

Rotary

Club of Princes Town



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The Rotary Club of Princes Town

Oct-Dec 2022



TOGETHER, WE

SAVE LIVES

Rotary



PEOPLE OF ACTION

FAMILY DAY AT CLINTOS POOL RESORT



On October 9th 2022, the members of the Rotary Club of Princes Town gathered at the Clintons Pool Resort for their Family Day 2022-2023. It was a fun filled day, with a focus on good food and a great time. The event was attended by Rotarians together with their friends and families for a much needed time of bonding and respite. The menu was vast, including BBQ chicken which was done onsite by our in-house Rotary chefs as is the custom. Other sumptuous items were fried rice, French fries, paratha roti, channa and aloo and a Club favourite, Curry Duck. There was also an endless supply of snacks and multiple cakes for dessert. There were continuous fun activities throughout the day to keep everyone of all ages occupied and fully entertained. The kids enjoyed their time in the pool, remaining safe while doing so under close supervision by members of the ScoutsTT organization. The entertainment proceeded with games such as Balloon overhead, wet Tshirt, ball in pool, musical chairs, Cards and Dominoes. Each game emerging with a team of winners gaining prizes and bragging rights until next year. Of course, the most hilariously competitive events were the Beer drinking and watermelon eating contests. Everyone managed to have a grand time of enjoyment and relaxation in a beautiful environment with lots of eats and drinks to satisfy all cravings. The RCPT works very hard in its charitable efforts and we also play hard! #familyday #fun #rotariansatplay #servetochangelives #curryduck #bbq #lime #rotaryshares #rotarydistrict7030

CPR DEMONSTRATION AND BREAST CANCER AWARENESS PRESENTATION



The meeting of 12th October 2022 was a very exciting and informative one for the Rotary Club of Princes Town. Dr Gobin in his capacity as Membership Director, coordinated the two-fold educational meeting, edifying the members on Breast Cancer in commemoration of Breast Cancer Awareness month (October) and teaching the members CPR for infants and adults (demonstrated by Rot Miranda). First off Nurse Miranda Ramjattan, a Rotarian of the RCPT who is also a Certified American Heart Association CPR/ BLS/ First Aid/ AED instructor demonstrated the steps of performing CPR and other resuscitation techniques on Infants, Children and Adults. In her teaching, she also included an approach to drowning and choking individuals. Each Rotarian was given the opportunity to practice these newly acquired skills on mannequins which she provided. A most enlightening experience indeed! The meeting transitioned into the second segment with a discussion on Breast Cancer Screening done by Dr. Ronald Gobin, a charter Rotarian of the RCPT. He impressed upon the members the importance of self breast exams and other screening methods used in Detection of breast lumps and other breast diseases. He implored each female Rotarian to be conscious of changes in their bodies and start the appropriate screening when the time was right. All in all, this was a regular meeting with a difference; in which the talents and expertise within our very own Club was utilized to bring about learning opportunities and life changing knowledge in our very members. #cpr #bls #breastcancerawarenessweek #rotaryserves #rotaryinternational #membership #RCPT #cpr #training

