

February is *World Understanding* Month



President Mike Campbell leads the celebration for Valentine's Day. Our members, spouses and significant others help and support each other in good times and bad. President Elect Ken Wilson gives his wife, Shelly, a gift from the interact fund raiser.

CELEBRATE—ROTARY IS A GIFT



Chips from the Buzzsaw

Weekly Newsletter of the
Rotary Club of West Sacramento

Volume 65, No 27

February 18, 2014

CELEBRATE—ROTARY IS A GIFT

**Program: Joey Garcia, Author and Advice Columnist,
Sacramento News and Review**



Joey Garcia brought to the members and guests a different side of Valentine's Day. Joey is the author of the book "When Your Heart Breaks, It's Opening to Love: Healing and Finding Love After an Affair, Heartbreak or Divorce." Joey gave advice to the members on how to handle someone who drops heart break at their feet. Joey had the audience participate in an activity to teach

people how deal with someone unloading their woes. Everyone was paired off and one person spoke for about 2-3 minutes while the other listened. Then they switched roles. The value of the exercise was to learn to listen and not give advice. Sometimes it is best to be present and just listen to what is the person really telling you. It is never about "you." Joey emphasized that one should not try to say things, "Like I know how you feel." In most cases you do not. Joey did state that when it comes to healing, "it takes as long as it takes." There is not a set schedule. Joey's advice can be used by all parents who have a child who has gone through a break up with a boyfriend or girlfriend. Joey reminded us that on Valentine's Day it is not just about love of another special person. The love of a stranger through service is another what to celebrate the day.

February 21st
Eric Anderton, The Courageous
Entrepreneur

February 27th
Anniversary Dinner

February 28th
DARK

March 7th
Club Meeting

March 14th
Club Meeting

March 21st
Club Meeting

March 28th
Club Meeting

February 14th, 2014—Meeting Summary

Presiding: Mike Campbell

Pledge: Steve Heringer

Blessing: Tim Carnahan

Song Leader: Dick Marshall, "I Want a Girl (Just Like the Girl that
Married Dear Old Dad)"

Polio Plus Matching Drawing: Dan Ramos

Raffle: Valued at \$1,418 — Kathleen O'Leary (K.O.) drew the King of
Diamonds.



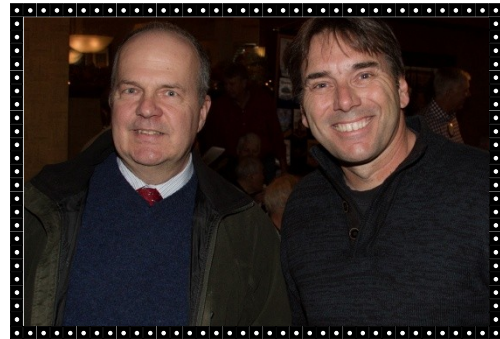
Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant
at 12:15



Visiting Rotarian, Walter Phillip joined Rotary in February 1986. He almost became the one millionth Rotarian. Maybe he is one million, one.



Giamani Jayaweera, from Davis Rotary, thanked the club for the donation Typhoon Haiyan relief.



Past member Don Bosley with Steven Anderson talk about the Mercy Coalition—a group of churches coming together to help feed the homeless.

Bell Ringers

**K.O. (x3) — for the memory of Buzz Oates and in honor of both Denice Seals and Chris Bradford.
Dick Marshall — for Polio Plus and a push to end the disease.**

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.



K.O. rings the bell and shares her Super Bowl winnings.

**Guests and Visitors
February 14th 2014**

Visiting Rotarians

Walter Philipp	Cameron Park
Gamani Jayaweera	Davis

Guests

David Seals	Donna Heringer
Gloria Carnahan	Joy Ann Merwin
Caren Rounthwaite	Liz Ruzich
Anne Engstrom	Shelly Wilson
Lindsay Merwin	Sandra Montgomery
Judy Parsons	Erma Wilson
Marlene Marshall	Cherie Schroeder
Don Bosley	Steven Anderson
Charlene Morris	Dena Jacinto

**West Sacramento Rotary
Mexico House-Building Project
March 14 – 21, 2014
Build 11' x 22' house for poor family,
using hand tools only**

We invite you to join us in West Sacramento Rotary's 2013-14 International Project, a house-building trip to Tijuana, Mexico, and a possible joint project with the Tijuana Rotary Club.

