

February is *Peace and Conflict Resolution/Prevention* Month

The Mighty Rotary Club of West Sacramento

67th Anniversary Dinner

Thursday, February 25, 2016 at Club Pheasant

Contact Luan Christ - bobandluan@comcast.net for details

LEV VEL— Live Well with Rotary!

Program: Gregory Cain - Ambient Tribal Musician



A man that calls himself “That Kind of Fool” often has an interesting story. Friday’s speaker, Gregory Cain, was no exception. It would be easy to talk about the success of Gregory’s musical recordings, that are growing both in terms of sales and his reach world-wide. It would be easy to focus on the music he is writing for a movie. That would all gloss over the path that has taken this musically inclined boy from Michigan, to California where he has had “artistic

differences” with rock bands, played the harmony to which belly dancers have contorted their bodies and discovered his love for the Native American flute in a Berkeley music store. The path that led him to compose multi-instrument songs single handedly and to help people deepen their concentration while practicing Thai Chi (or not), sooth their minds while enjoying a massage or to connect for an hour with an autistic child. The path that has inspired this man to look internally and challenge his understanding of the world, including the M word (marketing), and fighting through cancer. The path that has led Gregory to conduct songs for weddings, art gallery showings, even an upcoming film. This path, per Gregory, has been dotted with the answer YES to various opportunities, because, well, he’s just “That Kind of Fool”. Beyond living here in West Sacramento and making some downright beautiful music, Gregory opens his arms to discovering new things and challenging himself, musically and intellectually. You can find Gregory’s music at <http://gregorycain.net/>.

January 29th, 2016—Meeting Summary

Presiding: **Heine Roikjer**
Pledge: **Aure'lien Delacroix**
Blessing: **Tim Carnahan**
Song Leader: **Dick Marshall**
Polio Plus Match: **Barry Kalar**
Raffle: **Valued at \$897, Bob Ceccato drew the Three of Spades**



Chips from the Buzzsaw

Weekly Newsletter of the
Rotary Club of West Sacramento
Volume 67, No 27
February 5, 2016

SPEAKER PROGRAM

February 5th
Michael Barrington - Ten Years
as a Catholic Priest in Nigeria

February 12th
OPEN

February 19th
Speech Contest

February 26th
DARK



Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant

Rotary International

Changing the World Club by Club

Mexico Trip Update

Shorter Trip to Mexico

Would a shorter trip to Tijuana enable you to go? Amor Ministries, our partner on the ground, now offers a 3-day build to small groups like us. Including travel, the trip would be about 4 – 5 days. The cost would also be less – only about \$250 or so.

Please let Paul Kolarik (916-715-4853, pesko@sbcglobal.net) know if you are interested. Thanks!

Citrus Heights Rotary Club

International Project

Citrus Heights Rotary Club is partnering with *Stop Hunger Now* for an International Project. On March 30, 2016, we will be hosting a meal packaging event in the early evening.

Our goal is to package 17,241 meals at a rate of \$0.29 per meal for a total of \$5,000. This is a great organization and a way to serve Internationally, but right here in our community. This is also a great way to show others what Rotary is all about. This is not just for Rotary, but for family members, students, community members, co-workers, organizations, EVERY-ONE!!!.

We also need 90 VOLUNTEERS. Please let me know if you can volunteer (bring your whole Rotary club-family-friends-co-works, etc.).

Set-Up: 3:30-5:00pm (Need 10)

Event: 5:30-7:30pm (Need 70)

Clean-Up: 7:30-8:30pm (Need 10)

Please let Paul Kolarik (916-715-4853, pesko@sbcglobal.net) know if you are interested. Thanks!

Bell Ringers

Bob Ceccato - Birthday!
Bill Bevier - Vacation!

OBJECT OF ROTARY

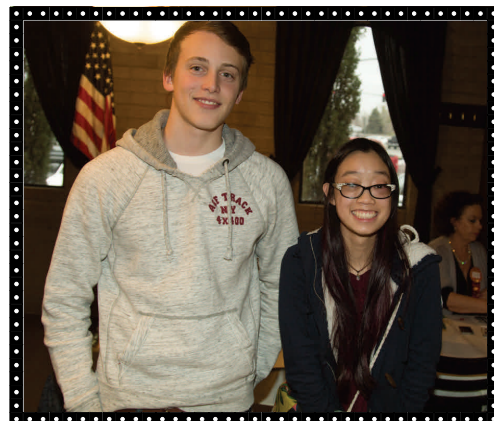
The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.