DIVALI PROGRAM AT NIA VALLEY, PRINCES TOWN



On the evening of October 19th, 2022, the members of the Rotary Club of Princes Town held its Divali Celebrations at the Nia Valley Estate in Princes Town. It was a time of fellowship celebrating the triumph of good over evil and light over darkness. The ceremony was appropriately commenced with a prayer by Pundit Surendra Maharaj of the Corinth Lakshmi Saraswati Mandir followed by the lighting of the first deya by President Rudranath Maraj and subsequent lighting and laying out of deyas by the members. It was a lovely ceremony filled with entertainment by the renowned Pannist and music composer, Mr Amrit Samaroo opening with the national anthem and finishing with two beautiful Indian cultural renditions. The festivities continued with three Indian dance items done at various intervals by the talented young ladies belonging to the Krishna Kala Dance Academy. Certainly one of the treats for the evening was Mrs. Tricia Ramdhan Seepersad, who performed various melodious bhajans throughout the program. The feature address was brought by Pundit Maharaj, whose discourse focused on the meaning of Divali and the inclusivity of all Trinbagonians understanding the cultural as opposed to religious aspect. This message was well-received and appreciated by all. One of the major attractions also held was the Pick-a-Kalsa segment: the winners of which were Performer Tricia Ramdhan Seepersad, Rotarian Leeshel Harrison and Rotarian Justin Girdharrie in that order. Door prizes were also given out to one lucky attendee. Finally, before the closure, a mini fashion show was held to determine the Divali Raja and Rani (King and Queen). The 2022-2023 winners were Raja Villon Stanley and Rani Leeshel Harrison! Congratulations on your year long reign. A mouth-watering traditional Divali meal inclusive of paratha roti, channa and aloo, pumpkin, chataigne, mango amchar and mother-in-law was enjoyed by all patrons and the dessert was the most delectable sweet bag of kurma, gulab jamoon and barfi. Amazing! The Rotary Club of Princes Town acknowledges the support of the Princes Town Regional Corporation Chairman Mr. Gowrie Roopnarine, whose attendance at our events never goes unnoticed. We thank the persons who were instrumental in pulling off this successful event seamlessly, namely IPP Rishi Ramlogan and PIS Nadira, as well as President Rudranath Maraj and PIS Parbaty. We would like to wish you all a Shubh Divali 2022 from the members of the Rotary Club of Princes Town and may light overcome darkness in each of your lives. #rotaryserves #rotary #divali #program #celebrations #fellowship #district7030

ADDITIONAL DIAPER DISTRIBUTION AT THE PRINCES TOWN HEALTH CENTRE



On the 17th October 2022 between the hours of 9am -9:45am, the Rotary Club of Princes town distributed over 50 cases of huggies diapers to the Princes Town District Health Facility. Newborns to 2 yrs old each received a box of Huggies which were distributed by President Rudranath Maraj, Director Dr Lindsey, Director Justin, PP Jamir Ousman, PIS Tara and Rtn Shauntelle. Huggies Donated by Brydens via Rotarian Kellon Craig #health #babycare #rotaryfoundation #maternalhealth #childhealth #huggiesdiapers #rotaryshares #rotaryinternational #servetochangelives #rotarydistrict7030 #rotaryshares #serviceaboveself

END POLIO WORLDWIDE



On Monday 24th October WORLD POLIO DAY, The Rotary Club of Princes Town is glad to assist Mr. Sookermany with a wheelchair. He is 68 years of age and contracted Polio at a young age. It affected his legs and fingers in one of his hands. As he grew older his condition grew worse and he soon required the use of a walker instead of a walking stick. Unfortunately, he now requires the use of a wheelchair to get around. Although Polio has been eradicated in many countries the decline in vaccination rates during the COVID-19 pandemic means that it has resurfaced. Rotary launched PolioPlus in 1985, the first and largest internationally coordinated private-sector support of a public health initiative. It was a founding member of the Global Polio Eradication Initiative in 1988. Through decades of commitment and work by Rotary and our partners, more than 2.5 billion children have received the oral polio vaccine. Through your support we can increase awareness of this debilitating disease and help to END POLIO NOW. #rotaryserves #endpolio #district7030 #RCPT #charity

Divali Hamper Distribution



On 22nd October 2022, the Rotary Club of Princes town assisted over 20 families of the Reform community with our Divali Hamper distribution. Rotarians President Rudranath Maraj , PP Jamir, PP Capil, Directors Michael and Villon and PIS Parbaty, Tara and Sandra were present to assist with the distribution. #rotaryshares #divali #hamper #distribution #rcpt #District7030