Please contact Paul Kolarik at pesko@sbcglobal.net or Ken Wilson at Kenneth@wilsonvineyards.com if you have questions or to sign up.

Leadership Team	
President	*Mike Campbell
Past President	*Mark Engstrom
President Elect	*Ken Wilson
Treasurer	*Chris Bradford
Secretary	*Randy Carlson
Sergeant at Arms	Andy Wallace
Membership	*Troy Bird
The Rotary Foundation	*Barry Kalar
5 Avenues of Service	
Community Service	*Christian Montgomery
New Generations	*Joanie Kapell *JoAnn Moffett
International Service	*Paul Kolarik *Bill Bevier
Vocational Service	*Drew Gidlof
Club Service	*Shaun Morrow
Public Affairs	*Pat Hill
Program Speakers	*Bob Walker
Literacy Program Chairs	Dayton Gilleland Steve Lewis
Interact Advisor	Charyl Silva
Bulletin Editor	Peter Anderson
*Board Member	

Birthdays & Anniversaries	
February Birthdays	
Randy Carlson	13 th
Dennis Clark	18 th
Ike Parsons	25 th
February Anniversaries	
Andy Wallace	9 th
Drew Gidlof	23 rd



K.O.'s luck continues, but not far enough; she missed the Joker. There are now 31 cards remaining in the deck.



Three weeks in a row, the Joker has been on the same side of the deck. The next person should take that into account and not draw from the middle of the deck.

Meals on Wheels	
Mondays: Route 1 3/10 Tim Carnahan and Patty Palamidessi	
Mondays: Route 5 2/24 Jeanne and Mike 3/3 Joanie Kapell and JoAnn Moffett 3/10 Paul Kolarik and Ken Bryant 3/17 Dick Marshall and Troy Bird	
Wednesdays: Route 5 2/19 Don and Judy Ratley 2/26 Jeff Post and Randy Carlson 3/5 Lyle Bassett and Bob Ceccato 3/12 Tony Schwall and Armando Omega	
Thursdays: Route 1 2/20 Dave Kamminga and Steve Heringer 2/27 Ken Ruzich 3/6 John Raney and Jennifer Kirtlan 3/13 Tom Wallace	
Thursdays: Route 2 2/20 Ron Morazzini and Len Thomas 2/27 Debbie Oto-Kent and Jon Pearman 3/6 Mike Campbell and Dan Ramos 3/13 Leonor Dicedican and Charlie Frank	
Thursdays: Route 5 2/27 Shaun Morrow 3/6 Mark Engstrom	

Club Calendar	
February 27th Club Anniversary Dinner	
March 14th – 21st Mexico House Building Project, Tijuana Mexico	
March 29th District Assembly, Inderkum High School	
April 26th Rotarian at Work Day	
May 18th Rotary Day at the River Cats	
May 9th West Sacramento Foundation Dinner	
May 2nd – 4th District 5180 Conference, Reno Nevada	
June 1st – 4th Rotary International Convention, Sydney Australia	

Your Newsletter Crew	
<u>Photos by:</u>	<u>Editor:</u>
Dave Kamminga	Peter Anderson
davidkamminga@frontiernet.net	peter_anderson1444@yahoo.com
Deadline for Article Submittals is Mondays, 12:00 noon	