Aure'lien Delacroix (2015-2016 RYE Student from Belgium) and Alexis Louie (2015-2016 RYE Student going to Japan) bonding over their shared adventure/adventure to be.

Guests and Visitors January 29th, 2016

Visiting Rotarians

Robb White Fair Oaks

Guests

Aure'lien Delacroix (RYE Student) Steve Oren
Alexis Louie (RYE Student) Steve Oren
Adam Gallagher Thomas Radcliff
Robert Ceaser Robb White
Isaac Parsons Ike Parsons

Leadership Team
President *Heine Roikjer
Past President *Ken Wilson
President Elect *Bill Bevier
Treasurer *Chris Bradford
Secretary *Jorgen Bateman
Sergeant at Arms Wayne Enke
Membership *Tim Kwong
The Rotary Foundation *Barry Kalar
5 Avenues of Service
Community Service *Christian Montgomery *Denice Seals
Young Guns *Jamie Reamer
International Service *Paul Kolarik
Vocational Service *Drew Gidlof
Club Service *Shaun Morrow
Generational Services Joanie Kapell JoAnn Moffett
Program Speakers *Bob Walker *Troy Bird
Interact Counselor Jaclyn Powell
Bulletin Editor Charlie Frank
Revenue Maker Jaclyn Powell
Grant Administration Luan Christ
Sunshine Chair Kathleen O'Leary
Business Liaison Danny Ramos
Website Manager and PR Peter Anderson
*Board Member

Birthdays & Anniversaries	
January Birthdays	
Ron Chambers	11 th
Jim Cahill	18 th
Steve Heringer III	28 th
Bob Ceccato	29 th
January Anniversaries	
Mark Engstrom	30 th

Club Calendar
February 8 or 9, 2016 - West Sacramento Tree Planting
February 19, 2016 - Speech Contest
February 25, 2016 - 67th Anniversary Dinner!
March 29, 2016 - Dice Tournament Fundraiser
June 23, 2016 - Demotion Dinner



Congratulations Bob Ceccato for pulling the Three of Spades and winning a free lunch!



Mondays: Route 1
2/8 Tim Carnahan and Luan Christ
Mondays: Route 5
2/1 Joanie Kapell and JoAnn Moffett
2/8 Paul Kolarik
2/22 Dick Marshall and Troy Bird
3/7 Joanie Kapell and JoAnn Moffett
Wednesdays: Route 5
2/3 Jeff Post and Kent Ramos
2/10 Lyle Bassett and Bob Ceccato
2/17 Carol Bogart and Marty Garozzo
3/2 Jeff Post and Kent Ramos
Thursdays: Route 1
2/4 John Raney
2/11 Tom Wallace and Tissy Simmons
2/18 Steve Heringer and Robb White
2/25 Ken Ruzich
Thursdays: Route 2
2/4 Mike Campbell and Dan Ramos
2/11 Leonor Diccican and Charlie Frank
2/25 Jon Pearman
3/3 Mike Campbell and Dan Ramos
Thursdays: Route 5
2/4 Shaun Morrow
2/11 Mark Engstrom



Vocational Chair, Drew Gidlof, announcing the upcoming tree planting project for the City of WS (late February), the vocational trip in May and the Vocational Service Awards on May 13, 2016.

Your Newsletter Crew	
Photos by:	Editor:
Dave Kamminga 	Charlie Frank 
davidkamminga@frontiernet.net	wsrotarynewsletter@gmail.com
Deadline for Article Submittals is Sunday, 6:00 pm	

Student Services Schedule 2015-2016

Feb 19 – Speech Contest, River City
April 8 – Southport

March 11 – Delta and OLG
April 15 – River City



Rosario Zepeda, a Senior at Delta High School in Clarksburg, and Regina Leo, the Delta High School Counselor, joined the group on Friday afternoon. Rosario shared her plans to attend California State University Long Beach this coming Fall and her experiences on the volleyball team and in Regina's Leadership Club.