ADDITIONAL DIAPER DISTRIBUTION AT THE MORUGA HEALTH CENTRE



On the 31st October 2022 between the hours of 9am -9:45am, the Rotary Club of Princes town distributed over 30 cases of huggies diapers at the Moruga Health Centre. Newborns to 2 yrs old each received a box of Huggies which were distributed by President Rudranath Maraj, Director Dr Lindsey, PP Capil and Rtn Lishelle. Huggies Donated by Brydens via Rotarian Kellon Craig #health #babycare #rotaryfoundation #maternalhealth #childhealth #huggiesdiapers #rotaryshares #rotaryinternational #servetochangelives #rotarydistrict7030 #rotaryshares #serviceaboveself

Basic Education and Literacy Month



Poetry Competition - Princes Town Methodist School, On Thursday 3rd November, 2022 Rotarians met at Princes Town Methodist School for a Poetry Competition in commemoration of Rotary's recognition of September as Basic Education and Literacy Month. The event took place between 9 a.m. and 11 a.m. Present were PP and Charter Member Jamir Ousman, PP and Charter Member Capildeo Beharry, PP Zobida Ragbirsingh, Dir Dr. Lindsey Aziz, Dir Wendy Joseph, Dir Michael Cooper-Ochiengh, Partner in Service Sandra Cooper and Ms Candace Basdeo, Senior Teacher at Princes Town West Secondary School. Judging the event were Senior Teacher Ms. Candace Basdeo, Dir Dr. Lindsey Aziz and one of the School teacher's Ms Mano. The Principal Ms Mclean commenced the proceedings by welcoming the Rotary Club club members and guests. This was followed by the National Anthem and remarks from Service Projects Director Michael Cooper-Ochiengh who presented Principal Mclean with Rotary Club of Princes Town's Annual Magazine showcasing the clubs work in the community throughout the year. The competition started in earnest with recitals from a total of 15 students from standard 1, 2 and 3. It was evident that the students had put much effort into learning and preparing for the competition. Before the announcement of winners by Committee Chair Dir Wendy, Judge Candace Basdeo gave the students some feedback about their exceptional performances and encouraged them to participate in extracurricular activities which will aid them to become positive contributors to their community. All participants received Book Vouchers (Ishmael Khan) and certificates, and the 1st, 2nd and 3rd winners received trophy prizes. Special thanks to Rtn Miranda Ramjattan for designing the Certificates, Dir Andrea for organising the trophies and all committee members especially Committee Chair Wendy Joseph for coordinating the necessary arrangements. Thanks to all who were present and those who couldn't make it but still supported. Through everyone's varied contributions we managed to make this; ANOTHER SUCCESSFUL PROJECT OF THE ROTARY CLUB OF PRINCES TOWN! #rotarydistrict7030 #ServeToChangeLives #RotaryShares #ServiceAboveSelf #poetrycompetition #school

The Rotary Club of Princes Town “Imagine Parang”

The Rotary Club of Princes Town held our first annual charity cooler cruise on 26th November 2022 onboard liquid lounge. It's safe to say all our patrons thoroughly enjoyed themselves and for that we are truly grateful. Thank you to those of you who not only attended our event but all of you that purchased a ticket. We look forward to your continued support in 2023 with our other fundraisers. Thank you all for the continued support. #charity #coolercruise #rcpt #district7030 #rotaryserves #fundraiser #imagineparang



ADDITIONAL DIAPER DISTRIBUTION AT THE ROCHARD DOUGLAS HEALTH CENTER



In keeping with its commitment to Rotary's area of focus Maternal and Child Health, on Monday 28th November, 2022, the Club assisted with donations of Huggies diaper distribution to 25 families consisting of new borns and babies aged ranging from 2 mths to 1 year. Special thanks to Rot. Shuntelle Thomas for assisting with coordination with District Health Visitor Asha Maharaj at the Rochard Douglas Health Center. Special thanks to President Rudranath Maraj, Rots. Miranda Ramjattan, Capildeo Beharry, Lindsey Aziz, Crystal Ann Harper and PIS Sandra Cooper-Ochiengh for their assistance on the day. A special mention and thanks to our sponsor Bryden PI for their generous donations of the Huggies Diapers. #health #babycare #rotaryfoundation #maternalhealth #childhealth #huggiesdiapers #rotaryshares #rotaryinternational #servetochangelives #rotarydistrict7030 #rotaryshares #serviceaboveself

