December is *Disease Prevention and Treatment Month*



December 16th Program: Kevin Sanchez Yolo County Food Bank

Kevin Sanchez, from the Yolo County Food Bank, has served as the CEO of this organization for the past four years. Since he arrived at the Food Bank, Sanchez has continued to actively pursue his goal of "engaging the ag community to take control on kinds and types of food received." As a result of his efforts, the community has rallied for this cause, and a shared harvest has been created. Under this program, 45 farms provide produce to the Food Bank, allowing for 4 million pounds of food to be distributed in one year, ¹/₄ of this produce is fresh, and 2/3 of this food comes directly from Yolo County. In addition, Sanchez has created the Kids Farmers Market (KFM), which Sanchez calls "our program, MY BABY." The KFM program takes place in elementary schools in Yolo County where there is a large number of students on free and reduced lunch programs. Local farms bring in produce and students are given "funny money" to purchase produce at the market. Students are encouraged to attend the market and "purchase" the produce, as well as visit with the local farmers that attend the market to meet the students. Finally, students also participate in nutrition education activities set up by the UC Cooperative Extension. The KFM is currently a 30 week program. Sanchez also shared the upcoming plans for their new facility, which includes a commercial kitchen for food preparation, a 4 chamber cold storage unit to properly store different types of commodities, and volunteer rooms for community involvement. Future goals of the Food Bank include the distribution of Ready to Eat meals, provide seminars and nutrition education programs, and work with partners and non-profit organizations to cater events. Wow! For more information on current Yolo County Food Bank programs and facilities plan, contact Kevin Sanchez at kevin@yolofoodbank.org.

Below is a link to access the Yolo Food Bank's Video, END HUNGER YOLO on current programs and projects: https://vimeo.com/150275180



Chips from the Buzzsaw

Weekly Newsletter of the Rotary Club of West Sacramento Volume 68, No 20 December 19, 2016

SPEAKER PROGRAM

December 23rd DARK

December 30th DARK

January 6th
Ted, author "History of
Clarksburg"

January 13th
Danielle Wogulis
Yolo Conflict Resolution Center

January 20th OPEN

January 27th OPEN



Club 558 of District 5180 PO Box 288 West Sacramento, CA 95691 Meets Every Friday at Club Pheasant, 12:15 pm

Inside this issue:

CHIPS 68.20 12-19-16

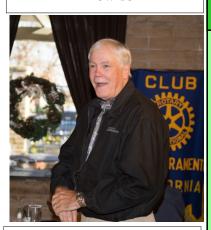
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Dick Marshall attempts to direct the already fabulous and talented RCHS Interact Students in "Silent Night" and "We Wish You a Merry Christmas."



Prospective Member Jim Minewiser



Member Jim Engstrom

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.

Visitors and Guests December 16th, 2016

Visitors

Babs Sandeen-Centennial Al Franks-South Sacramento

Guests

Cameron Chambers -Ron Chambers' son Jim Minewiser-Verna Sulpizio JoyAnn Merwin-Drew Gidlof's mother Amanda Bailey-President Bill's daughter

OPENING REMARKS FROM THE PRESIDENT

Rotary Trivia of the Day: The 4-Way Test didn't originate in Rotary. In 1932, a Chicago developer Herbert Taylor was going bankrupt. He developed the 4-Way Test and instructed employees as a parting gift to work by that test, for if they passed the 4-Way Test then they had good work ethic. This test was adopted by Rotary in 1943.

The 4-Way Test is a total of 24 words, the same number of prongs on the Rotary Wheel!!

"It is little things like this that make me happy to be the 68th President of the Mighty Rotary Club of West Sacramento." -President Bill

December 16, 2016—Meeting Summary

Presiding: President Bill

Pledge: Quincy Gonzales, RCHS Interact Opening Blessing: Tim Carnahan Song Leader: River City High School In-

teract Club "Silent Night"
"Led under my masterful
hand." — Dick Marshall

Raffle: Marty Garozzo, Jack of Hearts Foundation Raffle Drawing: **Drew Gidlof**



Bell Ringers

Jaclyn Powell missed meetings, her birthday which she shares with Jim Engstrom, and her first daughter's first Christmas.

Dick Marshall celebrated his late father's birthday. Skud Marshall, a Past president, would have been 100 years old.

