio-free column. This includes India, which some considered impossible not long ago. Of the three types of poliovirus, type 2 has been eradicated and type 3 could soon be certified as eradicated. Nigeria has not reported a case of wild poliovirus in nearly three years. If this trend holds, we will be down to just one type of wild poliovirus in only one section of the world, Afghanistan and Pakistan.

There are major challenges in that region. But it is crucial that we remain optimistic. Look at all that we have accomplished so far. This is no time to get discouraged or to think that the task is impossible. We will end polio forever, but only if we remain steadfast and vigilant. World Polio Day is a time for Rotarians from all over the globe to come together, recognize the progress we have made in our fight against polio, and plan the action we must take to end polio forever. The key word is action, because we still have important work to do.

This year, we want to see as many Rotary clubs as possible holding World Polio Day events around the world. Need some ideas? How about organizing a viewing party for friends and club members to watch Rotary's Online Global Update? You could also dedicate a club meeting to World Polio Day or create a fundraising event. Remember, every dollar raised is matched 2-to-1 by the Bill & Melinda Gates Foundation.

Once you have created an event, register it at [endpolio.org/register-your-event](http://endpolio.org/register-your-event). Then promote it using the World Polio Day toolkit, available at [endpolio.org/world-polio-day](http://endpolio.org/world-polio-day).

Mark your calendar to tune in to Rotary's World Polio Day Online Global Update on 24 October. This year we will stream our program on Facebook in multiple time zones around the world. Visit the Rotary International Facebook page to RSVP to your region's program. And do not forget to follow the event on social media and share it with your network.

When we reach our goal, polio will become only the second human disease eradicated on the planet, and Rotary will receive international acclaim. But what matters most is the children who will never again have to face this terrible, disabling virus. Rotary must continue to connect the world in the effort toward polio eradication. It is up to us. Let us finish the job.

October 2019

Mark Daniel MALONEY, President, Rotary International

## District Governor's Monthly Message



In Rotary, October is observed as Economic and Community Development Month. During this month clubs are expected to focus on this subject, at their meetings, in their projects and/or in their public image campaigns.

Economic development is the process of transforming simple, low-income economies into advanced industrialised economies, or into modern, sophisticated and prosperous economies. This is of utmost importance to us in District 7030, as our countries are all categorized as emerging and developing economies. While, at the macro level, the economic development agenda is the domain of national Governments, it is important that all segments of the community are involved in, and contribute to, the process. It is the aggregation of each individual's output that translates to national product, so the increase in the numbers of persons gainfully employed, and the enhancement of individual productivity, lead to economic growth.

Community development is closely associated with economic development. It is defined by the United Nations as "a process where community members come together to take collective action and generate solutions to common problems." It could be seen as the overall grassroots movement wherein community leaders, activists, NGOs and people, generally, take action to build their local communities and improve the lot of the citizenry. Civil society could therefore play a pivotal role in boosting economic activity in local communities, and by extension promoting national development.

Rotary clubs and individual Rotarians are encouraged to connect with other social partners to pursue sustainable development initiatives that promote social inclusion and the empowerment of the more vulnerable members of their communities, in an apolitical and non-partisan manner. Projects involving vocational skills training, literacy and educational activities, provision of tools and equipment, small/micro business development and support, and other employment creating activities, all contribute to this area of focus.

Also, during this month, on October, 24<sup>th</sup>, Rotary observes World Polio Day, with the theme – 'One Day. One Focus: Ending Polio'. On this day, thousands of clubs across the globe will be united in a focus on this signature Rotary initiative, raising awareness of the fight to end polio, and of the remarkable progress made to date. I trust that all of the clubs in our District will join in this global experience, and host an event, whether it be a viewing party, a concert, a polio walk or ride, or whatever it may be, to observe this day and to raise funds for the continuation of the immunization and surveillance programs. While we are close to the end, the job is not yet over, and a greater push is necessary to take us over the finish line.

I also trust that you have, by now, registered your event, so that, in addition to your own publicity campaigns, it could be featured in RI's social media pages. Let us connect to raise awareness globally.

October 2019

DG Trevor Blake, 7030

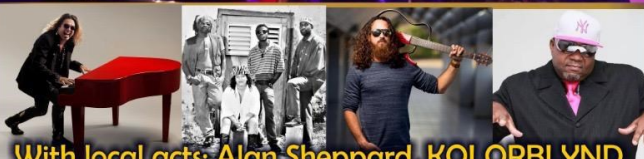




The Rotary Club of Barbados  
Presents

# ULTIMATE The ELTON and ROCKET BAND

A TRIBUTE TO SIR ELTON JOHN



With local acts: Alan Sheppard, KOLORBLYND  
Jae Johansen, Biggie Irie & De Red Boyz, Dj Dusty Payne  
"Kolorblynd Reunites" for this awesome charity



UWI Cave Hill Campus  
GRADUATION TENT

November 9, 2019 - 8:00 pm

TICKET PRICES: V.I.P. (including food, drinks & parking at the tents) \$250  
SEATING \$150 / GENERAL \$100  
Food provided by Flava Fest

Tickets available from: Luxe Caribbean Properties, Ron / mobile: 2304332,  
TicketPal Outlets, Schoolhouse for special needs, Rotary Club of Barbados  
All proceeds go to the Schoolhouse for Special Needs

SPONSORED BY:



Rotary  
Club of Barbados



Save the Date



## Announcements

### Wedding Anniversary

Grace & PP Orville Durant— 54 yrs— Nov 06 1965

### Birthday - Rotarians

- Commander, Rtn. Willie Kirton — Nov 02
- PP Jerry Ishmael— Nov 04

### Birthday - Partners-in-Service

- Sharen Lady Carmichael — Nov 07 — PP Sir Trevor Carmichael

### Join Date Anniversary

- PP Norman S. Barrow — 37yrs— Nov 01 1982
- PP Andrew A. Bynoe — 34 yrs— Nov 01 1985

## OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

- FIRST:** The development of acquaintance as an opportunity of service;
- SECOND:** High ethical standards in business and professions, the recognition and the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:** The application of the ideal of service in each Rotarian's personal, business and community life; and
- FOURTH:** The advancement of the international understanding, goodwill and peace through a world of fellowship of business and professional persons united in the ideal of service.

## ROTARY GRACE

O Lord and giver of all things good  
We thank Thee for our daily food  
May Rotary friends and Rotary ways  
Help us to serve Thee all our days.

Bulletin Editor : Rtn. Randy Marshall

Members needing to do meeting make ups to keep their attendance at the required level are reminded that in addition to attending meetings at other clubs, fellowship and service activities also count towards attendance make up. Members are also reminded to report their make ups to Club Administration Dir. Tony.