FLOOD RELIEF HAMPER DISTRIBUTION

On Friday 2nd December 2022 the Rotary Club of Princes Town distributed 40 flood relief hampers to affected persons in the vicinity of Barrackpore. With the help of the local councilor we managed to identify the worst affected traces going up the numbers. The board of directors approved 20 flood relief hampers to assist with cleaning up and an additional 20 have been generously donated by Dir Lindsey. Rotarians present were Pres Rudranath Maraj . PE Andrea, PP Jim, Dir Wendy, Dir Michael and PIS Sandra. #rotaryshares #floodrelief #hampers #distribution #District7030 #rcpt #charity



CHRISTMAS TREAT AT PALMYRA HINDU SCHOOL

On Wednesday 7th December 2022 the Rotary Club of Princes Town was thrilled to host a Christmas treat at the Palmyra Hindu Primary School. A total of 150 treat bags and 200 Presents were distributed to all the school children. Present were Pres Rudranath Maraj , PIS Parbaty, PP Rishi (Santa) PE Andrea (Mrs Clause) PP Jim, PIS Tara, PP Capil. Dir Wendy, Dir Villon, Dir Michael, Rtn Shuntelle. Many thanks to Pres Rudy and PIS Parbaty for arranging all the gifts for this morning. Many thanks to all our treat bag packers and for the donations solicited and also donated by our members. PP Jim sponsored the apples, PP Zobida donated \$500, Rtn Shuntelle got \$500 worth of snacks from Persads, Rtn Oosha got the donation of Orchard Juice plus a donation of \$500.00 from Trinidad Traders. We also had donations from Bermudez and Kiss Baking Company . Thank you all for making this ANOTHER SUCCESFUL PROJECT FO THE ROTARY CLUB OF PRINCES TOWN. #rotaryshares #distribution #christmastreat #district7030 #RCPT



WHEELCHAIR DISTRIBUTION

On Saturday 3rd December 2022, the Rotary Club of Princes Town fulfilled a wheelchair request to Mr Lester Rauseo, age 54 of Princes Town who is completely paralyzed. Rotarian PP Jim and PIS Tara delivered the wheelchair. He was referred to our club by Amelia Ayoung our Interact teacher at St. Stephens College #rotarydistrict7030 #RotaryShares #wheelchair #distribution #rcpt



CHRISTMAS CONCERT

Our Christmas Concert 2022 was pre-recorded on Wednesday 14th December at the St. Stephen's College with students from schools within Princes Town and Environs this will be aired on CNC3 on Christmas Eve @10:00 AM and on TTT on Boxing Day @9.30am and Tuesday December 27th @5.00pm. In the meantime you can view our production via Youtube. Remember to tune in and check out the wonderful performances by our talented youth! #concert #christmas #supportouryouth #rawtalent #rotarydistrict7030 #rotaryshares #servetochangelives #servicebeforeself <https://www.youtube.com/watch?v=qxHYpoXxGMM&t=232s>



Celebrating our Canton Palace Staff members

On Wednesday 7th December 2022, at our last in person meeting for the year, our club celebrated the women of Canton who ensures we are comfortably accommodated throughout the year. Tis the season. #rotaryshares #RCPT #district7030 #cantonpalace #meetingplace #staff #celebration



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CONTACT US

Club Address:

The Rotary Club of Princes Town
c/o Canton Palace Restaurant, Top Floor,
Cross Crossing Complex II,
San Fernando,
Trinidad WI.

Meetings: Wednesday's - 6:30 pm at Canton Palace Restaurant

President Rudranath Maraj —868-680-7540

Secretary Crystal Ann Harper—868-764-7945

SOCIAL MEDIA PLATFORMS

Email: rotaryptown@gmail.com

Facebook: Rotary Club of Princes Town

Instagram :rotaryptown

Twitter: RotaryPTown

Youtube: Rotary Club of Princes Town

www.rotaryclubofprincetown.org