Mike Campbell for Skud Marshall's birthday.

Tom Wallace celebrated his Christmas Eve birthday he shares with Bob Walker, Bob's absence at the meeting due to his "fun ethic," for Skud Marshall, and all the membership with birthdays in December.

Tim Kwong for his 66th birthday, and for all his December "Rotary brothers and sisters" birthdays.

Dam Ramos is celebrating the news that he and his wife Julie are going to be grandparents for the first time, and for the Rose Bowl (USC v. Penn State).

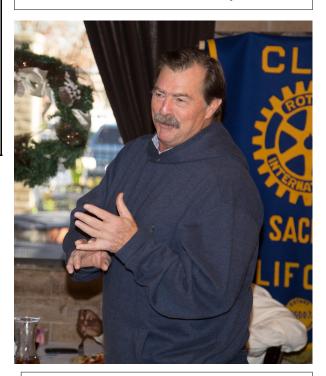
Erica Leonard for missed meetings, all of the bell ringers, and for Christmas.

Wayne Enke "just for the heck of it."

Bill Bevier to ensure that a picture of his grandchildren's first visit to Santa Claus is published in the CHIPS, as it is very share-worthy.



Member Dick Marshall toasts his late father Skud Marshall, a Past President of the club. Dick Marshall rang the bell for Skud's 100th birthday.



Member Jeff Post starts counting his celebrations.



President Bill's
Grandchildren:
Madison (16 months)
and Calvin (1 year)
visited Santa Claus for
the first time. Their
priceless reaction was
caught on camera and
warranted a
celebration at Friday's
meeting.

Kwong Gong

Jim Engstrom for his birthday which he shares with Jaclyn Powell and for the Yolo County Food Bank.

Jeff Post for his granddaughter's birthday, the club members with December birthdays, and for the Yolo County Food Bank.

Leadership Team

President

*Bill Bevier

Past President

*Heine Roikjer

President-Elect

*Jim Cahill

Treasurer

*Chris Bradford

Secretary
*Peter Anderson

Sergeant at Arms Wayne Enke

. . . .

Membership *Tim Kwong

The Rotary Foundation

*Barry Kalar

5 Avenues of Service

Community Service

*Christian Montgomery Denise Seals

International Service
*Paul Kolarik

Vocational Service

*Drew Gidlof

Club Service

*Shaun Morrow

Generational Services

*Joanie Kapell

*JoAnn Moffett

Program Speakers

*Dan Ramos

*Troy Bird

Interact Counselor

*Charyl Silva

Bulletin Editor Amanda Bailey –Interim

Revenue Maker

*Jaclyn Powell

Grant Administration Luan Christ

Sunshine Chair

Kathleen O'Leary

Business Liaison

*Dan Ramos

Publicity Chair

*Carol Bogart

*Board Member

Birthdays & Anniversaries

December Birthdays

Jim Leach 3rd Andy Wallace 3rd PostMan Post 12th Tim Kwong 17th Jim Engstrom 18th Jaclyn Powell 18th Dave Wilson 22nd Jamie Reamer 23rd Bob Walker 24th Tom Wallace 24th

December Anniversaries

 $\begin{array}{lll} \hbox{Troy and Kris Bird} & \hbox{6th} - \hbox{18 yrs} \\ \hbox{Jeanne and Bob Walker} & \hbox{2oth} - \hbox{47 yrs} \\ \hbox{Ruby and Dick Uno} & \hbox{27th} - \hbox{61 yrs} \\ \end{array}$

Club Calendar

January Board of Directors Meeting-1/4, 5:30 pm, Clark Pacific

River Dice Tournament-1/25 at Club Pheasant

February Board of Directors Meeting– 2/1, 5:30 pm, Clark Pacific

Speech Contest-Tentatively scheduled for 2/10

Tijuana International Trip—2/17—2/21

Mighty Rotary Club of West Sacramento Anniversary Dinner—Thursday 2/23 (DARK on

Friday 2/24)



Members Dick Marshall and Judy Ratley



Member Tim Carnahan shares the Thought of the Day



**Notes Non Rotarian Volunteer

Mondays: Route 1

1/23 Tim Carnahan and Luan Christ

Mondays: Route 5

12/26 Jeanne and Mike

1/2 Joanie Kapell and JoAnn Moffett

1/9 Paul Kolarik

1/16 MLK Day—No Delivery

Wednesdays: Route 5

12/28 Gina Borges and Jim Cahill
1/4 Jeff Post and Kent Ramos
1/11 Lyle Bassett and Bob Ceccato
1/18 Carol Bogart and Marty Garozzo