PROPOSED NEW MEMBER:

Adam Gallagher

Adam has been approved by the Board as a prospective member. If an active member has any concerns or objections to his proposed membership, they should express them in writing and give them to a Board Member.

Adam Gallagher (left), prospective new member and Thomas Radcliff (right), his sponsor, enjoying the meeting Friday.



Time To Visit Club Runner and Update Your Information

1. Go to <http://portal.clubrunner.ca/7521>
2. Click **MEMBER LOGIN** (upper right corner)
3. If you forgot your password, or have never logged in, click "New and existing users: retrieve login and/or reset password" on the bottom of the screen. You will receive an e-mail with instructions to reset your login.
4. Once logged in, click **MEMBER AREA** (top left corner).
5. Click **EDIT MY PROFILE** (center of screen)
6. Update your information (including birthdate and anniversary)

YOUR LINKS TO ROTARY

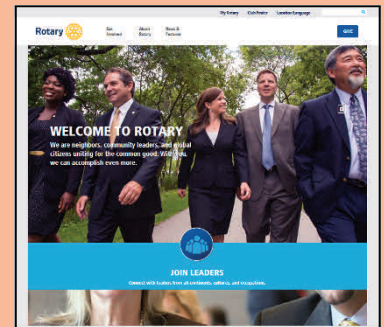


www.rotaryclubofwestsacramento.org



Find us on
facebook

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org



Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

4 Way Test

Of the Things we Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

DICE TOURNAMENT FUNDRAISER!



Tuesday, March 29, 2016 at 6:30PM at Club Pheasant
Tickets are \$60.00 per person

Game: Midnight Dice or 1-4-24

One player rolls at a time. She rolls six (6) dice, and keeps at least one (1). Any that the player doesn't keep, are rerolled. This procedure is then repeated until there are no more dice to roll. The player must have kept a 1 and a 4, otherwise they are disqualified. If she has a 1 and 4, the other dice are totaled to give the players score. The maximum score is therefore 24. The procedure is repeated for the remaining players. The player with the highest 4 dice total wins.

If two or more players tie for the highest total, any money bet is added to the next game.

E-Mail Wayne Enke at wayneenke@aol.com for tickets or if you would like to sell tickets for the event.

2015-2016
 Rotary International President
 K. R. Ravindran



2015-2016
 Rotary District 5180 Governor
 Glenn Fong



2015-2016
 Rotary District 5180 Assistant Governor
 Judy Foote



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate Restaurant	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel -Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:15pm	Peachtree Country Club
	Sutter Buttes Sunrise	7:00am	The Plaza Room at Hillcrest	Rancho Cordova	12:15pm	Rancho Cordova City Hall
	West Sacramento Centennial	7:00am	Collins Teen Center	Looms Sunset	5:30pm	Indian Creek Country Club
	Sacramento Breakfast	7:15am	Evans Kitchen	Carmichael	6:30pm	Ancil Hoffman Golf Course
	Arden Arcade	Noon	Ruth Cris Steak House - Pavilions			
Wed	Rocklin/Loomis Basin	7:00am	Whitney Oaks Golf Club	South Placer	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service Building	Citrus Heights	12:15pm	Citrus Heights Community Center
	Laguna Sunrise	8:00am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen	Yuba City	12:15	Hillcrest Plaza Room
	Elk Grove	12:15pm	Vince's Restaurant	Midtown Sacramento	5:30pm	Café Bernardo
	Folsom Lake (Folsom)	Noon	Empire Ranch Golf Club	Rancho Murieta	7:00pm	Rancho Murieta Country Club
Thu	Historic Folsom	7:00am	Lake Natoma Inn	Lincoln	Noon	Lincoln Women's Club
	Roseville Sunrise	7:00am	Gingers Restaurant	Roseville	Noon	Sierra View Country Club
	Yuba Feather River Sunrise	7:00am	Gary's Place	South Sacramento	Noon	Iron Steaks Restaurant
	Pocket-Greenhaven	7:30am	Aviators Restaurant	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	Gridley	Noon	Parish Hall			
Fri	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Hampton Inn, North Natomas
	Point West-Sacramento	7:00am	Doubletree Hotel	Granite Bay	12:15pm	McCormick & Schmick's Restaurant