Rotary Valentines



**Tim Carnahan
with his wife,
Gloria.**



**Darrell Merwin with
his wife, Joy Ann.**



**Mark
Engstrom
with his
wife, Anne.**



**Denice Seals with her husband,
David.**



**Ken Bryant with his
fiancé, Charlene Morris.**



**Ike Parsons
with his wife,
Judy.**

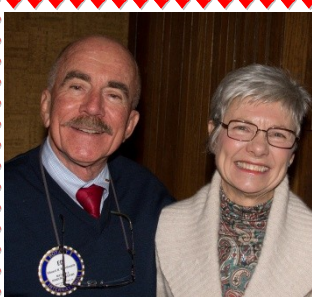


**Gary Merwin with
his daughter,
Lindsay.**



**Dave Wilson
with his wife,
Erma.**

**Ed Rounthwaite
with his wife,
Caren.**



YOUR LINKS TO ROTARY



www.rotaryclubofwestsacramento.org



Find us on
facebook

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org



Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

4 Way Test

Of the Things we Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Chunks from the Buzzsaw

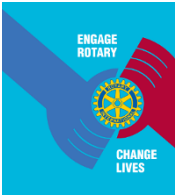


Charyl Silva, Interact Advisor, holds up a recent edition of the West Sacramento News-Ledger. A front page article featured the River City High School Interact Club's *Blankets of Love* project. A blanket was donated to Paul Kolarik to take to Mexico to go along with the house that will be built there. A special thank you goes out to Luan Christ for supporting the Interact club by buying a Blanket of Love. The \$50 donation will allow them to make more blankets.



Len "Coach Carter" Strickland through the urging of his daughters, has taken up coaching a basketball team of 11-12 years old boys. His past experience of coaching will enable these boys to receive valuable training. Len asked the club to assist him in giving the boys a real basketball experience by taking them to a Kings game. \$360 was donated by members and guest to enable the boys to see a game.

2013-2014
Rotary International President
Ron D. Burton



2013-2014
Rotary District 5180 Governor
William Short



2012-2014
Rotary District 5180 Assistant Governor
Judy Foote



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate Restaurant	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel - Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:15pm	Peachtree Country Club
	Sutter Buttes Sunrise	7:00am	The Plaza Room at Hillcrest	Rancho Cordova	12:15pm	Rancho Cordova City Hall
	West Sacramento Centennial	7:00am	Collins Teen Center	Looms Sunset	5:30pm	Indian Creek Country Club
	Sacramento Breakfast	7:15am	Evans Kitchen	Carmichael	6:30pm	Ancil Hoffman Golf Course
	Arden Arcade	Noon	Ruth Cris Steak House - Pavilions			
Wed	Rocklin/Loomis Basin	7:00am	Whitney Oaks Golf Club	South Placer	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service Building	Citrus Heights	12:15pm	Citrus Heights Community Center
	Laguna Sunrise	8:00am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen	Yuba City	12:15	Hillcrest Plaza Room
	Elk Grove	12:15pm	Vince's Restaurant	Midtown Sacramento	5:30pm	Café Bernardo
	Folsom Lake (Folsom)	Noon	Empire Ranch Golf Club	Rancho Murieta	7:00pm	Rancho Murieta Country Club
Thu	Historic Folsom	7:00am	Lake Natoma Inn	Lincoln	Noon	Lincoln Women's Club
	Roseville Sunrise	7:00am	Gingers Restaurant	Roseville	Noon	Sierra View Country Club
	Yuba Feather River Sunrise	7:00am	Gary's Place	South Sacramento	Noon	Iron Steaks Restaurant
	Pocket-Greenhaven	7:30am	Aviators Restaurant	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	Gridley	Noon	Parish Hall			
Fri	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Hampton Inn, North Natomas
	Point West-Sacramento	7:00am	Doubletree Hotel	Granite Bay	12:15pm	McCormick & Schmick's Restaurant



West Sac Rotary's Anniversary Dinner

"Celebrating 65 Years"

February 27, 2014

6:00 No Host Cocktails

7:00 Dinner and Presentation

Hosted at the Club Pheasant,
the menu will include:

New York Steak, \$40.00 per person

Oven Baked Chicken, \$35.00 per person

The Vegetarian Selection, \$25.00 per person

Includes Coffee and Dessert

Wine Is Available for Purchase

Please RSVP to Jennifer Kirtlan at 916-425-0479 or
jmkirtlan@gmail.com