Thursdays: Route 1

12/29 Steve Heringer and Robb White**

1/5 Ken Ruzich 1/12 John Raney

1/19 Tom Wallace and Tissy Simmons

Thursdays: Route 2

12/29 Ron Morazzini and Len Thomas

1/5 Jon Pearman

1/12 Mike Campbell and Dan Ramos 1/19 Leonor Dicdican and Barry Kalar

Thursdays: Route 5

1/5 Mark Engstrom 1/12 Shaun Morrow

Your Newsletter Crew

Interim Editor: Amanda Bailey

amanda.bevier.bailey@gmail.com

Photos By: David Kamminga

davidkamminga@frontiernet.net



Chunks from the Buzzsaw

River City High School Interact Club News



River City High School Interact Secret Santa Party





River City High School Interact students assembling Senior Gifts



Dear Santa, is it too late now to say I'm sorry? If not, can you please leave me some donations this Christmas so the RCHS Interact kids will still love me? -Ace



The River City High School Interact Club assembled 60 gift bags by our Rotary Club on Friday, December 16th. The students then went to IKEA to purchase more gifts. Thank you Bill Bevier (\$100) and Drew Gidlof (\$100). On a very cold Saturday morning a group of Interactors helped Rotarians deliver gifts and sing Christmas carols at two senior complexes (for a total of 110 gifts). It was heart warming to see the seniors want to give hugs in gratitude. Merry Christmas!

Submitted by Charyl Silva



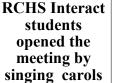


RCHS Band students play Christmas carols for the Club The Mighty Rotary Club of West Sacramento



River Dice Tournament

Below is a link where you can learn the rules of the game! See you on January 25th!







https://youtu.be/9fmGHv99Sk4

Get In On The Action



At the

Rotary Club of West Sacramento's

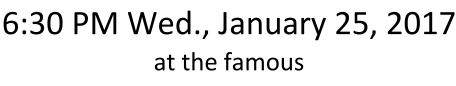






Dice Tournament

Benefiting Local Rotary Projects







2525 Jefferson Blvd., West Sacramento



\$60 Buy-in

For tickets call Tim Carnahan at 916-371-3667

4 Cash prizes:

1^{st &} 2nd Winners Bracket 1^{st &} 2nd Consolation Bracket

50% of all ticket sales will go into the Prize Pool. 1st place in the Winner's Bracket will receive 50% of the entire prize pool. Final prize amounts determined by the total number of entries.

PROPOSED NEW MEMBER

Mark Roberts



Mark has been approved by the Board as a prospective member. If an active member has any concerns or objections to a proposed new member, he/she should contact Membership Chair Tim Kwong, or any Rotary Club of West Sacramento Board Member.

PROPOSED NEW MEMBER

Phillip Nance



Phillip has been approved by the Board as a prospective member. If an active member has any concerns or objections to a proposed new member, he/she should contact Membership Chair Tim Kwong, or any Rotary Club of West Sacramento Board Member.

The Mighty Club of West Sacramento's Senior Gift Giving Project







Interact River City High School, with the Mighty Rotary Club of West Sacramento, participated in the Senior Gift Giving Project. A special thanks goes out to Erica and Liam Leonard for showing up to help out on this very cold December morning.

Submitted by Heine Roijker

YOUR LINKS TO ROTARY



www.rotaryclubofwestsacramento.org



JUST SEARCH FOR:
"ROTARY CLUB OF WEST
SACRAMENTO"

http://www.facebook.com/#!/pages/Rotary-Club-of -West-Sacramento/12087025467716



www.rotary.org



Rotary District 5180 http://www.clubrunner.ca/portal/ home.aspx?did=5180

4 Way Test

Of the Things we Think, Say or Do:

- 1. Is it the **TRUTH**?
- 2. Is it FAIR to all concerned?
- 3. Will it build **GOODWILL** and better **FRIENDSHIPS?**
- 4. Will it be **BENEFICIAL** to all concerned?

BILL BEVIER'S MOVIE HORSE TRIVIA 12/16/16

(weekly winners are awarded a Rotary Coin)

Question: What type of horses pull the

Budweiser carriage?

Answer:: Clydesdales

Amanda Bailey was the winner. She read the 4

Way Test.



CHIPS Editor (I prefer the title "First Daughter" haha) and President Bill's Guest, daughter Amanda Bailey studies the 4-Way Test after winning the horse trivia question of the day.

Like father like daughter!



FRONT ROW (Left to Right): Member Len Strickland, GHuest JoyAnn Merwin (Drew's Mom)

BACK ROW (Left to Right): Member Jeff Post, Member Drew Gidlof



WEST SACRAMENTO ROTARIAN SPOTLIGHT



Ike Parsons

Ike Parsons, a longtime member of our mighty club, rarely misses a meeting. We can always rely on Ike to put guests, members, and speakers alike on the spot, with a witty, and sometimes off the wall, question or remark. Thank you Ike, for your commitment to the club. We appreciate your diligent attendance and efforts to always spice things up with a laugh. Today and always, thank you, Ike, for your service to your country. Wishing you and all our members a blessed Christmas and prosperous New Year.



Member Art Pimentel grins as Ike Parsons attempts to ask another witty question.

Rotary International Tidbits

Change a Life

It's 1990. You come from a poor family but have been awarded a full scholarship at a prestigious university in a foreign country. When you get there, though, you discover that the scholarship has been delayed and you don't have any money.

At first, you sleep outside and work odd jobs to pay for food. And yet, you study. Then you get lucky and a Rotarian on campus offers you a place to stay for a month. You attend a Rotary meeting and discover these folks who want to help poor and homeless people. You decide to be like them.

And when you return home, you remember your experience with that Boston area Rotary Club ... You establish a Rotary Club in your home

town. You become a Paul Harris Fellow over time, because the Greek economy is depressed and \$1,000 is a lot of money.

Today, Apostolos Mamatas is District Governor of Rotary District 2470, but he still remembers and he remains committed to Rotary's values of service above self.

Submitted by Paul Kolarik



Bill's Box

Happy Holidays,

It is only a couple more days until Christmas. How fast time flies. It just seems like yesterday when Heine turned the reigns over to me back in June. How, half of my term as President of the Mighty Rotary Club of West Sacramento is almost over. So far, it has been a pleasure. I want to thank all members for their participation in our club and attending our gatherings. Friday seems to roll around very fast!

We had a wonderful meeting last Friday. The Interact students who sang and the band that played welcomed in the Christmas spirit. Thank you. The contributions you members made to their organizations are very much appreciated. Jaclyn celebrated with many of you which always brings a smile to my face. These celebrations always help with the budget, our scholarships, etc. We set a higher level of contributions for the West Sacramento Food Basket and our own Senior Gift Giving project. The speaker, Kevin Sanchez with the Yolo County Food Bank, gave an interesting presentation on their approach to feed the community. Not just the homeless, but anyone in need. I am sure we will hear more from them.

I am looking forward to the next six months and what we can do as a club. As we wind down this year, the anticipation of a new year brings enthusiasm, hope, energy and cheer. The Speech Contest, the International Project in Tijuana and our annual Anniversary Dinner are in February, Jim Cahill will be attending PETS (yeah), we will be gearing up for a new fundraising project taking place in late April or May, hopefully scheduling a few local work projects, and so forth. These endeavors cannot be completed without the time and commitment that is given by our Board of Directors, and by the General Membership of the Club. Thank you.

I want to personally wish you all a Very Merry Christmas, Happy New Year, and a Blessed Holiday Season. Whatever your beliefs, may you all find peace, happiness, and comfort. For the moment, put your day to day hectic schedules aside and enjoy this time of year with family and friends, your loved ones.

Bless You, Bill



Interact Club Adviser Dr. Charyl Silva and Past District 5180 Governor and Past Club President Barry Kalar



Frequent visiting Rotarian Al Franks

The Mighty Rotary Club of West Sacramento in the News!

Christmas Basket Project: published on <u>WestSacWeb.com</u>: http://westsacweb.com/west-sacramento-christmas-basket-project-to-feed-the-hungry-p4914-146.htm and the West Sacramento News Ledger (12/21/16 edition)

ROTARY UP

The club's story There's Wine — and then there's WINE! is published in:

The Rotary District 5180 Newsletter (December 2016, pages 10 and 11) https://www.dropbox.com/s/p903m0sgcjt95s1/
December Rotary D5180 Newsletter.pdf?dl=0

West Sacramento's local online newspaper <u>WestSacWeb.com</u> (now posting): http://westsacweb.com/theres-wine-and-then-theres-wine-p4899-146.htm

And in the **West Sacramento News Ledger** (November 23, 2916 edition), West Sacramento's long-time local weekly.

Does this club know how to Rotary Up or what!?!



WEST SACRAMENTO CHRISTMAS BASKET PROJECT 2016



Rotary Club of West Sacramento representative **Marty Garozzo** (far right) presents checks totaling \$2,664 to **Helena Helmold** (2nd from right) and her crew from the West Sacramento Christmas Basket Project. Helena's volunteers are staging this year's deliveries from a warehouse whose space has been donated once again by long -time West Sacramento supporter and benefactor, **Frank Ramos**.

This year the project will bring bountiful baskets of food to some 650 local families who might otherwise have little.

The Rotary Club of West Sacramento and its members have been helping with this effort for three decades, and this year's donation is their biggest yet ... for the 23rd year in a row!

Submitted by Tim Camahan



ADDITIONAL ANNOUNCEMENTS

- Paul Kolarik circulated a sign up sheet for the next Tijuana homebuilding trip February 17th—February 21st.
- The Speech Contest will be held in February. See **Joanie Kapell** for more information.
- The Club's Annual Anniversary Dinner well be held Thursday, February 23rd. We will be dark Friday, February 24th.
- The Board of Directors decided on a Steak Dinner fundraiser to be held in the Spring. At the Old Sugar Mill in Clarksburg. There is currently no Chair. This fundraiser will be a major topic at the next Board meeting, so stayed tuned for more information. Direct any questions, comments, or concerns to **President Bill.**



Photo Courtesy of The Old Sugar Mill.

Clarksburg's Old Sugar Mill

2016-2017 Rotary International President John F. Germ



2016-2017 Rotary District 5180 Governor Barbara J. Tracy



2016-2017 Rotary District 5180 Assistant Governor Angela Spease



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate Restaurant	Walnut Grove	12:30pm	Tony's Place
MIOH	Sacramento	12:15pm	Red Lion Hotel –Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
	Oroville Sunrise	7:ooam	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:15pm	Peachtree Country Club
Tues	Sutter Buttes Sunrise	7:00am	The Plaza Room at Hillcrest	Rancho Cordova	12:15pm	Rancho Cordova City Hall
Tucs	West Sacramento Centennial	7:00am	Collins Teen Center	Looms Sunset	5:30pm	Indian Creek Country Club
	Sacramento Breakfast	7:15am	Evans Kitchen	Carmichael	6:30pm	Ancil Hoffman Golf Course
	Arden Arcade	Noon	Ruth Chris Steak House - Pavilions			
	Rocklin/Loomis Basin	7:00am	Whitney Oaks Golf Club	South Placer	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service Building	Citrus Heights	12:15pm	Citrus Heights Community Center
Wed	Laguna Sunrise	8:ooam	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
Wea	East Sacramento	Noon	Evan's Kitchen	Yuba City	12:15	Hillcrest Plaza Room
	Elk Grove	12:15pm	Vince's Restaurant	Midtown Sacramento	5:30pm	Café Bernardo
	Folsom Lake (Folsom)	Noon	Empire Ranch Golf Club	Rancho Murrieta	7:00pm	Rancho Murrieta Country Club
	Historic Folsom	7:ooam	Lake Natoma Inn	Lincoln	Noon	Lincoln Women's Club
	Roseville Sunrise	7:00am	Gingers Restaurant	Roseville	Noon	Sierra View Country Club
Thu	Yuba Feather River Sunrise	7:00am	Gary's Place	South Sacramento	Noon	Iron Steaks Restaurant
	Pocket-Greenhaven	7:30am	Aviators Restaurant	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	Gridley	Noon	Parish Hall			
Fri	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Hampton Inn, North Natomas
111	Point West-Sacramento	7:00am	Doubletree Hotel	Granite Bay	12:15pm	McCormick & Schmick's Restaurant